



**European
Gymnastics**

Head Office
Avenue de la Gare 12
CH - 1003 Lausanne

Tél.: +41 - 21 - 613.10.20

E-Mail: info@europeangymnastics.org
www.europeangymnastics.com

16TH EUROPEAN TEAMGYM CHAMPIONSHIPS SENIORS & JUNIORS ESPOO (FIN)

14TH – 17TH OCTOBER 2026

Directives

UPDATED 10.07.2026

EBU

OPERATING EUROVISION AND EURORADIO

SMARTSCORING

Dear President,

European Gymnastics is pleased to herein provide you with the Directives for the **16th European TeamGym Championships** to be held in **Espoo (FIN)** from **October 14th to 17th, 2026**. All FIG member federations in good standing can participate in these Championships.

The competition will be organised according to the current European Gymnastics regulations. We refer to the current Technical Regulations Edition 2026/2027, which include the Specific Rules for TeamGym, plus the Code of Points for TeamGym 2025-2028 V1.1 and any subsequent clarifications/modifications sent out to the National Federations; as well as all other Rules and Guidelines valid starting 1st January 2026 onwards, any possible amendments by the date of these European Championships, and any complements decided in the meantime.

Also, we refer to the TeamGym Directives for Equipment 2023 (update 2025: appendix 3). **The teams are not allowed to bring their own trampets.**

All participating Federations commit to abide by the Statutes and all applicable European Gymnastics & FIG Rules and Regulations. National Federations not respecting them will not be allowed to compete.

Table of content

1. EUROPEAN GYMNASTICS	3
2. HOST FEDERATION & LOCAL ORGANIZING COMMITTEE (LOC).....	3
3. LOCATION OF THE COMPETITION, TRAINING AND WARM-UP HALLS	3
4. EQUIPMENT	4
5. PROVISIONAL PROGRAM (<i>SUBJECT TO CHANGE AFTER THE REGISTRATION DEADLINE</i>)	6
6. PARTICIPATION RIGHT AND ACCREDITATIONS.....	7
7. AGE LIMIT OF GYMNASTS	8
8. REGISTRATIONS AND ENTRY FEES	8
9. MUSIC.....	9
10. JUDGES AND JURY OF APPEAL	9
11. DRAWING OF LOTS.....	10
12. COMPETITION FORMAT AND PROGRAM.....	10
13. PUBLICITY RULES	10
14. VISA	10
15. TRANSPORTATION	11
16. ACCOMMODATION	11
17. MEALS	14
18. FINANCIAL OBLIGATIONS TO THE LOC.....	14
19. INSURANCE	15
20. WORK PLAN.....	15
21. OFFICIAL HOSPITAL	15
22. DOPING CONTROLS.....	16
23. LOC DIGITAL PLATFORM	16
24. SUMMARY OF THE DEADLINES AND PAYMENTS.....	17

1. EUROPEAN GYMNASTICS

EUROPEAN GYMNASTICS

Contact Person: Ms. Michaël Alger
Address: Avenue de la Gare 12
1003 Lausanne – Switzerland
Tel.: +41 (0)21 613 10 20
Email: malger@europeangymnastics.com mailto:
Website: www.europeangymnastics.com
Direct Event Site: <https://www.europeangymnastics.com/events>



2. HOST FEDERATION & LOCAL ORGANIZING COMMITTEE (LOC)

FINNISH GYMNASTICS FEDERATION

Contact person: Ms Tiina Koljander Executive Director
Address: Paavo Nurmentie 1
00250 Helsinki
Tel: + 358 400 566 658
Email: teamgym2026@voimistelu.fi
Website: www.voimistelu.fi
Event website: www.teamgym2026.fi

3. LOCATION OF THE COMPETITION, TRAINING AND WARM-UP HALLS

Name: Tapiolan Urheilupuisto
Address: Urheilupuistontie 2, 02200 Espoo
Competition arena: Espoo Metro Areena
Training and warm-up hall: Honkahalli

Espoo Metro Areena is located in the Tapiola Sports Park, Espoo, part of the Helsinki metropolitan area. The arena is only 25 minutes from Helsinki city Center and easily accessible by metro, bus, car or via pedestrian and cycling paths.

