



**European
Gymnastics**

Head Office
Avenue de la Gare 12
CH - 1003 Lausanne

Tel.: +41 - 21 - 613.10.20

E-Mail: info@europeangymnastics.com
www.europeangymnastics.com

**RG EUROPEAN CUP
SENIOR INDIVIDUALS & GROUPS
JUNIOR INDIVIDUALS**



RHYTHMIC GYMNASTICS
EUROPEAN CUP
3-5 MAY 2024
BAKU

Work Plan

event ID – 17723

Revised: 25.04.2024

European Gymnastics
LOC of the RG European Cup, Baku (AZE)

**EUR(O)VISION
SPORT**
OPERATED BY EBU

SMARTSCORING

CONTENT

1. OFFICIALS AND ORGANISING COMMITTEE	3
1.1 EUROPEAN GYMNASTICS AND OFFICIAL DELEGATES	3
1.2 HOST FEDERATION AND ORGANIZING COMMITTEE (LOC)	3
2. THE COMPETITION	4
2.1 SCHEDULE	4
2.2 COMPETITION FORMAT	5
2.3 ACCESS TO THE COMPETITION AREA	6
2.4 USE OF ELECTRONIC DEVICES (TR EUROPEAN GYMNASTICS)	7
2.5 CEREMONIES AND AWARDING	7
2.5.1 AWARD CEREMONIES	7
2.5.2 OPENING CEREMONY	7
2.6 APPARATUS	7
2.7 SCORING AND DISTRIBUTION OF RESULTS	7
2.8 CONTROL OF THE APPARATUS	7
2.9 MUSIC	7
2.10 ANTI-DOPING CONTROLS	8
3. THE JURY	8
3.1 JUDGES' PANELS	8
3.2 SUPERIOR JURY	8
3.3 DRAWING OF LOTS OF THE JUDGES	9
3.4 JUDGES' INSTRUCTION	9
3.5 CODE OF ETHICS	9
3.6 INQUIRIES OF THE SCORE	9
4. THE ORGANIZATION OF THE EVENT	9
4.1 COMPETITION, TRAINING- AND WARM-UP HALL VENUE	9
4.2 ORIENTATION MEETING & WELCOME RECEPTION	9
4.3 TRAINING INFORMATION	9
4.4 PHOTOS OF THE GYMNASTS	9
4.5 ACCREDITATION	10
4.6 ACCOMMODATION	10
4.7 MEALS	10
4.8 TRANSPORTATION	10
4.9 DELEGATION BOXES	11
4.10 MEDICAL SERVICE	11
4.11 SAFEGUARDING	11
4.12 APPENDICES	12
4.13 TV, MEDIA AND LIVESTREAM	12
4.14 RULES AND REGULATIONS	12

1. OFFICIALS AND ORGANISING COMMITTEE

This Work plan has been drawn up in accordance with the European Gymnastics and FIG regulations and is based upon the definitive registrations received by the office of European Gymnastics by **February 28th, 2024**. More information can also be found in the *Directives* of the 2024 RG European Cup in Baku / AZE.

1.1 European Gymnastics and Official Delegates

European Gymnastics

Avenue de la Gare 12

CH - 1003 Lausanne

Contact person : Ms. Michaël Alger

Tel: +41 (0)21 613 10 20

Email: malger@europeangymnastics.com

Website: www.europeangymnastics.com

Direct Event site: [2024 RG European Cup Baku / AZE](#)



**European
Gymnastics**

Officials European Gymnastics	
TC President & Technical Delegate for the event	Evangelia Trikomiti

1.2 Host Federation and Organizing Committee (LOC)

Azerbaijan Gymnastics Federation

MGA- Milli Gimnastika Arenasi (National Gymnastics Arena)

178 Heydar Aliyev Avenue

AZ1029 Baku, Azerbaijan

Contact Person: Ms. Nurlana Mammadzada

Tel: + 99412 493 30 11

Email: office@agf.az

Website: www.agf.az



AGF
AZERBAIJAN GYMNASTICS
FEDERATION

Local Organizing Committee	
President	Mehriban ALIYEVA
Vice-President	Altay HASANOV
Chairman	Mariana VASILEVA
Executive Director	Nurlana MAMMADZADA
Administration	Shafiga YOLCHUYEVA Fidan SIRAJ-ZADA
Event Manager	Natalya BULANOVA
Competition Secretariat	Elmira LALAYEVA
Head of Finance	Viktoriya ABUSHOVA
Head of Accreditation	Fuad ABBASOV
Venue Manager	Emil MUSTAFAYEV
Head of Press	Aysel SULTANOVA
Medical Officer & Head of Security	Namig BADI RKHANOV
Ceremonies Director	Ruslan EYVAZOV

