

## ***Invitation***

# ***TRAINING CAMP*** ***Aerobic Gymnastics***



***Latina (ITA)***

***July 14<sup>th</sup> to 20<sup>th</sup>, 2019***



## To the UEG Member Federations

### **INVITATION TO THE AEROBIC GYMNASTICS TRAINING CAMP July 14<sup>th</sup> to 20<sup>th</sup>, 2019 in Latina (ITA)**

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Dear Sirs,

The Technical Committee UEG for aerobic gymnastics in collaboration with the Italian Gymnastic Federation invites interested coaches and athletes from the UEG member federations to participate in this training camp.

#### **PARTICIPANTS**

The camp is limited to a maximum of 2 coaches and 10 gymnasts per federation. We expect approximately 100 participants, organised in several workgroups.

#### **AGE OF THE ATHLETES**

Only gymnasts aged 11 to 17 years can participate.

#### **VENUE**

The camp will be held from July 14<sup>th</sup> to 20<sup>th</sup>, 2019 in Latina, ITA at:

**Accademia Nazionale Ginnastica Aerobica FGI**  
**Palestra "Il Chiodo"**  
**Via dei Liguri 2**  
**04100 Latina**

#### **HOTEL**

##### **PARK HOTEL \*\*\*\***

Via dei Monti Lepini, 25, 04100  
04100 Latina

#### **ARRIVAL – DEPARTURE**

Arrival on Sunday July 14<sup>th</sup>, 2019 in the morning.  
Departure on Saturday, July 20<sup>th</sup>, 2019.



If needed, transfer from the airports in **Roma FCO or CIAMPINO** can be arranged for 25 Euro/person for one way (only for groups of at least 5 persons; for smaller delegations kindly contact the OC).

Transfer from the railway in Latina can be arranged for 5 Euro/person for one-way (kindly contact the OC).

**Please send your travel details by June 6<sup>th</sup>, 2019 to the Accademia Nazionale.**

### **RESPONSIBILITY OF THE COACHES**

As most of the gymnasts participating in the training camps are still minor, it is important to us to underline that the coach accompanying the gymnasts has to take care of the welfare and security of the gymnasts.

### **LANGUAGE**

The course will be held in English.

### **Theory and Practical Training Sessions with the UEG TC Members and Expert coaches:**

M. Cristina Casentini (ITA)  
Vladislav Oskner (RUS)  
Marianna Mezei (ROU)  
Lefky Ferentinou (GRE)  
Christophe Devillaine (FRA)  
Sara Moreno (ESP)

Assistants:

Antonio Barone (ITA)  
Monika Barone (ITA)

### **REGISTRATIONS**

The registrations have to be sent within the fixed deadlines to the following address:  
**UEG Office**, [info@ueg.org](mailto:info@ueg.org)

**Definitive entry:** May 6<sup>th</sup>, 2019  
**Nominative entry:** June 6<sup>th</sup>, 2019

### **ACCOMMODATION**

Please contact directly the organising committee for the reservations.

### **PARTICIPATION FEE**

**EURO 450.-** per participant. Accommodation and full board are included.

**50% of the registration** must be paid by the date of definitive entry **May 6<sup>th</sup>, 2019.**

**The remaining 50% of the registration** must be paid by **June 6<sup>th</sup>, 2019.**



All payments must be paid by bank transfer to the Organisers:

**BANK: CREDEM**  
**ADDRESS: via Pirandello 2 Latina**  
**BENEFICIARY: Il Chiodo Fitness Center srl ssd**  
**IBAN: IT38D0303214700010000006495**  
**C/C Numero: 010000006495**

#### **ORGANISING COMMITTEE**

**Accademia Nazionale Ginnastica Aerobica FGI**  
**Il Chiodo Fitness Center**  
**Via dei Liguri 2**  
**04100 Latina**  
**Tel. 0773610498**  
**Gigliola Carosi - 0039 339 7367053 / Cristina Casentini - 0039 335 5865509**  
**info@ilchiodofitnesscenter.com**

The members of the UEG Technical Committee for aerobic gymnastics hope that they can welcome participants from many different federations.

Yours Sincerely,

<b>UNION EUROPEENNE DE GYMNASTIQUE</b>	
<b>The President</b>	<b>The President TC-AER</b>
<b>Dr. Farid GAYIBOV</b>	<b>M. Cristina CASENTINI</b>

Lausanne, January 2019



## Definitive Registration

### **2019 AEROBICS TRAINING CAMP**

### **LATINA - ITA**

The Federation of \_\_\_\_\_

is interested in the participation in the aerobic gymnastics Training Camp in Latina,

yes \_\_\_\_\_ no \_\_\_\_\_

Number of participants:

Coaches \_\_\_\_\_ (max 2)

Athletes \_\_\_\_\_ (max 10)

The inscription of additional gymnasts and/or coaches has to be approved by the TC but is only possible if the camp is not yet booked out.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

To return to  
UEG Secretariat – [info@ueg.org](mailto:info@ueg.org)

**Deadline: 06.05.2019**



**Nominative Registration**  
**2019 AEROBICS TRAINING CAMP**  
**LATINA - ITA**

The Federation of \_\_\_\_\_

enters the following participants

**Coaches:**

Name, first name

1. \_\_\_\_\_ 2. \_\_\_\_\_

**Athletes:**

Name, first name and Date of birth

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

To return to  
UEG Secretariat – [info@ueg.org](mailto:info@ueg.org)

**Deadline: 06.06.2019**