



**European
Gymnastics**

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**41th EUROPEAN RHYTHMIC GYMNASTICS CHAMPIONSHIPS
SENIOR INDIVIDUALS & GROUPS AND JUNIOR GROUPS
TALLINN (EST)
04 – 08 JUNE 2025**



Work Plan

**Senior event ID – 17280
Junior event ID – 17530**

European Gymnastics
LOC of the European Championships 2025, Tallinn (EST)

EBU

OPERATING EUROVISION AND EURORADIO

SMARTSCORING

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OFFICIALS AND ORGANISING COMMITTEE

This Work plan has been drawn up in accordance with the European Gymnastics and FIG regulations and is based upon the definitive registrations received by the office of European Gymnastics by March 4th, 2025.

More information can also be found in the [Directives](#) of the 2025 RG European Championships.

1.1. Responsibilities

The financial responsibility for all bookings (travel, accommodation, meals) remains with the NF.

1.2 European Gymnastics and Official Delegates

European Gymnastics

Avenue de la Gare

12 CH - 1003

Lausanne

Contact person : Ms. Michaël Alger

Phone: +41 (0)21 613 10 20

Email: malger@europeangymnastics.com

Website: www.europeangymnastics.com

Direct Event site: www.europeangymnastics.com - RG ECh 2025



**European
Gymnastics**

Officials European Gymnastics	
President	Farid GAYIBOV
Vice-President, President Jury of Appeal	Tom THINGVOLD
EC member, Member Jury of Appeal	Alvaro SOUSA
General Director	Lisa WORTHMANN
Sports Coordinator	Michaël ALGER
Head of Media	Tina GERETS
Administration Manager	Fabrice RINGLER
Official Doctor	Lubos HRAZDIRA

Rhythmic Gymnastics Technical Committee (TC-RG)	
Ad-interim TC President	Eliso BEDOSHVILI
Member	Isabelle DE COSSIO
Member	Alexandra PISCUPESCU
Member	Hristiana TODOROVA
Member	Yevgeniya VILYAYEVA

1.3 Host Federation and Organising Committee (LOC)

ESTONIAN GYMNASTICS FEDERATION

Contact Person:

Natalja Inno

11316 Tallinn, Tondi 84/3

Phone: +372 555 664 04

E-mail: info@estoniangymnastics.ee

Website: www.estoniangymnastics.ee



LOCAL ORGANISING COMMITTEE (LOC)

Estonian Gymnastics Federation

Contact Person:

Natalja Inno

11316 Tallinn, Tondi 84/3

Phone: +372 555 664 04

E-mail 1: info@rgtallinn2025.ee

E-mail 2: natalja@rgtallinn2025.ee

Event Website: www.rgtallinn2025.ee



Local Organising Committee	
Competition Director	Natalja Inno
Event Coordinator	Ann Udam
Competition Venue Manager	Kadri Jukk
Warmup Venue Manager	Ege Soidla
Media /Press/ TV Manager	Maarja Värvi
Social Media Coordinator	Kristel Kapp
Hospitality Manager	Kadri Rohtmets
Accreditation Coordinator	Christel Langell
Ticket sales	Karolin Valdmaa
Volunteers Coordinator	Maris Nõmmistu
Catering Manager	Marjana Riim
Medical Manager	Martin Mand
Safeguarding Coordinator	Maris Jesse
Transport Manager	Velja Andruse
Sports Presentation Manager	Tuulika Mölder
Sports Equipment Coordinator	Sirli Põhjala
International Relationships	Margot Vösokov

