



European
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YEARBOOK

2024





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Report of the President



2024 – the year full of Olympic thrill – turned over another successful page in European Gymnastics history.

European stars like Nina Derwael (BEL), Alice D'Amato (ITA), Rhys McClenaghan (IRL), Eleftherios Petrounias (GRE) and Max Whitlock (GBR) from Artistic Gymnastics, Bryony Page (GBR) and Ivan Litvinovich (AIN) from Trampoline Gymnastics, Darja Varfolomeev (GER), Sofia Raffaeli (ITA) and the Bulgarian, Israeli and Italian groups from Rhythmic Gymnastics were among the favorites of the sell-out crowds at the Paris Games.

Before the majestic stage in France, while holders of the already distributed Paris tickets were sophisticating their routines, others were still making their efforts to qualify for the Games through the World Cup series and Continental Championships.

The first Championships on our continent were the European Championships in Trampoline, Double Mini-Trampoline and Tumbling held in Guimaraes (POR) from 3 to 7 April. The events turned out to be historic in an intense competition with additional surprises on the podium.

Later that month, from 24 to 28 April, the 2024 European Championships in Men's Artistic Gymnastics were held in Rimini (ITA). The gymnasts displayed fantastic performances, both at the junior and senior competitions, taking the breath of spectators away. The week after, the European Championships in Women's Artistic Gymnastics Championships followed suit, from 2 to 5 May, displaying the incredible female power.

Closing the European Championships' season for Olympic Gymnastics disciplines happened in Budapest (HUN) where the 40th Rhythmic Gymnastics Europeans were hosted from 22 to 26 May. The Field of Play was decorated with interesting compositions by the graceful gymnasts.

All these competitions displayed a great number of talented and skilled gymnasts, the majority of whom represented our

continent at the Paris 2024 Olympic Games, where historic achievements were celebrated.

Another event, which is exceptional for our continent, were the European Championships in TeamGym. The geography of TeamGym is undoubtedly extending as it was organised in Baku (AZE) for the first time, from 16 to 19 October. Each edition, we witness the growth in quantity and the level of athletes in TeamGym. It is definitely proving to be one of the leading disciplines which attracts and impacts sports tourism directly.

Gymnastics for All events also attract great attention. The European Gym for Life Challenge on 13 July followed by EUROGYM from 14 to 18 July, both held in the Norwegian city of Bodo, embraced 1368 gymnasts from 14 countries and 2745 from 17 countries respectively. Burgas on the Bulgarian Black Sea Coast was plunged into the magic of the Golden Age Gym Festival from 22 to 27 September.

The host countries of all the above-mentioned events are very experienced and their commitment led us to successful competitions. Thank you!

European Gymnastics authorities, staff, and our highly experienced Technical Committee members are certainly working hard to ensure that all our events are organised up to the same high-level standards. We are continuing to stream all our competitions online, thus, turning it into a great product, with entertaining commentary and special TV graphics. A lot of work is also done to engage our spectators, through means of social media, active mascot entertainment, announcements, and consistent competition visuals through our scoring system. Continuous improvements are made to our events, including the use of innovative technologies. On our website, we've launched the AI backed 'Ask Luigi' for all general questions about gymnastics and our events.

We are also grateful to our partner Smart Scoring for their contributions in inspiring and rewarding our athletes with the 'Shooting Star Award'.

We continue our long-term cooperation with our partners EBU, Gymnova, Spieth, and Eurotramp. The benefits of which are enjoyed by all our stakeholders. Also, the cooperation with FB-Curves continued, providing valuable input with their 3D-animations of the Code of Points.

This year, we signed an agreement with Elevien in order to support an online competition programme. This is a perfect example of sports integrated with highly developed technological tools. Aside from being very useful for the competition preparation of the athletes, the online competitions are also very efficient in terms of saving time and costs. And the incentive of a financial reward for a top 3 finish is a plus for the gymnasts.

