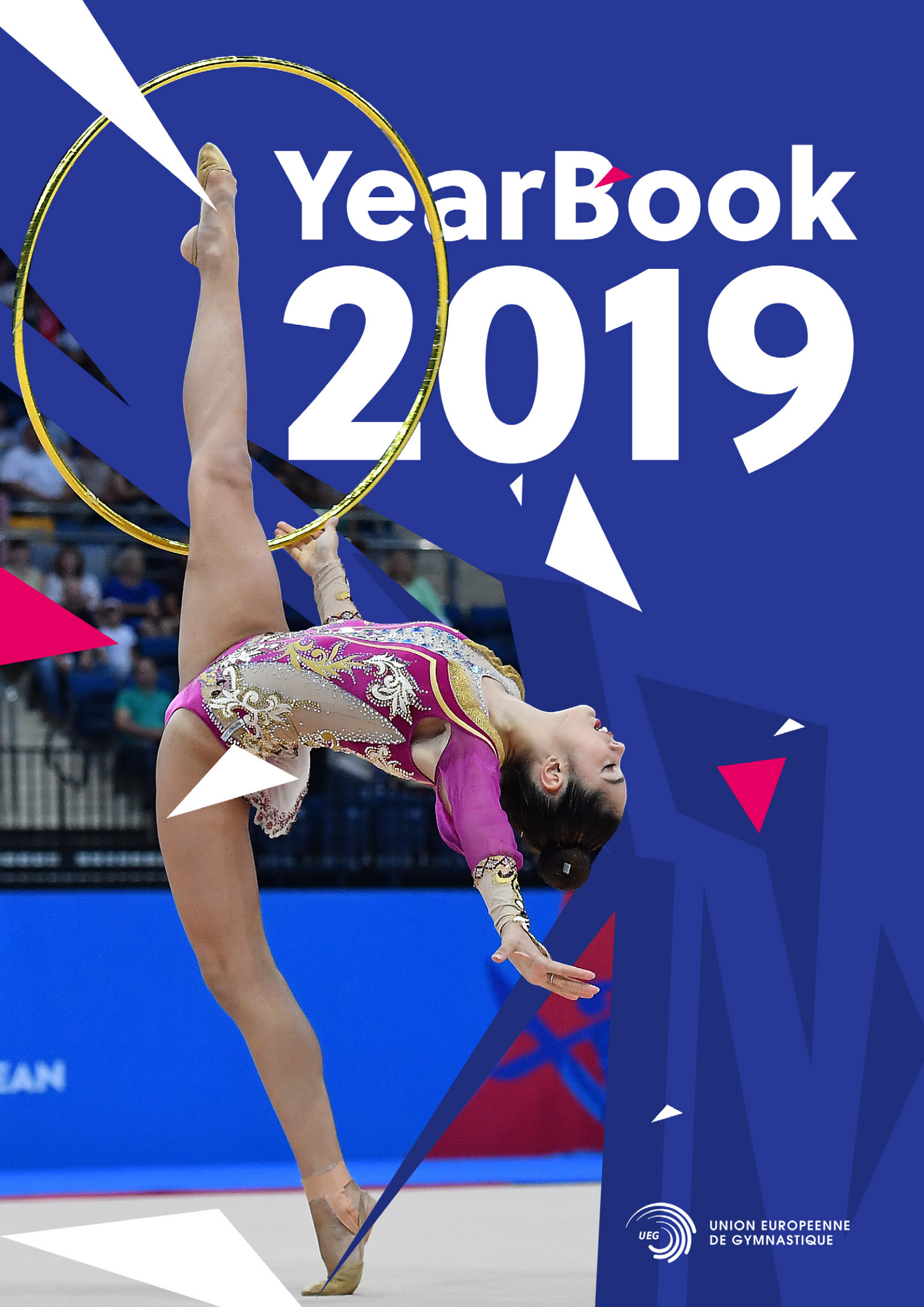


YearBook 2019



UNION EUROPEENNE
DE GYMNASTIQUE

SMARTSCORING

Every second matters

We are doing scoring for Europe

Arzu Jalilova
Head



[Gymtv.online](https://www.gymtv.online)

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Farid Gayibov

UEG President

2019 has been a fascinating year in which we focused on our current events but also took the time to reflect on the direction our future path should take. Delivering high-level events, in a consistent manner over all 8 disciplines, remains one of our core tasks. For this, we extended the collaboration with scoring partner SmartScoring until end of 2021, and with the apparatus suppliers until the end of 2024, we introduced a real-life mascot Luigi to entertain the crowd, we live stream all our events giving the athletes the time in the spotlight that they all deserve. A lot of work

has been done, but of course, there is always more to do ...

At the European Games in Minsk (BLR), we could present the audience 6 of our competitive disciplines together, showcasing the beauty of gymnastics in an unusual format that entertained the spectators and was interesting for TV as well: gymnasts qualified at previous events and thus competed directly in the finals and there was alternation between 2 different disciplines, for example Acrobatic and Rhythmic Gymnastics.

In addition to competitions and Gymnastics for All, we realise that our continent houses an incredible wealth of knowledge. Experts, coaches, athletes, choreographers ... You name it, we surely have it. And we want smaller countries, federations, disciplines to profit from this as well. That's why we

invest in a variety of courses, seminars and training camps, all with the aim to spread this knowledge and increase the level of gymnasts, coaches, judges, officials.

