

# YearBook 2023



EUROPEAN ARTISTIC  
CHAMPIONSHIPS  
2023

2023



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## Dr. Farid Gayibov

President



**We called it 'The year of great expectations', and 2023 lived up to its expectations for the European gymnasts who managed to secure their participation in the Paris 2024 Olympic Games.**

European Gymnastics offers its athletes a good platform to sophisticate their routines before competing with gymnasts of other continents at the World Championships. This year's European Championships distinguished themselves with high level organisation, TV coverage, social media engagement, spectators' involvement, and, of course, with strong performances. Our events reflect diversity, as we see in the number of countries winning the medals and number of countries involved.

Starting off with the European Championships in Artistic Gymnastics, where Great Britain, Türkiye and Belgium earned historic and record-breaking results. At Rhythmic Europeans, for the first time, national anthems of 6 different countries were played. The individual programme brought success to Germany, Italy, Bulgaria, and Slovenia. The group performances became historic for the Azerbaijani group. Remarkably, there were few inquiries during the competitions. The interest from spectators was also impressive as the tickets were sold out a month prior to the competitions.

The power of the European gymnasts was obvious during the qualification process for the Olympic Games. From 5 quota places for Rhythmic Gymnastics groups, 3 groups from European countries qualified for the Games. Individually, 12 out of 14 happy ticket holders to Paris represented Europe. In Men's Artistic Gymnastics, from 9 teams qualified, 7 were European. From 17 individual athletes' quota places, 11 athletes were from our continent. In Women's Artistic Gymnastics, from 9 teams qualified, 4 were European. From 21 individual athletes' quota places, 14 athletes were from Europe. In Men's Trampoline, the European gymnasts prevailed as well, earning 3 of the 5 Olympic spots. In Women's Trampoline, the European countries did not constitute the majority, with only Great Britain securing its participation.

Unfortunately, the Israel - Hamas war had an impact on the Acro events this year as the Israeli gymnasts were not able to join. Acrobats of 2 more European countries, Russia and Belarus, were not a part of these competitions due to Russia - Ukraine war. Despite all this, the number of participating countries was 21, higher than the 2 previous editions of Europeans in this discipline. This number is even much more than the competitors of the 2 previous Worlds. In European Age Group Competitions, showcasing the rising stars, 22 Federations participated.

An incredible contest ensued in Antalya at the last Europeans of the year, in Aerobic Gymnastics. Great performances on both the senior and junior level. Equally, the routines on display at the European Youth Olympic Festival inspired us to have high hopes for the future.

Training camps, workshops and seminar were organised by Great Britain, Latvia, Austria, Estonia, Italy, Finland, Portugal, Bulgaria, Greece, Croatia, Germany, Hungary, and Spain. This contributed to the implementation of the educational programme, by embracing experts who are willing to share their knowledge and experience and participants, who are eager to learn. I am proud of the joint work and efficient cooperation our member Federations are carrying out for the development of Gymnastics across Europe.

All the decisions made at our Executive Committee's (EC) meetings are directed to the identification of new targets and new tools for further progress. Bearing this in mind, our newly restructured EC started to work on our strategy. When we launched this project, I was very pleased to see how all the members were filled with enthusiasm to work on it. We established working groups to deal with different tasks to make our job more efficient. I am confident that this systematic approach in development of our new strategy will bear its fruits in the years to come.

Within the framework of our project to support developing countries, our next destination was

Malta where we held the Executive Committee's third meeting. I hope Malta, and the neighbouring countries who joined the meetings, will benefit from the exchange of ideas and discussions of future plans for the development of Gymnastics in the region.

I am also confident that the meetings with our apparatus suppliers, where we negotiated the terms for the renewal of our contracts, will further contribute to the Gymnastics progress. The negotiations with our partners at the European Broadcasting Union to discuss the extension of our partnership are going on. Our contract extends until the end of next year and we are happy to continue our discussions on the terms and benefits of a collaboration up to the year 2028.

We continue to provide the Local Organising Committees (LOC) of hosting Federations with scoring services thanks to our partner SmartScoring. This year, we achieved high level live-stream at the Acrobatic and Aerobic Europeans and will continue to develop this system.

For the purpose of having the same level across all our events, we offer our LOCs the services of speakers, mascots and etc. Our aim is to make every effort to have high level organisations at all the events of European Gymnastics.



I attended the Executive Committee's Meetings of the International Gymnastics Federation (FIG) and took an active part in the deliberations. Besides that, I was a part of the 52nd General Assembly of the European Olympic Committees (EOC) held in Istanbul. Within the framework of this General Assembly, I had a chance to meet with my colleagues - presidents of many European Federations, and Presidents of a number of National Olympic Committees. It was very interesting to exchange our views in prospect of future cooperation for the development of sports.

Having finalised our work, we moved towards our 30th Congress in Sofia, where we mainly approved the changes to our Statutes, discussed our strategy and made a decision on the eligibility of Russian

and Belarusian athletes and officials in European Gymnastics sanctioned competitions, following the FIG decision to authorise them to take part in the FIG events "as individual neutral athletes".

I hope peace will be resumed in our continent soon and all the athletes will have equal opportunities across all continents.

I wish good luck to all of you in 2024, the year of the Paris 2024 Olympic Games and Elections for the FIG governing bodies.



## Lisa Worthmann

General Director



**2023 kicked off the new European Gymnastics cycle and it promises to be an exciting one. An ambitious newly elected Executive Committee met in January to discuss plans and a lot of new ideas for the 2024 – 2030 Strategy. Further meetings in Lausanne, Malta and Sofia followed and resulted in the presentation of the Strategy at the Congress in December. Now I am looking forward to the next two years in which the implementation of strategic actions will begin. It will be the task of our Executive Committee and staff to evaluate all priorities and make sure that this implementation starts on a realistic basis.**

While we can still feel the impact of Covid, mainly because this new cycle is an unusually short one with only three years from 2023 to 2025, the year 2023 finally brought us back to a normal European events calendar and to all events of the year running without any impact of the pandemic for participants and audience.

Our event season started with the top Olympic sports at the European Championships in Artistic Gymnastics in Antalya (TUR) and Rhythmic Gymnastics in Baku (AZE). The preparations of the championships in Antalya got hit by the terrible earthquakes in Türkiye and Syria just two months before the event. A big thank you goes to the team of the Turkish Gymnastics Federation for still running the event and providing good conditions for the gymnasts as a stage for many

thrilling performances. 4 weeks later in Baku, the hosts from the Azerbaijan Gymnastics Federation made all Rhythmic gymnasts shine like stars on a field of play in an exceptional Oscars like scenery.

Back at its usual date in the summer of odd years, Maribor (SLO) hosted the European Youth Olympic Festival, an important Olympic multi-sport event for young athletes with the participation of our juniors in Men's and Women's Artistic Gymnastics. European Gymnastics' own event season ended in autumn with the European Championships and European Age Group Competitions in ACRO in Varna (BUL) and the Aerobics European Championships in Antalya (TUR). Thank you to all hosting federations and their local organising committees of our 2023 events for the excellent cooperation!

Just one year after having met at the 2022 Congress in Albufeira (POR), I had the pleasure to meet many representatives of our member federations again at the Congress in Sofia (BUL) in December. Interesting topics and presentations were on the agenda and I am grateful for the active participation and feedback from the delegates. Thank you to the Bulgarian Gymnastics Federation for the good organisation!

Other topics on the agenda of the General Assembly have shown that even though sport is the main focus for European Gymnastics, non-sporting topics continue to be part on the agenda of our current work. The war in Ukraine has not ended yet and the ACRO European Championships and European Age Group Competitions started with the heartbreaking news of the withdrawal of the delegation from Israel after the attacks on their country. Following the General Assembly, the European Gymnastics events and activities will continue to take place with only 48 of the 50 member federations until further notice. My thoughts are with our member federations in Ukraine and Israel and I hope the year 2024 will finally bring us back to more peaceful surroundings!

On a more positive note, the Congress ended with the 1st European Gymnastics symposium for Secretary

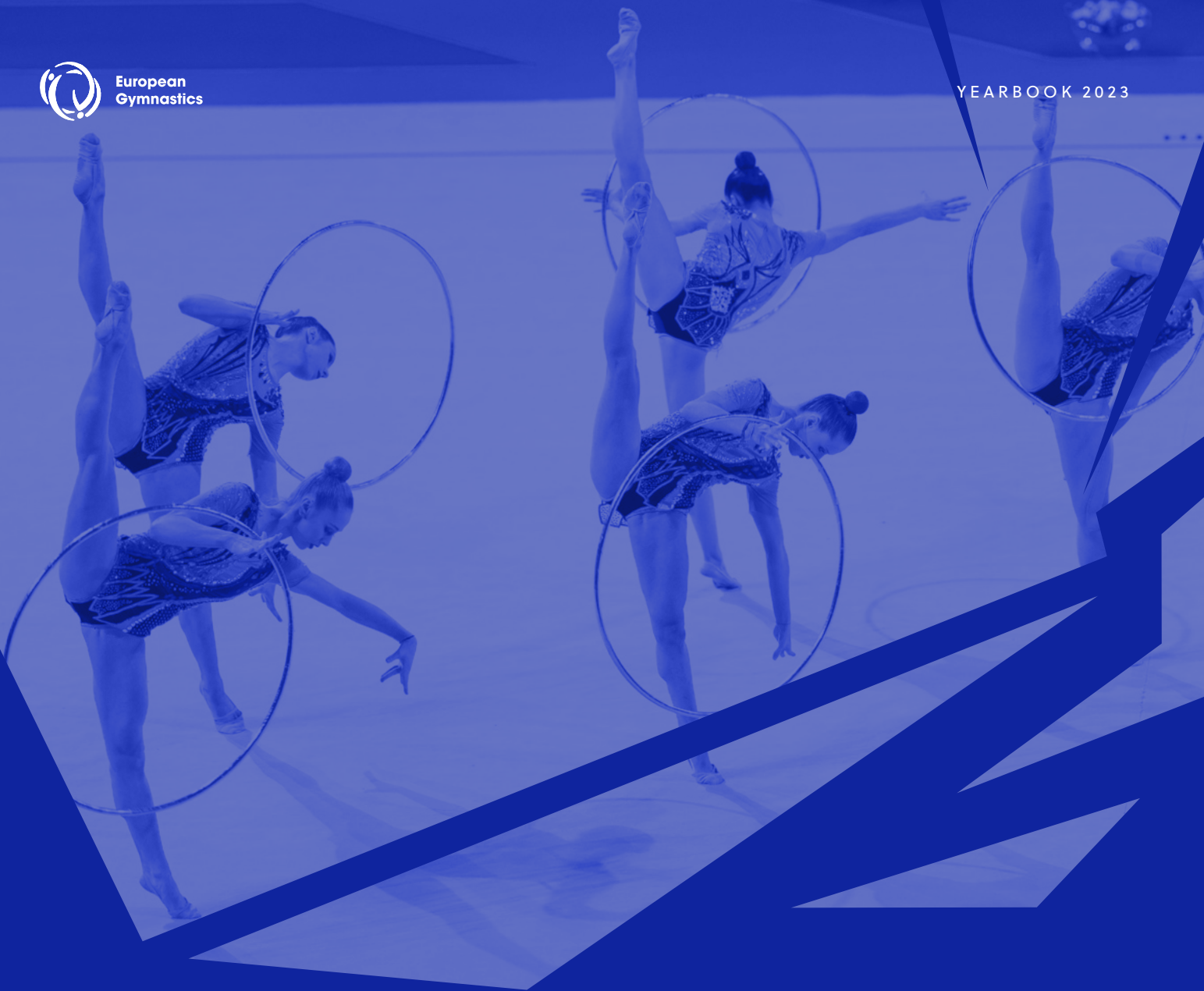
Generals / CEOs of our member federations. 43 representatives from 28 federations joined us for a knowledge exchange on topics in the areas of events, safeguarding, marketing/sponsoring, education & governance, organisation & strategy and crisis management/communication. These three hours have shown that there is a clear interest for a further cooperation and knowledge exchange on this level. European Gymnastics will work on future editions of this format.