Distance from the official hotels is between 3 to 12 km (by walking or public transport approx. 15 to 45 minutes). The distance between the competition arena and the training hall is approx. 30 meters.



Competition Arena	Hall capacity:	6000 seats
	Length:	60 m
	Width:	30 m
	Ceiling height:	14 m
Training Hall	Length:	63 m
	Width:	33 m
	Ceiling height:	7 m

4. EQUIPMENT

The LOC has an exclusive agreement with **Unisport** that ensures an identical equipment setup in both the training hall and competition hall. This means that all teams will have access to the best equipment during the Championships.

Floor	<u>Floor:</u> LEG Size of the competition area: 16 m x 14 m x 3,5 cm Color: Light blue The LEG floor consists of 8 felt mats, 14 m long and 2 m wide in light blue color and anti-slip underneath. Thickness 35 mm. The felt mats are connected with 10 cm wide light blue Velcro. Competition area 16 x 14 m is marked out with 5 cm wide white Velcro which is included in the area of 16 x 14 m.
Tumble	<u>Run-up:</u> LEG Size: 16 x 1 m, H: 350 mm Color: Light blue The run-up consists of 8 podium tables 2 m x 1 m connected to each other with a running mat 16 m x 1 m, with thickness of 25 mm. The run-up mat has light blue felt on top and anti-slip underneath. <u>Tumble track:</u> LEG model "Esbo" Size: 15 x 2 m, H: 350 mm Color: Dark blue side and black net cover with white center line. LEG tumbling track consists of 15 sections of steel frames with glass fibre rods, 18 rods/section. On top of that, a tumbling felt mat 15 x 2 m with thickness 35 mm. This mat is upside down with the felt downwards to the rods. Our top mat, E.V.A glued foam mat, 15 x 2 m with thickness of 60 mm. Above all and connected with Velcro flaps to the run-up and to the landing mats we have our elastic net cover with white center line. <u>Side safety strips:</u> Size: 2 x 2 m x 0,5 m, H: 350 mm on both sides Color: Dark blue <u>Landing area:</u> LEG Size: total area of 7 m x 4 m, H: 350 mm Color: Dark blue with grey landing zone 3 x 1,5 m

	The landing area consists of 3 landing mats 4000 x 2000 x 300 mm with polyether density 23 kg/m³ and hardness 80 N. The stability mat top in 4 pieces connected together with Velcro flaps. Size of the stability mat is 6000 x 4000 x 50 mm with a grey Landing Zone 3 m x 1,5 m. Behind the landing mats an additional safety mat of 4000 x 1000 x 350 mm with same density and construction as the whole landing area. <u>Additional landing top-mat:</u> LEG Size: 4 m x 2 m, H: 100 mm Color: Dark blue with grey Landing Zone 3 x 1,5 m.
Trampet	<u>Run-up:</u> LEG, two separate roll mats (one for trampet using the vault and one for trampet without the vault). Size: 25 m x 1 m, H. 25 mm Color: Light blue The run-up mat consists of light blue felt mat on top with anti-slip underneath. 25 m mark stop size 1 m, color dark blue. <u>Vaulting table:</u> model Tarpan Size: 1200 x 900 mm, H: 110-165 cm Color: Dark blue and grey <u>Trampets: Dorado- 32</u> Size: 1250 x 1250 mm with 32 springs, adjustable from 65-80 cm. Color: White bed with center mark. Black frame pads and safety cushion. <u>Trampets: Dorado- 36</u> Size: 1250 x 1250 mm with 36 springs, adjustable from 65-80 cm. Color: Yellow bed with center mark. Black frame pads and safety cushion. <u>Trampets: Dorado- 40</u> Size: 1250 x 1250 mm with 40 springs, adjustable from 65-80 cm. Color: Red bed with center mark. Black frame pads and safety cushion. <u>Landing area:</u> LEG Size: 7 m x 7 m, H: 350 mm Color: Dark blue with 2 grey Landing Zones size 3 m x 1,5 m Landing area consists of 6 landing mats 3500 x 2000 x 300 mm with polyether density 23 kg/m³ and hardness 80 N. The stability mat top in 7 pieces is connected together with Velcro flaps. Size of the stability mat is 7000x6000x50 mm with 2 grey landing zones 3 m x 1,5 m. Behind two safety mats of 3500 x 1000 x 350 mm with same density and construction as the whole landing area. <u>Additional landing top-mats:</u> LEG Size: 4 m x 2 m, H: 100 mm Color: Dark blue with grey landing zone 3 m x 1,5 m.