THE COMPETITION

2.1 Schedule

Saturday, May 31 st , 2025		
As announced	Arrival of European Gymnastics TC members	Hotel
Sunday, June 1 st , 2025		
10:00-18:00	European Gymnastics TC-RG Meeting	Unibet Arena
Monday, June 2 nd , 2025		
As announced	Official arrival day of Delegations, Junior Group Judges & European Gymnastics Officials	Official hotels
10:00-18:00	European Gymnastics TC-RG Meeting	Unibet Arena
Tuesday, June 3 rd , 2025		
10:00 - 21:00	Official podium training for Junior Groups and Senior Individuals	Unibet Arena
10:00 - 18:00	European Gymnastics TC-RG Meeting	
13:00 – 13:30	Judges’ meeting (SmartScoring instruction) for Junior RGG and Senior RGI Judges	
13:30 – 15:30	Lunch break	
19:00	Orientation meeting	
Wednesday, June 4 th , 2025		
	Latest arrival Senior RGI Judges	
08:00 – 22:00	Trainings for Senior Individuals	Kalev Sports Hall
11:00 – 12.00	Judges’ meeting & Draw – Junior Groups qualification	Unibet Arena
12:00 – 13:50	QUALIFICATIONS for AF & AA MEDAL DECISION – Junior Groups (5 Hoops - 5 Clubs), Set A	
13:50 – 15:40	QUALIFICATIONS for AF & AA MEDAL DECISION – Junior Groups (5 Hoops - 5 Clubs), Set B	
15:40 – 16:40	Lunch break	
17:00 – 18:00	Judges’ draw – Junior Groups apparatus finals (5 Hoops - 5 Clubs)	
18.00 – 18:45	Opening Ceremony	
18:45 – 18:55	Presentation of the Finalists, 5 Hoops and 5 clubs	
18:55 – 19:35	APPARATUS FINAL – Junior Groups (5 Hoops)	
19:40 – 20:20	APPARATUS FINAL – Junior Groups (5 Clubs)	
20:30 – 20:45	Award Ceremony Junior Groups – All-around & Apparatus finals	
Thursday, June 5 th , 2025		
All day	Arrival day for Senior Groups Departure day for Junior Groups & Junior Groups Judges	Official Hotels
09:00 – 10:00	Judges’ meeting & Draw Senior Individuals	Unibet Arena
10:00 – 12:00	QUALIFICATIONS – Senior Individuals (Hoop & Ball), Set A	
12:15 – 14:15	QUALIFICATIONS – Senior Individuals (Hoop & Ball), Set B	
14:30 – 15:30	Lunch break	
15:45 – 17:45	QUALIFICATIONS – Senior Individuals (Hoop & Ball), Set C	
18:00 – 20:00	QUALIFICATIONS – Senior Individuals (Hoop & Ball), Set D	

Friday, June 6 th , 2025		
08:00 – 20:00	Training for Senior Groups	Kalev Sports Hall
09:00 – 10:00	Judges’ meeting & Draw Senior Individuals	Unibet Arena
10:00 – 12:00	QUALIFICATIONS – Senior Individuals (Clubs & Ribbon), Set C	
12:15 – 14:15	QUALIFICATIONS – Senior Individuals (Clubs & Ribbon), Set D	
14:30 – 15:30	Lunch break	
15:45 – 17:45	QUALIFICATIONS – Senior Individuals (Clubs & Ribbon), Set A	
18:00 – 20:00	QUALIFICATIONS – Senior Individuals (Clubs & Ribbon), Set B	
20:00 – 20:30	Judges’ meeting (SmartScoring instruction) for Senior RGG judges	
20:00 – 23:00	Official training for Senior Groups	
Saturday, June 7 th , 2025		
08:00 – 22:00	Trainings	Kalev Sports Hall
08:30 – 09:15	Judges’ meeting & Draw Senior Individuals and Senior Groups	Unibet Arena
09:20 – 09:30	Presentation of the Finalists, Set B	
09:30 – 12:25	AA FINAL – Senior Individuals (Hoop, Ball, Clubs, Ribbon), Set B	
12:25 – 13:10	Lunch break	
13:12 – 13:20	Presentation of the Finalists, Set A	
13:20 – 16:15	AA FINAL – Senior Individuals (Hoop, Ball, Clubs, Ribbon), Set A	
16:15 – 16:18	SmartScoring Shooting Star Award	
16:18 – 16:25	Award Ceremony AA Senior Individuals	
16:25 – 17:00	Break	
17:00 – 18:55	QUALIFICATIONS for AF & AA MEDAL DECISION – Senior Groups (5 Ribbons & 3 Balls + 2 Hoops – rotating), Set A	
18:55 - 19:15	Break	
19:15 – 20:55	QUALIFICATIONS for AF & AA MEDAL DECISION – Senior Groups (5 Ribbons & 3 Balls + 2 Hoops – rotating), Set B	
21:00 – 21:25	Award Ceremony Senior Groups AA & Team ranking (Senior Individuals and Senior Groups)	
Sunday, June 8 th , 2025		
10:45 – 12:00	Judges’ meeting & Draw Senior Individuals and Senior Groups	Unibet Arena
11:50 – 12:10	Presentation of the Finalists, 4 finals Senior Individuals	
12:10 – 13:15	APPARATUS FINAL – Senior Individuals (Hoop & Ball)	
13:20 – 14:25	APPARATUS FINAL – Senior Individuals (Clubs & Ribbon)	
14:30 – 14:55	Award Ceremony Senior Individuals Apparatus finals	
15:00 – 16:00	Lunch break	
16:05 – 16:25	Presentation of the Finalists, 2 finals Senior Groups	
16:25 – 17:10	Apparatus FINALS – Senior Groups (5 Ribbons)	
17:15 – 17:57	Apparatus FINALS - Senior Groups (3 Balls & 2 Hoop)	
18:05 – 18:20	Award Ceremony Senior Groups Apparatus finals	
20:30 – 23:30	Farewell banquet	Kultuurikatel (Tallinn Creative Hub)
Monday, June 9 th , 2025		
As announced	Departure day of Delegations & European Gymnastics Officials	Hotels

