



Women's Artistic Gymnastics - European Championships, Leipzig

Friday 23rd May 2025

Training on Request



National Federations who wish to secure a training slot on Friday 23rd May, must submit Appendix 3 / the Google Form to the LOC, no later than 48 hours before the Official Arrival Date of Delegations per the Work Plan (i.e. 48 hours before Friday 23rd May 2025)

WAG - Training Area 1						
Start Time	Duration	End Time				
15:30		18:10	Training Session 1			
15:30	00:20	15:50	General warm up			
15:50	00:35	16:25	GBR /	NED /	POR /	ISR /
16:25	00:35	17:00				
17:00	00:35	17:35				
17:35	00:35	18:10				

WAG - Warm-up Area						
Start Time	Duration	End Time				
15:30		18:10	Training Session 1			
15:30	00:20	15:50	General warm up			
15:50	00:35	16:25	GER /	LAT /	ROU /	SWE /
16:25	00:35	17:00				
17:00	00:35	17:35				
17:35	00:35	18:10				

WAG - Training Area 1						
Start Time	Duration	End Time				
18:10		20:50	Training Session 2			
18:10	00:20	18:30	General warm up			
18:30	00:35	19:05	HUN /			
19:05	00:35	19:40				
19:40	00:35	20:15				
20:15	00:35	20:50				

WAG - Warm-up Area						
Start Time	Duration	End Time				
18:10		20:50	Training Session 2			
18:10	00:20	18:30	General warm up			
18:30	00:35	19:05				
19:05	00:35	19:40				
19:40	00:35	20:15				
20:15	00:35	20:50				

Women's Artistic Gymnastics - European Championships, Leipzig
Starting Order for the Qualification Competition & Composition of the Mixed Groups

SUBDIVISION 1			
			
BUL	BEL	MG1	ISR

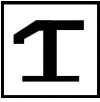
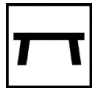
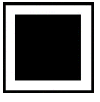
SUBDIVISION 2			
			
UKR	DEN	SLO	SWE
LAT	CRO	FIN	NED

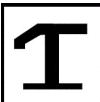
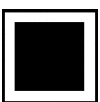
SUBDIVISION 3			
			
HUN	POR	ISL	ESP
CZE	MG2	NOR	AUT

SUBDIVISION 4			
			
FRA	GBR	TUR	ITA
SUI	GER	ROU	POL

MIXED GROUP 1
SVK
SVK
GEO
GEO
AZE

MIXED GROUP 2
SRB
SRB
GRE
LUX
LIE

WAG- Warm-Up Area						
Start Time	Duration	End Time				
09:15		10:45	Sub Division 1			
09:15	00:10	09:25	Entrance			
09:25	00:20	09:45	General warm up			
09:45	00:15	10:00	ISR	BUL	BEL	MG1
10:00	00:15	10:15	MG1	ISR	BUL	BEL
10:15	00:15	10:30	BEL	MG1	ISR	BUL
10:30	00:15	10:45	BUL	BEL	MG1	ISR
10:55		12:15	Sub Division 2			
10:45	00:10	10:55	Entrance			
10:55	00:20	11:15	General warm up			
11:15	00:15	11:30	SWE / NED	UKR / LAT	DEN / CRO	SLO / FIN
11:30	00:15	11:45	SLO / FIN	SWE / NED	UKR / LAT	DEN / CRO
11:45	00:15	12:00	DEN / CRO	SLO / FIN	SWE / NED	UKR / LAT
12:00	00:15	12:15	UKR / LAT	DEN / CRO	SLO / FIN	SWE / NED
13:55		15:15	Sub Division 3			
13:45	00:10	13:55	Entrance			
13:55	00:20	14:15	General warm up			
14:15	00:15	14:30	ESP / AUT	HUN / CZE	POR / MG2	ISL / NOR
14:30	00:15	14:45	ISL / NOR	ESP / AUT	HUN / CZE	POR / MG2
14:45	00:15	15:00	POR / MG2	ISL / NOR	ESP / AUT	HUN / CZE
15:00	00:15	15:15	HUN / CZE	POR / MG2	ISL / NOR	ESP / AUT
16:25		17:45	Sub Division 4			
16:15	00:10	16:25	Entrance			
16:25	00:20	16:45	General warm up			
16:45	00:15	17:00	ITA / POL	FRA / SUI	GBR / GER	TUR / ROU
17:00	00:15	17:15	TUR / ROU	ITA / POL	FRA / SUI	GBR / GER
17:15	00:15	17:30	GBR / GER	TUR / ROU	ITA / POL	FRA / SUI
17:30	00:15	17:45	FRA / SUI	GBR / GER	TUR / ROU	ITA / POL