5. PROVISIONAL PROGRAM *(subject to change after the registration deadline)*

DESCRIPTION		LOCATION
Sunday, October 11 th , 2026		
Arrival of European Gymnastics TC members		Airport/Hotels
Monday, October 12 th , 2026		
Official arrival day of Delegations & European Gymnastics Officials		Airport/Hotels
Accreditation		Metro Areena
European Gymnastics TC-TG meeting		
Tuesday, October 13 th , 2026		
Late accreditations		Metro Areena
Official training for Junior Teams		
Judges' instruction meeting (part 1) and draw		
Orientation meeting		
Wednesday, October 14 th , 2026		
Official training for Senior Teams		Metro Areena
Head Judges' meeting		
Judges' instruction meeting (part 2)		
Panel meetings Junior Qualifications		
Opening Ceremony		
JUNIORS	Qualifications – Junior Mixed Teams	
	Qualifications – Junior Women's Teams	
	Qualifications – Junior Men's Teams	
Thursday, October 15 th , 2026		
Panel meetings Senior Qualifications		Metro Areena
SENIORS	Qualifications – Senior Mixed Teams	
	Qualifications – Senior Women's Teams	
	Qualifications – Senior Men's Teams	
Friday, October 16 th , 2026		
Panel meetings Junior Finals		Metro Areena
JUNIORS	Final – Junior Mixed Teams	
	Award Ceremony	
	Final – Junior Women's Teams	
	Award Ceremony	
	Final – Junior Men's Teams	
	Award Ceremony	
Saturday, October 17 ^h , 2026		
Panel meetings Senior Finals		Metro Areena
SENIORS	Final – Senior Mixed Teams	
	Award Ceremony	
	Final – Senior Women's Teams	
	Award Ceremony	
	Final – Senior Men's Teams	
	SmartScoring's Shooting Star Award	
	Award Ceremony	
Closing Ceremony		Metro Areena
Farewell Banquet & All Stars announcement		
Sunday, October 18 th , 2026		
Departure of Delegations, TC members & European Gymnastics Officials		Hotels/Airport

6. PARTICIPATION RIGHT AND ACCREDITATIONS

All Member Federations (NF) affiliated to FIG are admitted to the TeamGym European Championships, provided that their financial obligations to FIG and European Gymnastics are fulfilled. The registrations have to be made by the National Federations.

Maximum size of delegation

The **maximum size** of each delegation as per European Gymnastics Rules for Accreditation:

Function	Seniors	Juniors	Total
Gymnasts – Mixed team	14	14	28
Gymnasts – Women's team	12	12	24
Gymnasts – Men's team	12	12	24
Coaches –Mixed team	3	3	6
Coaches – Women's team	3	3	6
Coaches – Men's team	3	3	6
Paramedical staff –Mixed team**	1	1	2
Paramedical staff – Women's team**	1	1	2
Paramedical staff – Men's team**	1	1	2
Head of Delegation	1		1
Team Manager	2	2	4
Doctor**	1		1
Mental Health Professional	1		1
Judges	3		3
Chaperon* (1 per 10 gymnasts under 18 years)	4		4
Guest*	No limits		
VIP-Guest*	No limits		

* Accreditation at the charge of the Federation

** The paramedical staff, doctor and mental health professional of the team must have a valid FIG licence

Additional accreditations for Chaperon, Guest and VIP-Guest may be delivered, with the costs identified on the next table (**to be paid to the LOC**):

Additional accreditations	Price
Chaperon	EUR 180
Guest	EUR 180
VIP-Guest	EUR 220

Accreditation Application Process

Accreditation cards will be distributed at the Accreditation Centre situated at the Competition Venue. The items to be checked will be listed in the Work Plan.