2.2 Competition Format

FIG requirements will be applied for all phases of competitions.

FIG event IDs: **Senior - 17280, Junior - 17530**

After the drawing of lots (which took place on March 12th) no individual gymnast can be added to the number of gymnasts declared in the definitive registration and no additional group can be registered.

Until fifteen (15) days prior to the start of the qualification, federations are allowed to modify the composition of their delegation (Individual and/or group).

2.2.1 Senior Individuals

Qualification competition with Team ranking (of Senior Individuals and Senior Groups)

- 1-3 gymnasts per NF
- The gymnasts present a maximum of 8 exercises with the apparatus according to the FIG programme for the respective year
- A gymnast may participate in 1 - 4 exercises
- If a NF participates with only 1 gymnast, she must present 4 exercises
- NF with only 1 gymnast cannot participate in the Team ranking
- Qualification for the AA Final – the best 3 scores count (max. 2 gymnasts per NF can qualify)

2.2.2 Senior Individuals All-Around final

- The best 24 gymnasts from the qualification
- 1 gymnast from the host country, if not qualified. The distribution of places will be as follows: 24+1 from the host country (if not qualified)
- Maximum 2 gymnasts per NF
- The gymnasts must present 4 exercises
- The All-Around ranking result is obtained by the addition of all 4 scores
- The winner of the All-Around final is awarded the title "European All-Around Champion".

2.2.3 Senior Individuals Apparatus Finals

- Competition of the best 8 individual gymnasts per apparatus from the qualification.
- Maximum 2 per NF per final.
- The first ranked gymnast of each apparatus is awarded the title "European Champion".

2.2.4 Senior Groups - 5 ribbons and 3 balls & 2 hoops

Qualification with All-Around ranking and Team ranking (of Senior Individuals and Senior Groups)

- Group competition (5 – 6 gymnasts) with 2 different exercises, one executed with 1 apparatus, the other with 2 types of apparatus, according to the FIG programme for the respective year.
- The winner of the All-Around competition is awarded the title "European All-Around Champion"
- The All-Around competition is also a qualification competition for the Apparatus finals
- Only NF with a Senior Group and (more than 1) Senior Individuals can participate in the Team ranking

2.2.5 Senior Groups Apparatus Finals

- Competition of the best 8 groups per apparatus of the qualification.
- The first ranked group of each final is awarded the title "European Champion" with the respective apparatus.

2.2.6 Team ranking Senior Groups & Senior Individuals

- Senior Groups and Senior Individuals
- The winner of the Team Competition is designated as follows:
- Senior Individual gymnasts: the result of all 8 exercises
- Senior Groups: the results of the 2 exercises
- The above-mentioned results will be added; the best NF is awarded with the title "European Team Champion".
- If a NF does not participate in the Team Competition (i.e. competes without a Senior Group, without Senior Individuals or with only one Senior Individual): the gymnast/s can be ranked for the All-Around competition and can qualify for the Apparatus Finals.

2.2.7 Junior Groups - 5 hoops, 5 clubs – Qualification with All-Around ranking

- Group competition (5 – 6 gymnasts) with 2 exercises (apparatus according to the FIG programme for the respective year)
- The results of the 2 exercises are added. The winner after the 2 exercises will be awarded the title "European Junior Groups All-Around Champion"
- The best 8 groups per apparatus qualify for the apparatus final.
- NF may participate with only 1 exercise and can qualify for the respective apparatus final.