WAG - Field of Play - Podium Training						
Start Time	Duration	End Time				
11:00		12:10	Sub-Division 1			
10:50	00:10	11:00	Entrance to Field of Play			
11:00	00:18	11:18	BUL	BEL	MG1	ISR
11:18	00:18	11:36	ISR	BUL	BEL	MG1
11:36	00:17	11:53	MG1	ISR	BUL	BEL
11:53	00:17	12:10	BEL	MG1	ISR	BUL
12:30		14:35	Sub-Division 2			
12:20		12:30	Entrance to Field of Play			
12:30	00:31	13:01	UKR / LAT	DEN / CRO	SLO / FIN	SWE / NED
13:01	00:31	13:32	SWE / NED	UKR / LAT	DEN / CRO	SLO / FIN
13:32	00:31	14:03	SLO / FIN	SWE / NED	UKR / LAT	DEN / CRO
14:03	00:32	14:35	DEN / CRO	SLO / FIN	SWE / NED	UKR / LAT
15:30		17:35	Sub-Division 3			
15:20	00:10	15:30	Entrance to Field of Play			
15:30	00:31	16:01	HUN / CZE	POR / MG2	ISL / NOR	ESP / AUT
16:01	00:31	16:32	ESP / AUT	HUN / CZE	POR / MG2	ISL / NOR
16:32	00:31	17:03	ISL / NOR	ESP / AUT	HUN / CZE	POR / MG2
17:03	00:32	17:35	POR / MG2	ISL / NOR	ESP / AUT	HUN / CZE
18:00		20:00	Sub-Division 4			
17:50	00:10	18:00	Entrance to Field of Play			
18:00	00:30	18:30	FRA / SUI	GBR / GER	TUR / ROU	ITA / POL
18:30	00:30	19:00	ITA / POL	FRA / SUI	GBR / GER	TUR / ROU
19:00	00:30	19:30	TUR / ROU	ITA / POL	FRA / SUI	GBR / GER
19:30	00:30	20:00	GBR / GER	TUR / ROU	ITA / POL	FRA / SUI



Womens Artistic Gymnastics - European Championships, Leipzig

Saturday 24th May 2025

Scheduled Training

WAG - Training Area 1						
Start Time	Duration	End Time				
09:30		12:10	Subdivision 1			
09:30	00:20	09:50	General warm up			
09:50	00:35	10:25	HUN / CZE	POR / MG2	ISL / NOR	ESP / AUT
10:25	00:35	11:00	ESP / AUT	HUN / CZE	POR / MG2	ISL / NOR
11:00	00:35	11:35	ISL / NOR	ESP / AUT	HUN / CZE	POR / MG2
11:35	00:35	12:10	POR / MG2	ISL / NOR	ESP / AUT	HUN / CZE
12:10		14:50	Subdivision 2			
12:10	00:20	12:30	General warm up			
12:30	00:35	13:05	FRA / SUI	GBR / GER	TUR / ROU	ITA / POL
13:05	00:35	13:40	ITA / POL	FRA / SUI	GBR / GER	TUR / ROU
13:40	00:35	14:15	TUR / ROU	ITA / POL	FRA / SUI	GBR / GER
14:15	00:35	14:50	GBR / GER	TUR / ROU	ITA / POL	FRA / SUI
14:50		17:30	Subdivision 3			
14:50	00:20	15:10	General warm up			
15:10	00:35	15:45	BUL	BEL	MG1	ISR
15:45	00:35	16:20	ISR	BUL	BEL	MG1
16:20	00:35	16:55	MG1	ISR	BUL	BEL
16:55	00:35	17:30	BEL	MG1	ISR	BUL
17:30		20:10	Subdivision 4			
17:30	00:20	17:50	General warm up			
17:50	00:35	18:25	UKR / LAT	DEN / CRO	SLO / FIN	SWE / NED
18:25	00:35	19:00	SWE / NED	UKR / LAT	DEN / CRO	SLO / FIN
19:00	00:35	19:35	SLO / FIN	SWE / NED	UKR / LAT	DEN / CRO
19:35	00:35	20:10	DEN / CRO	SLO / FIN	SWE / NED	UKR / LAT



