

13TH
EUROGYM
2022
 NEUCHÂTEL
 7TH - 15TH JULY - SWITZERLAND

Shiny GYM TIME ★★★



Maladière
stadium



Maladière
plaza



Riveraine



Indoor Skating
Rink



Place du Port
(harbour)



Quai Ostervald



Lakeshore

Info & program

www.eurogym2022.ch

f   #eurogym2022



Organized with passion, for young people, with young people and by young people.



EUROPEAN GYM
FOR LIFE CHALLENGE



European
Gymnastics



STV
FSG



RAIFFEISEN

Banque Raiffeisen
Neuchâtel et Vallées

groupe**mutuel**

Agence générale NE – JU
Fabio Bongiovanni
058.758.63.07

Nous sommes sportivement à vos côtés.

En tant que Banque de proximité, Raiffeisen soutient de nombreuses associations, clubs et événements dans toute la Suisse.

C'est pourquoi nous sommes tout particulièrement heureux de soutenir l'Eurogym 2022.

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Shiny GYM TIME ★★★

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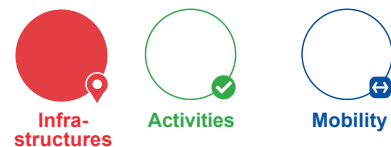
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SIGNAGE

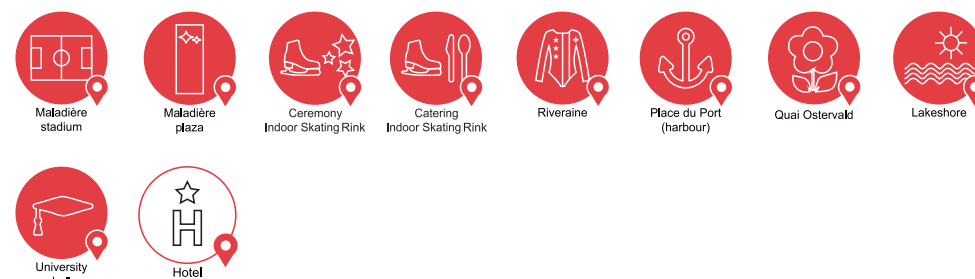
Shiny GYM TIME ★★★

LEGENDS

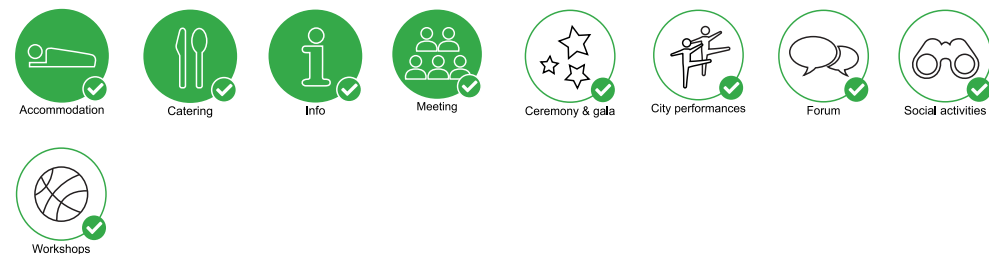
CATEGORIES' COLORS



INFRASTRUCTURES



ACTIVITIES

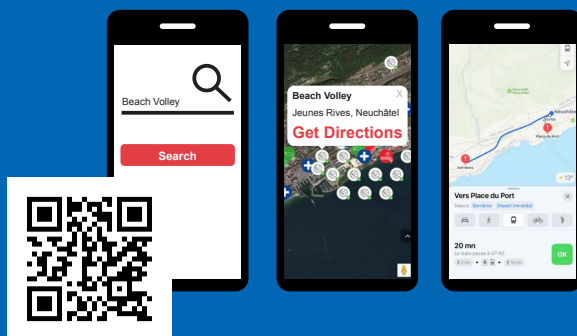


MOBILITY



Scan, get Google directions & more!

More information on page 7.





Attend EUROGYM 2022 Public Events

Experience the atmosphere
of this extraordinary international gymnastics event!



Scan, get Google directions & more!

Important information
Complete digital program & map
Program changes & per group
Shop - merchandising
Lost & found, etc.



Keep a memory of EUROGYM 2022!

T-shirts "FLASHMOB" & "SPORT"
Unisex hoodie, short & bag
Ballpoint pen
Sunglasses
Genuine Girolle

Open to the public
Free admission

EGFL
EUROPEAN GYM
FOR LIFE CHALLENGE

PERFORMANCES BY
12 NATIONS,
30 GROUPS

SATURDAY
9TH JULY 2022
Riveraine - Neuchâtel
09:00 to 15:40



Open to the public
With registration (participants)

**SWISS
PARKOUR
SERIES SPEED**

QUALIFICATIONS
AND FINALS

COMPETITION OPEN
TO ALL

SATURDAY
9TH JULY 2022
Riveraine - Neuchâtel
09:30



Open to the public
Free admission

CONCERT
YOUTH ORCHESTRA
OF THE NEUCHÂTEL
MUSIC
CONSERVATORY

BAND LEADER
STEVE MURISÉ

SATURDAY
9TH JULY 2022
CCAP Arena
Place du Port - Neuchâtel
17:00

Free admission

CONCERT
MUSIQUE MILITAIRE
SWISS ARMY BIG
BAND

BAND LEADER
EDGAR SCHMID

SATURDAY
9TH JULY 2022
Bonhôte Arena
Quai Ostervald -
Neuchâtel
19:30

Free admission

**OPENING
CEREMONY**
BACK TO LIFE

PARADE OF
21 NATIONS &
GYMNASTIC SHOW

SUNDAY
10TH JULY 2022
Maladière Stadium -
Neuchâtel
16:00
(doors open at 15:15)

Free admission

**CITY
PERFORMANCES**
21 NATIONS,
126 GROUPS

ACNG GYMNASTICS
PARTY
(Neuchâtel Gymnastics Association)
11th July, 19:30 à 22:00
Place du Port (CCAP Arena)