Thank you to the European Gymnastics staff, our partners SmartScoring, EBU, Spieth, Gymnova, Eurotramp and FB-Curves and the European Gymnastics Authorities for the commitment during this exciting year! I am looking forward to continuing the journey of our strategy for The Essence of Sport with all of you and our member federations in 2024!



# Gymnast of the Year 2022





## **European Gymnastics proudly launched the third edition of its 'Gymnast of the Year' election!**

For this edition, our Executive Committee chose the following 5 categories: Male, Female, Team, Outstanding Performance and Coach.

Nominations for the long list were made by our Technical Committees, staff and the 50 member Federations. A selection committee featuring European Gymnastics Vice-President Michel Boutard, Executive Committee members Paolo Frising, Natalja Inno and Solveig Jonsdottir, General Director Lisa Worthmann and Head of Media Tina Gerets, had the difficult task to choose 5 nominees in each category.

During 15 days, fans had the opportunity to vote via online polls and on Instagram. After those intense voting days, the 2022 European 'Gymnasts of the Year' were crowned!

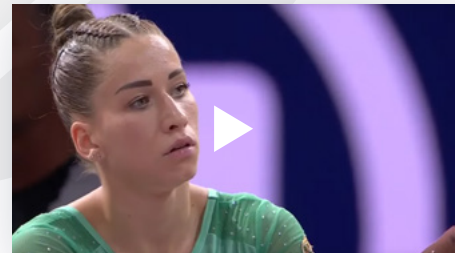


In the category 'Male Gymnast of the Year', Adem Asil (TUR) triumphed with a total of

**103,896 votes:**

### Adem Asil (TUR) – Men's Artistic Gymnastics

What a year 2022 has been for Adem Asil. First, Asil conquered the all-around, team and vault titles at the Mediterranean Games, followed by the Europeans in Munich where he claimed silver on rings and bronze all-around and with the Turkish team. The icing on the cake came in Liverpool where he clinched his first World title, on rings!



In the category 'Female Gymnast of the Year', Zsafia Kovacs (HUN) won with

**168,963 votes:**

### Zsafia Kovacs (HUN) – Women's Artistic Gymnastics

After success at World Cup events in the spring of 2022, Hungary's Zsafia Kovacs began the European Championships as one of the favourites for all-around glory. However, in qualifications, which also determined the all-around ranking, Kovacs suffered some setbacks, ultimately finishing 9th. She did qualify to the vault final where she excelled regaining the European vault title she first won in 2020. Kovacs was able to show her incredible mental strength, rebounding quickly.



In the category 'Team of the Year', Poland's Rhythmic group scored

**31,458 votes** for the victory:

## Rhythmic Gymnastics Group (POL) – Rhythmic Gymnastics

Poland's rhythmic group featuring Mariia Balakina, Milena Gorska, Madoka Przybylska, Malgorzata Roszatycka, Magdalena Szewczuk and Julia Wojciechowska has been on the rising trajectory of development and success since 2018, when the ensemble was a junior one. Working only with their head coach Inga Buczyńska, without permanent support of a wider staff of choreographers, dance teachers, ballet masters, dieticians, in 2022 - their first year as the Senior Team, they managed to reach places and win medals on the scale never seen before. In the first half of 2022, the team had to face unexpected challenges. Most of the sports halls in Poland were temporarily handed over by state and local authorities for use as accommodation for Ukrainian refugees. The gymnasts had to stop training for some time and then had to use various provisional gym halls, travelling around Poland. Yet they managed to write a new chapter of Polish RGG. There were also several personal changes and replacement within the team, with the last one happening several weeks prior to the World Championships. However, the new team made it and got the highest ranking reaching 10th place with 5 hoops.





In the category 'Outstanding Performance', Krete Kaasik (EST) earned

**26,941 votes** for the title:

### **Krete Kaasik (EST) – Trampoline Gymnastics**

Krete is the first ever Estonian gymnast who competed in trampoline gymnastics senior World Championships in 2022. She is from a small Estonian town called Paide and has a degree in physical education from Tartu University. Besides her athlete career, she coaches small children and has a certified gymnastics coach license. Krete started doing trampoline gymnastics because of her mother who accidentally took part in trampoline gymnastics coaches' course instead on sport acrobatics one. Her mom Katrin Kaasik is still her coach and mentor. Krete's strongest characteristics are immense will power and persistence.



And last but certainly not least, Yilmaz Göktekin (TUR) is your 'Coach of the Year' with

**43,911 votes:**

### **Yilmaz Göktekin (TUR) – Men's Artistic Gymnastics**

As head coach of the Turkish men's team, Yilmaz Göktekin has been preparing the men for years. His passion and strive for excellence rubs off on the team. He plays a big part of the success that Türkiye has experienced in recent years.

### **Congratulations to all winners!**

A huge thank you to our Federations and Authorities for the input and to the fans for the many votes!

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# European Championships in Men's and Women's Artistic Gymnastics

11 – 16 APRIL 2023

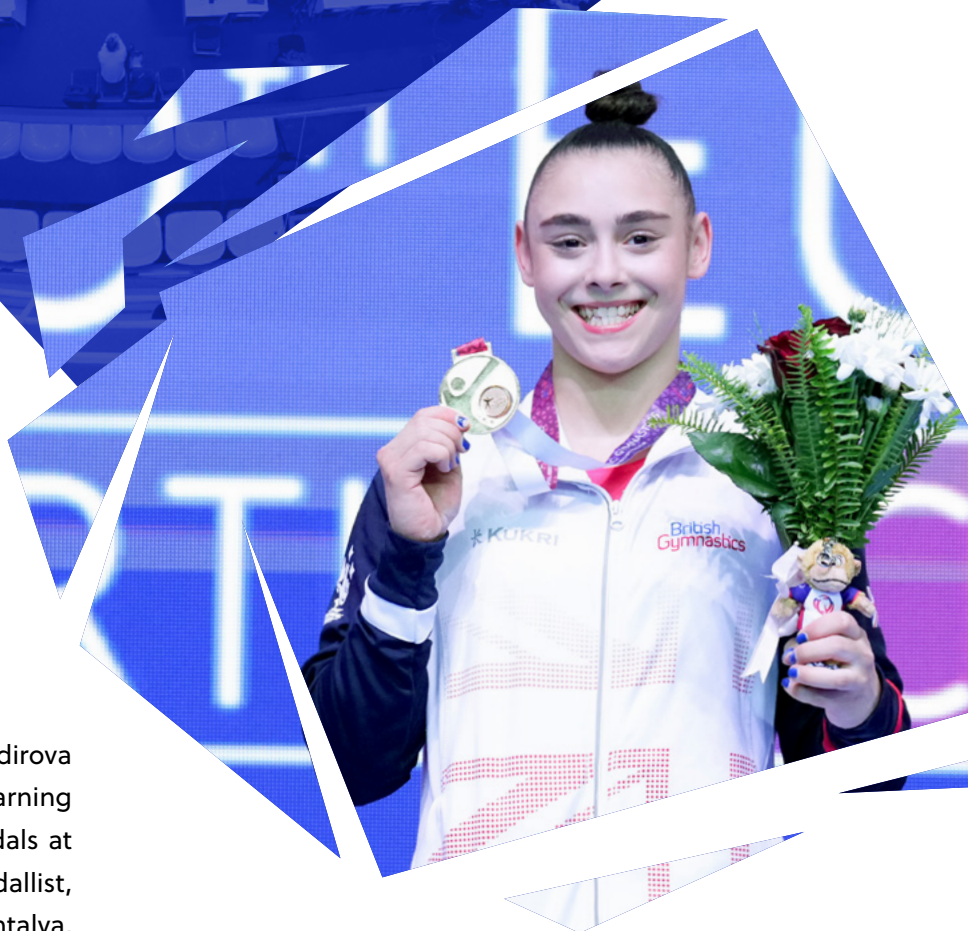
ANTALYA 



Antalya's Sports Hall welcomed a total of 311 gymnasts -174 men and 137 women- from 39 countries in a thrilling battle for the reign over Europe. Just two months after the devastating earthquakes that hit the host nation Türkiye and neighbouring Syria, the focus on sports aimed to inspire through unity, positivity and excellence.

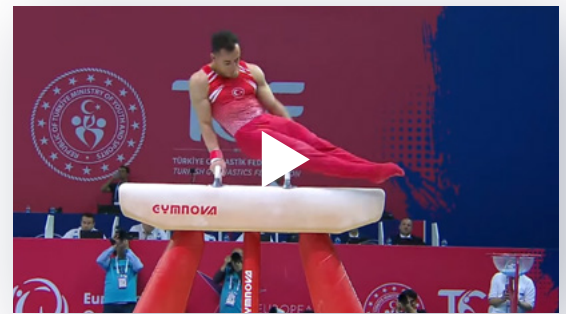
## The new Queen of Europe

Ever since her senior debut, Jessica Gadirova impressed the gymnastics community, earning her merits at all levels: a full set of medals at her first Europeans, Olympic team medallist, World Champion on floor, etc. In Antalya, she led her British teammates to their first ever team victory! Individually, the superstar became only the second British female to win the all-around crown, after Ellie Downie in 2017, and the first female to win three consecutive European titles on floor. Easy to forget that Jess is still only 19 years old!



## The national hero

With all eyes on the Turkish men's team, Adem Asil lived up to his reputation as a hard-working and mentally strong gymnast. The 24-year-old led his adopted country to team silver before nailing the perfect competition in the all-around where, upgrading from bronze won last year in Munich, he clinched Türkiye's first ever all-around title! To round off a fabulous week, Asil finished these Europeans as the most decorated male gymnast, after adding the title on rings, the apparatus where he's the 2022 World Champion.



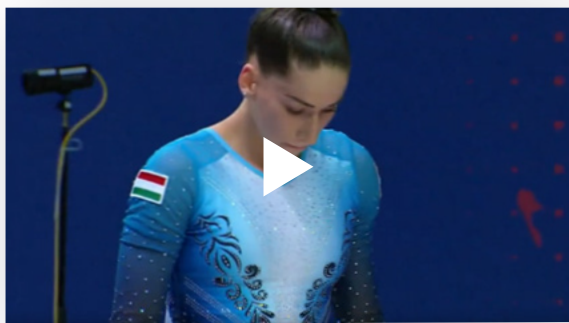
## Twin power

The big theme of the women's competition ... twins! Both Jessica Gadirova and Sanne Wevers are part of an acclaimed duo. In Antalya though, only Alice and Asia D'Amato had their twin by their side. Together they earned silver for Italy in the team competition. For 2022 European all-around Champion Asia, Antalya marked her return to international competition after the knee injury sustained in Munich's vault final. What better way to overcome this than by winning silver ... on vault! For Alice, it meant her own spot on the all-around podium, clinching the bronze, and her first individual European title for an exquisite bars routine.