This same incentive we've applied to a new competition format launched this year, the European Cup. Held during the first weekend of May in Baku (AZE) for Rhythmic Gymnastics, this format aims to put gymnasts in direct competition with each other through 'Cross Battles'. The feedback received was fabulous. As a part of our renewed Strategic plan, we're working on developing this further.

In 2024, we awarded 'Gymnast of the Year 2023' winners during the Artistic, Rhythmic and Trampoline European Championships, handing out the trophy and cheque.

Besides our annual training and development camps and workshops, we organised Coaching and Judging Seminars prior to the launch of the new Code of Points in the various Gymnastics disciplines. This was extremely helpful for our coaches and judges as they start their journey to the 2025-2028 Olympic Cycle.

All the meetings of the Presidential Board, Executive Committee, as well as meetings with National Federations were directed to the sophistication of the whole Gymnastics system in the new Olympic Cycle.

One of our annual meetings was traditionally hosted by one of our affiliated Federations. This time it was the Federation of Ireland which offered a comfortable place for

our meetings in Dublin. We had a chance to get ourselves acquainted with the training and competition facilities while witnessing the big development going on in Ireland.

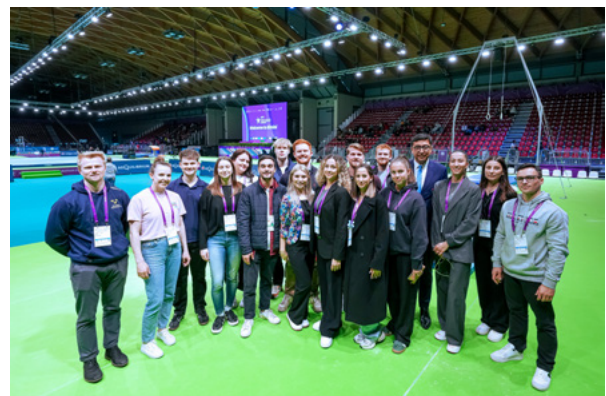
We moved forward with our Strategy 2030 which is based on 4 important pillars: Events, Knowledge & Safeguarding, Marketing & Communication and Organisation & Finance.

We approved several innovations at our meetings: we included the European under 15 category into the programme of the European Championships in Aerobic Gymnastics starting from 2025, and the Mixed Team final into the programme of the 2025 European Championships in Artistic Gymnastics.

Taking part in the Executive Committee meetings of the International Gymnastics Federation (FIG), I witnessed interesting deliberations this year. And I attended the 53rd General Assembly of the European Olympic Committees held in Bucharest (ROU) in June. Within the framework of the General Assembly, I had a good chance to meet with the Presidents of the National Olympic Committees and with colleagues of the European Federations representing different sports disciplines. Multi-sport events and competitions offer a great opportunity to witness performances of other sport disciplines, to meet with colleagues, to communicate and exchange opinions, to compare with our sport disciplines, to see what is new in other sports and to deliberate on impact of these innovations in Gymnastics in case they are applied.

The year concluded with the 85th Electoral Congress of the International Gymnastics Federation held in Doha (QAT) from 24 to 26 October. I warmly congratulate all the newly elected and re-elected members of the FIG Authorities and wish them good luck in all the work to be done together for our sport in the following four years.

On the threshold of the new Olympic Cycle, I am confident that European gymnasts will be on top of our sports using their strength, dedication, commitment and talent.



Report of the Director



With the end of the year 2024, and the start of 2025, we already reach the final year of this short 3-year cycle. Time flew by with many exciting activities for European Gymnastics.

Traditionally, the year started with an Executive Committee meeting in January. During the meeting in Zürich (SUI) active discussions about projects to be launched within the strategy 2024 – 2030 continued. Further interesting meetings followed in Lausanne (SUI) and in Dublin (IRL). Thank you to Gymnastics Ireland for the organisational support and the interesting visit of Ireland's Sports Campus! European Gymnastics authorities were pleased to meet representatives of many national federations in meetings in Zürich (SUI) in January and Budapest (HUN) in September. Thank you to our member federations for the interesting discussions and to the Hungarian Gymnastics Federation for their always valuable organisational support.