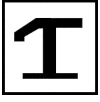
Womens Artistic Gymnastics - European Championships, Leipzig

Sunday 25th May 2025

Scheduled Training



WAG - Training Area 1						
Start Time	Duration	End Time				
09:30		12:10	Subdivision 1			
09:30	00:20	09:50	General warm up			
09:50	00:35	10:25	BUL	BEL	MG1	ISR
10:25	00:35	11:00	ISR	BUL	BEL	MG1
11:00	00:35	11:35	MG1	ISR	BUL	BEL
11:35	00:35	12:10	BEL	MG1	ISR	BUL
12:10		14:50	Subdivision 2			
12:10	00:20	12:30	General warm up			
12:30	00:35	13:05	UKR	DEN	SLO	SWE
13:05	00:35	13:40	SWE	UKR	DEN	SLO
13:40	00:35	14:15	SLO	SWE	UKR	DEN
14:15	00:35	14:50	DEN	SLO	SWE	UKR
14:50		17:30	Subdivision 3			
14:50	00:20	15:10	General warm up			
15:10	00:35	15:45	HUN	POR	ISL	ESP
15:45	00:35	16:20	ESP	HUN	POR	ISL
16:20	00:35	16:55	ISL	ESP	HUN	POR
16:55	00:35	17:30	POR	ISL	ESP	HUN
17:30		20:10	Subdivision 4			
17:30	00:20	17:50	General warm up			
17:50	00:35	18:25	FRA	GBR	TUR	ITA
18:25	00:35	19:00	ITA	FRA	GBR	TUR
19:00	00:35	19:35	TUR	ITA	FRA	GBR
19:35	00:35	20:10	GBR	TUR	ITA	FRA

WAG - Warm-up Area						
Start Time	Duration	End Time				
09:30		12:10	Subdivision 1			
09:30	00:20	09:50	General warm up			
09:50	00:35	10:25	N/A	N/A	N/A	N/A
10:25	00:35	11:00				
11:00	00:35	11:35				
11:35	00:35	12:10				
12:10		14:50	Subdivision 2			
12:10	00:20	12:30	General warm up			
12:30	00:35	13:05	LAT	CRO	FIN	NED
13:05	00:35	13:40	NED	LAT	CRO	FIN
13:40	00:35	14:15	FIN	NED	LAT	CRO
14:15	00:35	14:50	CRO	FIN	NED	LAT
14:50		17:30	Subdivision 3			
14:50	00:20	15:10	General warm up			
15:10	00:35	15:45	CZE	MG2	NOR	AUT
15:45	00:35	16:20	AUT	CZE	MG2	NOR
16:20	00:35	16:55	NOR	AUT	CZE	MG2
16:55	00:35	17:30	MG2	NOR	AUT	CZE
17:30		20:10	Subdivision 4			
17:30	00:20	17:50	General warm up			
17:50	00:35	18:25	SUI	GER	ROU	POL
18:25	00:35	19:00	POL	SUI	GER	ROU
19:00	00:35	19:35	ROU	POL	SUI	GER
19:35	00:35	20:10	GER	ROU	POL	SUI

