UNION EUROPÉENNE DE GYMNASTIQUE EUROPÄISCHE TURNUNION EUROPEAN UNION OF GYMNASTICS



Secrétariat général Avenue de la Gare 12 CH - 1003 Lausanne

Tél. : +41 - 21 - 613.10.20 E-mail: info@ueg.org www.ueg-gymnastics.com

# Invitation

# Acrobatic Gymnastics Training Camp



# August 5<sup>th</sup> to 11<sup>th</sup>, 2019 Kamchia (BUL)





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To the UEG Member Federations

## INVITATION TO THE ACROBATIC GYMNASTICS TRAINING CAMP August 5<sup>th</sup> to 11<sup>th</sup>, 2019 in Kamchia / BUL

### Dear Sirs,

The Technical Committee of Acrobatic Gymnastics has the great pleasure to invite interested coaches and athletes of all levels from the UEG Member Federations to participate in its training camp.

In parallel to the training camp, workshops for coaches will be organised.

#### **Participants**

<u>*Gymnasts:*</u> We expect at least 50 participants with a maximum of 100. Each team must participate with at least one coach (the total number of the coaches depends on the number of the participating gymnasts). Any Federation intending to send more than 10 gymnasts should inform the UEG when applying. In that case, they will be contacted directly for confirmation after the deadline of the registration, May 15<sup>th</sup>.

#### Coaches:

Specific courses and workshops will be organised for coaches coming without any gymnasts.

Short sequences of workshops for all coaches will also take place before or after the training sessions.

### Venue

The camp will take place from August 5<sup>th</sup> to 11<sup>th</sup>, 2019 at Sports and Health Complex Kamchia (BUL).

For further information about the venue, please visit: <u>http://www.sok-kamchia.com/</u>

### **Responsibility of the coaches**

As most of the gymnasts participating in the training camp are still minor, it is important for us to underline that the coach accompanying the gymnasts has to take care of their welfare and security and to supervise them at all times, not only during the training.







Language The course will be held in English.

Programme Monday August 5<sup>th</sup> Tuesday August 6<sup>th</sup> – Saturday 10<sup>th</sup> Saturday August 10<sup>th</sup>, evening Sunday August 11<sup>th</sup>

Arrival Training and workshops Banquet Departure

The coaches' course/workshops will include all aspects of acrobatics including:

- Progression and development of pair and group elements
- Training and conditioning
- Code of points
- Table of difficulty
- Constructing a routine
- Development plans
- Specific requests indicated on the inscription form
- Everything you ever wished to know about this exciting gymnastics discipline

Leisure activities will be proposed at special prices (to be arranged on arrival).

The team of experts is composed by some of the best coaches in Europe (some changes could occur) :

- Nikolay Ivanov BUL UEG representative / Manager of coaches and
- Omitry Vinnikov RUS
   Workshops
   UEG representative / Training expert
- Galina Kovalchuk UKR
- Igor Blintsov GER
- YuryGolyak UKR
- Choreography expert Training expert
- UKR Training expert
- Sergey Tretyakov BEL Training expert
  - Vladimir Makarchenko GBR Training expert

## Inscriptions

The inscriptions must be sent within the fixed deadlines to the following address: **UEG Secretariat**, <u>info@ueg.org</u> and to the e-mail of the LOC: <u>bulacro@gmail.com</u>

Deadline for entries:	15.05.2019
Deadline for full payment:	30.05.2019
Travel information:	30.06.2019

## Participation fee

The participation fee is 350 Euro/person for 6 nights and includes:

- Training with qualified instructors (camp experts)
- Workshops for coaches
- Full board accommodation in rooms with 2 to 4 beds, shower/toilet in each room
- Use of the beach
- Farewell party
- Transfer from Varna Airport and Varna railway or bus stations.



### **Travel information**

The transport is organized by the LOC from Varna airport, Varna train station or Varna bus station. Please send your travel details to the LOC no later than **30.06.2019** 

The LOC will also provide local transportation from Burgas Airport to Kamchia and back. This service will be charged at the price of EURO 20 per person per way and at each delegation's own expenses.

For those of you who are not able to come or leave on the set dates we can offer extra nights before or/and after the camp. The price is the same as for each night.

The Sports and Health Complex Kamchia is located about 25 km south of Varna. It is situated at one of the most picturesque parts of the Bulgarian Black Sea coast combining the mouth of Kamchia River and the nature reserve, which is under the protection of UNESCO. It is situated among a dense forest adjacent to the beach. SHC Kamchia has the most advanced sports and recreational facilities on the territory of Bulgaria. The combination of sports facilities, beds and medical diagnostic center and spa, makes it an ideal place for sports camps.

Please transfer the exact amount by **30.05.2019** to the following bank account of the LOC:

Account Holder:	Bulgarian Federation of Sports Acrobatics
Account Holder Address:	75, Vasil Levski bd, 1040 Sofia, Bulgaria
Bank name:	First Investment Bank – Branch Narodno sabranie 2
Bank address:	1000 Sofia, 3 Narodno sabranie Sq.
IBAN:	BG20 FINV 9150 10 EUR 0 LPB4
BIC code:	FINV BGSF / EUR

Each participating member Federation is kindly requested to integrate the payment's purpose as follows: Country XXX, ACRO Camp 2019 Example: BUL, ACRO Camp 2019

### For further information about the venue, please contact:

#### **Bulgarian Federation of Sports Acrobatics**

1000 Sofia, 75 Vasil Levski blvd, Bulgaria tel./fax: +359 2 987 62 45 Mobile +359 888 91 31 41 Nikolina Hristova bulacro@gmail.com

The members of the UEG TC-ACRO hope that they can welcome participants from many different federations.

Yours Sincerely,

UNION EUROPEENNE DE GYMNASTIQUE The President TC-ACRO Farid GAYIBOV Carine CHARLIER

Lausanne, January 2019



## Registration

## TRAINING CAMP ACRO Kamchia 05. – 11.08.2019

The Federation of \_\_\_\_\_

enters the following gymnasts and their coach(es):

	Name	First name	Date of birth	Athlete	Coach for training	Discipline WP-MP	Size T-Shirt	Male Female
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
9.								
10.								

Date:

Signature: \_\_\_\_\_

To return to UEG Secretariat – <u>info@ueg.org</u> and <u>bulacro@gmail.com</u>

Deadline: 15.05.2019



## Registration

## ACRO WORKSHOPS Kamchia 05. – 11.08.2019

The Federation of \_\_\_\_\_

enters the following coaches:

	Name	First name	Size T-Shirt	Male Female
1.				
2.				
3.				
4.				

Specific expectations :

Date: \_\_\_\_\_\_ Signature: \_\_\_\_\_\_ To return to UEG Secretariat – info@ueg.org and bulacro@gmail.com Deadline: 15.05.2019



## Information about travelling

Name of the team/NF:	
Coach:	Mobile number:
Email:	
ARRIVAL	
Date:	
Time:	
Bus 🗌 🛛 Train 🖾 Car 🗖	
Flight  Flight number and airport	
We need transportation from the railway s	station 🗆
We need transportation from the Bus stat	ion 🗆
DEPARTURE	
Date:	
Time:	
Bus 🛛 🛛 Train 🖾 Car 🗖	
Flight  Flight number and airport	
We need transportation to the railway stat	tion/ airport □
We need transportation for the Bus station	

This information is to be sent to the LOC: <u>bulacro@gmail.com</u> Please send a copy to Carine Charlier, President UEG ACRO-TC: <u>carine.charlier.acro@gmail.com</u>

Deadline: 30.06.2019