The competition season kicked off with a Strategy project: the MAG Online Competition Series, hosted on the Elevien Platform. With three events held in March and April, many competitors took the chance to use this easy opportunity for a competition directly from their home gym.

The European Championships season started with Trampoline, Double Mini-Trampoline and Tumbling in Guimaraes (POR) in April, where the experienced Organising Committee of the Portuguese Gymnastics Federation welcomed the gymnasts in perfect conditions. Interesting new sports presentation ideas by the European Gymnastics Technical Committee, like 'golden tickets' for the qualifiers to finals, were tested and I am grateful for the cooperation of our partners SmartScoring and Eurotramp with ongoing efforts for an interesting and understandable presentation of results to the audience.

The European Championships in Artistic Gymnastics followed in Rimini (ITA) in April & May. Thank you to the Italian Gymnastics Federation for the excellent organisation! The gymnasts enjoyed a great atmosphere in the venue, especially during the sold-out final weekend. Rhythmic Gymnastics followed shortly after with European Championships in Budapest (HUN) for which the organising

team of the Hungarian Rhythmic Gymnastics Federation presented a wonderful stage to the participants. We were joined by guests from Australia and New Zealand who took the occasion of the European set-up to host their Continental Championships for seniors.

Another Strategy project was launched with the European Cup in Rhythmic Gymnastics in Baku (AZE) in May. In a thrilling set-up, perfectly arranged by the hosts from the Azerbaijan Gymnastics Federation, the gymnasts enjoyed an exciting new 'cross-battles' knock-out format. Based on the large positive feedback received for this format, further events will follow in the future.

During the summer, the attention of the sports world was drawn to the Olympic Games in the French capital Paris. I used the occasion to join the event for a one-day visit of the gymnastics competitions and several interesting meetings with partners. Congratulations to all European medal winners and to the Local Organising Committee for presenting a wonderful event with a French twist throughout this magnificent city, and to the French Gymnastics Federation for their valuable support for projects of these Games in the background.

For European Gymnastics, the focus during the summer was in Bodø (NOR) where around 3'000 young participants enjoyed the unique atmosphere of the European Gym for Life Challenge and EUROGYM, under the midnight sun in the north of Norway. Thank you to the Norwegian Gymnastics Federation for the great organisation! Gymnastics for All continued for the 'Golden Age' generation with their Festival in Burgas (BUL), during which the Bulgarian Rhythmic Gymnastics Federation managed to combine the lightness of Gymnastics for All with their experience of performance skills and elegance from rhythmic gymnastics. Unforgettable memories were created for all participants.

The Championships season ended with the TeamGym Europeans in Baku (AZE). In addition to the gymnasts, many fans also took the occasion to travel to the Land of Fire. Thank you to the Azerbaijan Gymnastics Federation for presenting perfect conditions for everyone! The audience enjoyed the spectacular TeamGym atmosphere. Discussions with new federations for this discipline, which has a lot of potential, are ongoing and I am looking forward to seeing more participating countries at the next event in Espoo (FIN) in 2026!

The competition season ended as it started ... with an online competition: the Christmas Cup for MAG and WAG. Further events in this exciting and easy-to-use format will follow in 2025.

Apart from the major events, many other activities took place throughout the year 2024. We invited the media managers of our member federations to Lausanne for the biennial 'Communication Seminar'.

On the programme were a visit to the IOC headquarters to discuss the new social media guidelines for athletes, and presentations and best practices in social media as a non-rights holder. With the 'Halt4Kids' project, we participate in an Erasmus+ project for the first time, and it concerns the important safeguarding topic. This is definitely a valuable experience for us. Credit goes to European Athletics for allowing us to take over their 'Young Leaders Forum' format, which European Gymnastics hosted for the first time in 2024 in Rimini, gathering young talents of our national federations for an interesting seminar and knowledge exchange platform.