In order to speed up the process of the accreditation, each participating Federation is kindly requested to upload photos and passport copy of each member of its delegation (gymnasts, head of delegation, team managers, coaches, judges, doctor, physiotherapist) into LOC platform , in order to get your link and sign in details please fill in this form <https://q.surveypal.com/Accreditation-form-request-link>

The deadline for the photos and passport copies upload (identity colour photo in JPG format, size – 45 mm x 35 mm, resolution: 800x600 pixels) is **September 14th, 2026**. Please clearly indicate the corresponding full name (with correct spelling) in the file title. Submission of photos in due time will prevent the delegations from waiting at the accreditation centre.

Media Accreditation

International and local media representatives as well as federations' communications staff who are interested in covering the event can register online, before October 1st. All information can be found on European Gymnastics' website: [Media | European Gymnastics](#)

Deadline: October 1st, 2026

The European Gymnastics Accreditation Rules and Media Rules must be strictly respected.

7. AGE LIMIT OF GYMNASTS

Juniors: 14-17 years (2012-2009)

Seniors: 17 years (born 2009 or before)

8. REGISTRATIONS AND ENTRY FEES

Registrations can only be made by FIG affiliated federations in good standing online at European Gymnastics via the platform [registry.gymdata](#) and by using the European National Gymnastics Federation's login and password. The platform will be open from **May 26th, 2026**.

Non-European Federations are requested to contact Ms Michael Alger (malger@europeanchampionships.com).

Definitive Registration

The definitive registrations must be completed by entering the composition of the delegation **by July 9th, 2026 (23:59 Swiss time) at the very latest**.

Nominative Registrations

The nominative registrations must be completed by entering the composition of the delegation **by September 14th, 2026 (23:59 Swiss time) at the very latest**.

- 900€ per team

The total amount of the entry fees must be paid by the date of the nominative registration deadline, **September 14th, 2026 at the very latest on the European Gymnastics bank account**.

Beneficiary	European Gymnastics Av. de la Gare 12, CH-1003 Lausanne/Switzerland
Bank Account / IBAN	CH05 0076 7000 L520 5704 9
Bank name	BCV, Place St.-François 14, CP 300, CH-1002 Lausanne/Switzerland
SWIFT/BIC	BCVLCH2LXXX

All bank fees in connection with the bank transfer must be covered.

Please state the name of the Federation and the payment purpose on the transfer (e.g. "FIN_2026 TG ECh entry fees"). The payment must be made in **EUR only**.

Federations which have not fulfilled their financial obligations towards European Gymnastics or FIG (e.g. annual membership fees, unpaid invoices etc.) and the LOC (e.g. accommodation, meals) will not be allowed to participate in these European Championships.

In case of non-participation or partial participation the entry fee will not be reimbursed.

European Gymnastics fines

The fines after missing the Registrations deadlines or after late Registrations are as follows (as per the European Gymnastics Technical Regulations, Art. 3.2.5):

Definitive Registration received after the deadline	EUR 1'500
Nominative Registration received after the deadline	EUR 1'000
No participation at all (noticed at the venue)	EUR 1'000

No late registrations will be accepted after the draw that will be held on Tuesday, July 14th, 20:00 CEST.

9. MUSIC

The music and national anthems must be uploaded in the LOC platform by **September 14th** at the very latest.

All music must be uploaded in the following format:

File format: .mp3

Name of file must contain:

- The category (Junior or Senior)
- The section (Mixed, Women, Men)
- The name of the nation (official abbreviation of the country)
- Apparatus (Floor, Trampet, Tumble – (Example: Junior_Mixed_FRA_Floor.mp3)

Each Federation will also have to confirm that the music used does not violate any copyrights and that it can be broadcasted within sports.

10. JUDGES AND JURY OF APPEAL

Judges

All judges must have a current valid European Gymnastics brevet at the time of the event.

Each participating European NF is obliged to nominate at least one judge and maximum 3 judges.