WAG- Warm-Up Area						
Start Time	Duration	End Time				
09:15		10:45	Sub Division 1			
09:15	00:10	09:25	Entrance			
09:25	00:20	09:45	General warm up			
09:45	00:15	10:00	ISR	BUL	BEL	MG1
10:00	00:15	10:15	MG1	ISR	BUL	BEL
10:15	00:15	10:30	BEL	MG1	ISR	BUL
10:30	00:15	10:45	BUL	BEL	MG1	ISR
10:45		12:15	Sub Division 2			
10:45	00:10	10:55	Entrance			
10:55	00:20	11:15	General warm up			
11:15	00:15	11:30	SWE / NED	UKR / LAT	DEN / CRO	SLO / FIN
11:30	00:15	11:45	SLO / FIN	SWE / NED	UKR / LAT	DEN / CRO
11:45	00:15	12:00	DEN / CRO	SLO / FIN	SWE / NED	UKR / LAT
12:00	00:15	12:15	UKR / LAT	DEN / CRO	SLO / FIN	SWE / NED
13:55		15:15	Sub Division 3			
13:45	00:10	13:55	Entrance			
13:55	00:20	14:15	General warm up			
14:15	00:15	14:30	ESP / AUT	HUN / CZE	POR / MG2	ISL / NOR
14:30	00:15	14:45	ISL / NOR	ESP / AUT	HUN / CZE	POR / MG2
14:45	00:15	15:00	POR / MG2	ISL / NOR	ESP / AUT	HUN / CZE
15:00	00:15	15:15	HUN / CZE	POR / MG2	ISL / NOR	ESP / AUT
16:25		17:45	Sub Division 4			
16:15	00:10	16:25	Entrance			
16:25	00:20	16:45	General warm up			
16:45	00:15	17:00	ITA / POL	FRA / SUI	GBR / GER	TUR / ROU
17:00	00:15	17:15	TUR / ROU	ITA / POL	FRA / SUI	GBR / GER
17:15	00:15	17:30	GBR / GER	TUR / ROU	ITA / POL	FRA / SUI
17:30	00:15	17:45	FRA / SUI	GBR / GER	TUR / ROU	ITA / POL

WAG - Field of Play - Qualification Competition						
Start Time	Duration	End Time				
11:00		12:06	Sub-Division 1			
10:50	00:10	11:00	Entrance to Field of Play			
11:00	00:15	11:15	BUL	BEL	MG1	ISR
11:15	00:17	11:32	ISR	BUL	BEL	MG1
11:32	00:17	11:49	MG1	ISR	BUL	BEL
11:49	00:17	12:06	BEL	MG1	ISR	BUL
12:30		14:35	Sub-Division 2			
12:20		12:30	Entrance to Field of Play			
12:30	00:31	13:01	UKR / LAT	DEN / CRO	SLO / FIN	SWE / NED
13:01	00:31	13:32	SWE / NED	UKR / LAT	DEN / CRO	SLO / FIN
13:32	00:31	14:03	SLO / FIN	SWE / NED	UKR / LAT	DEN / CRO
14:03	00:32	14:35	DEN / CRO	SLO / FIN	SWE / NED	UKR / LAT
15:30		17:35	Sub-Division 3			
15:20	00:10	15:30	Entrance to Field of Play			
15:30	00:31	16:01	HUN / CZE	POR / MG2	ISL / NOR	ESP / AUT
16:01	00:31	16:32	ESP / AUT	HUN / CZE	POR / MG2	ISL / NOR
16:32	00:31	17:03	ISL / NOR	ESP / AUT	HUN / CZE	POR / MG2
17:03	00:32	17:35	POR / MG2	ISL / NOR	ESP / AUT	HUN / CZE
18:00		20:00	Sub-Division 4			
17:50	00:10	18:00	Entrance to Field of Play			
18:00	00:30	18:30	FRA / SUI	GBR / GER	TUR / ROU	ITA / POL
18:30	00:30	19:00	ITA / POL	FRA / SUI	GBR / GER	TUR / ROU
19:00	00:30	19:30	TUR / ROU	ITA / POL	FRA / SUI	GBR / GER
19:30	00:30	20:00	GBR / GER	TUR / ROU	ITA / POL	FRA / SUI



Womens Artistic Gymnastics - European Championships, Leipzig

Tuesday 27th May 2025

Scheduled Training - Apparatus Finalists & All-Around Finalists



Scheduled Training for Apparatus Finalists inc. 3 x Reserve Gymnasts						
WAG - Warm-up Area						
Start Time	Duration	End Time				
10:30	02:30	13:00				
Open Training for Apparatus Qualifiers including the 1st 3 x Reserve Gymnasts on each Apparatus						

Scheduled Training for All-Around Finalists inc. 3 x Reserve Gymnasts						
WAG - Warm-up Area						
Start Time	Duration	End Time				
15:10		17:50	Training Session			
15:10	00:20	15:30	General warm up			
15:30	00:35	16:05	Group 1	Group 2	Group 3	Group 4
16:05	00:35	16:40	Group 4	Group 1	Group 2	Group 3
16:40	00:35	17:15	Group 3	Group 4	Group 1	Group 2
17:15	00:35	17:50	Group 2	Group 3	Group 4	Group 1