Marketing Manager	Farhad AHMADBAYLI Inara ISRAFILBAYOVA
Venue Branding	Nigar ANOKHINA
Delegation Services Manager	Murad BAGHIRZADA
Sport Presentation	Fatima SHAFIZADA Adil AHMADZADA Farid ISMAYILOV
Transport	Emin GANBAROV Arif FEYZIYEV
International Relations Manager	Mehman ALIYEV

2. THE COMPETITION

2.1 SCHEDULE

Wednesday, May 01, 2024		
<i>As announced</i>	<i>Arrival of delegations and European Gymnastics Technical delegate</i>	<i>Hotel</i>
Thursday, May 02, 2024		
8:00 – 21:30	Training and Podium training for RGI and RGG as per schedule	MGA (Training & Warm-up Hall, -2)
17:00 – 18:00	Judges' Instruction for RGI and RGG Judges	MGA (Judges' Room, -2)
18:10 – 18:30	Scoring System Instruction for RGI and RGG Judges	MGA (FoP, -2)
19:00	Orientation Meeting for RGI, RGG Competitions and welcome reception	MGA (Artistic Lounge, -1)
Friday, May 03, 2024		
08:00 – 22:30	Training for RGI and RGG as per schedule	MGA (Training & Warm-up Hall, FoP, -2)
08:00 – 09:00	Judges' draw (all positions)	MGA (Judges' Room, -2)
09:00 – 12:00	RGI Qualifications Hoop and Ball – Group A – alternatively	MGA (FoP, -2)
12:00 – 12:15	Break	
12:15 – 15:09	RGI Qualifications Hoop and Ball – Group B – alternatively	MGA (FoP, -2)
15:09 – 16:00	Break - lunch	
16:00 – 19:00	RGI Qualifications Clubs and Ribbon – Group A – alternatively	MGA (FoP, -2)
19:00 – 19:30	Opening Ceremony	MGA (FoP, -2)
19:30 – 22:24	RGI Qualifications Clubs and Ribbon – Group B – alternatively	MGA (FoP, -2)
Saturday, May 04, 2024		
08:00 – 21:45	Training	MGA (Training & Warm-up Hall, FoP, -2)
09:00 – 10:00	Judges' draw – RGI Senior & Junior	MGA (Judges' Room, -2)
10:00 – 11:30	RGG Qualifications 5 Hoops – 3 Ribbons + 2 Balls	MGA (FoP, -2)
11:30 – 11:45	Award Ceremony All-Around RGG	MGA (FoP, -2)

