



**European
Gymnastics**

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Invitation

TRAINING CAMP

Acrobatic Gymnastics



Kranevo (BUL)
July 31st to August 6th, 2023



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*To the Member Federations of
European Gymnastics*

Invitation to the Acrobatic Gymnastics Training Camp July 31st to August 6th, 2023 in Kranevo (BUL)

Dear National Federations, dear gymnastics friends,

The European Gymnastics Technical Committee for Acrobatic Gymnastics (TC-ACRO) has the great pleasure to invite interested coaches and athletes of all levels from the European Gymnastics Member Federations to participate in a training camp.

In parallel to the training camp, workshops for coaches will be organised.

PARTICIPANTS

Gymnasts

We expect a minimum of 50 participants and a maximum of 100. Each team must participate with at least one coach (the total number of the coaches depends on the number of the participating gymnasts). Any Federation intending to send more than 10 gymnasts should inform European Gymnastics when applying. In that case, they will be contacted directly for confirmation after the deadline of the registrations, **June 21st, 2023**.

Coaches

Specific courses and workshops will be organised for coaches coming without any gymnasts. Short sequences of workshops for all coaches will also take place before or after the training sessions.

VENUE

The camp will be held from July 31st to August 6th, 2023 at **Sports and Health Complex "AquaLife" in Kranevo (BUL)**. For further information about the venue, please visit: <https://en.aqualife-sport.com/>

AquaLife is a centre for sports and outdoor activities and is up to the latest world standards. Since 2010, AquaLife has received over 50 000 athletes from different countries. The infrastructure offers everything you need for camps and competitions. Sports facilities have international certificates and are designed for year-round operation.

AquaLife is situated in Kranevo village in north-eastern Bulgaria, 24 km from Varna airport and 95 km from Burgas. The village is located on the Black Sea shore between the two biggest Bulgarian resorts, Golden Sands and Albena.

RESPONSIBILITY OF THE COACHES

As most of the gymnasts participating in the training camp are still minor, it is important for us to underline that the coach accompanying the gymnasts has to take care of their welfare and security and to supervise them at all times, not only during the training sessions.

LANGUAGE

The training camp and workshops for coaches will be held in English.

PROGRAMME

| | |
|---|------------------------|
| Monday July 31 st | Arrival |
| Tuesday August 1 st – Saturday 5 th | Training and workshops |
| Saturday August 5 th , evening | Banquet |
| Sunday August 6 th | Departure |

The coaches' course/workshops will include all aspects of ACRO, including:

- Progression and development of pair and group elements;
- Training and conditioning;
- Code of points;
- Table of difficulty;
- Constructing a routine;
- Development plans;
- Specific requests indicated on the inscription form;
- Everything you ever wished to know about this exciting gymnastics discipline

Leisure activities will be proposed at special prices (to be arranged on arrival).

The team of experts is composed by some of the best coaches in Europe (some changes could occur):

- Carine Charlier – FRA European Gymnastics Acrobatics TC President
- Nikolay Ivanov – BUL European Gymnastics representative / Manager of coaches and Workshops/ Training expert
- Galina Kovalchuk – UKR Choreography expert
- Ana Matyskina – GER Choreography expert
- Igor Blintsov – GER Training expert
- Sergey Tretyakov - BEL Training expert
- Yury Golyak – UKR Training expert
- Eva Pioline Mauriceau – FRA Training expert
- Vladimir Makarchenko – GBR Training expert
- Yves Vander Donckt – POR Training Expert

REGISTRATION

The registrations must be sent within the fixed deadlines to [BOTH these following addresses:](#)

European Gymnastics - info@europeangymnastics.com

LOC - bulacro@gmail.com

Deadline for registrations: 21.06.2023

Deadline for full payment: 05.07.2023

Travel information to be sent before: 05.07.2023

PARTICIPATION FEE

The participation fee is **460 € / person** for 6 nights and includes:

- Training with qualified instructors (camp experts);
- Workshops for coaches;
- Full board accommodation in rooms with 2 to 4 beds, shower/toilet in each room;
- Use of the beach;
- Banquet;
- Transfer from Varna Airport and Varna railway or bus stations.