11TH TO 13TH
JULY 2022
Maladière Plaza
(Viteos Arena)
Place du Port (CCAP Arena)
Quai Ostervald (Bonhôte Arena)
13:30 to 18:30

On reservation

GALA & CLOSING CEREMONY
11 NATIONS, 15 GROUPS

Shiny GYM TIME ★★★

THURSDAY 14TH JULY 2022
Littoral ice skating rink - Neuchâtel
15:30 (doors open at 14:45)
Reservations on monbillet.ch
Tickets cost CHF/EUR 20.-
(CHF/EUR 15.- 6-16 years old and disabled persons)



INFORMATION
DURING THE EVENT

www.eurogym2022.ch/info

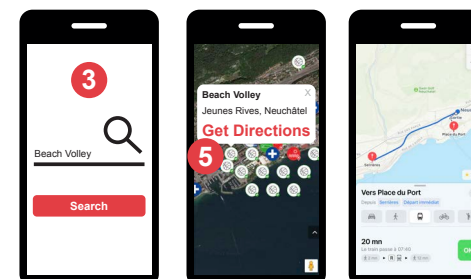
THE QR CODE IS AVAILABLE ON THE BACK OF EUROGYM 2022 ACCREDITATIONS.

TO FIND WORKSHOP LOCATION OR ANYTHING ELSE

- 1 Scan QR code (or eurogym2022.ch/info)
- 2 Click on "Complete program"
- 3 Search by keywords
- 4 Click on "See on digital map"
- 5 Click on "Get Directions"

No application to download (directly on website).
In case of technical problems, please refer to the communications made at the venue.

- 2 Complete program
- 4 See on digital map



TO ORDER A SOUVENIR BEFORE OR DURING THE EVENT

- 1 Scan QR code (or eurogym2022.ch/shop)
- 2 Click on "Shop - merchandising"
- 3 Fill in the order form
- 4 Pay now & collect during the event
- 5 Go to Merchandising booth near Welcome Tent (Maladière Plaza)

No deliveries - items printed only after payment.
Items can be purchased directly at the booth during the event with a delay to personalise the clothing or items.
All items, colors and sizes on website.



WELCOME MESSAGE

Shiny GYM TIME ★★★

MESSAGE FROM THE SWISS GYMNASTICS FEDERATION

The 13th edition of EUROGYM will show all the facets of sport. The Swiss Gymnastics Federation FSG is particularly pleased to see EUROGYM, which takes place every two years, be held in Switzerland for the first time. The objective is to bring together young European gymnasts and to have them connect with each other. This time again, EUROGYM is organized for young people (gymnasts) under the motto "For young people, with young people".

In addition, Lake Neuchâtel and its surroundings encourage cultural experiences and awaken the pleasure of movement and sport. That's why we hope that many young Swiss people will participate in EUROGYM 2022 and practice their passion in their home country.

The FSG would like to thank the OC and the sponsors, and is convinced that EUROGYM in Neuchâtel will be an unforgettable experience for the young participants.

Fabio Corti
Central President of the Swiss Gymnastics Federation



WELCOME MESSAGE

Shiny GYM TIME ★★★

MESSAGE FROM THE STATE COUNCIL OF NEUCHÂTEL

EUROGYM 2022

A celebration for sport and a recognition for the gymnasts who were looking forward to this event! Europe discovers our landscapes through magnificent performances.

The personal investment of each athlete is immense, so is the commitment of the organizing committee! I would like to take this opportunity to warmly thank the organizers and the many volunteers who work tirelessly to celebrate sport. To all of them, a huge thank you.

EUROGYM is the meeting of Europe on the shores of Lake Neuchâtel; but it is also a chance for our canton and an opportunity for young people to discover a world. We encourage the population to come to the festival, to marvel at the performances.

May the festival be a wonderful celebration in the Neuchâtel region!

Crystel Graf
State Councilor,
Head of the Department of Education, Digitalization and Sports



WELCOME MESSAGE

Shiny GYM TIME ★★★

MESSAGE FROM THE MUNICIPAL COUNCIL OF NEUCHÂTEL

Welcome to Neuchâtel!

From July 7th to 15th, Neuchâtel will have the privilege to host the EUROGYM. A highly anticipated event: more than 3'000 young gymnasts from all over Europe will experience an exceptional week in our city, between workshops, discoveries and public performances. The symbolism is strong: after two years of pandemic, young sportsmen and women can get together, experience a week of effort and challenge, but also of mutual respect and solidarity. An inspiring example for all those who aim for a sporting career, but also beyond that, an optimistic vision of the young generation building the world of tomorrow.

On behalf of the City of Neuchâtel, I would like to thank the organizing committee for its commitment to this exceptional event, and wish EUROGYM 2022 great success!

Nicole Baur,
Municipal Councillor in charge of Family, Education, Health and Sport,
City of Neuchâtel



WELCOME MESSAGE

Shiny GYM TIME ★★★

MESSAGE FROM THE PRESIDENT OF THE LOCAL ORGANIZING COMMITTEE (LOC)

Thank you, Thank you, Thank you!

After two and a half years of work and as EUROGYM is about to start, I just want to say THANK YOU to European Gymnastics and the Swiss Gymnastics Federation for their trust and support;

THANK YOU to the 3000 participants from 21 nations who chose to spend an unforgettable week on the shores of Lake Neuchâtel;

THANK YOU to the public who will come in large numbers to attend the various shows we have prepared;

THANK YOU to all LOC members and their collaborators for the enormous amount of work that has been done on a voluntary basis, and to the many volunteers who will make the event possible;

THANK YOU to the public authorities who gave us access to the infrastructure;

THANK YOU to the sponsors and donators, as well as to the advertisers in the Event Guide.

I look forward to seeing you all in Neuchâtel in July.