For the first time in history, we had 47 out of 50 national federations attending a non-electoral Congress! This fills me with pride as it shows how keen our members are to discuss ideas and be involved in the decision-making process that can guarantee us all a bright future for gymnastics.

I'd like to thank all gymnasts, authorities, federations and event organisers for their commitment.

Let's make 2020 a year to remember forever!

Lisa Worthmann

General Director



The year kicked off at the EC meeting in January with the first discussions about important proposals for the UEG Congress such as following many other European and International Sports Federations on the way to modernise our image by rebranding and changing the name from UEG to European Gymnastics as well as the proposal for English to become the prevailing language.

Shortly after, the event season started in April in the beautiful Netto Arena in Szczecin. While extra efforts are needed when an event takes place in a country which does not regularly host major international gymnastics events it was good to be back in Poland with Artistic Gymnastics Europeans after 50 years and the event was beautifully presented for the audience both in the hall and on TV. The remaining European Championships continued well in May with a presentation on the highest level at the Aerobic and Rhythmic Gymnastics Europeans in Baku and came to a successful end in November with a sold-out venue for the senior finals at the ACRO Europeans and Age Group Competitions in Israel.

Following the successful first edition of the combined European Championships in Glasgow / Berlin 2018, this year also had its summer highlight with the 2nd European Games in Minsk at the end of June. Thanks to the amazing efforts of the team from MEGOC this multisport event was a very successful one! After 2015 in Baku it was another opportunity for gymnastics to present different competition formats by combining two disciplines. These presentations were appreciated by a huge crowd (on some days full capacity of 12'000) in the venue Minsk Arena and need to be further worked on for future events. On the

sideline of the competitions the first talks about the European Games 2023 took place with the European Olympic Committees. UEG's Executive Committee which was present for a meeting used the occasion to invite representatives of the EOC and other participating sports for an informal gathering at a reception. In addition to the co-operation which has started around the project of the EC Glasgow 2018 this was another occasion for an always fruitful exchange of ideas with other European sports federations.

Shortly after, in July, the European juniors had their highlight with gymnasts from 39 countries participating in the artistic gymnastics competitions of the European Youth Olympic Festival in Baku.

The year continued with an Executive Committee Meeting in Tbilisi at the end of August. Discussions during the meeting were focused on further preparations for the UEG Congress and the future editions of UEG's Statutes and Technical Regulations. After having started this tradition with an EC meeting 2018 in the Republic of North Macedonia for the second time the occasion was used to invite representatives of gymnastics federations from

neighbouring countries around Georgia for an exchange of ideas.

The UEG Congress in Sofia in November was the last 2019 event. The major changes mentioned at the beginning were accepted by large majorities. In addition to the official programme of the General Assembly a discussion round and presentations by the Swedish Gymnastics Federation and guests from the European Broadcasting Union and European Athletics were held for the topic of "gymnastics competitions as successful events". Interesting examples from other sports have brought up some new ideas for our gymnastics events. The large attendance and the highly active participation of our member federations in this afternoon programme positively surprised our guests. Overall the 2019 Congress has shown that UEG and its member federations are on the same wavelength looking at the future of European Gymnastics.

Thank you to all of our 2019 Organising Committees, our partners, the UEG authorities and staff who have helped to make this year a successful one!

