

Dear Gymnastics Friends,

The Gymnastics Federation of Portugal, with the city of Funchal and the Regional Government of Madeira, will organize the 8<sup>th</sup> Golden Age Gym Festival, that will take place in the beautiful island of Madeira (Portugal) from 2<sup>nd</sup> to 7<sup>th</sup> October 2022. We invite the members of the National Federations to the 8<sup>th</sup> Golden Age Gym Festival Info Meeting from 29<sup>th</sup> to 31<sup>st</sup> October 2021 in Funchal/Madeira, Portugal.

### Educational Seminar

In parallel to the information meeting the Gymnastics Federation of Portugal will organize an Educational Seminar open to all participants, on the topic **“Gymnastics for All as a tool for health and social inclusion of senior people – Sharing good practices”**.

We will apply for the **ERASMUS+** Programme to develop studies related to the practice of physical activity in the senior population, thus creating a set of systematized activities in Europe.

This application may provide additional financial support to all participating Federations (example: flight costs, accommodation, meals and others), for all activities that will be part of the project. To make this Erasmus+ support possible, we will need your institutional support for the application.

Very soon we will send you detailed information of the Seminar and about what to do to candidate for the ERASMUS+ support.

### Preliminary program

#### Fri 29<sup>th</sup> October 2021

08:00-15:00 Delegation arrival to Funchal

16:00-18:00 Education Seminar

19:00 Social program and dinner organized by the LOC

#### Sat 30<sup>th</sup> October 2021

09:00-12:30 Education Seminar

14:00-16:00 Technical aspect of the GAGF 2021

16:00-18:00 Visit of the main venues - PART 1

19:00 Social program and dinner organized by the LOC

#### Sun 31<sup>st</sup> October 2021

9:00-12:00 Visit of the main venues - PART 2

12:00-13:00 Lunch organized by the LOC

13:00 Departure to Funchal Airport

Each federation can register one person free of charge to the Info Meeting. This complimentary package offered by the LOC includes:

- \* Accommodation from Friday to Sunday
- \* Dinner on Friday and Saturday
- \* Breakfast & Lunch on Saturday and Sunday
- \* Transportation from/to Cristiano Ronaldo International Airport (FUN)

National Federations are welcome to add more delegates to this event at the cost of 175,00€/per person for the additional package.

Anyone who wishes to extend accommodation in Funchal for a longer period can book an extra night inclusive of breakfast at the rate of 100,00€/per person in single room and 80,00€ per person in double room.

The guests of this Info Meeting will be welcomed at the Pestana Carlton Madeira



<https://www.pestana.com/pt/hotel/pestana-carlton-madeira>

Optional programs for those extending their stay in Funchal at own cost.

## REGISTRATION

Please find attached the registration form to be returned before: September 1<sup>st</sup>, 2021.

[Registration form:](https://forms.gle/wKNPfcuMsurbPHRM6) (<https://forms.gle/wKNPfcuMsurbPHRM6>)

(Please fulfil one form for each participant)

## ARRIVAL AND DEPARTURE

Cristiano Ronaldo International Airport (20 km)

The LOC will organize a return free of charge transportation from/to airport for those applying to the above-mentioned package on 29<sup>th</sup> and 31<sup>st</sup> October, 2021.

Please make sure your arrival time is no later than 15:00 on 29th October.



Looking forward to meet you in Funchal/Madeira (Portugal) to show you the World's Best Island Destination that will be the Golden Age Gym Festival 2022 stage.

Gymnastics Federation of Portugal  
The President



Luis Arrais

## ADDITIONAL INFORMANTION

In case of additional costs (extra persons or extended stay) please make appropriate payment by September 15<sup>th</sup> 2021 to the following bank account:

NAME OF THE BANK: BPI

NAME OF THE ACCOUNT HOLDER: Federação de Ginástica de Portugal

BANK ADDRESS: Av. Fontes Pereira de Melo, 4, 1050-121 Lisboa

ACCOUNT NUMBER: 1-5263145.000.001

IBAN: PT50 0010 0000 52631450001 91

SWIFT CODE (BIC): BBPIPTPL

## CONTACTS

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