



**European
Gymnastics**

Head Office
Avenue de la Gare 12
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www.europeangymnastics.com

Invitation

COACHES COURSE

in Rhythmic Gymnastics



October 13th to 16th, 2024
Larnaca (CYP)



**EUROVISION
SPORT**
OPERATED BY EBU

SMARTSCORING





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To the European Gymnastics Member Federations

INVITATION

Course for Rhythmic Gymnastics Coaches

Dear National Federations, dear gymnastics friends,

The Technical Committee for Rhythmic Gymnastics (TC-RG) of European Gymnastics, with the special cooperation of the Cyprus Gymnastics Federation, is pleased to invite you to a Rhythmic Gymnastics **Coaches Course** in **Larnaca (CYP)** from **October 13th to 16th**, 2024.

The subject of the course will be **'Body and apparatus technique preparation for Individual gymnasts and Groups'**.

The participating experts are experienced and well-known personalities in their respective field of expertise:

Julieta CANTALUPPI – Body and apparatus technique for individual gymnasts (seniors and juniors)

Siyana VASILEVA – Body and apparatus technique for groups (seniors and juniors)

SCHEDULE

Arrival:	13 th of October, 2024
Course:	14 th and 15 th of October, 2024
Departure:	16 th of October, 2024
Airport:	Larnaca Glafcos Clerides (CYP)

VENUE OF THE COURSE

Both theory and practice sessions will be held in the following venue:

Polidynamo Municipality Centre

Address: Leoforos Faneromenis 64, Larnaca





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ACCOMMODATION

NOTA BENE: all participants are responsible for booking their accommodation independently.

The Cyprus Gymnastics Federation has collected the following options for hotels.

Please use the email addresses indicated if you wish to book accommodation in these hotels.

Indigo Hotel*****

Website: <https://www.ihg.com/hotelindigo/hotels/gb/en/larnaca/lcaas/hoteldetail>

Email address for information and reservations: frontoffice@larnacaindigo.com

Prices:

- Single room, bed & breakfast (B&B) – 140 € / night
- Double room, B&B – 155 € / night

This hotel is located near the venue of the Course (2 minutes away walking)

Other options:

If you wish to book accommodation in one of the following three hotels, please contact:

Ms Elena STYLIANOY, Hotel Manager

Email address for information and reservations: info@amorgoshotel.com

Amorgos Boutique Hotel

Website: <https://amorgoshotel.com/>

- Single room, B&B: 85 € per room per day
- Twin/double room, B&N: 100 € per room per day
- Triple room, B&B: 130 € per room per day
- Half Board supplement: 17 € per person per day
- Full Board supplement: 32 € per person per day

The Josephine Hotel

Website: <https://thejosephinehotel.com/>

- Single room, B&B: 95 € per room per day
- Twin/double room, B&N: 110 € per room per day
- Triple room, B&B: 150 € per room per day
- Half Board supplement: 17 € per person per day
- Full Board supplement: 32 € per person per day

Frangiorgio Hotel

Website: <https://frangiorgiohotel.com/>

- Single room, B&B: 90 € per room per day
- Twin/double room, B&N: 105 € per room per day
- Triple room, B&B: 140 € per room per day
- Half Board supplement: 17 € per person per day
- Full Board supplement: 32 € per person per day



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TRANSPORT FROM/TO AIRPORT & FROM/TO HOTEL/VENUE

NOTA BENE: all participants are responsible for organising their individual transport from/to airport/hotel and from/to hotel/venue.

Here are the approximative prices for taxi (many options available outside of the airport):

Airport to hotel of your choice & hotel to airport – daytime: around 20 €

Airport to hotel of your choice & hotel to airport – nighttime: around 25 €

PARTICIPANTS

Up to 5 coaches per federation can participate.

If your Federation wants to participate with more coaches, please inform European Gymnastics when sending your nominative registration.

PARTICIPATION FEE

The participation fee is **30 € per participant**.

The payment of the participation fees must be made **by September 1st, 2024** to:

Name of the beneficiary: European Gymnastics
Address of the beneficiary: Avenue de la Gare 12, 1003 Lausanne, Switzerland
Name of the bank: Banque Cantonale Vaudoise
Address of the bank: Place Saint-François 14, P. O. Box 300, 1002 Lausanne, Switzerland
Account number: L 5205.70.49
IBAN: CH05 0076 7000 L520 5704 9
SWIFT/BIC: BCVLCH2LXXX

Please be informed that invoices are issued only when explicitly requested.

*Please be advised that your registration will only be taken into consideration if the relevant participation fee has been paid by **September 1st, 2024**.*

Participation fees can be reimbursed only if a medical certificate is provided.

MAIN LANGUAGE

The Course will be held in English.

NOMINATIVE REGISTRATION

Please send your nominative registration **by September 1st, 2024** to info@europeangymnastics.com

After the nominative registrations, you will receive a detailed schedule and further information.

Thanking you already now for your interest in this course, we remain,

With kind regards

EUROPEAN GYMNASTICS

The President

Dr Farid GAYIBOV



The President TC-RG

Ms Evangelia TRIKOMITI



Lausanne, May 2024