Christian Blandenier
President of the LOC



21 NATIONS IN NEUCHÂTEL

- Azerbaijan
- Belgium
- Bulgaria
- Czech Republic
- Denmark
- Estonia
- Finland
- France
- Great Britain
- Germany
- Greece
- Hungary
- Iceland
- Italy
- Latvia
- Luxembourg
- Norway
- Portugal
- Slovakia
- Sweden
- Switzerland



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2043 Boudevilliers
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Natel 079 240 66 36
info@filcoupe.ch

TRANSPORTS

ARRIVING BY PLANE : When landing in Switzerland, look for the following **meeting points** where volunteers will be waiting for you to deliver your group **train tickets** (round trip) and inform you on the reserved seats :

- **In Geneva :** from inside the airport, follow . The train station is connected, located right below the airport. A volunteer with a EUROGYM flag will be waiting in the train station hall, **in front of the ticket office**.
- **In Zurich :** from inside the airport, follow . The train station is connected, located right below the airport. A volunteer with a EUROGYM flag will be waiting **in front of Caffè Spettacolo**.
- **In Basel :** right after customs, in the airport public arrival zone, a volunteer with a EUROGYM flag will be waiting for you.

From Neuchâtel train station, follow the signs to Maladière Plaza.

ARRIVING BY TRAIN : Welcome by volunteers at Neuchâtel train station. Follow the itinerary from the train station to Maladière Plaza.

ARRIVING BY BUS OR BY CAR : It is necessary to have a Swiss motorway vignette (sticker) on the vehicle to be allowed to use the highways. It can be bought at custom posts and petrol stations for CHF 40.-. Valid for the whole year.
If the schedule allows it, the buses can drop off the luggage directly at the accommodation then drop off the gymnasts at the bus drop off zone on the Place Rouge (Lakeshore, Jeunes Rives - see digital map or GPS coordinates 46.99266927322888, 6.940070711431132). If the schedule is too tight, the bus can drop off the gymnasts at the bus drop off zone on the Place Rouge and the participants walk to the University Hall to drop off their luggage.
Information about parking will be given on site to drivers.

ACCREDITATION : in any case, accreditations will always need to be picked up in the **Welcome Tent**, on Maladière Plaza.

ON FOOT : the walking routes will be signposted. At the train station, take the Funi to go down to the Maladière, every 5 minutes, then on foot, about 800 m. to reach the Maladière Plaza.

BY BUS : from July 10th to 15th : transport on site is free with presentation of the Neuchâtel Tourist Card (NTC) that you will receive with your package. Bus TransN App and mobile CFF App to download on eurogym2022.ch/info

TIPS AND TRICKS : bus parking on the outskirts. It will be forbidden to use these buses during the week (drivers off).

EMERGENCY PHONE NUMBER : in case of delay (flight, arrival time, etc) : +41 32 551 00 12

- Luggage deposit possible at the University Hall (day of arrival) and in the Ceremony Indoor Skating Rink (day of departure).



GENERAL MAP AND PROGRAM

Info Desk in Welcome Tent : open
7:30 - 19:30, July 7th to 14th

NEUCHÂTEL
CITY CENTER

Legends

Infrastructures Activities Transport

July	Description
10 th	Parade & Opening Ceremony
All	Espace Facchinetti : Meeting Groups Leader, HOD & FSG

July	Description
All	Social activities
All	Evening Entertainment
All	On-site Medical
11 th	City Performances
12 th	City Performances
13 th	City Performances
All	Welcome Tent (info, meeting points)
Closed to public from 19:30	

July	Description
9 th	EGFL
9 th	Swiss Parkour Series Speed
All	Parkour Site

July	Description
All	Catering

July	Description
13 th	Silent Party
14 th	Gala & Closing Ceremony

July	Description
11 th	Educational Forum
12 th	Educational Forum

July	Description
All	Sofa Lounges
All	Excursions departure
All	Bus Drop off / Pick up Zone

July	Description
9 th	Evening Entertainment
11 th	City Performances
12 th	City Performances
13 th	City Performances

July	Description
9 th	Evening Entertainment
11 th	City Performances
12 th	City Performances
13 th	City Performances
All	City Orienteering
All	Big Air Bag

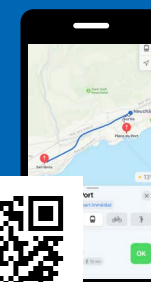
Place du Port (harbour)

Quai Ostervald



Scan, get Google
directions & more!

More information
on page 7.



GENERAL PROGRAM

Complete program

More information
on page 7.