11:45 – 12:00	Break	
12:00 – 14:38	ALL-AROUND CROSS BATTLES SENIORS RGI	MGA (FoP, -2)
14:38 – 14:50	Award ceremony Senior Individuals Cross Battles	MGA (FoP, -2)
14:50 – 15:30	Break - lunch	
15:30 – 18:18	Set A – Junior individuals’ qualifications & Team ranking (Hoop, Ball, Clubs, Ribbon)	MGA (FoP, -2)
18:18 – 18:35	Break	
18:35 – 21:23	Set B – Junior individuals’ qualifications & Team ranking (Hoop, Ball, Clubs, Ribbon)	MGA (FoP, -2)
21:25 – 21:35	Award ceremony Senior Individuals Cross Battles & Junior individuals Team	MGA (FoP, -2)
Sunday, May 05, 2024		
08:00 – 18:30	Training for RGI and RGG as per schedules for Finals	MGA (Training & Warm-up Hall, FoP, -2)
09:00 – 10:00	Judges’ draw (all positions) and briefing for all Apparatus Finals	MGA (Judges’ Room, -2)
10:00 – 10:05	Presentation of the Finalists	MGA (FoP, -2)
10:05 – 11:14	Senior Individuals Apparatus FINALS (Hoop & Ball)	MGA (FoP, -2)
11:20 – 11:25	Presentation of the Finalists	MGA (FoP, -2)
11:25 – 12:34	Senior Individuals Apparatus FINALS (Clubs & Ribbon)	MGA (FoP, -2)
12:35 – 12:55	Award Ceremony Senior Individuals Apparatus finals	MGA (FoP, -2)
12:55 – 13:45	Break - lunch	
13:45 – 13:50	Presentation of the Finalists 8 team	MGA (FoP, -2)
13:50 – 14:30	Senior Groups Apparatus FINALS (5 Hoops)	MGA (FoP, -2)
14:35 – 15:15	Senior Groups Apparatus FINALS (3 Ribbons & 2 Balls)	MGA (FoP, -2)
15:15 – 15:30	Award Ceremony Senior Groups Apparatus finals	MGA (FoP, -2)
15:30 – 15:45	Break	
15:45 – 15:50	Presentation of the Finalists	MGA (FoP, -2)
15:50 – 16:59	Junior Individuals Apparatus FINALS (Hoop & Ball)	MGA (FoP, -2)
17:05 – 17:10	Presentation of the Finalists	MGA (FoP, -2)
17:10 – 18:19	Junior Individuals Apparatus FINALS (Clubs & Ribbon)	MGA (FoP, -2)
18:40 – 19:00	Award Ceremony Junior Individuals Apparatus finals	MGA (FoP, -2)
20:30	Farewell banquet	<i>tbc</i>
Monday, May 06, 2024		
<i>As announced</i>	<i>Departure day of Delegations & European Gymnastics Technical delegate</i>	<i>Hotels</i>

2.2 Competition Format

The FIG requirements will be applied for all phases of competitions.

Event IDs: **17723**

After the drawing of lots (on 25.04.2024) no additional gymnasts can be registered.

Senior Individuals (Hoop – Ball – Clubs – Ribbon)

Qualifying competition

1-2 gymnasts per NF

The gymnasts present **minimum 4 and maximum 8 exercises** with the apparatus according to the FIG program for the respective year. A gymnast may participate in 1 – 4 exercises
 If a NF participates with only 1 gymnast, she must present 4 exercises.

Qualification for the **AA Cross-Battles** – the **best 4 scores** count (**max. 2** gymnasts per NF).

Senior Individuals All-Around Cross-Battles

The **best 16 gymnasts** from the qualifications, Maximum 2 gymnasts per NF.

For competition format details, please click [>> here](#)

Senior Individuals Apparatus Finals

Competition of the best 8 individual gymnasts per apparatus of the qualifying competition. Maximum 1 per NF.

Senior Groups (5 Hoops, 3 Ribbons & 2 Balls)

Qualifying competition with all-around ranking

Group competition (5-6 gymnasts) with 2 different exercises, one executed with 1 apparatus, the other with 2 types of apparatus, according to the FIG program for the respective year.

The All-Around competition is also a qualifying competition for the Apparatus final.

Senior Groups Apparatus Finals

Competition of the best 8 Groups per apparatus of the qualifying competition.

Junior Individuals (Hoop – Ball – Clubs – Ribbon)

Qualifying competition with team ranking

1-4 gymnasts per NF

The gymnasts present **minimum 1 and maximum 4 exercises** with the apparatus according to the FIG program for the respective year.

Only NF with minimum 2 gymnasts participate in the team ranking.

If a NF participates with only 1 gymnast, she must present 4 exercises.

Junior Individuals Apparatus Finals

Competition of the best 8 individual gymnasts per apparatus of the qualifying competition. Maximum 1 per NF.

Tie breaking rules

RGI Junior & RGG Senior: The FIG tie breaking rules of the World Championships in force are to be applied.

RGI Senior: Olympic Games tie-break rules in force are to be applied. If with these a tie cannot be broken at any stage of the Senior RGI all-around cross battles, the younger gymnast will be ranked first. In the case that the gymnasts are born on the same date, a draw will be made.

2.3 Access to the competition area

Concerning the presence of the coaches and medical staff on the Field of Play (FoP), the provisions listed in the below table will apply.

(Federations who registered only one coach will receive only 1 TAC for the competition concerned.)