Composition of the Groups for AAF Training	
Group 1	Ranked 1-6 after QC
Group 2	Ranked 7-12 after QC
Group 3	Ranked 13-18 after QC
Group 4	Ranked 19 - 24 after QC
Reserve Gymnasts from a NF with other qualified gymnasts will be placed in the same training Group as those gymnasts	
Reserve Gymnasts from a NF with no qualified gymnasts will be assignd as follows - Group 1 R1, Group 2 R2, Group 3 R3	



Womens Artistic Gymnastics - European Championships, Leipzig
Tuesday 27th May 2025



Scheduled Training for the Top 25 Ranked Gymnasts in the MTF Ranking & Training on Request for Qualified & Non-Qualified Gymnasts

Training on Request for Qualified & Non-Qualified Gymnasts						
Priority will be given to Qualified Gymnasts. For Additional Training during the event the National Federation must submit Appendix 3 / Google Form to the LOC, a minimum of 24 hours before the proposed training session						
WAG - Training Area 1						
						
10:30		13:10	Training Session			
10:30	00:20	10:50	General warm up			
10:50	00:35	11:25				
11:25	00:35	12:00				
12:00	00:35	12:35				
12:35	00:35	13:10				

Scheduled Training for the Top 25 Ranked Gymnasts in the MTF Ranking								
WAG - Warm-up Area								
								
13:00	02:00	15:00	Training Session					
Open Training for Top 25 Individual Gymnasts in the MTF Ranking								

WAG - Training Area 1						
						
13:10		15:50	Training Session			
13:10	00:20	13:30	General warm up			
13:30	00:35	14:05				
14:05	00:35	14:40				
14:40	00:35	15:15				
15:15	00:35	15:50				

WAG - Training Area 1						
						
15:50		18:30	Training Session			
15:50	00:20	16:10	General warm up			
16:10	00:35	16:45				
16:45	00:35	17:20				
17:20	00:35	17:55				
17:55	00:35	18:30				

Women's Artistic Gymnastics - European Championships, Leipzig

Wednesday 28th May 2025

Mixed Team Final



Women's Artistic: Warm-Up Area					
Start Time	Duration	End Time			
15:30	03:30	19:10	Open Warm-Up		
Open Warm-up for MTF					

Mixed Team Final					
Start Time	Duration	End Time			
16:50	00:10	17:00	Entrance to the Field of Play		
17:00	00:40	17:40	Round 1		
17:48	00:40	18:28	Round 2		
18:34	00:14	18:48	Round 3		
18:53	00:14	19:07	Round 4		
19:12	00:07	19:19	Medal Ceremony		



Womens Artistic Gymnastics - European Championships, Leipzig

Wednesday 28th May 2025

Scheduled Training & Training on Request



Scheduled Training for Apparatus Finalists inc. 3 x Reserve Gymnasts						
WAG - Warm-up Area						
Start Time	Duration	End Time				
10:00	02:30	12:30				
Open Training for Apparatus Qualifiers inc. 3 x Reserve Gymnasts						

Scheduled Training for All-Around Finalists inc. 3 x Reserve Gymnasts						
WAG - Warm-up Area						
Start Time	Duration	End Time				
12:30		15:10	Training Session			
12:30	00:20	12:50	General warm up			
12:50	00:35	13:25	Group 1	Group 2	Group 3	Group 4
13:25	00:35	14:00	Group 4	Group 1	Group 2	Group 3
14:00	00:35	14:35	Group 3	Group 4	Group 1	Group 2
14:35	00:35	15:10	Group 2	Group 3	Group 4	Group 1

Composition of the Groups for AAF Training	
Group 1	Ranked 1-6 after QC
Group 2	Ranked 7-12 after QC
Group 3	Ranked 13-18 after QC
Group 4	Ranked 19 - 24 after QC
Reserve Gymnasts from a NF with other qualified gymnasts will be placed in the same training Group as those gymnasts	
Reserve Gymnasts from a NF with no qualified gymnasts will be assignend as follows - Group 1 R1, Group 2 R2, Group 3 R3	

Training on Request for Qualified & Non-Qualified Gymnasts						
Priority will be given to Qualified Gymnasts. For Additional Training during the event the National Federation must submit Appendix 3 / Google Form to the LOC, a minimum of 24 hours before the proposed training session						
WAG - Training Area 1						
						