2.2.8 Junior Groups Apparatus Finals

- Competition of the best 8 groups per apparatus of the qualifying competition.
- The first ranked group of each final is awarded the title "European Junior Champion" with the respective apparatus.

2.3 World Championships qualification

Continent	Europe
Quota places for 2 - 3 individual gymnasts	12

- A ranking of in total 8 routines from 2 – 3 senior individual gymnasts per federation from the qualification competition at the 2025 RG European Championships to decide the 12 European quota places for 2 – 3 individual gymnasts to the WCh.
- All federations, which participated in the 2025 RG European Championships and have not qualified yet among the quota places for 2 – 3 gymnasts, have the right to participate in the World Championships with 1 individual gymnast.

2.4 Tie break rules

The FIG tie breaking rules for the World Championships valid at the time of the event are to be applied.

2.5 Changes of the Starting Order

Between Step 2 of the nominative registration deadline (15 days prior to the start of the qualification) and the accreditation

An injured or sick gymnast can be replaced, and another gymnast can be accredited.

Between the Accreditation and 24 hours before the start of the Qualification

An injured or sick gymnast can be replaced. The injured or sick gymnast must return her accreditation, and another gymnast can be accredited. Gymnasts who have been withdrawn / replaced before for whatever reason (including injuries and illness), may at no time be reaccredited.

Less than 24 hours before the start of the Qualification

No new accreditations can be delivered.

If the Qualifications take place over more than one day, the start time of the day of Qualifications in which an Individual gymnast or Group is scheduled to compete is used to calculate the 24 hours before.

The injured or sick gymnast can be replaced by any gymnast already accredited, except those withdrawn or replaced, only with medical certificate verified by the official European Gymnastics / LOC medical doctor.

In the above cases, the replacing Individual gymnast will have to perform all apparatus the sick or injured gymnast was registered for, and will fill the same position(s) in the draw (starting order) of the replaced gymnast.

Special Provisions

Each federation may enter five (5) or six (6) gymnasts for the total programme of group exercises. In case of six (6) gymnasts, all six (6) gymnasts must take part in at least one exercise. Should one gymnast not take part in any exercise, the group is disqualified. In case of six (6) gymnasts, the group composition must be submitted for both exercises at the time of the nominative registration. The identity of each gymnast will be checked before entering the competition floor for both exercises. The coach will be informed should the group composition not correspond to the one submitted. He/she will be given the possibility to modify the group composition to be in accordance with the one declared. Should the coach let his/her group compete with a different composition, it will result in the disqualification of his/her group from the respective exercise(s). As a result, the group will not be ranked in the All-Around Ranking List nor in the Ranking List of the routine it was disqualified from. Modifications of the group composition can be accepted on site only with a medical certificate verified by the official European Gymnastics doctor.

Each group exercise has to be performed by five (5) gymnasts. A group comprising a different number of gymnasts is not acceptable and will not be evaluated.

2.6 Access to the competition area

Concerning the presence of coaches and medical staff on the Field of Play (FoP), the provisions listed in the table below will apply.

	Senior Individuals	Senior Groups	Junior Groups
Zone 1 – coaches	2	2	2
Zone 1 – medical staff	1	1	1

2.7 Use of electronic devices

During the duration of official European Gymnastics competitions (which is defined as starting the moment the first gymnast enters the field of play and ending the moment, the last score is publicly displayed):

- Judges on the field of play are absolutely prohibited from using mobile phones / tablets and any other kind of electronic communication device.
- Other delegation members (gymnasts, coaches, medical staff) are prohibited from using mobile phones and any other kind of electronic communication devices. However, gymnasts are allowed to listen to music (with earphones and on a sound level which is not observable for surrounding persons). It is also allowed to other delegation members to take photos (but no videos), without flash and not interrupting the running of the competition.
- If these rules are violated, the persons concerned will receive a verbal warning.
- If this behaviour is repeated after a written warning is issued, those persons concerned will be excluded for the rest of the competition.
- The Superior Jury is responsible for deciding these disciplinary measures.
- Appeals against these decisions must be submitted to the Jury of Appeal whose decision is final.

2.8 Ceremonies and Awarding

2.8.1 Award ceremonies

All award ceremonies will take place after each block of finals. They will be carried out in accordance with the European Gymnastics Directives for Ceremonies. On the podium, awards will only be presented to the gymnasts ranked from 1st to 3rd place.