## Mighty Kovacs

Forever a fan favourite, Zsafia Kovacs delivered an exceptional fight in the all-around final, pushing Jessica Gadirova till the very end. Just 0,133 separated them. Kovacs clinching the Vice-European all-around title for the second time in her career. Her bronze on beam means Kovacs truly is an accomplished all-rounder, with her previous European medals (titles!) earned on vault and bars.



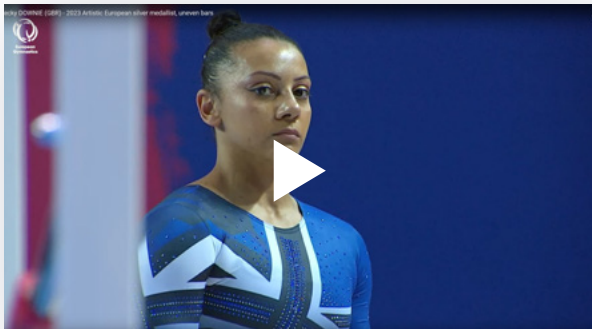
## Beaming Sanne

In her first international competition since the Tokyo Olympics, Sanne Wevers showed why she's the Queen on the Beam. The 2016 Olympic Champion pirouetted her way to gold, showcasing nerves of steel on her signature event. It's the second European title for the Dutch star on beam while she helped her team to bronze, a story similar to Glasgow 2018! Having turned 32 in September, Wevers shows that age is definitely not a limitation.



## Welcome back Becky

Having encountered a series of setbacks in the past years, 2014 and 2016 European bars Champion Becky Downie made her comeback in Antalya. As determined and focused as ever, Downie swung her way into the bars final in a qualification round that saw the British women crowned European team Champions, for the first time ever! Individually, Downie earned her merits yet again on bars, returning home with the silver medal.



## Belgium at its best

What a week it was for Team BelGym! With the World Championships coming up in Antwerp in autumn, Belgium got a taste of what's possible with determination, focus and team spirit. Loudly supported by his teammates, Maxime Gentges wrote history by becoming the first male Belgian to win a medal, silver on pommel horse! Lisa Vaalen and Maellyse Brassart impressed in the all-around final to finish 4th and 5th respectively. On vault, Vaalen followed into the footsteps of Aagje Vanwalleghem by winning the bronze medal.

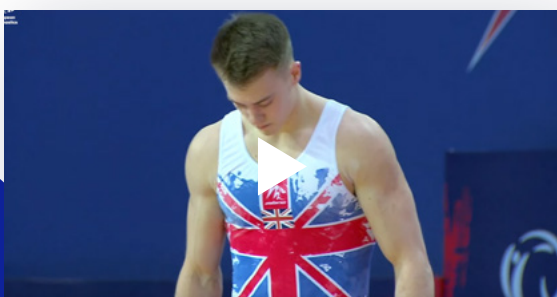


## History for Italy

The Italian men's team featuring Yumin Abbadini, Lorenzo Minh Casali, Matteo Levantesi, Marco Lodadio and Mario Macchiati combined efforts to produce a shock win. Just last year, the team made its first ever appearance on the European podium, claiming the silver medal. Talk about rapid progress!

## Changing of the guard

Exactly 10 years after the legendary Max Whitlock became Great Britain's first European Champion on floor, the torch has been skilfully passed on into the young but capable hands of Luke Whitehouse. Impressing the audience with a high triple back, Whitehouse nailed his senior European debut. On his way to becoming the 4th British European Champion on floor, the 20-year-old even defeated reigning Olympic and defending European Champion Artem Dolgopyat.



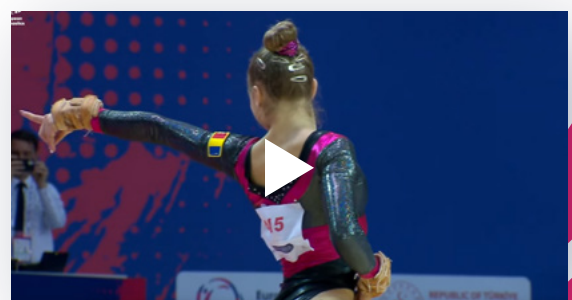
## King of the Vault

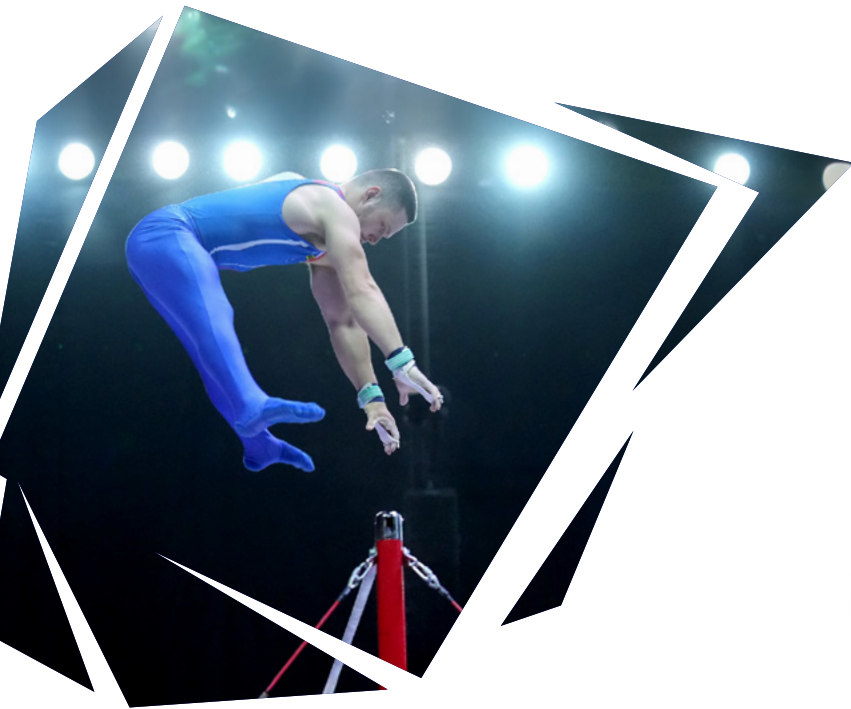
Having won his first European medal a whopping 10 years ago and collecting silver in 2016 and 2022, the 2022 World Champion Artur Davtyan showed his trademark excellent execution on both his difficult vaults, earning the top spot for the first time at a continental Championships. Staying in the siblings theme ... brother Vahagn won silver on rings!



## A family tradition

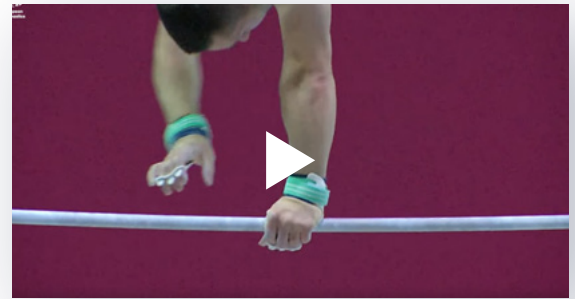
Making her mark in the junior ranks, Sabrina Maneca-Voinea stepped up her game this year as she entered the senior competition. Winning two gold medals at the Doha World Cup set the Romanian teenager up for these Europeans where she delivered on floor to return home with the bronze medal. Much to the delight of mum and coach Camelia Voinea, herself the silver medallist at the 1987 Europeans on this apparatus!





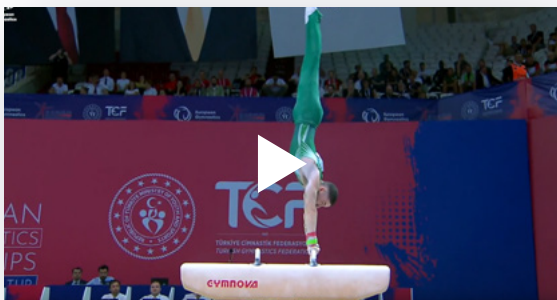
## Golden Tin

High bar specialist Tin Srbic has been making it onto the podium for several years. It's hard to imagine that he never won the European title. That is ... until Antalya! The Croatian superstar, boasting the 2017 World title and Olympic silver, excelled in the very last apparatus final to clinch that elusive gold!



## Above and beyond

Rhys McClenaghan continues to raise the bar for Ireland. At still only 23 years old, the Irishman won his second European title on pommel horse, 5 years after Ireland's historic success. The reigning World Champion now holds the European title too! There's no stopping him.



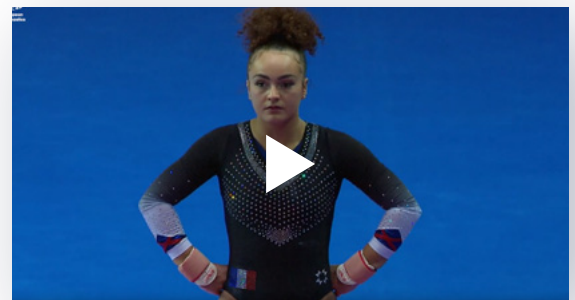
## Calm and steady wins the race

Known for his calm appearance, Ukraine's Illia Kovtun acted the part throughout the competition. Qualifying in first place to the all-around final, the 2020 junior European Champion settled for bronze, a repeat of his 2021 performance. He did however claim his first senior European title on parallel bars, where his technique is unrivalled. Half an hour later he added the bronze on high bar to his steadily growing collection.



## Come on Coco!

6 months after her bronze on vault at the World Championships, Coline Devillard outperformed her competitors for continental glory. A fantastic return to the top spot for the French star, a ranking she first gained in 2017. Well done, Coco!



## The Shooting star award goes to... Vasiliki Millousi 🇬🇷 and Matej Nemčovič 🇸🇰!

A ten-time World Cup Series medallist on beam, three-time Olympian, five time beam finalist at Europeans, and winner of the beam final at the 2012 Olympic Test Event, 38-year-old Vasiliki Millousi is also the mother of two girls (aged 3 and 2 years) and married to Olympic Champion Eleftherios Petrounias. In 2018, she decided to stop as an athlete and continue her professional life as teacher of physical education and gymnastics coach, running her own club. She is a board member of the Hellenic Olympic Committee since 2016, was in the athlete commission until 2021 and now she is the chair of the gender equality commission. Now, she is back in training and a member of the national team of Greece again! She is training with devotion and competes at the highest level. Vasiliki is living proof that gymnastics is not a sport only for teenage prodigies but also for adult athletes, and mothers that set goals and are not afraid to pursue them. Vasiliki Millousi, an inspiration for the entire gymnastics community!

Matej Nemčovič can be named a rookie in the Slovak men's artistic gymnastics team. Last year, at just 18 years old, he was the only senior MAG gymnast in the country. It was not easy for him to find the motivation in the training and in the competitions knowing that he would be the only one representing Slovakia in the senior MAG category. This year, the MAG team will be completed with the new young members and Matej suddenly at the age of just 19 is the leader of the team guiding and supporting the other boys here in Antalya.