10:00		12:40	Training Session			
10:00	00:20	10:20	General warm up			
10:20	00:35	10:55				
10:55	00:35	11:30				
11:30	00:35	12:05				
12:05	00:35	12:40				

WAG - Training Area 1						
						
12:40		15:20	Training Session			
12:40	00:20	13:00	General warm up			
13:00	00:35	13:35				
13:35	00:35	14:10				
14:10	00:35	14:45				
14:45	00:35	15:20				



Women's Artistic Gymnastics - European Championships, Leipzig
Thursday 29th May 2025
All-Around Finals

WAG ALL-AROUND FINAL - WARM-UP						
Start Time	Duration	End Time				
12:15		13:45	Warm-up Hall			
12:25	00:20	12:45	General warm up			
12:45	00:15	13:00	20, 19, 24, 23, 22, 21	2, 1, 6, 5, 4, 3	8, 7, 12, 11, 10, 9	14, 13, 18, 17, 16, 15
13:00	00:15	13:15	13, 18, 17, 16, 15, 14	19, 24, 23, 22, 21, 20	1, 6, 5, 4, 3, 2	7, 12, 11, 10, 9, 8
13:15	00:15	13:30	12, 11, 10, 9, 8, 7	18, 17, 16, 15, 14, 13	24, 23, 22, 21, 20, 19	6, 5, 4, 3, 2, 1
13:30	00:15	13:45	3, 2, 1, 6, 5, 4	9, 8, 7, 12, 11, 10	15, 14, 13, 18, 17, 16	21, 20, 19, 24, 23, 22

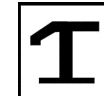
WAG ALL-AROUND FINAL						
Start time	Duration	End time				
13:51		14:00	Entrance to the Field of Play			
14:00		16:02	WAG All Around Final			
14:00	00:23	14:23	3, 2, 1, 6, 5, 4	9, 8, 7, 12, 11, 10	15, 14, 13, 18, 17, 16	21, 20, 19, 24, 23, 22
14:25	00:27	14:52	20, 19, 24, 23, 22, 21	2, 1, 6, 5, 4, 3	8, 7, 12, 11, 10, 9	14, 13, 18, 17, 16, 15
14:54	00:27	15:20	13, 18, 17, 16, 15, 14	19, 24, 23, 22, 21, 20	1, 6, 5, 4, 3, 2	7, 12, 11, 10, 9, 8
15:22	00:27	15:49	12, 11, 10, 9, 8, 7	18, 17, 16, 15, 14, 13	24, 23, 22, 21, 20, 19	6, 5, 4, 3, 2, 1
15:55	00:07	16:02	Award Ceremony			

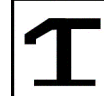
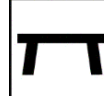


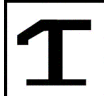
Women's Artistic Gymnastics - Training Schedule - European Championships, Leipzig
Thursday 29th May 2025
Scheduled Training & Training on Request



Scheduled Training for Apparatus Finalists inc. 3 x Reserve Gymnasts						
WAG - Warm-Up Area						
Start Time	Duration	End Time				
09:30	02:30	12:00				
Open Training No. 1 - Apparatus Qualifiers - Day 1 & 2 inc. 3 x Reserve Gymnasts on each Apparatus						

WAG - Warm-Up Area						
Start Time	Duration	End Time				
17:30	02:30	20:00				
Open Training No. 2 for Apparatus Qualifiers - Day 1 & 2 inc. 3 x Reserve Gymnasts on each Apparatus						

Training on Request for Qualified & Non-Qualified Gymnasts						
Priority will be given to Qualified Gymnasts. For Additional Training during the event the National Federation must submit Appendix 3 / Google Form to the LOC, a minimum of 24 hours before the proposed training session						
WAG - Training Area 1						
						
09:30		12:10	Training Session			
09:30	00:20	09:50	General warm up			
09:50	00:35	10:25				
10:25	00:35	11:00				
11:00	00:35	11:35				
11:35	00:35	12:10				

WAG - Training Area 1						
						
16:30		19:10	Training Session			
16:30	00:20	16:50	General warm up			
16:50	00:35	17:25				
17:25	00:35	18:00				
18:00	00:35	18:35				
18:35	00:35	19:10				

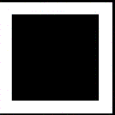
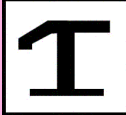
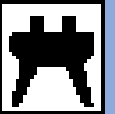