- For the team award ceremonies, **1** designated coach is allowed on the podium.
- Please ensure that your Federation's medallists are in time for the line-up prior to the ceremonies.
- **All gymnasts & the coach must wear the official tracksuit.**
- The participation of the medallists in the awards ceremonies is compulsory. All gymnasts that are absent for unjustified reasons will be disqualified.

2.8.2 Opening Ceremony

The opening ceremony will take place on Wednesday, June 4th at 18:00 in Unibet Arena.

2.8.3 SmartScoring Shooting Star Award

On **Saturday, June 7th**, after the senior individuals all-around final, European Gymnastics Global Partner Smartscoring will hand over the Shooting Star Award to one senior gymnast of these European Championships.

Started in 2018, this award aims to put gymnasts with an exceptional story in the spotlight as an inspiration for the future generation of gymnasts and the general public alike. The winners will be chosen by a selection committee consisting of representatives from SmartScoring and European Gymnastics authorities and staff.

2.9 Apparatus

The apparatus supplier of this edition of the European Championships is Spieth (colour: beige). A total of 13 carpets in training, warm-up and competition venues + additional stretching area will be available.

2.10 Scoring and distribution of results

For each competition, start lists and results will be provided on www.europeangymnastics.com. In addition, they will be sent to the heads of delegation by e-mail. At the end of the championships all delegations will be provided with a complete set of results including the judges' individual scores for all competitions.

2.11 Control of the Apparatus

All hand apparatus must be FIG certified and must respect the dimensions of the FIG Apparatus Norms. According to the TR FIG, an apparatus control will take place before the competition. A draw will be conducted to decide the gymnasts whose apparatus will be controlled. If one of your gymnasts has been drawn, the Head of Delegation will receive a notification by e-mail. A further check may take place at the end of an exercise if requested by the control judges or the superior jury. Any apparatus which is not according to the regulations will be refused or its' use will be penalised (even if that apparatus had been accepted at a prior competition).

2.12 Music

The music has to be uploaded on the LOC's Digital Platform Sportity. The delegation must upload their music in mp3 format not later than **May 5th**.

- Name of file must contain:
- The name of the nation (official abbreviation of the country)
- The first and last name of the individual competitor
- The category (individual/group)
- The apparatus
- The age group Junior or Senior
- *Examples: EST_LIBLIKAS_MARI_RGI_ball.mp3 ; EST_RGG_5Ribbons_SEN*

Delegation members are requested to keep in their possession a copy on a USB key in case of a technical problem.

Music copyright information should be filled in with uploading the music on Sportity platform. At podium training, the correctness of the music must be confirmed (appendix 2).

The sound level during training and competition is limited to lower than 80 dB at a frequency of 1.000 Hertz (Hz).

2.13 Anti-doping controls

Any doping is prohibited. An Anti-Doping control can be requested at any time. Anti-Doping controls will be made as per regulations of FIG and WADA.

THE JURY

3.1 Judges' panels

Each NF must present one (1) qualified judge with a valid international brevet (category 1,2,3) for each category (Individual and/or Group) in which they have competitors.

The selection of judges is made by draw:

- For the 1st positions per Jury (starting from D, A, E), priority is given to the judges with the highest category.
- D Judges are drawn among the judges with cat. 1 or 2
- Reserve Judges are drawn among the judges cat. 1 or 2
- A, E, T and L Judges are drawn among the remaining judges cat. 1, 2 or 3.
- Judges are drawn during the judges' briefing before the beginning of each phase of competition.

In Apparatus Finals, only judges whose NFs do not have competitors, nor a No 1 reserve gymnast taking part, may be called upon to judge.

If there is an insufficient number of RGG judges, additional judges registered for the RGI competitions, who also have a RGG Judges Brevet (cat. 1/2/3), will be asked during a judges' draw at the event to judge also RGG competitions.

3.2 Superior Jury

FIG Supervisor Marcia Regina Aversani Lourenco functions as President of the Superior Jury.

Eliso Bedoshvili (EG RG TC ad-interim President) functions as Superior Jury President Assistant.

Isabelle de Cossio (EG RG TC member) and Marie Moltubakk (invited superior jury member): DB

Yevgeniya Vilyayeva (EG RG TC member) and Ariel Milanesio (invited superior jury member): DA

Hristiana Todorova (EG RG TC member) and Emanuela Agnolucci (invited superior jury member):

Artistry

Cha Shangeoun (invited superior jury member): Execution

3.3 Jury of Appeal

The Jury of Appeal is composed of two members of the European Gymnastics Executive Committee (one of them acting as President) and a member of the LOC who was not involved in the decision of the Superior Jury and the judging process on the concerned apparatus.