PARTICIPANTS

**39**  
Federations

**311**  
Gymnasts

**174**  
Men

**137**  
Women

MEDAL TABLE

	<u>GOLD</u>	<u>SILVER</u>	<u>BRONZE</u>	<u>TOTAL</u>
 Great Britain	4	4	1	9
 Italy	2	4	1	7
 Türkiye	2	2	-	4
 Armenia	1	1	1	3
 Ukraine	1	-	3	4
 Netherlands	1	-	1	2
 Croatia	1	-	-	1
 France	1	-	-	1
 Ireland	1	-	-	1
 Belgium	-	1	1	2
 Hungary	-	1	1	2
 Israel	-	1	-	1
 Germany	-	-	2	2
 Spain	-	-	1	1
 Greece	-	-	1	1
 Romania	-	-	1	1

# European Championships in Rhythmic Gymnastics

17 – 21 MAY 2023

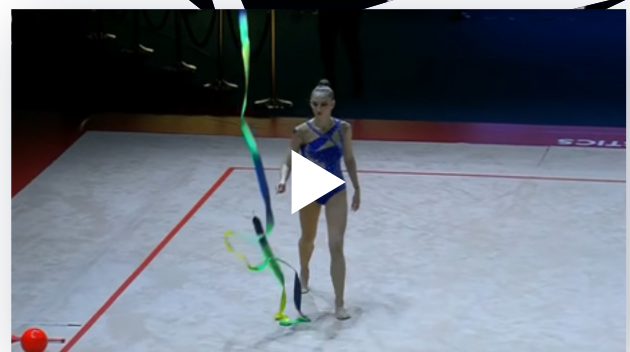
BAKU 



With an event slogan like 'Shine like a Star', you just know there will be fireworks on the carpet! The venue looked absolutely stunning, fit for Europe's best Rhythmic gymnasts displaying their incredible skills. And the gymnasts more than delivered ...

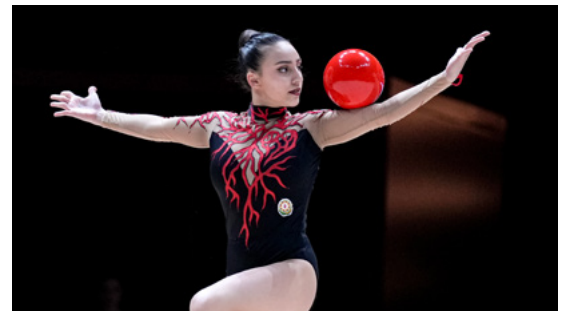
## Best of Boryana

After two silver medals, in 2021 and 2022, Boryana Kaleyn seized her opportunity to shine outright. The 22-year-old impressed with her signature exquisite pivot technique, sealing the deal with a fabulous clubs routine that scored 32.900. Her total score of 131.000 gave her a comfortable lead to end Bulgaria's all-around title drought, as Kaleyn brings the gold back to Bulgaria for the first time in 29 years when the legendary Maria Petrova won!



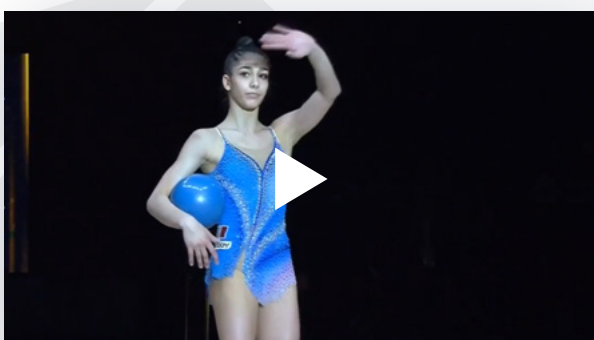
## A Proud host nation

Azerbaijan is a world-renowned gymnastics country, hosting many events and challenging the top contenders on the floor. On the last day, Azerbaijan claimed several successes. First, Zohra Aghamirova aced her ball routine to earn her first European medal, the bronze. Saving the best till last, the home nation Azerbaijan showed off the most difficult 3 ribbons and 2 balls routine to edge past Israel for the victory. Their first ever group European title!



## Sofia shines

After her silver medal in the all-around, the 2022 World Champion Sofia Raffaeli quickly regained focus for these finals. She mesmerised us with her expressive ball routine, claiming the European title, a first for Italy with this apparatus. Moments later, the Italian star successfully defended her clubs title. Two gold medals for the 19-year-old who just can't stop writing history for her country.



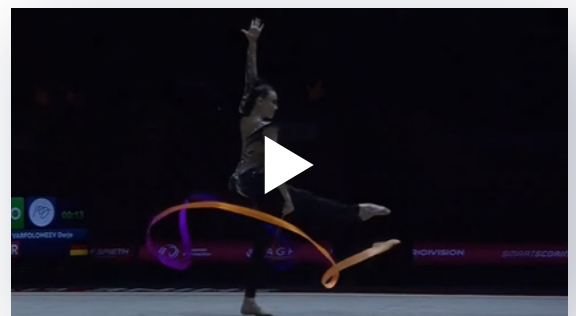
## Unity for Ukraine

To calculate the team ranking, the 2 group scores were added to the 8 individual scores gathered during the 2 qualification days. Ukraine clinched the silver medal in a remarkable display of unity and perseverance in these troubled times. A silver that means as much as gold.



## Reinventing ribbon

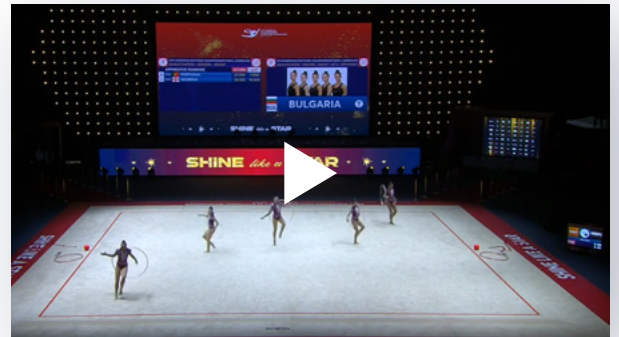
Another of those history making gymnasts, Darja Varfolomeev overcame some difficulties throughout the event to show her worth in the last apparatus final. Her delightful ribbon exercise earned both the highest difficulty and execution scores for her first European title. And not only her first European title, in fact it's Germany's first ever too!





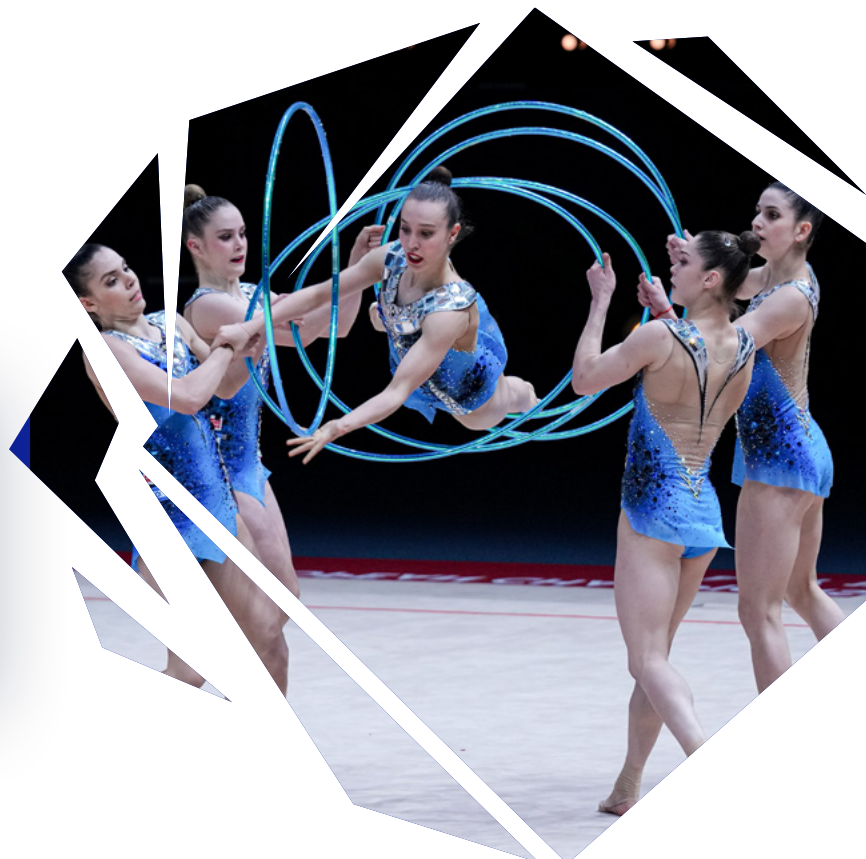
## The Bulgarian party continues

While Kaleyn got the Bulgarian party started, the group competition only added to their joy. Sofia Ivanova, Kamelia Petrova, Rachel Stoyanov, Radina Tomova and Zhenina Trashlieva delighted the audience for the top score with 5 hoops and the second highest score for their mixed apparatus routine to clinch the all-around title. When did Bulgaria last win this title? In 1990!



## Jumping through hoops

In the 5 hoops final, Israel produced a phenomenal routine for the win, leaving the crowd in pure awe. Way to go Shani Bakanov, Eliza Banchuk, Adar Friedmann, Romi Paritzki, Ofir Shaham and Diana Svrtsov.



## O Valencia

Spain looked ready to compete in front of their home crowd at the upcoming World Championships in Valencia as they hit their routine aptly performed to the well-known Valencia song to grab the bronze medal with mixed apparatus.



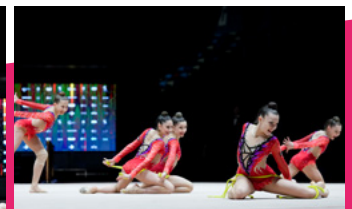
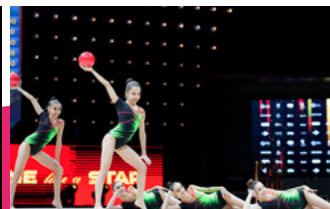
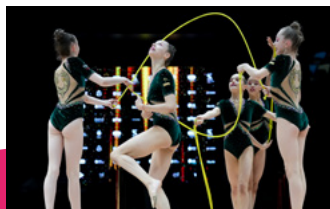
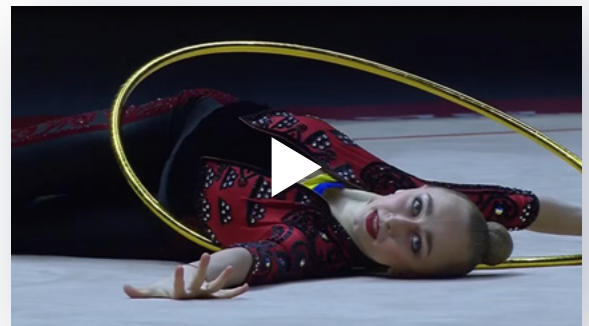
## For Slovenia with love

At 29 years old, Ekaterina Vedeneeva entered the European medal table for the first time as she clinched the bronze with clubs! A first for Vedeneeva, a first for her adopted Slovenia.



## Vika's sweet victory

Energised by her team's silver medal, Viktoriia Onopriienko slayed her hoop routine with the best execution score of the final to take the gold medal. The last time a Ukrainian gymnast won apparatus gold was in 2005 when Natalia Godunko won ribbon, with hoop it dates back twenty years to Anna Bessonova's victory. Onopriienko continues to impress the audience with her determination and skills.