All judges will be given the opportunity to officiate in at least one competition. While the head judges are appointed by the TC-TeamGym/European Gymnastics, all other judge positions are either appointed or determined by a draw. All judges must be in possession of the European Gymnastics TeamGym Brevet (category 1 – 3) and be eligible to judge in the respective function. All judges must participate in the judges' instruction meetings. The costs for the judges will be at the charge of their respective federations.

➔If a European Federation does not enter a judge or comes with a judge of an insufficient level, European Gymnastics will request the payment of a fine of EUR 2'000.- per missing judge.

Judges shall recuse themselves if

- They are or were married to or live in a registered partnership or co-habit with a gymnast participating in the Championships.
- They are related to a gymnast by birth or marriage in direct or in collateral line, including the following persons: grandparent, parent, uncle, aunt, brother, sister, child, grandchild, nephew and cousin.

Jury of Appeal

The Jury of Appeal consists of two members of the Executive Committee (one acting as President) and a third person to be designated in accordance with the matter of the appeal. In case of a judge's appeal, a person not involved in the decision of the Superior Jury and in the judging process will be nominated. The composition of the Jury of Appeal will be communicated in the work plan.

11. DRAWING OF LOTS

The teams' starting order of the qualification competitions and the finals will be decided by an official draw to be held by the Technical Committee.

12. COMPETITION FORMAT AND PROGRAM

There are three teams in the Junior Competition and three in the Senior Competition. Each Federation may participate with a maximum of 3 teams in each category.

Junior	Senior
1 Junior Mixed Team	1 Senior Mixed Team
1 Junior Women's Team	1 Senior Women's Team
1 Junior Men's Team	1 Senior Men's Team

A gymnast may only compete for one team. In the junior and senior sections, each Federation may enter one team per section (men/women/mixed). A team consists of 8–12 accredited gymnasts, of which 8–10 may compete. For teams in the mixed section (junior and senior), a maximum of 14 gymnasts may be accredited.

Each team must perform 3 apparatus:

Floor
Tumble
Trampet

All gymnasts participating in the competition must perform the Floor program.

The 8 Teams with the highest ranking from the Qualification are qualified for the Finals. Teams in the Final start from zero score. If there are less than 12 teams in a section, only 6 teams will proceed to the Final. The team's total score is the sum of the final scores of all three apparatuses. The winning team for each of the section in the Final shall receive the title of European TeamGym Champions.

13. PUBLICITY RULES

Gymnasts and coaches must wear clothing according to the TeamGym Code of Points V1.1 article 3.2 (gymnasts) and 7.2 (coaches) including any clarifications. The rules for national identification, logos, advertising and sponsorship must be in accordance with the FIG Rules for Competition Clothing and Advertising. Please note that the country identification must be in the form of a flag (in official colours) or the country name (official 3-letter NOC abbreviation or in full).

For coaches standing in for support, the nationality must also be identified by flag or the country name. Placement is optional keeping with good taste and design and ensuring an aesthetic presentation.

14. VISA

Please verify immediately with your travel agent or [HERE](#) if a visa is required for your travel to Espoo. The LOC will assist you with a visa support letter provided that the request is made by **September 14th, 2026 at the latest**, please ask via email teamgym2026@voimistelu.fi

15. TRANSPORTATION

The invited participating federations must pay the travel costs of their delegation members. The official arrival airport is Helsinki-Vantaa. It is also possible to arrive by boat from Tallinn or Stockholm to Helsinki harbours (Länsiterminaal, Olympiaterminaal or Katajanokka). All delegations who order the accommodation packages will be met at the airport and harbour upon arrival.

The travel details must be submitted via <https://q.surveypal.com/Travel-form---Team-Gym-2026> by **September 14th, 2026**.

Local transport

All transfers are by public transportation. There is a very good public transportation connection to Espoo from both the airport and the harbour. Metro and buses go fluently between the hotels and the competition venue. Metros run between 5:30 am to 11 pm. The accommodation package will include a week pass for public transportation.