Women's Artistic Gymnastics - Training Schedule - European Championships, Leipzig

Friday 30th May 2025

Apparatus Finals - Day 1



Podium Training - FOP - Under Lights			
	Duration	End Time	
13:10	00:30	13:40	General Warm-up - Warm-up Area
13:40	00:20	14:00	
14:00	00:20	14:20	
14:20	00:20	14:40	
14:40	00:30	15:10	
15:10	00:20	15:30	

Women's & Mens Artistic Gymnastics - Apparatus Finals Day 1							
Start Time	Duration	End time					
13:40		15:30	Timed Podium Training on the FOP - Under Lights				
16:00	00:29	16:29	MAG Floor				
16:31	00:07	16:38	Award Ceremony - MAG Floor				
16:38	00:39	17:17	WAG Vault				
17:19	00:07	17:26	Award Ceremoney - WAG Vault				
17:26	00:36	18:02	MAG Pommel Horse				
18:05	00:07	18:12	Award Ceremony - MAG Pommel Horse				
18:12	00:36	18:48	WAG Uneven Bars				
18:51	00:07	18:58	Award Ceremony - WAG Uneven Bars				
18:58	00:36	19:34	MAG - Still Rings				
19:36	00:07	19:43	Award Ceremoney - MAG Still Rings				



Women's Artistic Gymnastics - Training Schedule - European Championships, Leipzig
Friday 30th May 2025
Scheduled Training & Training on Request



Training on Request for Qualified & Non-Qualified Gymnasts						
Priority will be given to Qualified Gymnasts. For Additional Training during the event the National Federation must submit Appendix 3 / Google Form to the LOC, a minimum of 24 hours before the proposed training session						
WAG - Training Area 1						
09:30		12:10	Training Session			
09:30	00:20	09:50	General warm up			
09:50	00:35	10:25				
10:25	00:35	11:00				
11:00	00:35	11:35				
11:35	00:35	12:10				

WAG - Training Area 1						
12:10		14:50	Training Session			
12:10	00:20	12:30	General warm up			
12:30	00:35	13:05				
13:05	00:35	13:40				
13:40	00:35	14:15				
14:15	00:35	14:50				

Scheduled Training for Apparatus Finalists inc. 3 x Reserve Gymnasts - Day 2			
WAG & MAG - Warm-up Area			
Start Time	Duration	End Time	
10:30	01:20	11:50	
Open Training - Apparatus Qualifiers inc. 3 x Reserve Gymnasts - Day 2			

Scheduled Training for Apparatus Finalists inc. 3 x Reserve Gymnasts - Day 2			
WAG & MAG - Warm-up Area			
Start Time	Duration	End Time	
19:50	01:20	21:10	
Open Training - Apparatus Qualifiers inc. 3 x Reserve Gymnasts - Day 2			

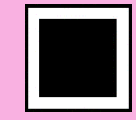
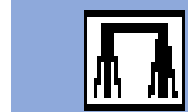


Women's Artistic Gymnastics - Training Schedule - European Championships, Leipzig

Saturday 31st May 2025

Apparatus Finals - Day 2



Podium Training - FOP - Under Lights			
Start Time	Duration	End Time	
10:10	00:30	10:40	General Warm-up - Warm-up Area
10:40	00:20	11:00	
11:00	00:30	11:30	
11:30	00:20	11:50	
11:50	00:20	12:10	
12:10	00:20	12:30	

Women's & Mens Artistic Gymnastics - Apparatus Finals Day 2							
Start Time	Duration	End time					
10:40	01:50	12:30	Podium Training Under Lights				
13:00	00:29	13:29	MAG - Vault				
13:31	00:07	13:38	Award Ceremony - MAG Vault				
13:39	00:33	14:12	WAG - Beam				
14:15	00:06	14:21	Award Ceremony - WAG Beam				
14:22	00:36	14:58	MAG - Parallel-Bars				
15:01	00:06	15:07	Award Ceremony - MAG - Parallel-Bars				
15:08	00:33	15:41	WAG - Floor				
15:44	00:07	15:51	Award Ceremony - WAG - Floor				
15:52	00:37	16:29	MAG - Horizontal Bar				
16:32	00:07	16:39	Award Ceremony - Horizonntal Bar				