## Emerging talent

Spectacular performances by the junior group of Israel clinched the gold medal in the all-around for Shelly Elguy, Elinor Gerts, Kseniya Kulyk, Yuval Schulman, Anat Shnaider and Meital Maayan Sumkin. They totalled an impressive score of 61.600. Fresh off their victory, the girls followed up with 2 silver medals in apparatus finals. Powerhouse Bulgaria showed their worth in the all-around, grabbing the silver medal. With renewed energy and focus, they started their apparatus quest. Eva Emilova, Vanesa Emilova, Andrea Ivanova, Krasimira Ivanova, Gabriela Peeva and Tsveteyoana Peycheva truly excelled, edging Israel for both victories. Hosts Azerbaijan impressed in front of an ecstatic home crowd. First, the girls combined efforts to secure the bronze in the all-around. Then, they added bronze with 5 balls and placed 4th place with 5 ropes. Italy overcame the disappointment of an administrative error in qualifications -which forced them out of all-around contention- by displaying their very best in the 5 ropes final. The girls put on their biggest smile, focused on their skills and collaborations and ended up with the bronze medal for their efforts.

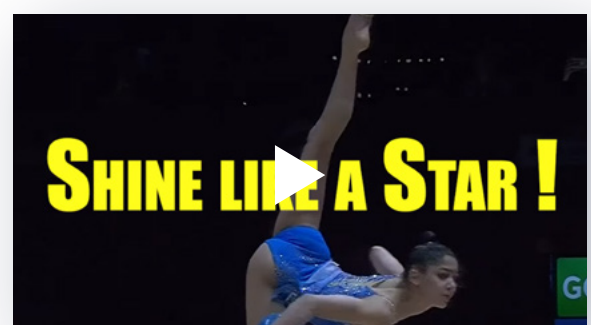
The future certainly shines bright!

## The SmartScoring Shooting Star award goes to... Fanni Pigniczki 🇭🇺!

With the Baku Europeans marking her 10th participation at the continental level, Fanni Pigniczki delighted the audience once again. Her continuous strive for excellence has earned her many accolades. In 2021, she qualified to the Tokyo Olympics, becoming the first Hungarian in over 20 years to earn an Olympic berth. In 2022, Pigniczki became the first Hungarian rhythmic gymnast to win a medal at the World Games when she won the bronze with hoop and ball. One month later she became the first Hungarian to win a World Cup medal, adding to that collection this year as well. Her motto? „I almost never focus on medals or who I want to beat. I just want to get better.” And she’s just getting better and better.



We warmly thank all gymnasts for the spectacular performances! You all truly deserved your place in the spotlight. Our heartfelt thanks also goes to the Azerbaijan Gymnastics Federation for giving the best possible conditions for all participants with great enthusiasm.



## MEDAL TABLE

	<u>GOLD</u>	<u>SILVER</u>	<u>BRONZE</u>	<u>TOTAL</u>
 <b>Bulgaria</b>	5	5	3	13
 <b>Israel</b>	2	5	1	8
 <b>Italy</b>	2	1	2	5
 <b>Ukraine</b>	1	1	-	2
 <b>Azerbaijan</b>	1	-	4	5
 <b>Germany</b>	1	-	-	1
 <b>Slovenia</b>	-	-	1	1
 <b>Spain</b>	-	-	1	1

## PARTICIPANTS

**38**  
Federations

**308**  
Gymnasts

**124**  
Juniors

**21**  
Groups

**184**  
Seniors

**84**  
Individuals

**18**  
Groups

# European Youth Olympic Festival

23 – 29 JULY 2023

MARIBOR 



The Slovenian city Maribor welcomed 2419 athletes from 48 countries for the European Youth Olympic Festival - affectionately known as EYOF. On the programme, 11 sports including Artistic Gymnastics which welcomed 177 participants from 40 countries. As the only major multisport event created directly for the best young athletes in Europe, EYOF provides an excellent opportunity to savour the unique multi-sports environment and gain valuable competition experience.

Thank you to our Slovenian hosts for the excellent organisation!

## Kevric confirms

Last year's sensation, Helen Kevric confirmed she well and truly is the leading junior of her generation. Aged 15, the German starlet posted a massive total score of 53.900, easily retaining her all-around title. After silver with the team and in the mixed team final, paired with Mert Oeztuerk, Kevric went on to dominate in apparatus finals. First, she collected the silver on vault. Then, she claimed the top spot in all three remaining finals: bars, beam and floor. 4 gold medals and 3 silver medals, what an extraordinary achievement by the young German!





## One to watch

Not a new name by all means for fans, Tommaso Brugnami added to his star status in Maribor. The junior World Champion on vault led his team to silver while clinching the gold medal in the all-around. He added gold in the mixed pairs final to his collection and finished on a high note in apparatus finals where Italy's rising star won floor and vault, in addition to pocketing the silver on rings.

Remember this name!



## Exciting Mixed teams battle

The best 16 pairs qualified to the Mixed Pairs final, bringing Women's and Men's Artistic gymnasts together in competition. Each gymnast performed 2 routines in the first rounds with the top 4 pairs advancing to the semi-final.

The battle for the silverware ensued between Italy, Germany, France and Switzerland. Italians Sara Caputo and Tommaso Brugnami advanced to the final together with German duo Helen Kevric and Mert Oeztuerk while Lilou Viallat and Nael Sakouhi (FRA) and Kea Luna Walser and Carlo Mario Riesco (SUI) battled for the bronze medal.

Going head-to-head, Sakouhi chose to perform on parallel bars while Riesco competed on floor, scoring 13.166 – 13.033 respectively. Both Viallat and Walser vaulted, with the latter posting a slightly better score: 12.783 compared to 12.749. It couldn't be much tighter! Less than a tenth to decide the bronze medal winner ... France!

And onto the gold medal fight ... Recently crowned all-around Champion Tommaso Brugnami delivered a top notch floor routine, for 13.533 while Mert Oeztuerk conquered the horizontal bar for 13.033. Again, both ladies vaulted. Two-time EYOF all-around Champion Kevric made up some ground with a 13.549, compared to Caputo's 13.283. Silver again for Germany while Caputo and Brugnami step into the footsteps of compatriots Arianna Grillo and Riccardo Villa who won the inaugural Mixed Team final last year.

## Brits set the standard

In the first of 3 subdivisions, the British team featuring Alex Niscoveanu, Jonas Rushworth and Sol Scott set a high standard, scoring over 25 points on each event, with the top two scores counting towards the team total. With 159.250, the British lads proved unbeatable, taking the team gold home with them ahead of defending Champions Italy who fought hard to catch up. Rushworth and Niscoveanu earned the silver and bronze medals respectively in the all-around.



## Armenia on the rise

Already well-known throughout the world for its strength, Armenia's men's programme looks to be further on the rise, judging by the quality of their juniors. Mamikon Khachatryan, Hamlet Manukyan and Robert Gyulumyan combined efforts to beat France by just one tenth for the bronze medal in the team competition. All three gymnasts earned individual accolades as well. Khachatryan won the pommel horse final, Manukyan posted the highest note on rings and Gyulumyan grabbed bronze on floor.

Great news in the run-up to Armenia hosting its first European Championships in Artistic Gymnastics in the capital Yerevan in 2027.



## Sara's here

Leading Italy to the team title, Sara Caputo certainly made a name for herself in Maribor. Her efforts in the qualification rounds also earned her the all-around silver. Her shining moment came in the Mixed team final where she captured gold with compatriot Tommaso Brugnami. And that's not all! Caputo won the vault title and silver on bars in apparatus finals.

## Czech this out

The apparatus finals proved highly successful for the Czech gymnastics team. Their prodigy Vanesa Masova claimed two bronze medals: on vault and on bars, followed by Jonas Danek scoring 14.066 on vault to secure the silver.



## PARTICIPANTS

**40**

Federations

**177**

Gymnasts

**90**

Boys

**87**

Girls

## MEDAL TABLE

	<u>GOLD</u>	<u>SILVER</u>	<u>BRONZE</u>	<u>TOTAL</u>
 Italy	6	6	2	14
 Germany	4	3	1	8
 Armenia	2	-	2	4
 Great Britain	1	1	4	6
 Bulgaria	1	-	-	1
 Hungary	1	-	-	1
 Czechia	-	1	2	3
 France	-	1	2	3
 Ukraine	-	1	2	3
 Greece	-	1	-	1
 Romania	-	1	-	1
 Georgia	-	-	1	1



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# European Age Group Competitions in Acrobatic Gymnastics

12 – 15 OCTOBER 2023

VARNA 





For the 12th edition of the European Age Group Competitions in Acrobatic Gymnastics, gymnasts performing in the 11 – 16 and the 12 – 18 age group categories travelled to the Bulgarian Black Sea Coast. Varna's Palace of Culture and Sports welcomed over 300 gymnasts from 22 countries during 4 days of exciting competitions. Unfortunately, the Israeli delegation had to withdraw last-minute due to the attacks on their country.



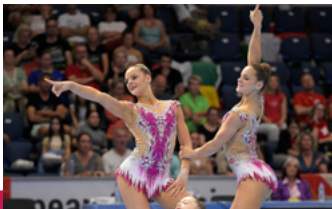
## Hopp Schwiiz

Never before had a Swiss pair made the finals, so Elin Fischler and Mattia Sciara decided to enjoy every single second. Performing a marvellous dynamic routine to the delight of their coaches, friends and family in the venue, for a score of 26.050. They narrowly overtook Belgian duo Kobe Mertens and Milla-Julie Sem, by just 0.050, to clinch the silver medal. The first ever medal for Switzerland at the European Age Group Competitions!



## Bulgarian beats

The hopes of the host nation rested on the young shoulders of Hristiyana Yulieva and Sofia Hristova. The Bulgarian duo delivered a quirky routine to traditional music that earned the highest artistry and execution scores of the 11 – 16 women’s pair final. They totalled 27.900 for the win ... with the highest score of that day!



## The winner takes it all

A meaningful music choice by team GB as Great Britain claimed 5 European crowns on the last day of finals. Not a bad day in the office at all! Gold for the 11 – 16 Women’s Group Gemma Bidle, Alexis Biddle and Sophie Noyce, the 12 – 18 Men’s Group Samuel Lewis, Jackson Birch, Alexander Lofnes and Christoph Tilroe, Mixed Pair Emily Eales and Harry Norman, Women’s Pair Keira Redford and Jessica Hodgson and Women’s Group Dollie Holt, Isabel Norfolk and Olivia Norfolk. A great birthday present for Isabel as she celebrated her sweet 16 on this day.

## Poised for perfection

The mighty ACRO nation Portugal earned top honours three times as their men's pair Guilherme Silva and Salvador Oliveira aced their balance routine and mixed pair Martim Rego and Beatriz Gomes excelled with their dynamic performance. In a nail-biting 12 – 18 men's pairs final, Guilherme Matos and Fabio Beco overtook Ukraine's Artem Shapoval and Hlib Honcharuk and Belgium's Karsten Buyse and Emiel Hebbrecht by just 0.010 to take the third title.



## Ukrainian resilience

More than 600 days into the invasion of their country, Ukrainian gymnasts have suffered through power cuts, attacks and alarms. Yet, they continue to train in full force. Their resilience on display in Varna, the Ukrainian delegation returned home with 2 silver and 2 bronze medals, showing the world their strength and dedication.





## Entertainment for all

Due to the limited participation number, the men's groups final in 11 – 16 was conducted out of competition. Globally appreciated, the entertainment value of this category leaves people in awe. The boys of Greece and Bulgaria did their utmost to live up to the expectations and they managed to exceed them. A wonderful display by talented gymnasts. We hope to see more of them in the future!