GYMNOVA



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Mélanie De Jesus Dos Santos

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10 —
— 14

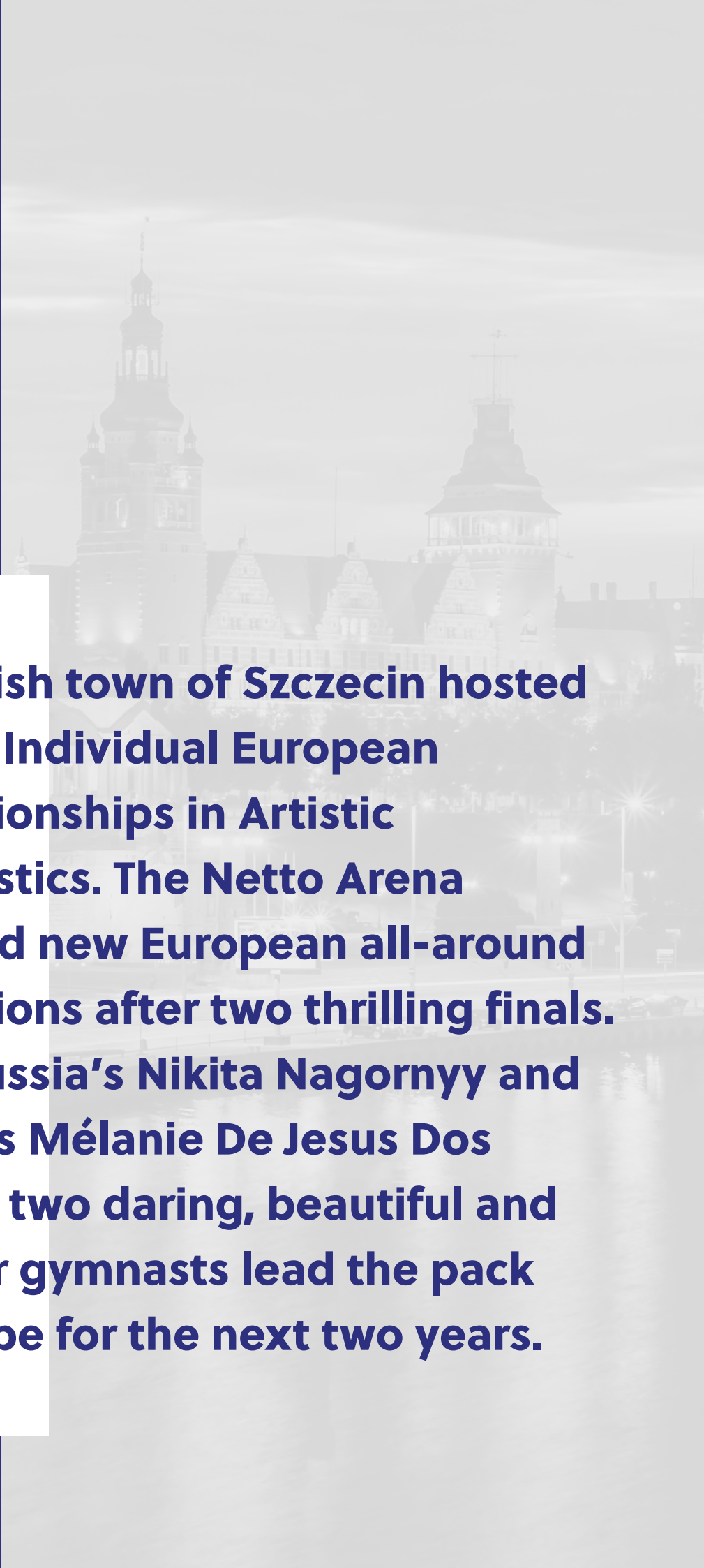
Apr
2019

European
Championships
in Artistic Gymnastics

 **Szczecin - Poland**



UNION EUROPEENNE
DE GYMNASTIQUE



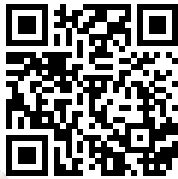
The Polish town of Szczecin hosted the 8th Individual European Championships in Artistic Gymnastics. The Netto Arena crowned new European all-around Champions after two thrilling finals. With Russia's Nikita Nagornyy and France's Mélanie De Jesus Dos Santos, two daring, beautiful and popular gymnasts lead the pack in Europe for the next two years.

The new all-around Champion,

Nikita Nagornyy!

European Champion on vault in 2015, on floor in 2016 and twice with the Russian team (2016 and 2018), World all-around bronze medallist Nikita Nagornyy had actually never competed in a European all-around final before! Trailing teammate -and World Champion- Artur Dalaloyan after qualifications, Nagornyy delivered superb performances on all 6 apparatus, highlighted by an excellent high bar routine to comfortably cruise to his first European all-around crown.

Watch the video →



Hail Queen Mélanie



Mélanie de Jesus dos Santos has been on everyone's watch list for years, a feeling that was confirmed in 2017 when she placed third in the all-around at Europeans and fifth at Worlds. Last year, she won the European title on floor. However, a hand injury kept the French star from training properly before Szczecin so there were doubts if she was even going to compete on all events. She did ... and how! Two gold medals (all-around and floor) and the silver on beam!

Watch
the video →



Historic all-around medal for Cyprus

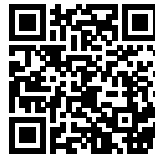
After winning the bronze in the all-around at the Commonwealth Games, and claiming victory at the Mediterranean Games last year, the entire gymnastics community knew the capabilities of the talented Cypriot Marios Georgiou. It didn't come as any surprise that Marios qualified to the all-around final in the top group. His consistent performance, with his top scores coming on parallel bars, pommel horse and high bar, carried him all the way to the podium, earning the bronze medal. A first for Cyprus!

Watch
the video →





Watch
the video →



The Flying Dutchman strikes again

With his parents, wife and son cheering him on, Epke Zonderland delivered one of the best routines he's ever done on high bar, clinching his third European title on his speciality event. The audience rewarded him with a standing ovation!

Russian men reach dazzling heights

Although there was no team competition this year, the Russian men surely stood out as one hell of a team, managing to get individual medals for 5 of their 6 participating gymnasts! Apart from the all-around title, Nikita Nagornyy also won the gold on parallel bars. Veteran

Denis Abliazin made a fantastic return to competition by winning two European titles: rings and vault.

As in 2018, Artur Dalaloyan became the most decorated male gymnast with gold on floor, silver in the all-around and bronze on both vault and high bar. Two more bronze medals returned home to Russia: for Dmitri Lankin on floor and Vladyslav Poliashov on pommel horse.



Elegant return for Thorsdottir

Side-lined by a hand injury for most of last year, the Netherlands' Eythora Thorsdottir impressed the audience with her superbly expressive and artistic floor routine. Her silver medal is one step up from the bronze she won two years ago in Cluj.