16. ACCOMMODATION

Hotel category prices are final end customer prices including breakfast (not in category D), week pass for public transportation, VAT, farewell banquet, airport transfer by public transportation and all applicable taxes. All accommodation packages also include the banquet on Saturday evening. Hotel prices are per person per night

Category A

Official hotel for European Gymnastics

	Sokos Hotel Tapiola Garden (Official hotel) Category A Tapionaukio 3, 02100 Espoo Location: Espoo Tapiola center, 3km from the competition venue 20 minutes by public transport, walking 20 min
	Sokos Hotel Presidentti Category A Eteläinen Rautatiekatu 4, 00100 Helsinki Location: Helsinki City centre, 12km from the competition venue 30 minutes by public transport

	Bed & Breakfast	Half board (lunch)	Full board (lunch & dinner)
Single room	EUR 165	EUR 185	EUR 210
Double room	EUR 130	EUR 150	EUR 175
Triple room	EUR 125	EUR 145	EUR 170

We recommend Hotel Tapiola Garden for judges.

Category B

	Sokos Hotel Heymo Category B Miestentie 5, 02150 Espoo Location: Espoo, 4,5km from the competition venue 25 minutes by public transport
---	---

	Bed & Breakfast	Half board (lunch)	Full board (lunch & dinner)
Single room	EUR 150	EUR 170	EUR 195
Double room	EUR 115	EUR 135	EUR 160

Category C

	Hotel Matts Category C Tynnyritie 1, 02230 Espoo Location: Espoo, 5km from the competition venue 15 minutes by public transport
---	---

	Bed & Breakfast	Half board (lunch)	Full board (lunch & dinner)
Single room	EUR 140	EUR 160	EUR 185
Double room	EUR 110	EUR 130	EUR 155
Triple room	EUR 105	EUR 125	EUR 150
Quadruple room	EUR 100	EUR 120	EUR 145

Category D



Forenom Leppävaara (hostel)

Category D

[Porarinkatu 1 A, 02650 Espoo](#)

Location: Espoo, 10km from the competition venue
45 minutes by public transport



Forenom Otaniemi (hostel)

Category D

[Kivimiehentie 2, 02150 Espoo](#)

Location: Espoo, 4,5km from the competition venue
30 minutes by public transport

	Bed (not breakfast)	Half board (lunch)	Full board (lunch & dinner)
Single room	EUR 110	EUR 130	EUR 155
Double room	EUR 80	EUR 100	EUR 125
Triple room (only Otaniemi)	EUR 70	EUR 90	EUR 115

No breakfast served at the hostel. Bed linen and towels included.

All transfer times from the hotel to competition venue are door-to-door times (including walking times). The accommodation package booking opens on April 28th, 2026 at 09:00 AM. The reservations must be made through this link:

https://www.lyyti.in/TeamGym_European_Championships_2026_hotel_reservation_9771

Deadline to book your accommodation: July 9th 2026. The rooms will be allocated on a “*first come, first serve*” basis as the number of rooms are limited at each hotel. The LOC reserves the right to reallocate some delegations in same hotel categories in order to not divide any delegations.

17. MEALS

Meals Bookings

Accommodation packages include, depending on your choice, either lunch (half board) or both lunch and dinner (full board). Lunch will be served at the competition venue. Dinner is available, depending on your choice, either at the competition venue or at your accommodation hotel. The same choice must be made for the whole week.

Exception: Accommodation Category D. Meals are available only at the competition venue.

Participants can also pre-order meals separately. **Extra meals are available only at the competition venue.**

Lunch	Dinner	Banquet
EUR 25	EUR 25	EUR 85

Separate meals must be booked no later than **September 14th 2026**.

Farewell Banquet

Accredited Delegation members (with the exception of E- and R- media), who book their accommodation through the LOC will receive a free ticket for the Farewell Banquet. More information about the banquet will be provided in the work plan.

18. FINANCIAL OBLIGATIONS TO THE LOC

Federations which have not fulfilled their financial obligations towards European Gymnastics or FIG (e.g. annual membership fees, unpaid invoices etc.) and the LOC (e.g. accommodation, meals) will not be allowed to participate in these European Championships.