	Senior Individuals	Senior Groups	Junior Groups
TAC Zone 1 – coaches	2	2	2
TAC Zone 1 – medical staff	1	1	1

2.4 Use of electronic devices (TR European Gymnastics)

During the duration of official European Gymnastics competitions (which is defined as starting the moment the first gymnast enters the field of play and ending the moment the last score is publicly displayed):

- Judges on the field of play are absolutely prohibited from using mobile phones / tablets and any other kind of electronic communication devices.
- Other delegation members (gymnasts, coaches, medical staff) are prohibited from using mobile phones and any other kind of electronic communication devices. However, gymnasts are allowed to listen to music (with earphones and on a sound level which is not observable for surrounding persons). It is also allowed to other delegation members to take photos (but no videos), without flash and not interrupting the running of the competition.
- If these rules are violated, the persons concerned will receive a verbal warning.
- If this behaviour is repeated after a written warning is issued, those persons concerned will be excluded for the rest of the competition.
- The Superior Jury is responsible for deciding these disciplinary measures.

2.5 Ceremonies and Awarding

2.5.1 Award ceremonies

All award ceremonies will take place after each block of finals. They will be carried out in accordance with the European Gymnastics Directives for Ceremonies. On the podium, awards will only be presented to the gymnasts ranked from 1st to 3rd place.

- For the junior team award ceremony, **1** coach is allowed on the podium.
- Please ensure that your Federation's medallists are in time for the line-up prior to the ceremonies.
- **All gymnasts & coaches must wear the official tracksuit.**
- The participation of the medallists in the award ceremonies is compulsory. All gymnasts that are absent for unjustified reasons will be disqualified.

2.5.2 Opening Ceremony

The opening ceremony will take place on 03.05.2024 at **19:00** in the MGA.

2.6 Apparatus

The apparatus supplier of this edition of the European Championships is Spieth (colour: beige). A total of 9 carpets + additional stretching area will be available.

2.7 Scoring and distribution of results

For each competition, start lists and results will be provided on www.europeangymnastics.com. In addition, they will be sent to the heads of delegation by e-mail. At the end of the championships all delegations will be provided with a complete set of results including the judges' individual scores for all competitions.

2.8 Control of the Apparatus

All hand apparatus must be FIG certified and must respect the dimensions of the FIG Apparatus Norms. Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event. Any apparatus which is not according to the regulations will be refused or its' use will be penalised (even if that apparatus had been accepted for a prior competition).

2.9 Music

The music has to be uploaded on delegation.gymdata.online not later than **March, 27th 2024**. The login information has been sent by the LOC to each federation after the definitive registration deadline.

Musics have to be uploaded in the following format:

File format: .mp3

Name of file must contain:

- The name of the nation (official abbreviation of the country)
- The first and last name of the individual competitor
- The category (individual/group);
- The apparatus
- The Junior or Senior (Example: AZE_AGHAMIROVA_Zohra_Senior_Ind._ball.mp3)

Delegation members are requested to keep in their possession a USB key for their training sessions and in case of a technical problem.

Each Federation will also have to confirm that the music used does not violate any copyrights and that it can be broadcasted within sports.

At the accreditation, the Heads of delegation have to hand in the Music Release form (appendix 2) which you will receive together with the work plan.

The authorised sound level in the training and competition halls is limited to 80 dB resp. 1000 Hertz (Hz).

2.10 Anti-doping controls

Anti-doping controls may take place at any time. FIG Anti-Doping Rules and the WADA Code valid at the time of the event are applicable.

3. THE JURY

3.1 Judges' panels

Each NF may send RGI and/or RGG FIG brevetted judge(s) category 1, 2, 3, 4. **All judges must have a current valid FIG brevet at the time of the event, in the respective discipline RGI and/or RGG.**

If a federation does not enter a judge as listed above, a fine of EUR 2'000 - per missing judge must be paid to the LOC, to cover costs for the invitation of a neutral judge instead.

The selection of the judges is made by draw during the Judges' instruction and the judges' meetings prior to each competition as follows:

- D Judges are drawn among the judges with cat. 1 or 2
- A, E, T, L and Reserve Judges are drawn among the judges cat. 1, 2 or 3 (preference is given to the judges with the highest qualification)
- Judges are drawn during the judges' briefing before the beginning of each phase of competition.