		EGFL 7 th to 9 th July 2022			EUROGYM 10 th to 15 th July 2022			
		FRI 08.07	SAT 09.07	SUN 10.07	MON 11.07	TUE 12.07	WED 13.07	THU 14.07
Espace Facchinetti	 	- Meeting HoD and Coaches 13:00		- Meetings (HoD, Coaches, Choreographers for the Gala) 14:00 - 15:00	- Meetings for HoD 08:00	- Meetings for HoD 08:00	- Meetings for HoD 08:00	- Meetings for HoD 08:00
Ceremony Indoor Skating Rink	 						- Silent Party 18:30 - 21:30	- Gala and Closing Ceremony 15:30
Catering Indoor Skating Rink	 	Catering* - Breakfast 06:30 - 09:00 - Lunch 11:00 - 13:00 - Dinner 17:30 - 19:00	Catering* - Breakfast 06:30 - 09:00 - Lunch 11:00 - 13:00 - Dinner 17:30 - 19:00	Catering* - Breakfast 06:30 - 09:00 - Lunch 11:00 - 13:00 - Dinner 17:30 - 19:00	Catering* - Breakfast 06:30 - 09:00 - Lunch 11:00 - 13:00 - Dinner 17:30 - 19:00	Catering* - Breakfast 06:30 - 09:00 - Lunch 11:00 - 13:00 - Dinner 17:30 - 19:00	Catering* - Breakfast 06:30 - 09:00 - Lunch 11:00 - 13:00 - Dinner 17:30 - 19:00	Catering* - Breakfast 06:30 - 09:00 - Lunch 11:00 - 13:00 - Dinner 17:30 - 19:00
Lakeshore (Jeunes Rives & Place Rouge) - Bus Drop off / pick up zone	  			- Sofa Lounges	- Sofa Lounges	- Sofa Lounges - Excursions* (departures/arrivals) 08:00 - 12:00 13:30 - 18:00	- Sofa Lounges - Excursions* (departures/arrivals) 13:30 - 18:00	- Sofa Lounges - Excursions* (departures/arrivals) 08:00 - 12:00
Maladière Plaza - Welcome Tent (info, meeting point) - On-site medical - Closed to public from 19:30	  	- Info Desk 7:30 - 19:30	- Info Desk 7:30 - 19:30 - Evening Entertainment 19:30 - 21:30	- Info Desk 7:30 - 19:30 - Social Activities - Evening Entertainment 19:30 - 21:30	- Info Desk 7:30 - 19:30 - City Performances* 13:30 - 18:30 - Social Activities - Evening Entertainment 19:30 - 21:30	- Info Desk 7:30 - 19:30 - City Performances* 13:30 - 18:30 - Social Activities - Evening Entertainment 19:30 - 21:30	- Info Desk 7:30 - 19:30 - City Performances* 13:30 - 18:30 - Social Activities - Evening Entertainment 19:30 - 21:30	- Info Desk 7:30 - 19:30 - Evening Entertainment 19:30 - 21:30
Maladière Stadium	 			- Parade and Opening Ceremony 16:00				
Place du Port (harbour)	 	- Big Air Bag	- Big Air Bag - Concert 17:00	- Big Air Bag	- City Performances* 13:30 - 18:30 - Big Air Bag - Evening Entertainment 19:30 - 21:30	- City Performances* 13:30 - 18:30 - Big Air Bag	- City Performances* 13:30 - 18:30 - Big Air Bag	- Big Air Bag
Quai Ostervald	 		- Concert 19:30		- City Performances* 13:30 - 18:30	- City Performances* 13:30 - 18:30	- City Performances* 13:30 - 18:30	
Riveraine	  	- Rehearsals	- EGFL 09:00 - Swiss Parkour Series Speed 09:30		- Parkour Site	- Parkour Site	- Parkour Site	- Parkour Site
Several Sites - Listed on digital map					- Workshops* 08:30 - 09:45 10:15 - 11:30	- Workshops* 08:30 - 09:45 10:15 - 11:30	- Workshops* 08:30 - 09:45 10:15 - 11:30	- Workshops* 08:30 - 09:45 10:15 - 11:30
University Hall	 				- Educational Forum 09:00 - 11:00	- Educational Forum 09:00 - 11:00		

*Schedules will be given to groups



SATURDAY
9TH JULY 2022
 Riveraine - Neuchâtel
 09:00 to 15:40



3RD
EUROPEAN GYM
FOR LIFE CHALLENGE
 9TH JULY 2022

EGFL	FRIDAY 8 th REHEARSALS SATURDAY 9 th CONTEST	
30 groups	ZONE A	ZONE B
09:35	Opening Ceremony	
09:50	BEL 16 RCG La Salamandre	DEN 7 Performance-elite-team
09:55		
10:00	GER 3 KF Esslingen Juga	
10:05		GER 5 Werler Kangaroos
10:10	GRE 1 A.S.E. DOUKAS	
10:15		GRE 3 ELLINOAGGLIKI AGOGI-AS ORITIOIRUA
10:20	GRE 2 ELAIA GYMNASTICS CLUB	
10:25		GRE 4 GOPF ARMONIA
10:30	GRE 9 SPORTS CLUB LAVRIO	
10:35		GRE 10 SPORTS CLUB MEGAS ALAXANDROS Galatsi
10:40	NOR 5 Sarpsborg Turnforening	
10:45		ITA 2 S.D. Ginnastica F. Petrarca 1877
10:50	SUI 8 Küssnacht Team Aerobic	
10:55		NOR 7 Stabekk Show Team
11:00	BUL 1 Nuance	
11:05		POR 8 Associação Grupo de Ginástica de Vouzela
11:10	ITA 4 Soc. Ginnastica La Trotola asd	
11:15		SUI 4 Gekos
11:20	POR 28 ZakiGym - Núbia	
11:25		SUI 5 Gym Chézard-St-Martin
LUNCH		
13:30		SUI 11 Lugano SFG
13:35	EST 1 GC Piruett	
13:40		AZE 2 MoonLight
13:45	GBR 3 Esprit	
13:50		GBR 5 Leeds Gymnastics Club
13:55	POR 5 Albigym	
14:00		NOR 6 Sotra Dynamite
14:05	GBR 2 Erewash Valley Gymnastics Club	
14:10		GRE 7 OLYMPIADA THRAKOMAKEDONON
14:15	POR 29 ISEKAIS	
14:20		
14:25		
15:15	Closing Ceremony	
16:00	Official aperitif Espace Facchinetti	

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PARKOUR



Shiny GYM TIME ★★★

Open to the public
On registration (participants)

SWISS PARKOUR SERIES SPEED

QUALIFICATIONS AND FINALS

COMPETITION FOR ALL ATHLETES

SATURDAY 9TH JULY 2022

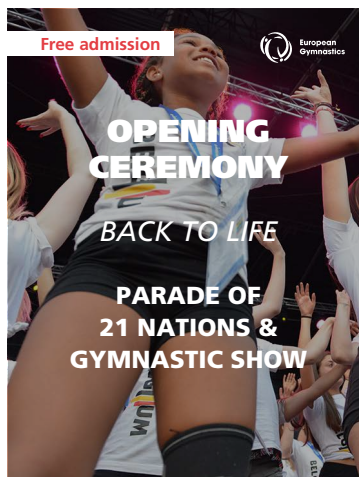
Riveraine - Neuchâtel 09:30

CODEC



TOP PRIZES AT STAKE !