President	Mr. Tom THINGVOLD
Member	Mr. Alvaro SOUSA
Member	Mrs. Janika MÖLDER

3.4 Drawing of Lots of the Judges

All judges have to be present during all competition phases they are registered in.

3.5 Judges' instruction

All accredited judges must study the latest update on the FIG STS platform - TC presentations before their arrival at the European Championships.

A Judges' Instruction will take place online on Tuesday, May 27th, 10:00h – max. 12:00h CET.

Attendance is compulsory and will be checked by the European Gymnastics RG TC.

Judges who do not participate will not be authorized to judge at the European Championships.

The link to register will be sent by email from European Gymnastics to all registered judges and to their respective NF. Each NF is requested to make sure their judge(s) are registered to this instruction.

Judges' Meetings, Briefings and Draw

All judges are required to take part in judges' briefings, draws and subsequent meetings (If any) during the days of presence on site in Tallinn on site for the competition/s they are registered for. Judges who do not participate will not be authorized to judge and will receive warnings and possibly other sanctions.

3.6 Code of Ethics

Any close family relative to a competitive gymnast may not judge that gymnast or this group at the event. If a conflict should or could appear, the European Gymnastics President is to be informed, so appropriate action can be taken.

3.7 Inquiries of the Score

- European Gymnastics applies the relevant FIG TR article in which the detailed procedure is laid down.
- If an inquiry is refused, the amount will be invoiced by European Gymnastics (in EURO currency) and must be paid by the federation concerned within one month upon receipt of the invoice.

THE ORGANIZATION OF THE EVENT

4.1 Competition and warm-up halls

Competition hall

UNIBET ARENA

Paldiski mnt 104B

13522 Tallinn, Estonia

<https://www.unibetarena.ee/>

Warm-up hall

ROCCA AL MARE TENNIS CENTRE

Haabersti tn 5

13516 Tallinn, Estonia

<https://tenniseklubi.ee/>

The distance between the competition venue at Unibet Arena and the warm-up hall in Rocca al Mare Tennis Centre is 250 m through an outdoor parking lot. The way will be clearly marked with competition signage.

4.2 Training hall

KALEV SPORTS HALL

Juhkentali 12

10132 Tallinn, Estonia

<https://www.tallinn.ee/et/tsh>

4.3 Orientation meeting

The Orientation meeting will be held on Tuesday, June 3rd at 19:00 in the competition venue Unibet Arena.

Max. 2 accredited persons per delegation can participate.

The presence of the participating National Federations at the Orientation meeting is mandatory. Unjustified failure to attend will result in a sanction against the Federation of Euro €1,000.

4.4 Banquet

Accredited Delegation members (with the exception of E- and R- media), who stay at one of the official hotels and book their accommodation through the LOC will receive a free ticket for the Farewell Banquet. The Farewell Banquet will take place at Kultuurikatel (Tallinn Creative Hub), Kursi 3, Tallinn 10415 <https://kultuurikatel.ee/> .

Tickets for the banquet for accredited delegation members not booking their accommodation through the LOC can be purchased for EUR 100.- per person, provided that a request is submitted to info@rgtallinn2025.ee by May 5th, 2025 at the very latest.

4.5 Training Information

The training takes place at the times published in this work plan. A detailed training schedule will be provided to the participating National Federations.

The delegations are obliged to respect the training schedules.

Access to the training halls is limited to the nations having training at that time as per schedule and to delegation members with the right to training hall access.

After the podium training, the Heads of Delegation have to confirm with a form (appendix 2), that the music tracks of their gymnasts are correct.

The official training starts on Tuesday, June 3rd. Extra training before will not be offered at this event.

4.6 Photos of the gymnasts

Before or after the start of the official podium training photos of each gymnast and group must be taken for the gymnasts' presentation during the competition.

Gymnasts must wear their official tracksuit.

The pictures will be taken at the competition hall near Delegations Entrance (D Gate).

4.7 Accreditation and information desk

The accreditation office and information desk will be located at the competition venue A Gate, **Unibet Arena** (Paldiski mnt 104B, 13522 Tallinn). Opening hours 8:00- 21:00 every day.