In Apparatus Finals, only judges whose NFs do not have competitors, nor a No 1 reserve gymnast taking part, may be called upon to judge. The selection is made by draw.

If there are insufficient number of judges, the Technical Delegate decides the process for designating the necessary number of judges.

3.2 Superior Jury

The TC President Ms. Evangelia Trikomiti functions as President of the Superior Jury. Ms. Elena Aliprandi functions as assistant.

3.3 Drawing of Lots of the Judges

All judges have to be present during all competition phases they're registered in it.

3.4 Judges' instruction

Judges Instructions will take place on Thursday, May 2nd at 17:00h.

3.5 Code of Ethics

Any close family relative to a competitive gymnast may not judge that gymnast or this group. If a conflict should or could appear, the European Gymnastics Technical Delegate is to be informed, so appropriate action can be taken.

3.6 Inquiries of the Score

- European Gymnastics applies the relevant FIG TR article in which the detailed procedure is laid down.
- If an inquiry is refused, the amount will be invoiced by European Gymnastics (in Euro, not in USD) and must be paid within one month upon receipt of the invoice.

4. THE ORGANIZATION OF THE EVENT

4.1 Competition, training- and warm-up hall venue

MGA- Milli Gimnastika Arenasi
178 Heydar Aliyev Avenue
AZ1029 Baku, Azerbaijan

4.2 Orientation meeting & Welcome Reception

- The Orientation meeting will be held on Thursday, May 2nd at 19:00 in the competition venue followed by a welcome reception
- Max. 2 persons per delegation can participate.
- The presence of the participating National Federations at the Orientation meeting is mandatory.
- Unjustified failure to attend will result in a sanction against the Federation of Euro €1,000.

4.3 Training Information

- The training takes place at the times published in this workplan. A detailed training schedule will be provided to the participating National Federations.
- The delegations are obliged to respect the training schedules.
- Access to the training halls is limited to the nations concerned and persons having the according accreditations.
- After the official training in the competition hall, the Heads of Delegation have to confirm with a form (appendix 3), that the music tracks of their gymnasts are correct.

The official trainings start from May, 2nd. If any delegation needs training on non-official days (early trainings), the LOC can provide it at extra cost.

The requests regarding additional trainings and any subsequent questions can be sent to the following email address: events@agf.az

4.4 Photos of the gymnasts

- Before the start of the official podium training photos of each gymnast and group must be taken for the gymnasts' presentation during the competition.
- Gymnasts must wear their official tracksuit.
- The pictures will be taken at Green Room (-2).

4.5 Accreditation

The accreditation office will be located at the competition venue. Upon accreditation, the Head of Delegation or his/her representative must provide the following to the LOC:

- The passports of all delegation members.
- The medical insurance for all delegation members.
- Proof of the fulfilment of all financial obligations to the LOC (accommodation, meals);
- 2 sets of Audio CD's of the music and a form with the duration and the author of the music has to be filled in; official titles/Interpreters have to be indicated. (*Appendices 2 & 3*)
- confirm the accuracy of the Music which was uploaded on delegation.gymdata.online
- Submission of e-mail address of one responsible person during the event
- Departure confirmation

4.6 Accommodation

Category 1 and Official hotel of the European Gymnastics Technical Delegate

Baku Marriott Hotel Boulevard 5*

Address: Khagani Rustamov street 4C, Khatai District, Baku AZ1010

Tel: +99412 310 00 10

Website: www.boulevardhotelbaku.com

Delegation hotels

For the full list of the delegations' hotels, please see the Directives.

4.7 Meals

Breakfast will be served at the hotels and is included in the price of each room.

The Meal Plan for lunch and dinner as published in the directives is not compulsory and the delegations are free to make their own meals arrangements. The meals bookings must be submitted to the LOC via delegation.gymdata.online by **March 27, 2024** at the very latest.

Lunch boxes (if needed) are available at the hotels subject to the condition that delegations inform the hotel info desk 1 day in advance about the number of lunch boxes needed.

Meal Times:

Location	Breakfast	Lunch	Dinner
Baku Marriott Boulevard Hotel	06:00-10:00	13:00-16:00	19:00-22:00
Courtyard Baku by Marriott	06:00-10:00	13:00-16:00	19:00-22:00
Sport Plaza Hotel & Apartments	06:00-10:00	13:00-16:00	19:00-22:00

Note: On May 3, 2024, the dinner will be served until 23:00, while this time will be prolonged until 23:30 on May 4, 2024, as the competitions will finish late both days.