Swiss Parkour Series Speed			
Saturday 9th July 2022			
Judges meeting		10:15	11:00
Gathering of athletes / Registration		until	11:20
Information to athletes (in 3 groups)		11:20	11:40
Warm-up			
Course inspection	Pool 1	11:55	12:15
Course inspection	Pool 2	12:15	12:35
Course inspection	Pool 3	12:35	12:55
Qualifications round 1	Pool 1	13:00	13:20
	Pool 2	13:25	13:45
	Pool 3	13:50	14:10
Qualifications round 2	Pool 1	14:20	14:40
	Pool 2	14:45	15:05
	Pool 3	15:10	15:30
Break		15:30	16:15
Course inspection for Finals		16:15	16:35
Finals		16:40	17:00
Official Ceremony		17:20	17:30



Free admission



SUNDAY

10TH JULY 2022

Maladière Stadium -
Neuchâtel

16:00

(doors open at 15:15)

21 NATIONS

Azerbaijan - Belgium
Bulgaria - Czech
Republic - Denmark
Estonia - Finland
France - Great
Britain - Germany
Greece - Hungary
Iceland - Italy
Latvia - Luxembourg
Norway - Portugal
Slovakia - Sweden
Switzerland



MALADIÈRE STADIUM - 10'000 SEATS

Sunday 10th July – 16:00

The opening ceremony will take place on the first day of EUROGYM at the Maladière stadium. The opening ceremony officially announces the start of EUROGYM.

The opening ceremony "Back to Life" will tell the story of our life before, during and after the pandemic. After seeing the parade, the nations will take their places in the stands of the Maladière stadium. The show will be animated by gymnastics clubs from all regions of the country who will present the different facets of gymnastics practiced in Switzerland.

WITH THE PARTICIPATION OF

Acrobatics Gymnastic, ACRO Genève
Artistic Bikes, Vanessa Hotz
Bars & Dance, Wetzikon
Bars beam airtrack hoops ribbon, Artistic, GR,
ACRO Neuchâtel
Bir Air Floor Acrobatics, Welsh Master Team
Circus, Circo Bello
Floor Gymnastics, Yverdon Amis Gym
Jump Production, Neuchâtel
Swing Rings, Fribourg/Vevey Ancienne
Swing Rings, TV Ziefen/TV Siebnen
Parkour, Kaiko Parkour
Parents and Youth, Suisse romande
Jump ! Jump ! Jump !, All participants
Flashmob EUROGYM 2022, All participants

In case of bad weather, the Opening Ceremony will be moved to the Ice Arena West in a reduced form.

GENERAL PROGRAM

15:00 Gathering of the gymnasts by nation in waiting areas

Be ready for the opening ceremony, don't forget to bring your national flag!
Waiting Area

- Groups will be asked to assemble by nation, in their respective designated area. There will be a wait of approximately 30 minutes before entering the stadium. Bottles of water will be provided, to be drunk before entering. No bottles inside the stadium! Restrooms will be available nearby.
- Enter and march at a fast pace in rows of 6, following the markings on the ground, without stopping. Always at the accelerated pace, follow the indications given to take place in the stands by nation.
- To close the show, the participants will celebrate the opening of EUROGYM 2022 by performing the Flashmob Shiny GYM TIME.

16:00 Beginning of the Opening ceremony

- Parade of flag throwers and Neuchâtel banners to take place on the stadium podium
- Parade and presentation of officials to the public before taking their seats in the SOUTH stands
- Parade of nations with national flags
- Parade of Swiss gymnasts
- LOC President's speech
- European Gymnastics President's speech
- European Gymnastics flag Ceremony, accompanied by the European anthem
- Swiss flag Ceremony, accompanied by the Swiss national anthem

16:30 Opening ceremony show (performances)

17:35 FINAL Jump ! Jump ! Jump ! and Flashmob Shiny GYM TIME

17:45 End of the ceremony

18:00 to

19:00 Espace Facchinetti - VIP hospitality (Aperitif by invitation)

17:30 to

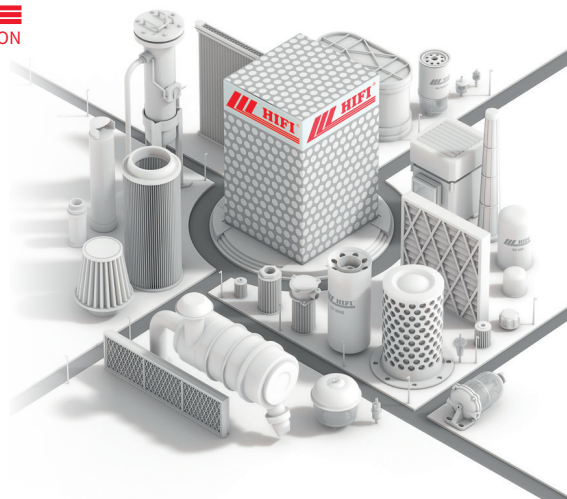
19:00 Dinner

Evening On Maladière Plaza

Event's beginning celebration with a «party for everyone»



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Gérance



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shop@etik.ch



Geneux Dancet

depuis 1854

CITY PERFORMANCES



11TH TO 13TH
JULY 2022

Maladière Plaza
(Viteos Arena)
Place du Port (CCAP Arena)
Quai Ostervald (Bonhôte Arena)
13:30 to 18:30

21 NATIONS

Azerbaijan - Belgium
Bulgaria - Czech
Republic - Denmark
Estonia - Finland
France - Great Britain
Germany - Greece
Hungary - Iceland
Italy - Latvia
Luxembourg
Norway - Portugal
Slovakia - Sweden
Switzerland



3 STAGES

City performances will take place at different venues in the heart of the city, at the place where the inhabitants of Neuchâtel are used to walk. Groups must be composed of a minimum of 6 active performers. Each performance must not last longer than 6 minutes (including preparation of the venue and marching in and out). The groups will have the opportunity to check out the stage before the start of the performances (size, layout, equipment).