Please carefully read Appendix 1 -" Payment security for Events" before making any payment.

Payment for the accommodations and meal options must be made through bank transfer to:

Beneficiary	Finnish Gymnastics Federation Olympiastadion, Paavo Nurmentie 1, 00250 Helsinki, Finland
Bank Account / IBAN	FI93 1328 3000 4251 47
Bank name	Nordea Bank
SWIFT/BIC	NDEAFIHH

The contact person responsible for booking the accommodation packages will receive an invoice directly by email after July 9th.

The participating federation is responsible for covering all bank fees in connection with the bank transfers. The payment must be made in EUR only.

Cancellation Policy

European Gymnastics and the LOC strongly recommend that each Federation takes a cancellation insurance for their travel, accommodation and meal options.

Payment deadlines:

The first 50% of the total price of the accommodation packages will be invoiced by the LOC after July 9th, 2026.

The remaining 50% of the accommodation package price and 100% of the price of any separately ordered meals will be invoiced after September 14th, 2026.

Accommodation packages

- Changes and cancellations to accommodation package reservations without any charges are possible until July 9th, 2026.
- For cancellations made between July 9th and August 9th, 2026, 50% of the value of the reservation will be charged.
- After August 9th, 2026 the reserved accommodation packages will be invoiced at 100% of their value.

Separately booked meals

- Changes and cancellations are possible until September 14th, 2026. After this date, the reserved meals will be invoiced at 100% of their value.

19. INSURANCE

The insurance IMSSA (International Medical & Security Sports Assistance) for gymnasts and judges is valid for these European Championships. Basic insurance (sickness, accident, and repatriation) in the country of residence is compulsory in order to be able to benefit from coverage by IMSSA subsidiary insurance.

Attention: the coaches, heads of delegation, etc, are **NOT** covered, please present a proof of insurance at the accreditation. Insurance shall be submitted via the LOC platform. The Host Federation, the LOC, European Gymnastics and FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation (except judges and gymnasts as mentioned above).

The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.

The LOC will subsequently offer insurance at the Federations' own charge. Please contact the LOC for more details: teamgym2026@voimistelu.fi

20. WORK PLAN

The work plan will be published on the European Gymnastics website no later than six weeks before the start of the competition

21. OFFICIAL HOSPITAL

Jorvi Hospital
Turuntie 150, Espoo
Tel: +358 116 117

Distance to the venue – 12 km

The name of the Medical Doctor will be communicated in the work plan.

This official hospital as well as the medical personnel assigned duly accept the International SOS (IMSSA insurance card) for all gymnasts as well as for the accredited judges with an European Gymnastics Judges Brevet valid at the time of these European Championships.

22. DOPING CONTROLS

Doping controls will be made according to FIG Anti-Doping Rules and WADA Code and Standards.

23. LOC DIGITAL PLATFORM

In order to get the link and sign in details to access the LOC platform, please fill in this form: <https://q.surveypal.com/Accreditation-form-request-link>, by June 15th).

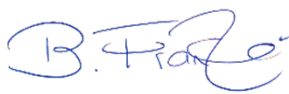
24. SUMMARY OF THE DEADLINES AND PAYMENTS

For European Gymnastics	Deadline
Definitive Registration – registry.gymdata	July 9 th 2026
Nominative Registration – registry.gymdata	September 14 th 2026
Payment of the European Gymnastics Registration Fees	
Media accreditation	October 1 st 2026

For the LOC (Forms / Accommodation)	Deadline
Accommodation Request – LOC platform	July 9 th 2026
Accommodation costs (first 50%)	September 14 th 2026
Visa Request – LOC by email	
Travel Schedule – LOC platform	
Photos & passports for Accreditation – LOC platform	
Music – LOC platform	
Accommodation costs (last 50%)	
Meals request and costs (100%)	

Sincerely Yours,

European Gymnastics


European Gymnastics 

Bianca Franzoi
TC-TeamGym President

Finnish Gymnastics Federation



Mira Keränen
President



Appendices

Appendix 1 -" Payment security for Events"

Appendix 2 – Layout