A big Thank You goes to the Bulgarian Federation of Sports Acrobatics, led by Nedko Kostadinov, for the wonderful organisation! The variety of countries contesting these finals and winning medals proved the abundance of talent on display, which is what we want to witness in the Age Group Competitions! A huge shoutout goes to all participants: you've created a wonderful show for all to see!

## PARTICIPANTS

**22**

Federations

**338**

Gymnasts

**269**

Women

**69**

Men

**153**

11-16

**185**

12-18

## MEDAL TABLE

	<u>GOLD</u>	<u>SILVER</u>	<u>BRONZE</u>	<u>TOTAL</u>
 <b>Great Britain</b>	<b>5</b>	<b>1</b>	<b>-</b>	<b>6</b>
 <b>Portugal</b>	<b>3</b>	<b>3</b>	<b>-</b>	<b>6</b>
 <b>Bulgaria</b>	<b>1</b>	<b>-</b>	<b>1</b>	<b>2</b>
 <b>Ukraine</b>	<b>-</b>	<b>2</b>	<b>2</b>	<b>4</b>
 <b>Germany</b>	<b>-</b>	<b>1</b>	<b>-</b>	<b>1</b>
 <b>Switzerland</b>	<b>-</b>	<b>1</b>	<b>-</b>	<b>1</b>
 <b>France</b>	<b>-</b>	<b>1</b>	<b>-</b>	<b>1</b>
 <b>Belgium</b>	<b>-</b>	<b>-</b>	<b>4</b>	<b>4</b>
 <b>Poland</b>	<b>-</b>	<b>-</b>	<b>1</b>	<b>1</b>
 <b>Spain</b>	<b>-</b>	<b>-</b>	<b>1</b>	<b>1</b>

# European Championships in Acrobatic Gymnastics

18 – 22 OCTOBER 2023

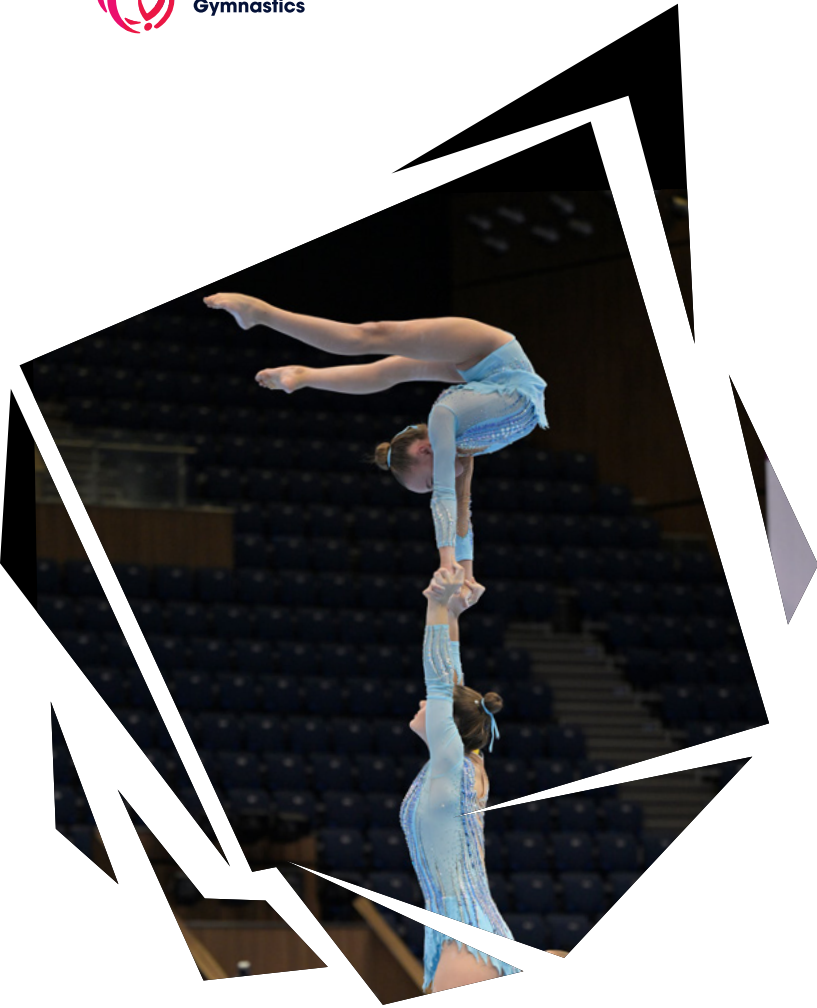
VARNA 





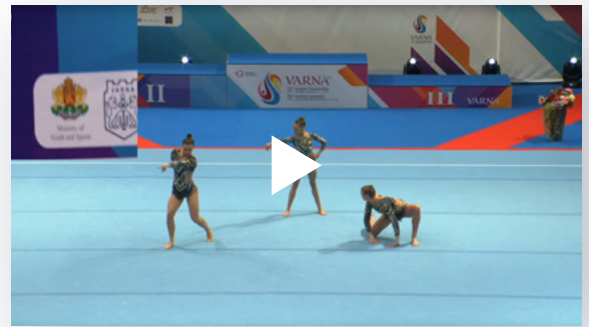
A sunny week on the Black Sea Coast, an even sunnier week inside Varna's Palace of Culture as Europe's best Acrobatic gymnasts offered a marvellous 5-day show, witnessed by our mischievous mascot Luigi and thousands of people around the globe.

Our heartfelt thanks goes to the Local Organising Committee and the Bulgarian Federation of Sports Acrobatics for putting on a fabulous display. And to all gymnasts, we couldn't have asked for better promotion for our sport.



## Belgium's finest

Truly in a league of their own, Sofie Jaeken, Mirte Vercauteren and Lauren Verbrugge, outclassed the entire field. The trio showed by far the highest difficulty, in addition to the highest artistry and execution score to clinch their first title, in the Dynamic final. And there was no stopping them. A brilliantly choreographed combined exercise amassed a grand total of 86.780, over 5 points more than their nearest rivals, for the All-Around gold. On the last day, the Belgium trio confirmed their 'leaders of the pack' status, returning home with not 1, not 2 but all 3 European titles!



## Lifted by the crowd

The support of the very vocal Portuguese fans seemed to truly lift Monica Lima and Maria Marvao as they aced their dynamic routine, the most difficult one in this final. Their reward? The European title!



## Twin power

Siblings in gymnastics? Not that uncommon. Twins in gymnastics? Also happens. Twins both becoming European Champion, each in a different women's pair? Highly unusual! And yet, Germany's Mia and Leni Ohlsen did just that.

Leni Ohlsen partnered with Laura Karczmarzyk in the senior competition. The duo aced their balance routine for the win, followed by victory in the all-around and silver in dynamic.

Twin sister Mia Ohlsen competed in the junior category, together with Alisa Karsdorf. They showed the audience that the highest difficulty doesn't always win. The talented ladies earned their merit due to excellent artistry and execution to clinch the European title for their Balance routine.

How cool is this?!





## Azerbaijan on fire

The Land of Fire, Azerbaijan, truly was on fire in Varna, topping the medal table with a whopping 7 gold and 2 silver medals!

Difficulty combined with wonderful artistry and execution, experienced mixed pair Aghasif Rahimov and Raziya Seyidli impressed the crowd, comfortably claiming all three titles with gorgeous performances.

Daniel Abbasov and Murad Rafiyev also showed their worth, outclassing their rivals, on the way to scoring a hattrick of their own in the men's pairs category.

## The Greatest Show

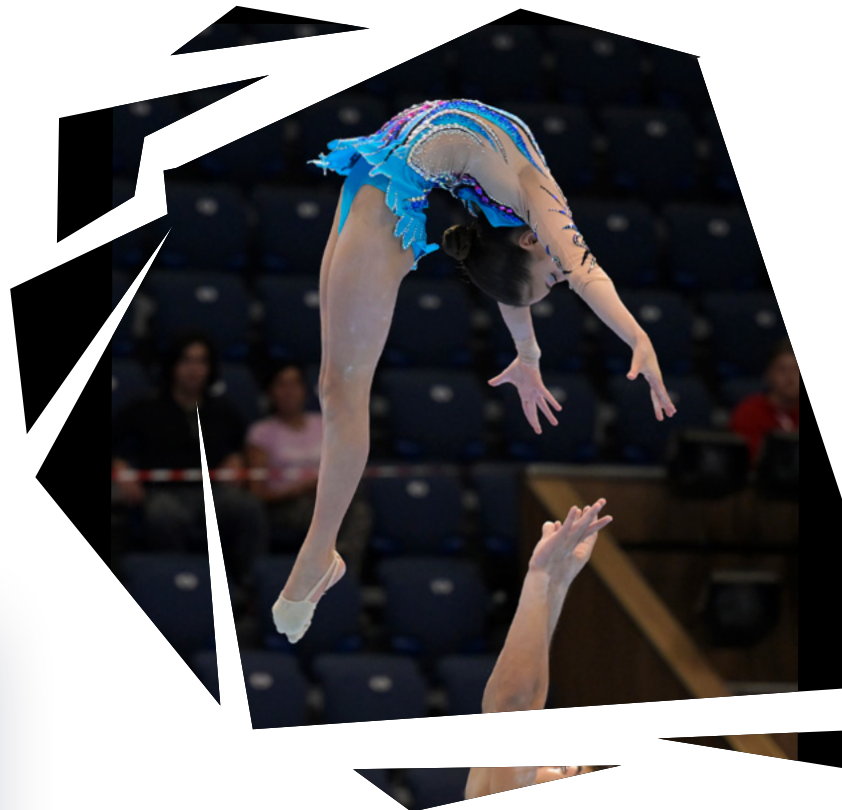
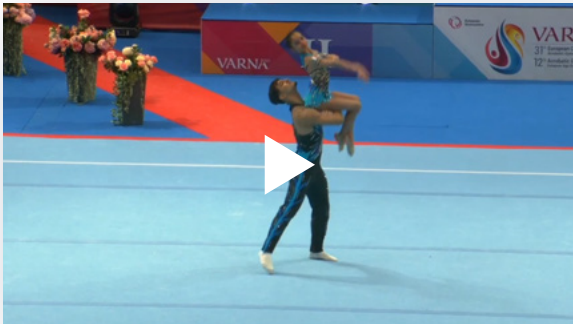
When the men's groups hit the floor, the audience knows it is in for a treat: entertaining choreographies, great music choice and a daring display of skills.

And competition was fierce! In the Dynamic final, for example, less than a tenth of a point separated the three medallists. Gold for Portugal's recently crowned European All-Around Champions Vicente Colaco, Goncalo Sampaio, Nuno Santos and Joao Teles who beat Ukraine's Stanislav Kukurudz, Yuri Savka, Yuri Push and Taras Yarush (UKR) by just 0.020. Great Britain clinched the bronze, courtesy of Harley Curtis-Lawrence, Hector Kinghorn, William Clark and Harry Hole.