Upon accreditation, the Head of Delegation or his/her representative must provide the following to the LOC:

- The passports of all delegation members.
- The medical insurance for all delegation members.
- Proof of the fulfilment of all financial obligations to the LOC (accommodation, meals);
- Submission of e-mail address and phone number of one responsible person
- Departure confirmation

4.8 Accommodation

Official European Gymnastics & Judges hotel



[Radisson Collection Hotel Tallinn](#)

3 Ravala Street, 10143 Tallinn

Delegation hotels

For the full list of the delegation's hotels, please see the Directives.

4.9 Meals

Breakfast will be served at the hotels 6:30-10:00 (weekdays), 7:00-11:00 (weekend)

Lunch and Dinner for the delegations who ordered it via LOC registration platform Sportity by May 5th, 2025 is served at the competition venue in Unibet Arena at following times:

LUNCH	DINNER
12:00 – 16:00	18:00 – 22:00

4.10 Transportation

International Transportation

The invited participating Federations must pay for the travel costs of their delegation members. European Gymnastics and the LOC strongly recommend that each Federation has a cancellation insurance for their international transportation.

The LOC offers free local transportation to the official hotels and back for all accredited persons (who have booked accommodation through the LOC) from the official arrival airport, port, bus station in Tallinn.

Local Transportation

Event local transportation service from the official hotels to the venue and back, as well as to any other official activities and back, will be provided to all delegations that stay at one of the official hotels and submit their Travel Schedule for Arrival and Departure to the LOC by May 5th, 2025, via the LOC digital platform Sportity.

In addition to event local transportation, the city of Tallinn offers free public transportation (buses, trams, trains) for all accredited persons from 31st May to 9th June. QR code on the accreditation card should be validated at the first door upon entrance.

4.11 Information for delegations

All information will be sent to the Heads of Delegation by electronic communication (E-mail, WhatsApp group / App).

For additional information, the info desk in the competition venue will be open daily from 8:00 - 21:00.

4.12 Safeguarding

A safe environment for all participants is a top priority at the 2025 RG European Championships!

In case you experience or see any form of violence you can contact safeguarding coordinator

Maris Jesse safesport@rgtallinn2025.ee , mobile/ WhatsApp +372 502 8890

4.13 Sustainability

All delegation members (especially gymnasts) are asked to bring their own water bottle.

Tap water is drinkable in Estonia.

The delegation members are asked to sort different types of waste separately: bottles and cans, packaging, paper and cardboard, bio-waste, and household waste. Recycling and composting bins are available throughout the venue.

The LOC prioritizes sustainable materials for signage, promotional items, and catering supplies. Digital signage is preferred, and biodegradable materials are used when necessary.

To promote eco-friendly transport, the LOC has partnered with the City of Tallinn to provide free public transport for the guests. Attendees can travel around the city by scanning their personal QR code.

4.14 Appendices

- App 1: Venue Layouts
- App 2: Music Confirmation at podium training
- App 3: Inquiries form
- App 4: Withdrawal Form

Detailed training- and competition schedules will be published by email before the event.

4.15 TV and Media

The Host Broadcaster is ERR.

Website LOC

<https://rgtallinn2025.ee/>

Website / Social media European Gymnastics

www.europeangymnastics.com - event site

<https://www.facebook.com/EuropeanGymnastics/>

<https://www.tiktok.com/@europeangymnastics>

<https://www.instagram.com/europeangymnastics/>

[Youtube](#)

4.13 Rules and regulations

This European Championships will take place under the following regulations:

- FIG and European Gymnastics Statutes
- FIG and European Gymnastics Technical Regulations
- FIG Code of Points, relevant Newsletters and help desk

- FIG General Judges' Rules
- FIG Specific Judges' Rules
- FIG Anti-doping Rules
- European Gymnastics Medical Guidelines
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events
- FIG Licence Rules
- European Gymnastics Media Rules
- FIG Apparatus Norms
- FIG Advertising and Publicity Rules
- European Gymnastics Accreditation Directives
- European Gymnastics Directives for Ceremonies
- FIG Code of Ethics
- FIG Code of Discipline
- and subsequent decisions of the FIG/European Gymnastics Executive Committee

The members of the European Gymnastics/EC/TC will handle unforeseen incidents or events that might occur during these championships.



Eliso Bedoshvili

Lausanne, April 30th, 2025

Ad-interim President of the European Gymnastics TC-RG