Watch
the video →

Participants compared to 2017

	FEDERATIONS	GYMNASTS	WOMEN	MEN
2019 Szczecin	39	257	99	158
2017 Cluj	37	267	102	165

MEDAL TABLE



 Russia	7	2	6
 France	2	3	1
 Great Britain	2	1	1
 Netherlands	1	1	0
 Israel	0	2	0
 Italy	0	1	1
 Croatia	0	1	0
 Ukraine	0	1	0
 Armenia	0	0	1
 Cyprus	0	0	1
 Turkey	0	0	1

SOFTTOUCH

*Approved by Nina Derwael
and Sanne Wevers*



Official partner of




**Janssen
fritsen**



16 —
— 19

May
2019


**European
Championships
in Rhythmic Gymnastics**



Baku - Azerbaijan



UNION EUROPEENNE
DE GYMNASTIQUE



The 35th European Championships in Rhythmic Gymnastics, hosted in Baku's magnificent National Gymnastics Arena, truly put the participants in the spotlight! And the gymnasts returned the favour with exciting routines that caught the eye of the many spectators in the hall, online and on TV.

Twin power

Russian superstars Dina and Arina Averina dominated yet another competition, neatly dividing the 4 apparatus titles between them, and helping their team to gold. With three gold medals each, they battled each other for most successful individual gymnast of the event with Dina overtaking her sister as she also won a silver medal, for her clubs routine.

Watch
the video →



Watch
the video →



Silver for stylish Halkina

Already having three European individual bronze medals in her pocket, in 2015 with hoop and clubs and last year in the all-around, Belarusian miss popular Katsiaryna Halkina claimed her first silver medal, for her performance with hoop. An excellent reward for the stylish gymnast.

Israel's ups and downs

The Israeli team suffered a huge loss when their star Linoy Ashram got injured in podium training. Suddenly, the hopes of the nation moved from Ashram to the shoulders of Nicol Zelikman. The 18-year-old handled the added pressure extremely well, qualifying to all 4 apparatus finals, the only gymnast to achieve this feat. In the finals, Zelikman's efforts were rewarded with a bronze medal for her hoop routine.



Watch
the video →



Emerging from the shadows

A fan favourite for a long time already, Boryana Kaleyn has now officially emerged from the shadows of her teammates Katrin Taseva and Neviana Vladinova. The young Bulgarian, who turned 19 in August, impressed the audience with beautiful turns and leaps, earning her two bronze medals, with ball and ribbon. More to come from her definitely!

Watch the video →



Watch the video →



Junior difficulty

The Russian junior group showed incredible difficulty and execution in their two routines, first with 5 hoops and then with 5 ribbons. They cruised to victory in the all-around, almost three points ahead of their Belarussian competitors. Add to this also the team gold and the two apparatus titles, and you'll be looking at the most successful gymnasts of the entire competition!



Ukraine gearing up for home Europeans

Ukraine returned home with two medals, silver for their junior group in the 5 ribbons final, and bronze with clubs for the talented Vlada Nikolchenko. And they secured two all-around spots for participation in next year's European Championships, to be held in ... the Ukrainian capital Kyiv!

Watch the video →









Participants compared to 2017

	FEDERATIONS	FEDERATION SENIORS	FEDERATION JUNIORS	SENIOR GYMNASTS	JUNIOR GYMNASTS	GYMNASTS
2019 Baku	35	33	20	71 (+10 RESERVES)	115 (20 GROUPS)	186
2017 Budapest	36	34	27	81 (+5 RESERVES)	149 (27 GROUPS)	230

MEDAL TABLE



 Russia	8	3	0
 Belarus	0	3	2
 Israel	0	1	1
 Ukraine	0	1	1
 Bulgaria	0	0	3
 Italy	0	0	1

24 —
— 26

May
2019

**European
Championships
in Aerobic Gymnastics**

 **Baku - Azerbaijan**



UNION EUROPEENNE
DE GYMNASTIQUE



Aerobics sparkled in Baku during the biennial European Championships. With both juniors and seniors battling for continental glory in the Individual Women, Individual Men, Mixed Pairs, Trios, Groups and Aero Dance categories, the three competition days at Baku's National Gymnastics Arena provided much excitement for the crowd in the beautiful venue and the fans watching online.

Daniel Bali shines

Hungarian star Daniel Bali, the 2017 European Champion, decided not to defend his individual title, focusing instead on his mixed pairs (with Fanni Mazacs) and trios (with Mazacs and Balazs Farkas) performances. Winning gold in both, the gamble definitely paid off!



Watch
the video →

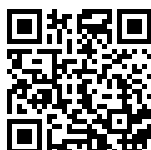


Romanian repeat

An Aerobics powerhouse since the very beginning of the discipline, Romania claimed gold in Baku for their group routine, successfully defending the title they won in 2017.



Watch
the video →



Home glory

To the delight of the home crowd, the Azerbaijani Aero Dance outperformed their Russian rivals to claim their first medal at a European Championships, and it was immediately gold!



Watch
the video →



Russia's individual glory

Both senior individual titles were claimed by Russia. Roman Semenov and Ekaterina Pykhtova handled the pressure well to captured their first individual European gold.



Participants compared to 2017

	FEDERATIONS	FEDERATIONS SENIORS	FEDERATIONS JUNIORS	SENIORS GYMNASTS	JUNIORS GYMNASTS	GYMNASTS	WOMEN	MEN
2019 Baku	22	20	21	161	166	327	254	73
2017 Ancona	21	20	19	197	134	331	265	66

MEDAL TABLE













GOLD



SILVER



BRONZE

 Russia	9	6	2
 Hungary	2	0	4
 Romania	1	4	5
 Bulgaria	0	1	2
 Azerbaijan	1	0	0
 Italy	1	1	0
 Turkey	0	1	0
 Spain	0	1	0
 Portugal	0	0	1
 Ukraine	0	0	1



SPIETH

Gymnastics



HERE WE GO
TOKYO!