## History for Italy

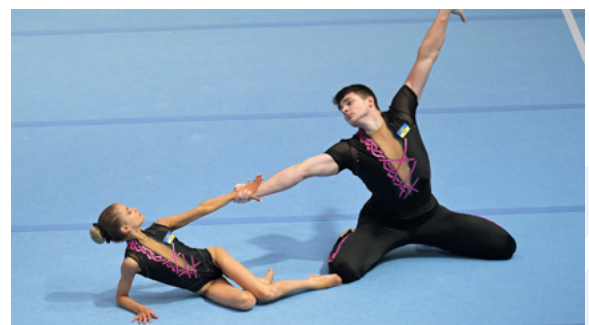
In the junior Mixed Pairs dynamic final, the top 2 qualifiers Italy and Ukraine battled it out for the title. Both pairs posted the same difficulty score. While Ivan Labunets and Yevfrosyniia Kryvytska (UKR) ranked higher in execution, Edoardo Ferraris and Arianna Luca (ITA) ranked by far the highest in artistry. The first ever medal for Italy, and it is gold! The duo continued their wonderful efforts, claiming silver in the all-around and in the balance final. What a week for Italy!



## Ukraine's aces

On the last day of competition, Ukraine pulled a pair of aces out of its sleeves during the junior finals. First, Ruzanna Vecheruk and Anhelina Cherniavska produced a stunning dynamic exercise to easily win the title.

Next, Ivan Labunets and Yevfrosyniia Kryvytska outclassed the entire field, posting a whopping 28.400. Their execution and artistry truly were out of this world.





## The SmartScoring Shooting Star award goes to ... Alina Puhach 🇺🇦 and Daniel Blintsov 🇩🇪 !

For Alina Puhach, life as she knew it ended on 24 February 2022. That day the full-scale war in her country started. Training was interrupted by alarms and rockets flying. Finding refuge in Belgium the first months of the war, the young Ukrainian has since returned home to train with her coaches Yurii Golyak and Halyna Kovalchuk and teammates Elina Kozachanska and Karina Ostrovska. Studying at university, combined with high-level training, is never an easy feat. Add to that the repercussions of war and it becomes near impossible. However, Alina perseveres in this difficult situation, like last winter when there was no electricity due to bombing of the energy facilities. She's grateful to participate in international competitions as she views it as an opportunity to remind the world about Ukraine.

To say that Acro runs in his blood, is an understatement when it comes to Daniel Blintsov. Coached by his parents Nina and Igor Blintsov, Daniel lives and breathes Acro. As a gymnast, success came in the mixed pair category with Pia Schuetze, winning medals at the 2021 Europeans, 2021 and 2022 World Championships and the 2022 World Games. Now partnering with Diana Lust, he continues to impress, winning medals at the World Cup stages and at these Europeans! Daniel is also the gymnast who participated in the most European Training Camps. As a person, Daniel actively contributes to sharing his knowledge and friendship with other gymnasts from European countries. Passionate about sport, Daniel recently got selected as volunteer for the Gymnastics competitions at the 2024 Paris Olympics. Who better to promote our sport than Daniel?!

## PARTICIPANTS

**21**

Federations

**257**

Gymnasts

**147**

Juniors

**110**

Seniors

**185**

Women

**72**

Men

## MEDAL TABLE

	<u>GOLD</u>	<u>SILVER</u>	<u>BRONZE</u>	<u>TOTAL</u>
 <b>Azerbaijan</b>	7	2	-	9
 <b>Great Britain</b>	4	2	2	8
 <b>Ukraine</b>	3	5	2	10
 <b>Germany</b>	3	3	5	11
 <b>Portugal</b>	3	2	9	14
 <b>Belgium</b>	3	-	-	3
 <b>Italy</b>	1	2	-	3
 <b>Spain</b>	-	4	1	5
 <b>France</b>	-	2	1	3
 <b>Poland</b>	-	2	1	3
 <b>Netherlands</b>	-	-	2	2
 <b>Austria</b>	-	-	1	1

# European Championships in Aerobic Gymnastics

17 – 19 NOVEMBER 2023

ANTALYA 





For the last European Championships of 2023, the gymnastics community gathered in sunny Antalya, on the Turkish Mediterranean coast, where Europe's best Aerobics gymnasts offered a marvellous display of their impressive skills.

Rounding off a super busy year for the Turkish Gymnastics Federation, we want to extend our heartfelt thanks to the Federation's leadership and staff for the dedication and enthusiasm in organising this event!

## Superstar alert

Hinting that this could be her last competition, all eyes were on Turkish superstar Ayse Begum Onbasi. The 'Medal Monster' previously claimed the World title in 2021 and silver in 2022. Competing here in Individual Women and Groups, Ayse poured her heart and soul into her performances, showing exactly why she is the Queen of Aerobics. No medals for her this time but on Instagram she confirmed she's not done yet with the sport. Love to see you on stage, Ayse!



## Magical Maelys

In a star-studded Individual Women's final, 2021 junior European Champion Maelys Lenclos won a tight race for gold by virtue of the highest execution score. The French talent held off a challenge by reigning World Champion Anastasiia Kurashvili (UKR) and Borislava Ivanova (BUL) to clinch her first senior continental crown.





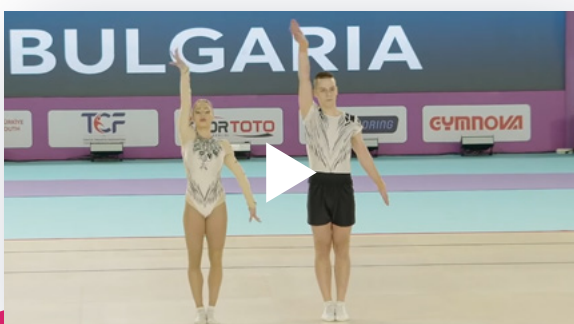
## The Hunchback meets Elvis

Third in 2021 at home in Italy, top qualifier Davide Nacci stunned the audience with an incredible exercise to the theme of 'The Hunchback of the Notre-Dame', complemented by his beautiful matching outfit. His reward? The European title! In second place, Nacci's best friend Francesco Sebastio who got the crowd on its feet courtesy of his Elvis Presley imitation.



## Bulgarian beauty

We witnessed another tale of successful juniors turning into senior Champions in the Mixed Pairs final. Bulgarian duo Borislava Ivanova and Hristo Manolov embraced the spotlight, comfortably transitioning from 2021 junior Champions to 2023 senior European Champions. 2 tenths behind them, Italians Lucrezia Rexhepi and Matteo Falera gracefully grabbed the silver, while Romania's Darius Branda and Daria Mihaiu were delighted with the bronze.



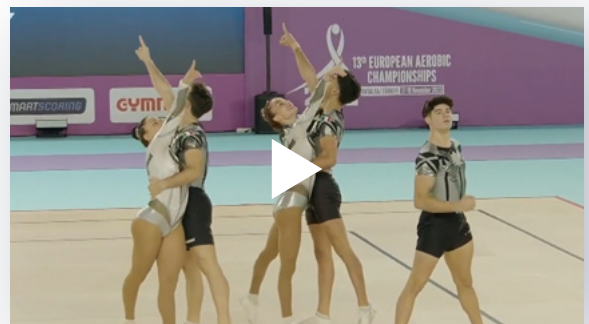
## Trio, triomphe

France continued its winning mood in Trios, again with Maelys Lenclos in its ranks. Lenclos teamed up with Clara Lestruhaut and Victoria Trosset to produce a routine that earned a whopping 3.647 in difficulty, the highest of this final. Combine that with great execution and artistry, and the gold returns to France.



## Combining efforts

In the Groups final, Sara Cutini, Davide Nacci, Francesco Sebastio, Anna Bullo and Matteo Falera (ITA) excelled, cruising to victory by acing their artistry and execution marks. Making a name for themselves here, Finland took the silver medal, courtesy of Nea Hukkanen, Nea Kivelae, Adeelia Koponen, Hilda Laaksonen and Nanne Teinikivi. Dora Akoshegyi, Fanni Csitkovics, Fruzsina Fejer, Zoltan Locsei and Andras Agoston Mikulecz combined their efforts to bring the bronze back to Hungary.





## Romania's roaring talent

The battle for the medals in the junior team competition had the audience waiting in suspense. Romania and Finland went head-to-head, each claiming two top positions. Romania topped the Trio and Group qualifications while Sampo Nousiainen and the Mixed Pair excelled for Finland. In the end, the second place in Aerobic Dance gave Romania the edge, and thus the 2023 junior European Team gold. Romania's junior squad continued to impress by winning three more titles: Trios, Groups and Aerobic Dance! The future looks bright for the powerful Aerobics nation.

## The Portuguese edge

In the junior finals, the Individual Women caused immediate excitement. With the top 3 scores within 0.050 of each other, the delegations sat on the edge of their seat, watching the drama unfold. Posting the higher artistry score, Portugal's Leonor Januario claimed the victory, edging past Italy's Guenda Cherubini and Spain's Martina Gil Olmeda.





## Step it up

In Aerobic Step, the 5 participating nations battled it out for the medals. Hungary and Italy both posted the highest artistry score, 8.750. So the title decision came to the best execution score. And it was a tight race: Hungary earned a 8.650 while Italy got 8.600. Hungary is the 2023 European Aerobic Step Champion! Silver for Italy with a scintillating Spain clinching the bronze.



## Grazie Italia

With the top qualification rankings per category determining the total team standing, Italy cruised to victory in the senior competition as they placed first in all but one category: Davide Nacci was the best in Individual Men, Lucrezia Rexhepi and Matteo Falera in Mixed Pairs while the Italian Trio and Group also claimed top honours. Add to that the second place in Aerobic Step, and Italy earned an almost perfect score to clinch the Team gold!



## Dancing the night away

The Aerobic Dance final gave the gymnasts the opportunity to impress the audience. Top choreography and intense enthusiasm on display and a perfect way to end a wonderful event. Hungary claimed the title, a tenth ahead of Romania, with Italy in the bronze medal position.



## The Future is ... Finland

Giving traditional Aerobics powerhouse Romania a run for their money in the junior team competition, Finland came to Antalya to impress. Clinching a fantastic team silver, the Nordic country showed the world its talent. Individually, Sampo Nousiainen earned the bronze medal. Immediately after, Nousiainen partnered with Jade Sirvioe in the Mixed Pairs final. Posting the highest difficulty and execution scores, the Finnish duo delighted the audience with their sparkling performance for the European title! More to come from them for sure.





## The SmartScoring Shooting Star award goes to ... Vasileia-Faidra Diamanti 🇬🇷 and David Gavrilovici 🇷🇴

Vasileia-Faidra Diamanti started in Rhythmic Gymnastics at 4 as a way to consume her endless energy. At 8, her then coach sent Faidra to the Aerobics team. Times were difficult in Greece back then due to financial crisis. Faidra's father, with whom she had a special bond, left Greece when Faidra was only 10 years old. Her mother had to work long hours, go abroad almost every summer to work, so her grandpa was the one who drove her to training. After her first national championships, her coach decided that she should take part in a competition abroad. She did, and she won the silver medal, despite being the youngest participant. This made her believe in herself and work hard for the best possible result. Overcoming injuries and lack of resources, Faidra claimed the silver medal in junior Individual Women at the 2022 World Championships. In Antalya, she competed in the senior category for the first time. If you ask her today, „Would you do that again?“, she would answer without any doubt or hesitation that she would.

David Gavrilovici is a highly successful competitor with several European and World medals. Unfortunately, the Romanian star suffered a knee injury in May 2022 which required cruciate ligament surgery, causing him to miss both the World Championships and the World Games. The easiest thing to do would have been to retire, as he is currently studying for a Masters in Banking and Insurance and is also a coach, but he wanted to continue and show the world that he still has something to say as an athlete. After a very rigorous recovery programme, Gavrilovici is making his comeback at these Europeans, participating in no less than three categories: Trio, Group and Aerobic Dance.