SCHEDULE

11th-13th July, 13:30 - 18:30 - Schedules will be given to groups.

MALADIÈRE PLAZA VITEOS ARENA

Stage 20 x 20 m. Closed on 3 sides.
Surface area 30 x 25m.
Roof height : 6,70m. 0,40m. above the ground floor



QUAI OSTERVALD BONHÔTE ARENA

Stage 14 x 14 m. Closed on 3 sides.
Surface area 22 x 18m.
Roof height : 5,70m. 0,50m. above the ground floor



PLACE DU PORT CCAP ARENA

Stage 20 x 20 m. Closed on 3 sides.
Surface area 30 x 25 m.
Roof height : 6,70m. 0,40m. above the ground floor



J.-F. Evard 079 412 74 10
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WORKSHOPS



Shiny GYM TIME ★★★

GYMNASTICS

- Acrobatic gymnastics
- Aerial silk
- Aerobics
- Apparatus gymkhana
- Artistic gymnastics
- Flow tonic
- Flying Trapeze
- Gymnastics with apparatus
- Gymnastics without apparatus
- Judo and wrestling games
- Rope skipping
- Special Choreography
- Swing rings
- Sumo /Slackline
- Tai Chi
- T-Bow
- Yoga

OUTDOOR

- Big Air Bag/Slackline
- Big Air Floor Acrobatics
- Bungypump dynamic walking
- Parkour
- Target Sprint
- Trailfit

DANCE

- Agility Dance
- BodyActiv/Pilates
- Breakdance
- Cuban Salsa
- Pole dancing
- Popping

MISCELLANEOUS

- Aikido
- Archery
- Circus
- Fencing
- Indoor climbing
- Massage
- Let's play together with our differences
- Throwing the flag

GAMES

- Badminton
- Beach Volley
- Bubble soccer
- Flag football
- Let's play !
- Parkour Matball
- Kin-ball
- Tchoukball
- Unihockey

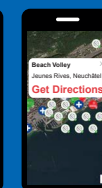
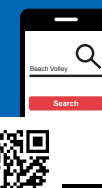
POOL

- Diving
- Mermaiding
- Water aerobics in deep water

LAKE

- Paddle board
- Rowing
- Water jump

Scan, get Google
directions & more!
More information
on page 7.



SOCIAL ACTIVITIES



Shiny GYM TIME ★★★

MOMENTS OF RELAXATION AND CONVIVIALITY

Evening entertainments with Parkour, live concerts, DJ animation, Big Air Bag, gym and dance shows, Sofa Lounges by the lake, silent party: so many opportunities to share with other gymnasts. The shores of the lake near the EUROGYM venues will be decorated with ephemeral armchairs with flags, graffiti and the imagination of the nations.

Silent party: headphones will be distributed against the accreditation card.

EXCURSIONS



Shiny GYM TIME ★★★

DISCOVERY OF A REGION

The 13th EUROGYM 2022 is also an opportunity to discover a country, its traditions as well as its diverse and varied pleasures. In Neuchâtel and Western Switzerland, you are at the heart of Swiss traditions (watchmaking, cheese, chocolate, etc.). But you are also in a high-tech, innovative and Olympic environment. Here are the various magnificent excursions that we offer you.

Excursion departure is at Place Rouge (the Red Square at Lakeshore, Jeunes Rives) and the digital map is available on website : www.eurogym2022.ch/info

EDUCATIONAL FORUM



Shiny GYM TIME ★★★

THE SWISS GYMNASTICS FEDERATION

FSG is aware of the specificities of each nation and is keen to present its own knowledge and experience with other European nations by means of two themes with presentations, videos and, why not, practical experience and is of course happy to exchange views with other European countries. Participants are adult coaches and leaders of EUROGYM groups, they must announce their participation at the time of final registration. People who are not participating in the EUROGYM have to pay a charge.

Forums are in the form of a round table with one or more speakers, with the support of one or more presentation films and a part open to questions of the participants. Participants will be invited to a practical part. The official language is English.

A summary of the themes will be published with presentation of the speakers on the website. All participants will receive a certificate.

TOPIC 1

11.07, 09:00 to 11:00

To present the adaptation of teaching methods and the inclusion of sports trends in a changing society

TOPIC 2

12.07, 09:00 to 11:00

To present to the other European countries why and how Switzerland is successful in apparatus thanks to the new teaching methods

CITY ORIENTEERING



Shiny GYM TIME ★★★

IF YOU WANT TO TAKE YOUR MIND OFF THINGS

Only open to accredited participants. The city orienteering is there for a breath of fresh air. Let yourself be guided through two cities to discover free of charge.

NEUCHÂTEL

Discover the city of Neuchâtel with the help of three different routes to choose from, one of which is guided using the Totemi application. Let's go for a thrilling game of posts in search of the exceptional places of the historical heart of Neuchâtel. No registration.

LA CHAUX-DE-FONDS (only for registered participants)

PRACTICAL INFORMATION

MEETING POINT : Espace Tourisme Office in La Chaux-de-Fonds (follow EUROGYM signs).

COURSE

Orienteering posts

Available time : 60 minutes

Start / finish : Espace Tourisme Office

Train		Activity		Train	
Dep. NE	Arr. CdF	Swiss-O-Finder		Dep. CdF	Arr. NE
08:00	08:27	09:00-10:00		10:32 / 11:02	11:00 / 11:30
08:29	08:57	09:30-10:30		11:02 / 11:32	11:30 / 12:00
13:29	13:57	14:30-15:30		16:02 / 16:32	16:30 / 17:00
14:00	14:27	15:00-16:00		16:32 / 17:02	17:00 / 17:30

EQUIPMENT NECESSARY

Orienteering map provided by the organizer at the start.