21 — — 30

June
2019

European Games

 Minsk - Belarus



UNION EUROPEENNE
DE GYMNASTIQUE

The second edition of the European Games in the Belarussian capital Minsk allowed us to showcase 6 of our competitive disciplines, in the same arena over 7 days. The crowd reacted with delight as they descended on the Minsk Arena in full force, ensuring a sold-out venue and a brilliant, supportive atmosphere.



**Relive all the highlights
on our Youtube channel**

Artistic Gymnastics

The unusual format of these Games put many different nations in the spotlight. Only one gymnast per country could advance to the event finals, ensuring a great variety of nationalities competing for the medals. Russians Angelina Melnikova and David Belyavskiy clinched the all-around titles and one apparatus gold each. 2015 Champion Oleg Verniaiev returned to compete on all 6 events, making it tough for Belyavskiy but having to settle for silver. The Ukrainian star did return home with a gold medal, on his signature event, parallel bars. World Champion on bars Nina Derwael showed incredible mental strength as she bounced back from a fall on bars to hit a great beam set and win the gold there.

89 GYMNASTS
48 MEN
41 WOMEN
34 FEDERATIONS



52 GYMNASTS
12 INDIVIDUALS
8 GROUPS
14 FEDERATIONS

Rhythmic Gymnastics

Russian superstar, the reigning World all-around Champion Dina Averina overcame problems in her hoop and clubs routine to take the all-around gold, following in the footsteps of her compatriot Yana Kudryavtseva who won gold at the inaugural Games four years ago in Baku. Israel's Linoy Ashram who led the competition going into the last rotation, lost

her chance at the gold medal when her ribbon flew out of the floor area, bumping her to second place. Home town hero Katsiaryna Halkina delighted the crowd with her elegant performances en route to the bronze medal. In apparatus finals, Linoy Ashram more than made up for her costly mistakes in the all-around. The Israeli star visibly enjoyed her time on the carpet and claimed two gold medals: with ball and clubs! With ribbon she showed what she's actually capable of doing, clinching the silver medal just 0.250 behind Russia's Dina Averina who also won the hoop title, silver with clubs and bronze with ball. Minsk star

Katsiaryna Halkina clinched the silver with hoop while Ukraine's Vlada Nikolchenko and Bulgaria's Katrin Taseva returned home with two medals each.

The group competition was exciting until the very last routine. Russia showed the best 5 balls routine, beating Bulgaria and Belarus. The home nation staged a stunning return though, claiming the victory in the 3 hoops and 4 clubs final and edging Bulgaria by just 0.050 for the all-around crown.



Acrobatic Gymnastics

8 mixed pairs and 8 women's groups earned the right to compete at the second edition of the European Games in Minsk. All participants competed in three medal events: balance final, dynamic final and all-around final. The home nation hit the jackpot straight away when their group featuring Veronika Nabokina, Yulia Ivonchyk and Karina Sandovich clinched the first gold medal available, for their performance in the balance final. Pure delight in the Minsk Arena, the tone was set for 2 days of high-level acrobatics that seduced the spectators. The Belgian trio, Talia De Troyer, Britt Vanderdonck and Charlotte Van Royen

47 GYMNASTS
24 MEN
23 WOMEN
19 FEDERATIONS



won the other two gold medals while the Portuguese ladies Barbara Da Silva Sequeira, Francisca Sampaio Maia and Francisca Maia earned medals in all three finals.

Kirill Startsev and Viktoria Aksenova (RUS) were victorious both in the dynamic and the all-around final, leaving the balance title to Belarussian Volha Melnik and Artur Beliakov. Joining them on the podium, Azerbaijan's Abdulla Al-Mashaykhi and Ruhidil Gurbanli returned home with two silver and one bronze medal.

Trampoline

24 men and 24 women represented 19 countries, competing in individual and synchronised Trampoline. A new format for European Games has been successfully applied – full individual competition (qualifications and finals) and only one routine for 8 synchro pairs in the evening final part of the competition day.

The local organisation and the thousands of spectators made the competition excellent and created a fantastic atmosphere. The home crowd obviously hoped that their superstars would shine in the Minsk Arena. And they did! Olympic Champion Uladzislau Hancharou claimed the individual men's title while his

38 GYMNASTS
7 MEN
31 WOMEN
11 FEDERATIONS



wife Hanna paired with Maria Makharynskaya to win the synchro gold. Hancharova also won the bronze individually. Two other nations were victorious in Minsk: France's Léa Labrousse won the women's individual final and Poland's Artur Zakrzewski and Lukasz Jaworski outperformed the entire field in the men's synchro final.

Aerobics

8 mixed pairs and 8 groups gave the best of themselves to show what a wonderful discipline Aerobics truly is.

