



**European
Gymnastics**

Head Office
Avenue de la Gare 12
CH - 1003 Lausanne

Phone: +41 - 21 - 613.10.20

info@europeangymnastics.com
www.europeangymnastics.com

Webinar 'Towards a positive gym culture'

Tuesday, September 8th, 4:30 pm – 7:00 pm CET on Zoom

Content	Presenter / speaker
Introduction	Dr. Farid Gayibov, European Gymnastics President
Organisational details	Lisa Worthmann, European Gymnastics Director
1st Presentation / speech: - Presentation of the Gymnastics Ethics Foundation - Information about the Foundations' safeguarding unit and how it can offer assistance to the Federations - Physical abuse cases treated by the FIG Ethics Foundation	Alexander McLin, Director of the Gymnastics Ethics Foundation
2nd Presentation / speech: - Communication between coach and athletes – how to create and maintain a positive atmosphere (= prevention of the start of verbal abuse)? - Where does ambitious coaching in elite sport end and actual verbal abuse start? - Communication between coach and parents (worried parents about the 'thin line' between ambitions coaching and actual verbal abuse) - How can Federations' authorities and staff recognize verbal abuse and how should they react? - What can gymnastics learn on this topic from a team sport?	John O'Sullivan, Founder and CEO of the Changing the Game project
3rd Presentation / speech: - Giving the athletes a voice, abuse prevention by making the athletes stronger - Abuse prevention by supporting the coaches to maintain a stress-free work environment in the gym - Sexual abuse in sport - Does gymnastics have a higher risk for abuse than other sport due to its large participation of young, female athletes and what can gymnastics do to prevent the risks? - How can Federations' officials and staff recognise sexual and physical abuse and how should they react?	Katherine Starr, Founder and President of Safe4Athletes
Questions & answers with the audience Questions in writing via messages/chat, moderated by Tina	3 presenters and Tina Gerets, European Gymnastics Head of Media
Wrap-up / Conclusion	Dr. Farid Gayibov, European Gymnastics President