Cell phone with internet access - for loading the Swiss-O-Finder App.



COURSE OF ACTION

In teams of 2 or 3, find a maximum of stations. Scan the QR code of each station with your cell phone. Reach the finish line within 60 minutes.

BEFORE YOU GET TO LA CHAUX-DE-FONDS

Form teams and give them a name. Load the Swiss-O-Finder App on your cell phone (1 device per team) using the following link: www.swiss-o-finder.ch Choose a name for your team and register with an email address.



AWARDS

The team that completes the most stations within the 60 minute time limit will be declared the winner. In the event of a tie, the race time will be used as the deciding factor.

The 5 best teams will be rewarded during the EUROGYM Closing Ceremony.

IMPORTANT

The course takes place in an urban environment. Traffic rules (traffic lights, crosswalks, etc.) must be respected.



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Vous connaissez ?



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GALA & CLOSING CEREMONY



On reservation

GALA & CLOSING CEREMONY
11 NATIONS, 15 GROUPS
Shiny GYM TIME ★★★

THURSDAY 14TH JULY 2022
Littoral ice skating rink - Neuchâtel
15:30 (doors open at 14:45)

Reservations on monbillet.ch
Tickets cost CHF/EUR 20.-
(CHF/EUR 15.- 6-16 years old and disabled persons)



GALA	ZONE A	ZONE B	ZONE C
12:45	Groups welcome		
13:00	Rehearsal		
15:00	Entry Public		
15:25	GALA opening		
15:30	City event		
15:34			GRE Ellinoaggliki- PROTOPORIA
15:38	POR Mista		
15:42			GER Akro La Vida
15:46	Pole Dance		
15:50	DEN Performance Elite Team		
15:54			GBR Prime Acrobatics Display Team
15:58	POR Representação		
16:02			CZE The Circus
16:06	Pole Dance		
16:10	ITA SMaL & Insport		
16:14			BEL The universe of Spirous
16:18	GRE F.I.G		
16:22			LVA Amber soul
16:26	Pole Dance		
16:30	GER Akro la vida Tambour de Bronx		
16:34			AZE FLAME
16:38	City event		
16:42			City event
16:46	Pole Dance		
16:50	SUI Chézard St- Martin		
17:00	Closing Ceremony		
17:30			
18:00	Official Reception - Aperitif		

SOFA LOUNGES



Shiny GYM TIME ★★★

THE LAKE, THE SUN.... AND YOU!

Whether you are a gymnast or a spectator, it is you who illuminate the shores of Lake Neuchâtel in July 2022. Nothing will be too bright or too shiny for this resolutely friendly, sporting and festive week. And at EUROGYM 2022, it is together that we will follow the beat of the Flash Mob Shiny GYM TIME to keep an unforgettable memory of this 13th edition.

SOFA LOUNGES BY THE LAKE YOUR PERSONAL OUTDOOR LIVING ROOM

Wooden pallets will be available to make Sofa Lounges. They will be all yours to decorate and make cosy. So get ready to show off! Bring things to personalize them, like flags, stickers, stuffed animals... Be creative! This area is open to the public.

FLASHMOB

Don't forget to learn and practice Shiny Gym Time! You will need it!
Download learning version in MP4 - video format : www.eurogym2022.ch/media

Shiny GYM TIME ★★★

HONDA
Automobiles Neuchâtel-Boudry

Chez Soi*
food & coffee



ACCESS : only granted to people with appropriate accreditation, and only at the time indicated on the accreditation. Menus will be displayed at the entrance and can also be opened with the QR code redirecting to our website.

MEALS : for logistical reasons, all meals are taken at the Indoor Skating Rink East. Balanced menus for sporty people with 1 vegetarian option. With each menu, a 5 dl. mineral water is served at lunch and dinner. Small food stands will also be available and will allow participants to buy drinks and snacks. It is requested that all participants respect the schedules. More details : eurogym2022.ch/catering

BEVERAGE PRICE LIST			EUR/CHF
Still/sparkling mineral water	50cl	1.00	
Sprite	50cl	1.50	
Coca Cola / zero	50cl	1.50	
Fanta orange	50cl	1.50	
Ice Tea lemon/peach	50cl	1.50	
Rivella	50cl	1.50	
red/blue/refresh	50cl	1.50	
Schörle Apple	50cl	1.50	
Red Bull	25cl	1.60	
Coffee, Tea		1.50	
"105" Coffee milk	25cl	2.00	
Draft beer	30cl	2.50	
Non alcoholic beer	33cl	2.00	

VIP

ESPACE FACCHINETTI

Entrance : Access to Espace Facchinetti only with appropriate accreditation.

Logistic equipment : Equipped conference zone, 60-70 seats.

DINING HALL

11:00 to 13:00 : The dining hall for European Gymnastics delegates, Heads of Delegation, Swiss Gymnastics Federation, LOC.

17:30 to 19:00 : On indications of the catering.

MEETING WITH THE EVALUATORS AND FEEDBACKERS

7th 14:00 to 17:00

DAILY MEETINGS FOR GROUPS LEADERS & HOD

7th 20:00 : EGFL - Meeting for Heads of Delegation (HoD) and coaches.

10th 14:00 to 15:00 : EUROGYM - Meeting for HoD, coaches, choreographers for the gala.

11th to 14th 08:00 : EUROGYM - Meeting for HoD.

VIP HOSPITALITY AND VIP APERITIF FOR ALL HODS

9th 16:00 : VIP aperitif for the EGFL and Swiss Parkour Series Speed.

10th 18:00 to 19:00 : VIP aperitif after the Opening ceremony (2-3 people per delegation).

13th 17:00 : Reception by the LOC of EUROGYM 2024, Norway.

14th 18:00 : VIP aperitif after the closing ceremony.