Italy's World Champions Michela Castoldi and Davide Donati produced a stunning exercise on the tones of Celine Dion's 'My heart will go on', mesmerising the audience. They surpassed

Romanians Andreea Bogati and Dacian Barna and Russians Tatiana Konakova and Grigoriy Shikhaleev to claim the European Games title, a nice upgrade from the silver they won in Baku four years earlier. In the groups' final, Russia upset European Champions Romania who had to settle for bronze behind Bulgaria.



47 GYMNASTS
22 MEN
25 WOMEN
10 FEDERATIONS
























A huge 'Thank you' to the Minsk Organising Committee and the Belarus Gymnastics Association for all the hard work in delivering this excellent event!

MEDAL TABLE


GOLD


SILVER


BRONZE

	Russia	11	6	5
	Belarus	6	1	9
	Belgium	3	1	0
	Ukraine	2	5	7
	Israel	2	2	0
	Italy	2	0	0
	France	1	1	1
	Armenia	1	1	0
	Poland	1	0	0
	Finland	1	0	0
	Lithuania	1	0	0
	Slovenia	1	0	0
	Romania	0	1	1
	Azerbaijan	0	2	1
	Portugal	0	2	2
	Bulgaria	0	4	2
	Great Britain	0	2	0
	Turkey	0	1	1
	Georgia	0	1	0
	Cyprus	0	1	0
	Czech Republic	0	1	0
	Hungary	0	0	2
	Sweden	0	0	1

24 — 27

October 2019


**European Age Group
Competitions
in Acrobatic Gymnastics**

30 — 03

October — November 2019

**European
Championships
in Acrobatic Gymnastics**

 **Holon - Israel**



The Israeli Gymnastics Federation lifted this event to another level with the fabulous hall, set-up and lighting provided in Holon's Toto Arena! And the gymnasts returned the favour by showing off their fantastic skills in cool choreographies, truly giving the best of themselves, both during the European Age Group Competitions the first week and the following week in the junior and senior Europeans.

Triple crowns for the stars

Watch the video →



Only the gymnasts competing in the European Championships battled for three sets of medals: balance, dynamic and all-around. The triple crown is only won by the very best, the gymnasts who manage to keep their nerves under control in three finals and outscore their competitors not once but three times in as many days.

First, two Israeli junior units achieved this feat: women's pair Almog Green and Maayan

Zunenshine and women's group Meshi Hurvitz, Nikol Aleinik and Inbal Zeitounei! After the last senior finals, two more units joined them: Belgium's Talia De Troyer, Britt Vanderdonckt and Charlotte Van Royen, double European Games Champions, and Russian mixed pair Viktoria Aksenova and Kirill Startsev who stepped into the footsteps of their predecessors and compatriots Marina Chernova and Georgiy Pataraya, winners of the triple crown both in 2015 and in 2017.

Israel shines bright

Known already for years for their expressive style and original routines, team Israel was out in full force in Holon, claiming a total of 18 medals of which 11 were gold over the two competition weeks. The audience sang along the national anthem in delight.

After the retirement of European and World Champions Efi Sach, Daniel Uralevitch, Yannay Kalfa and Lidar Dana, and women's pair Mika Lefkovitz and Roni Surzon, who were honoured by the Israeli Gymnastics Federation for the fantastic careers, the future seems to be secured.



History for Austria and Netherlands

What's a competition without some truly historic moments? Nothing ... so women's pair Franziska Seiner and Eva Gasser delivered the best performance of their career so far by winning Austria's first ever European medal!

'I can do that too', he must have thought', having previously announced his retirement after Holon, Stef Van der Loch paired with Fenne Van Dijck, earning the bronze medal in the all-around for the Netherlands. What a way to say goodbye!

Watch the video →



Increased participation

We were proud to welcome 18 countries in the senior competition, an increase of 4 compared to 2017!

Participants

European Age Group Competitions in Acrobatic Gymnastics

2019
HOLON

2017
RZESZÓW

Federations	27	26
Federations 12-18	21	21
Federations 11-16	24	25
Gymnasts 12-18	201	197
Gymnasts 11-16	216	222
Gymnasts	417	419
Boys	118	115
Girls	299	304

Participants

European Championships in Acrobatic Gymnastics

2019
HOLON

2017
RZESZÓW

Federations	20	18
Federations Seniors	18	14
Federations Juniors	19	15
Senior gymnasts	122	108
Junior gymnasts	162	144
Gymnasts	284	252
Women	170	142
Men	114	110








MEDAL TABLE

10th European Age Group Competitions in Acrobatic Gymnastics


 GOLD


 SILVER


 BRONZE












	GOLD	SILVER	BRONZE
 Russia	4	2	2
 Israel	4	1	1
 Great Britain	1	5	4
 Portugal	1	1	1
 Netherlands	0	1	0
 France	0	0	1
 Germany	0	0	1