4.8 Transportation

International Transportation

The invited participating Federations must pay for the travel costs of their delegation members.

European Gymnastics and the LOC strongly recommend that each Federation takes a cancellation insurance for their international transportation.

The LOC offers free local transportation to the official hotels and back for all accredited persons from the official arrival airport in Baku (GYD).

Local Transportation

Event local transportation service from the official hotels to the venue and back, as well as to any other official activities and back, will be provided to all delegations that stay at one of the official hotels and submit their Travel Schedule for Arrival and Departure to the LOC by March, 27th, 2024 via delegation.gymdata.online.

4.9 Delegation Boxes

Delegation Mailboxes will be set up at the information desk located at the Competition venue.

However, whenever possible all information regarding competition, warm-up, training, as well as other European Gymnastics and LOC correspondence will be distributed via E-mail or WhatsApp group to the heads of delegation.

4.10 Medical Service

Medical Service will be provided at the official competition, warm-up and training venues. Trained medical staff will be in place during the opening hours at all official venues. If a medical emergency occurs, please search for the medical centre or approach the nearest medical team.

If a medical emergency occurs and an athlete needs to go to the hospital the athlete MUST be accompanied by a person from his/her delegation.

On Call Number: +994 50 373 45 65

Outside the official opening hours at the official venues, there is a 24/7 on-call number available for all athletes. This Number can be called if medical advice is needed.

For urgent medical emergencies, which occur outside of competition or training call 112.

Official Hospital RG European Cup in Baku 2024

The Official hospital will be:

Name: **Central Clinic Hospital**
Address: 76 Parliament Avenue, Baku, Azerbaijan
Phone: +99412 492 10 92

Name: **Liv Bona Dea Hospital**
Address: 2 Mehdi Abbasov, Baku, Azerbaijan
Phone: +99412 525 09 00

Name: **MediClub**
Address: 119 U. Hajibeyov, Baku, Azerbaijan
Phone: +99450 220 48 11

4.11 Safeguarding

A safe environment for all participants is a top priority at the 2024 RG European Cup.

In case you experience or see any form of violence you can contact Namig BADIRKHANOV, phone **+994 50 373 45 65**, e-mail security@agf.az

4.12 Appendices

- App 1: Layouts
- App 2: Music Release form
- App 3: Music Confirmation at podium training
- App 4: Inquiries form
- App 5: Withdrawal / Change of starting order form

4.13 TV, Media and Livestream

The Host Broadcaster is Idman TV (Sports Channel of Azerbaijan Television and Radio Broadcasting Closed Joint-Stock Company).

A livestream of the complete competition (on pay-per view basis) will be available on [gymtv.online](https://www.gymtv.online).

Social media

<https://www.facebook.com/azegymnastics>

<https://www.youtube.com/c/AzerbaijanGymnasticsFederation/featured>

<https://twitter.com/azegymnastics>

<https://www.instagram.com/azegymnastics/>

<https://www.tiktok.com/@azerbaijngymnastics?lang=ru-RU>

<https://t.me/azegymnastics>

[#EuropeanCup](#)

[#RGBaku2024](#)

4.14 Rules and regulations

This European Championships will take place under the following regulations:

- FIG and European Gymnastics Statutes
- FIG and European Gymnastics Technical Regulations
- FIG Code of Points, relevant Newsletters and help desk
- FIG General Judges' Rules
- FIG Specific Judges' Rules
- FIG Anti-doping Rules
- European Gymnastics Medical Guidelines
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- FIG License Rules
- European Gymnastics Media Rules
- FIG Apparatus Norms
- FIG Advertising and Publicity Rules
- European Gymnastics Accreditation Directives
- European Gymnastics Directives for Ceremonies
- FIG Code of Ethics
- FIG Code of Discipline
- and subsequent decisions of the FIG/European Gymnastics Executive Committee

The members of the European Gymnastics/EC/TC will handle unforeseen incidents or events that might occur during these championships.



Evangelia Trikomiti
President of the European Gymnastics TC-RG

Lausanne, March 20, 2024