Please transfer the exact amount **no later than 05.07.2023** to the following bank account of the LOC:

| | |
|-------------------------|--|
| Account Holder: | Bulgarian Federation of Sports Acrobatics |
| Account Holder Address: | 75, Vasil Levski bd, 1040 Sofia, Bulgaria |
| Bank name: | First Investment Bank – Branch Narodno sabranie 2 |
| Bank address: | 1000 Sofia, 3 Narodno sabranie Sq. |
| IBAN: | BG20 FINV 9150 10 EUR 0 LPB4 |
| BIC code: | FINV BGSF / EUR |

Each participating member Federation is kindly requested to integrate the payment's purpose as follows: **Country XXX, ACRO Camp 2023**

Example: BUL, ACRO Camp 2023

CANCELLATION POLICY

Cancellation without costs is possible until **2 weeks before the camp (17.07.2023)**.

TRAVEL INFORMATION

Transfer is organised by the LOC and included in the participation fee from Varna airport, Varna train station or Varna bus station.

Please send your travel details to the LOC (bulacro@gmail.com) **no later than 05.07.2023**.

Transfer from / to Burgas airport

The LOC will also provide local transportation from Burgas Airport to Kranevo and back. This service will be charged at the price of 30 € per person per way and at each delegation's own expenses.

For those of you who are not able to come or leave on the set dates, we can offer extra nights before or/and after the camp. The price is the same as the one for a night on camp dates.

Please make sure that you do not purchase flight tickets before European Gymnastics confirms that the training camp will definitively take place.

For further information about the venue, please contact:

Bulgarian Federation of Sports Acrobatics
1000 Sofia, 75 Vasil Levski blvd, Bulgaria
Tel./fax: +359 2 987 62 45
Mobile +359 894 640108 Nedko Kostadinov
bulacro@gmail.com

The members of the European Gymnastics TC-ACRO hope that this Training Camp can welcome participants from many different federations!

Yours Sincerely,

EUROPEAN GYMNASTICS



Dr Farid GAYIBOV
President



Ms Carine CHARLIER
TC-ACRO President

Lausanne, April 2023

By submitting a registration, the participants of your national gymnastics federation agree to the processing of personal data contained for logistical purposes related to this European Gymnastics event and the publication of photos and/or videos for educational or communication purposes. For participants under the age of 18, it is the responsibility of your national gymnastics federation that the agreement is equally obtained from the parents.

DEFINITIVE AND NOMINATIVE APPLICATIONS

By submitting a provisional and/or definitive and/or nominative application, you accept that data you input will be transmitted to and saved by European Gymnastics. Submitted information for the application to an official European Gymnastics event will be transmitted through the European Gymnastics office to the official LOC. NF has access to its data at all times in order to amend it.

DATA PROCESSING

Data submitted to European Gymnastics and transferred to the LOC may be used for the following purposes:

- Preparation of the organisation of this event
- List of athletes and coaches designated by name
- List of delegations and accompanying persons designated by name

DUTY OF EUROPEAN GYMNASTICS

European Gymnastics shall supply the most recent data to their LOC on time and on a regular basis.

DUTY OF THE LOC

The LOC undertake not to disseminate to its own clients the data submitted by European Gymnastics and NFs, to use the information exclusively for the event, to respect the retention/erasure period provided and to take any useful measure to safeguard the information in its possession.

RETENTION OF INFORMATION IN ORDER TO PREPARE THE EVENT

The LOC is entitled to retain for a 6-month period the information related to the entries and the organisation of the event.

After this deadline, all information received shall be erased except for the accounting data such as invoicing. The legal deadline of the host country shall apply.

PHOTOS AND/OR VIDEOS

By submitting a provisional and/or definitive and/or nominative registration through the NF, all participants agree to be filmed, photographed, identified and otherwise recorded during the event. Photos and videos taken at the event shall be used solely for personal and non-commercial purposes unless prior written consent is obtained from European Gymnastics.

CONTACT

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