European Championships in Acrobatic Gymnastics


 GOLD


 SILVER


 BRONZE

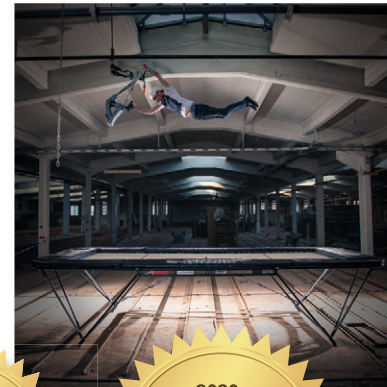
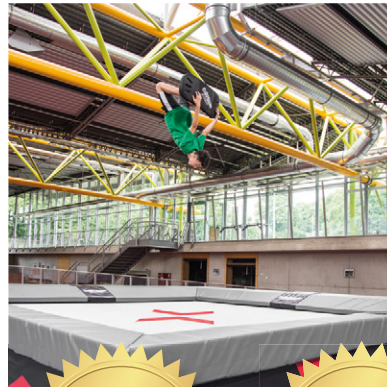
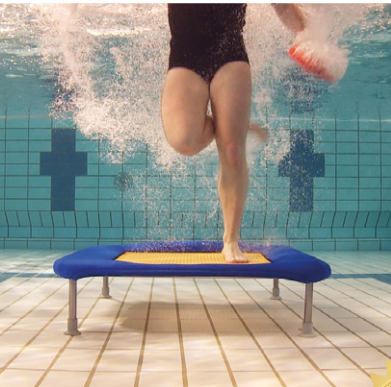
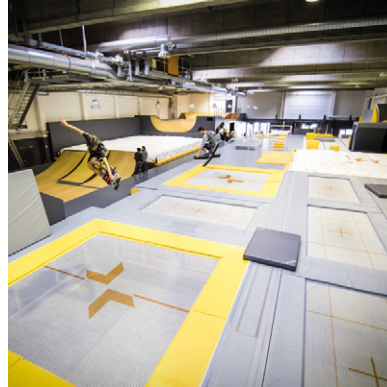
	GOLD	SILVER	BRONZE
 Russia	8	11	4
 Israel	7	1	4
 Great Britain	5	3	5
 Portugal	3	5	1
 Belgium	3	1	2
 Belarus	1	4	5
 Azerbaijan	1	1	3
 Ukraine	0	5	3
 Germany	1	0	1
 Austria	0	0	1
 Netherlands	0	0	1

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UPCOMING EVENTS:

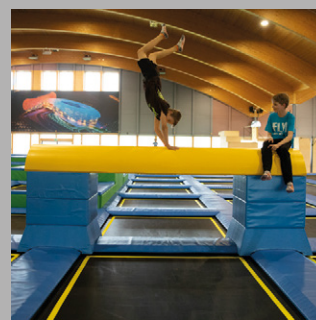
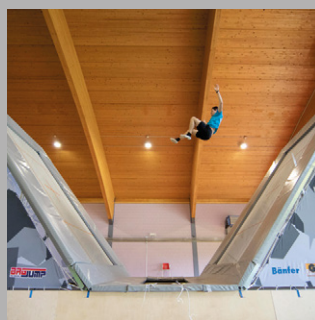


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15 —
— 16

November
2019

28TH UEG Congress

 Sofia - Bulgaria



UNION EUROPEENNE
DE GYMNASTIQUE

On 15 and 16 November, representatives of the member Federations of the European Union of Gymnastics (UEG) met for the biennial General Assembly. 47 of the 50 National Federations attended. The debates have resulted in the following official decisions and information:

- The minutes of the 2017 General Assembly in Split (CRO) were approved.
- The name change to European Gymnastics has been approved. This change will come into place on 1st April 2020.
- Changes to the statutes were approved. The updated statutes were published on the UEG website.
- The reports of the Technical Committee Presidents and the Medical Commission were approved.
- The financial reports for 2017 and 2018 were approved. As were the provisional accounts of 2019 and the budget for 2020.
- Three former UEG authorities were honoured for the dedicated service: Malin Eggertz Forsmark (SWE) as Honorary Vice-President and Galina Kovalchuk (UKR) and Jacky Wischnia (ISR) as Honorary Members of the UEG. Congratulations!



The attending federations could join in the panel discussion with topic 'Gymnastics competitions as successful events'. Following presentations of Marcel Wakim, Head of New Product Development European Athletics, about new events and its strategy; Pia Josephson, acting Secretary General Swedish Gymnastics Federation, about how to make an event out of national championships, raising the level and increasing audience interest and visibility; and Glen Killane, Deputy Director EBU Sport, about the current TV market and its impact on sport events, the floor was open for questions to the panel that was joined by UEG president Farid Gayibov and PAGU President Naomi Valenzo.



**Thank you for
your active
participation!**



**The next Congress will be
hosted by the Portuguese
Gymnastics Federation in
Albufeira in December 2021.**



To prepare for the FIG elections in 2020, we spent the Saturday afternoon together, giving the opportunity to European candidates to present themselves to their colleagues.

**47
of 50**

**MEMBER
FEDERATIONS
PRESENT**




Training camps and workshops













Each year UEG and its Technical Committees organise a variety of training camps, coaches' and judges' courses, seminars, workshops, etc. The main aim is to increase the level, the participation and the popularity of all 8 gymnastics disciplines.

Education is key!