## PARTICIPANTS

**21**

Federations

**394**

Gymnasts

**214**

Juniors

**180**

Seniors

**329**

Women

**65**

Men

## MEDAL TABLE

	<u>GOLD</u>	<u>SILVER</u>	<u>BRONZE</u>	<u>TOTAL</u>
 <b>Romania</b>	4	3	1	8
 <b>Italy</b>	3	4	3	10
 <b>Bulgaria</b>	2	1	1	4
 <b>Hungary</b>	2	1	1	4
 <b>France</b>	2	-	1	3
 <b>Finland</b>	1	3	1	5
 <b>Portugal</b>	1	-	-	1
 <b>Spain</b>	-	2	5	7
 <b>Ukraine</b>	-	1	1	2
 <b>Türkiye</b>	-	-	1	1

# TRAMPOLINING IS ONE IMPORTANT STARTING LINK TO GYMNASTIC ACTIVITIES

# EUROTRAMP®



Trampoline jumping fascinates millions of people of all ages & skill levels every day...



... in countless recreational facilities, sports locations and playgrounds around the world!



The activity trampoline has great potential! It is an important entry point into the world of gymnastics...



... and it continues to develop in the fields of urban fitness, gymnastics and parkour!



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# 30<sup>th</sup> Congress

1 & 2 DECEMBER 2023

SOFIA 



Elected one year ago, and at work since 1 January, the European Gymnastics Executive Committee members unveiled their accomplishments, which include a new tagline and revised vision, mission and value statements.

# THE Essence OF Sport

An astonishing amount of progress made in such a short time, and it's just the beginning. A long-term Strategy is in the making, leaning on 4 different pillars which are presented in the next chapter.



## Honorary Members

Each cycle, European Gymnastics welcomes new authorities but also bids farewell to authorities that have given their time, knowledge and passion during many years.

In Sofia, 4 new Honorary Members were honoured: Maria Petrova Mihaylova (BUL), Hana Liskarova (CZE), Vladimir Zeman (CZE) and Olga Kyselovicova (SVK). Romania's Mircea Dumitru Apolzan received his honours in absence. Five more people were awarded, with their certificate and pin (to be) handed out at different events: Bernardo Tomás (POR), Heidi Marie Taksdal (NOR), Maria Stahl (SWE), Monika Wiethoff (GER) and Andrea Sinko (HUN).

**Thank you from the bottom of our heart for your dedication!**





The General Assembly unanimously awarded the next Congress to the Czech Gymnastics Federation. It will be held in the Czech capital Prague on 28 and 29 November 2025.

A huge thank you goes out to the Bulgarian Gymnastics Federation for hosting a magnificent Congress! The warm welcome received by all participants, the nice setting and the many opportunities to exchange ideas and knowledge will leave lasting memories.





**European  
Gymnastics**  
Strategy 2024 – 2030



- Fit-for-purpose event- & bidding- system
- To develop European Championships & multi-sport event formats
- New live event formats
- Digital events

- Modern governance & staff structure
- Multi-annual business & operational plans
- Maximising of revenue streams
- Revised 'Development & Solidarity' programme

# THE **Essence** OF **Sport**



**OUR VISION**

Be the foundation of a strong community in Europe elevating and inspiring the Gymnastics world!

**OUR MISSION**

Promote, develop and support synergy among the community to make Gymnastics and the people who practise it, at all levels, shine.

**OUR VALUES**

Respect  
Unity  
Excellence  
Enjoyment



- Safeguarding is priority
- Increase the quality of knowledge development
- Knowledge sharing
- Digital technology

- Positioning according to brand identity
- Maximise visibility & build revenue
- Event design and presentation
- TV/streaming production

## Education is key!

European Gymnastics aims to develop all our disciplines by providing workshops, training camps, coaches and judges courses and webinars.

Have a look at what we achieved in 2023 ...

### 6 Training camps

RHYTHMIC, AEROBIC,  
WOMEN'S ARTISTIC,  
TRAMPOLINE, ACROBATIC  
AND MEN'S ARTISTIC  
GYMNASTICS

### 5 Workshops / Development camps

TRAMPOLINE AND  
ACROBATIC GYMNASTICS

### 4 Judges' course

TEAMGYM,  
ACROBATIC GYMNASTICS

### 3 Coaches' Courses and Seminars

TRAMPOLINE, WOMEN'S  
ARTISTIC, MEN'S ARTISTIC  
AND RHYTHMIC GYMNASTICS

### 10 Webinars

AEROBIC, TEAMGYM,  
WOMEN'S ARTISTIC,  
RHYTHMIC AND MEN'S  
ARTISTIC GYMNASTICS

### 1 Educational Long Weekend

GYMNASTICS FOR ALL

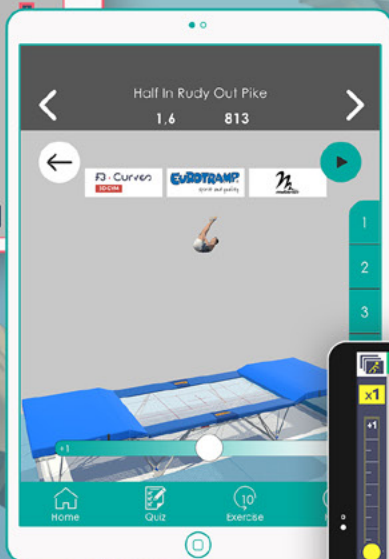
Interested in joining our development journey?

Keep your eye on our website and social media pages for announcements about training camps, courses and webinars!

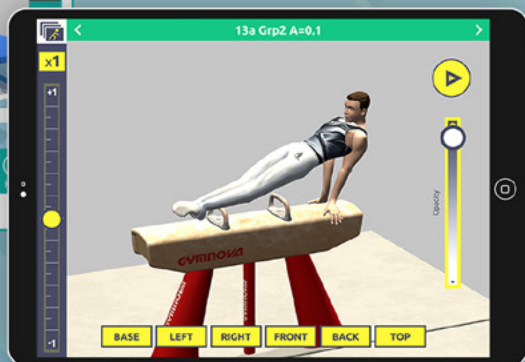




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- Search engine
- 360 degrees
- Zoom
- Quiz
- Speed variation



ALL ELEMENTS  
FIG COP

+ 160 DEDUCTION VIDEOS WAG / MAG

Split Leap to Ring / Split Leap with leg change to Ring

D-Panel		E-Panel
E - value		Body Shape 0.1

Tkatchev straight

D-Panel		E-Panel
C - value		Non-distinct piked position >30 to 45° - 0.3

contact@fb-curves.com

# The Power of Social

Social media is all around us these days.

The power of social media in today's world cannot be overstated. It has transformed the way we communicate, share information, connect with each other, and how we consume sports.

Our focus on engaging with our community and posting original content in close cooperation with our athletes, has resulted in some nice numbers...

## Facebook

**115.1 million**

accounts reached - up 20% on 2022

**74.4 million**

minutes of video viewed - up 55% on 2022

**12.2 million**

Reel plays - new for 2023

**7.5 million**

engagements - up 92% on 2022

**96.9k followers**

added - up 108% on 2022

The most successful video which received these unbelievable statistics:

**5,8 million views,  
189 thousands likes,  
5,800 comments**

from ACRO Europeans, Belgian Women's Group dominant AA victory:



## Instagram

**7.5 million**

accounts reached - up 335% on 2022

**940k**

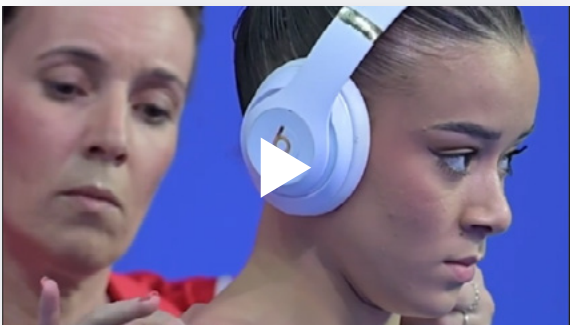
content interactions - up 100% on 2022

**28k**

followers added in 2023

**Reels**

most popular type of content



## TikTok

**10.9k**

Followers

**356.8k**

Likes

**9.5k**

followers added in 2022

Average monthly video views up from less than

**45k** to more than **300k**

**350k**

likes on our content in 2023

Top post of the year has  
**1,5 million views**



Instagram – Luigi

5k

followers



Discover our social channels



Luigi

# Calendar 2024

Date	Event	Place
2 March	European Gymnastics Online Series 1 – Men’s Artistic Gymnastics	
23 March	European Gymnastics Online Series 2 – Men’s Artistic Gymnastics	
3 – 7 April	European Championships in Trampoline, Double Mini-Trampoline & Tumbling	Guimaraes 
13 April	European Gymnastics Online Series 3 – Men’s Artistic Gymnastics	
24 – 28 April	European Championships in Men’s Artistic Gymnastics	Rimini 
2 – 5 May	European Championships in Women’s Artistic Gymnastics	Rimini 
3 – 5 May	European Cup in Rhythmic Gymnastics	Baku 
22 – 26 May	European Championships in Rhythmic Gymnastics	Budapest 
7 – 13 July	Training Camp – Aerobic Gymnastics	Pomigliano d’Arco 
9 – 19 July	Training Camp – Women’s Artistic Gymnastics	Tirrenia 
13 July	European Gym for Life Challenge	Bodø 
14 – 18 July	EUROGYM	Bodø 
21 – 27 July	Training Camp – Trampoline, Double Mini-Trampoline & Tumbling	Sangalhos 
26 July – 11 August	Olympic Games	Paris 
13 – 19 August	Training Camp – Acrobatic Gymnastics*	Kranevo 
20 – 30 August	Training Camp – Men’s Artistic Gymnastics	Thessaloniki 
22 – 27 September	Golden Age Gym Festival	Burgas 
16 – 19 October	European Championships in TeamGym	Baku 
4 – 9 November	Training Camp – Rhythmic Gymnastics	Tbilisi 

\*to be confirmed

Dates and location of Workshops, Webinars, Judges’ and Coaches’ courses will be announced on our social media channels and added to the calendar on our website: [www.europeangymnastics.com/events](http://www.europeangymnastics.com/events)

# Thank you!

Thank you gymnasts ...  
Thank you coaches ...  
Thank you judges ...  
Thank you federations ...  
Thank you partners ...  
Thank you organisers ...  
Thank you spectators ...  
Thank you media ...  
Thank you fans ...  
Thank you family ...  
Thank you friends ...

A huge **THANK YOU** to our entire community for the continuous efforts and enthusiasm in developing and promoting gymnastics. Your motivation and dedication are an inspiration for people all around the world.

European Gymnastics relies on 6 indispensable partners. The agreements we have built together provide services, in cash or in kind, that are redistributed to the organising committees of events and help the continued development of gymnastics in Europe.

I seize this opportunity to thank them in the name of our Authorities and of the entire Gymnastics community.

**Lisa Worthmann**  
General Director

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We believe in pushing the boundaries, to finding new solutions, to doing whatever it takes to make sport part of everyone's life. We use the collective power of public service media organizations to showcase sport at its best. For federations, it's an opportunity to build visibility to help their sport thrive. It's an attitude that makes everyone a winner.  
[www.ebu.ch/eurovision-sport](http://www.ebu.ch/eurovision-sport)