



Women's Artistic Gymnastics - Training Schedule - European Championships, Zagreb

Saturday 15th August 2026

Apparatus Finals - SENIORS

Senior Apparatus Finals - Field of Play - Timed Podium Training Under Spot Light			
Start Time	Duration	End Time	The Warm-up Hall will remain open until the end of the Competition
12:00	00:20	12:20	General Warm-up in the Warm-up Hall The Warm-up Hall will remain open until the end of the Competition
12:20	00:20	12:40	   
12:40	00:30	13:10	
13:10	00:30	13:40	
13:40	00:20	14:00	

Field of Play - Apparatus Finals Seniors			
Start Time	Duration	End time	   
12:20	01:40	14:00	Timed Podium Training - FOP
14:15	00:30	14:45	Opening Ceremony
14:51	00:09	15:00	March in & Presentation of Gymnasts
15:00	00:38	15:38	VAULT
15:38	00:07	15:45	Award Ceremony - Vault
15:47	00:44	16:31	UNEVEN BARS
16:31	00:07	16:38	Award Ceremony - Uneven Bars
16:40	00:41	17:21	BALANCE BEAM
17:21	00:07	17:28	Award Ceremony - Balance Beam
17:30	00:41	18:11	FLOOR
18:11	00:07	18:18	Award Ceremony - Floor