Training camps

30 – 6 June – July	Rhythmic Gymnastics	 Obertraun	17 coaches 32 gymnasts 13 countries
5 – 15 July	Men's Artistic Gymnastics	 Tirrenia	33 coaches 33 gymnasts 21 countries
14 – 20 July	Aerobic Gymnastics	 Latina	24 coaches 74 gymnasts 11 countries
16 – 26 July	Women's Artistic Gymnastics	 Tirrenia	41 coaches 38 gymnasts 23 countries
21 – 27 July	Trampoline Gymnastics	 Sangalhos	30 coaches 85 gymnasts 13 countries
5 – 11 August	Acrobatic Gymnastics	 Kamchia	28 coaches 121 gymnasts 11 countries

Workshops / seminars

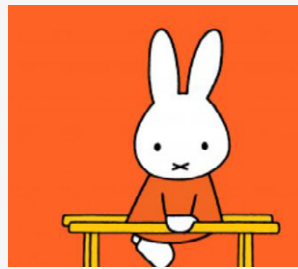
8 – 10 March	Women's Artistic Gymnastics Mental and Physical Preparation Course for European Coaches	 Opatija - Rijeka	23 participants from 10 Federations
17 – 19 May	Double Mini-Trampoline Workshop	 Hamburg	16 coaches 10 gymnasts from 3 Federations
14 – 16 June	TeamGym Coaching Course Floor level 1	 Prague	18 participants from 7 Federations
9 – 11 August	TeamGym Symposium	 Tallinn	32 participants from 13 Federations
25 – 30 August	TeamGym Coaching Course level 1	 Wolfurt	32 participants from 7 Federations
29 – 1 August – September	TeamGym High Performance Camp	 Gladsaxe	4 coaches 7 gymnasts from 3 Federations
6 – 8 September	Educational Long Weekend Gymnastics for All	 Oslo	40 participants from 10 Federations
26 – 29 September	Aerobics Symposium	 Cagliari	22 participants from 16 Federations
27 – 29 September	TeamGym Level 3 Course Tumble/Trampet	 Roskilde	39 participants from 7 Federations
25 – 27 October	Double Mini-Trampoline Workshop	 S'Hertogenbosch	13 coaches 15 gymnasts from 3 Federations
3 – 8 November	Rhythmic Gymnastics Coaches' Course	 Marbella	24 participants from 12 Federations
13 – 15 December	Trampoline and Double Mini-Trampoline Workshop	 Celje	19 coaches 12 gymnasts from 2 Federations

Development Programme

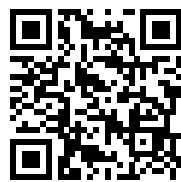
Miffy Moves

The Miffy Moves programme in the Netherlands teaches children playfully how to move correctly and encourage them to develop their locomotive, cognitive and social skills. Children who learn to exercise and get a basic knowledge of sports will grow up healthier, happier and more balanced.

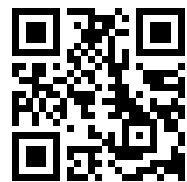
In Miffy Moves classes, toddlers learn, for example, balancing, rolling, hopping, jumping, catching, swinging, throwing and kicking to their heart's content! All basic movement components are covered through fun exercises and games. We move, so we are!



Website →



Video →



National judges' courses

On request of the respective national federations, UEG organised a judges' course for national judges in Men's and Women's Artistic Gymnastics in Pristina (KOS) and in Trampoline in Tbilisi (GEO). Technical Committee members Hana Liskarova, Orna Shai (WAG), James May, Mario Vukoja (MAG) and Mariela Stoycheva (TRA) with the support

of British Gymnastics (which provided some of their national course materials in artistic gymnastics) were in charge of helping the education of UEG's youngest member federations.

39 MAG and 34 WAG participants attended the course in Kosovo, which was the first course held in the history of gymnastics in Kosovo. All three courses attracted a group of educated and motivated young people who work very hard in order to develop and increase the gymnastics knowledge in the country.

Aerobics training camp

Held by TC President Cristina Casentini in Tirana (ALB) with the aim to support the development of the discipline in the country. 60 young gymnasts participated in the 1-day event!



Calendar 2020

30 — 3
April - May

European Championships
in Women's Artistic Gymnastics

Paris 

7 — 10
May

European Championships in Trampoline,
Tumbling and Double Mini-Trampoline

Gothenburg 

21 — 24
May

European Championships
in Rhythmic Gymnastics

Kyiv 

27 — 31
May

European Championships
in Men's Artistic Gymnastics

Baku 

11
July

European Gym for Life Challenge

Reykjavik 

12 — 16
July

EUROGYM

Reykjavik 

4 — 9
October

Golden Age Gym Festival

Rethymno 

14 — 17
October

European Championships in TeamGym

Copenhagen 

Training camps

 Obertraun

Rhythmic Gymnastics

 Latina

Aerobic Gymnastics

 Kamchia

Acrobatic Gymnastics

 Tirrenia

Women's Artistic Gymnastics

 Tirrenia

Men's Artistic Gymnastics

 Sangalhos

Trampoline Gymnastics

5 — 11
July

12 — 18
July

1 — 8
August

10 — 20
August

21 — 31
August

23 — 29
August

THANK YOU



THANK YOU

To all gymnasts, coaches, judges, federations, spectators, media, fans... we owe a big THANK YOU for yet another fantastic year. Your enthusiasm, dedication and skills put gymnastics in the spotlight where it belongs.

Backing us all the way on our path are 6 indispensable partners. The agreements we have built together provide services, in cash or in kind, that are redistributed to the organising committees of our events and to our national federations so we can guarantee a high standard of events and help the continued development of gymnastics in Europe. I seize the opportunity that is given to me to thank them in the name of our Authorities and of the entire European Gymnastics Community.

Lisa Worthmann

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