ACCOMMODATION IN SCHOOLS IS PROVIDED FOR ALL PARTICIPANTS

The accommodation costs are included in the participation fees. All participants and accompanying persons must present their accreditation card at the entrance of the college. On the day of arrival, the groups will be welcomed by a team of volunteers.

They will be given their premises and will then be responsible for them for the duration of their stay. The premises must be kept in their original state of cleanliness. In addition the cleanliness of the sanitary facilities will be ensured by regular cleaning teams.

Through our volunteers and a safety/security agency, there will be a 24-hour service at all schools and security will be provided at all times. Daily information will be posted in the lobby.

For the good cohabitation and the well-being of all, a fair-play behaviour is expected from all participants and accompanying persons. The organising committee thanks you in advance and wishes you an excellent stay.

More details and pictures are available on website :

www.eurogym2022.ch/accommodation

HoDs and anyone wishing to stay in a hotel must book rooms by themselves. No hotel booking is made by the LOC.

HOTELS



GUESTS

Neuchâtel has the capacity to welcome EUROGYM guests in hotels located in and around the city centre.

Hotels are divided into categories 2* to 5* and some are within walking distance, others require the use of public transport.

More information about accommodation for accompanying people :

www.eurogym2022.ch/accompanying-persons



ELECTRICITY

The voltage in Switzerland, as in most of Europe, is 230V/50 Hz. Switzerland uses type C (2-pin) and Type J (3-pin) plugs. (Type C 2-pin plugs also fit J sockets.) Most power sockets are designed for three pin round plugs. The standard continental type plug with two round pins, applied for many electrical travel products, may be used without problem - www.myswitzerland.com

WIFI

There will be WIFI in common areas in schools and in a lot of places through town. Check the map!

WATER

Swiss tap water is of very high quality and meets strict guidelines regarding hygiene and safety. Don't forget to bring your reusable bottle!

YOU ORDERED A MATTRESS?

The versatile Bestway Floc Twin inflatable bed has an integrated cushion that allows a relaxed sleeping position. This inflatable bed has three-part safety valves for quick and easy inflation and deflation. A foot pump is also included.

MANY SHOWERS AVAILABLE ON VENUES

Be ready to take the opportunity to shower at the Riveraine and at the Maladiere Stadium after City Performances or Workshops, as there are about 100 showers available, for your comfort.

HOW TO PAY ?

On EUROGYM sites, you can pay cash in Euro (1 Euro = 1 CHF). Change possible in town. Credit and debit cards are accepted nearly everywhere, we recommend this payment method (VISA, MasterCard, Maestro, V-Pay, AMEX, JCB, UnionPay, Bancontact, Apple Pay, Android Pay, Twint).

PACK IN YOUR LUGGAGE

Reusable bottle, swimsuit and beach towel, sunscreen, mosquito repellent, flashlight, phone charger and adapter if necessary.

FIRST AID & MEDICAL SERVICE

The entire health management of the event will be delegated to a specialized external service provider (the company BlueFires), which will provide the necessary competent medical and nursing staff. The health organisation will be based around a visible Advanced Medical Post (AMP), located at the heart of the festival (near the Maladière stadium) and various mobile medical teams that will provide a link between the festival sites and the AMP.

The AMP will provide medical and health care coverage from 8:00 to 22:00. Outside of these hours (22:00 to 08:00), a medical emergency hotline (adults and children) will take over at the Neuchâtel Hospital (RHNe), Pourtalès site.



SAFETY

Groups are accompanied, safe itineraries, traffic agents at major intersections, enclosed zone for gymnasts, night patrol to protect the setups, command post for special announcements.

COVID

Switzerland's Federal Council has taken the decision to remove all rules linked to Covid. Therefore, no vaccination or test will be asked to participate in EGFL or EUROGYM. Should the nations consider it necessary to wear masks, it is recommended that they bring along sufficient masks for their participants. If a delegation needs a rapid antigenic or PCR test to go back home, please have the HOD or group coach make the request to the LOC during the HODs meetings, in order to arrange the needed tests, no later than 8th July for groups leaving the EGFL, and no later than 10th July for EUROGYM groups.

IMPORTANT PHONE NUMBERS

LOC office, Lost & found, hotline COVID :	+41 32 551 00 12
Volunteers :	+41 79 627 88 73
On-site medical 08:00 to 22:00 :	+41 77 480 48 97
Medical care, pediatric hotline :	+41 848 134 134
Vital emergency :	112
Fire :	118
Police :	117

FUN FACTS – DID YOU KNOW...

- Switzerland is the only country with a square flag (with Vatican City)
- Did you see this on cars? “CH” stands for “Confoederatio Helvetica”. Helvetia is the Latin name of Switzerland, used instead of the four national languages. Look for it during your stay!
- Swiss people make and love to eat chocolate! Nearly 10 kg per person per year. But did you know the Swiss invented the white chocolate?
- Do you have Velcro on your shoes or on your jacket? Well, this fastening system named VELCRO (= velvet + hooks in French), was invented in Switzerland by a man named George de Mestral, after a walk in the woods with his dog. Inspiration came from the burrs (plant) he found on himself and on his dog that adhered so well.
- There are 4 national languages in Switzerland: German, French, Italian and Romansh. Amazing for such a small country! But people mostly speak the language of their region and don't often know the other ones. English is also used to understand each other.
- Switzerland is a small country but it can take a long time to cross because of the numerous mountains. So even if it looks close on the map, check how long it really takes to get there!
- Did you know the aluminum foil was invented in 1910 by a Swiss engineer Robert Victor Neher)? His first client was chocolate maker Tobler and it was used to wrap chocolate.
- We bet you know some Swiss celebrities. Search online to discover some more! You may also find info on EUROGYM 2022, because this July, the celebrities in Neuchâtel are YOU!

Enjoy your stay in Switzerland!
HAPPY SHINY GYM TIME!

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