Many educational activities planned by the European Gymnastics Technical Committees took place, with training camps, courses, workshops and webinars in all disciplines. The livestream of our events on gymtv.online hosted by SmartScoring enjoys a steadily growing fanbase and – new in 2024 – you can "Ask Luigi" in an AI-based tool on the European Gymnastics website. Thank you to everyone who contributed to the organisation and who joined all of these activities with the aim to increase the quality of gymnastics in Europe!

My gratitude goes to the European Gymnastics staff, our partners from SmartScoring, EBU, Spieth, Gymnova, Eurotramp, Elevien and FB-Curves and to the European Gymnastics authorities for the dedication and efforts made for European Gymnastics throughout 2024. I am looking forward to another exciting year 2025!



Gymnast of the Year 2023

For this edition of the European 'Gymnast of the Year' elections, the Executive Committee chose the following 5 categories: Male, Female, Team, Outstanding Performance and Coach.

Nominations for the long list were made by our Technical Committees, Authorities, staff, and the 50 European member Federations. A selection committee featuring European Gymnastics Vice-President Michel Boutard, Executive Committee members Paolo Frising, Natalja Inno and Solveig Jonsdottir, General Director Lisa Worthmann and Head of Media Tina Gerets, had the difficult task to choose 5 nominees in each category.

After 5 intense days of voting, the winners were announced ...

Congratulations!





Coach of the Year

Adil Huseyn-Zada (AZE) – Tumbling

✔ Votes: **196,735 (46%)**

Building the Azerbaijani tumbling programme from scratch, Adil Huseyn-Zada has been instrumental in the formation of many great tumblers. 2023 turned out to be his best year so far as Mikhail Malkin claimed a historic Individual World title, and the Azerbaijani men earned the team gold medal for the first time too. From novice to World Champions, Huseyn-Zada knows it all!

Male Gymnast of the Year

Mikhail Malkin (AZE) – Tumbling

✔ Votes: **226,339 (52%)**

Crowned European Champion in 2018, Mikhail Malkin struggled afterwards due to injury which prevented him from realising his dream. Against all odds, Malkin managed to recover, showcasing his unique ability at the 2023 World Championships in Birmingham. First, Malkin led his teammates to a historic team title for Azerbaijan. Later, Malkin managed to tumble to gold in the individual tumbling final as well. A World Champion for the first time in the history of Azerbaijani Tumbling!

Female Gymnast of the Year

Boryana Kaleyn (BUL) – Rhythmic Gymnastics

✔ Votes: **95,673 (63%)**

After two silver medals, Boryana Kaleyn seized her opportunity to shine outright at the 2023 Rhythmic Europeans. In the all-around final, the 22-year-old impressed with her signature exquisite pivot technique, sealing the deal with a fabulous clubs routine that scored 32.900. Her total score of 131.000 gave her a comfortable lead to end Bulgaria's all-around title drought, as Kaleyn brought the gold back to Bulgaria for the first time since 1994 when the legendary Maria Petrova won!





Team of the Year

Türkiye – Men's Artistic Gymnastics

✓ Votes: 146,444 (59%)

Ferhat Arican, Ahmet Onder, Adem Asil, Mehmet Ayberk Kosak and Kerem Sener, also known as Türkiye's Men's Artistic Gymnastics team coached by Yilmaz Göktekin, won silver on home soil at the Europeans in Antalya. The team also earned a quota to participate in the Olympics as a team, for the first time in Turkish Gymnastics history!

Outstanding Performance

Daria Atamanov (ISR) – Rhythmic Gymnastics

✓ Votes: 101,127 (55%)

Crowned 2022 European All-Around Champion, Daria Atamanov suffered a major injury shortly after, sidelining her for nearly a year. Her long-awaited comeback took place at the 2023 World Championships in Valencia (ESP) where Atamanov showed her worth, earning a quota place for the Olympics and storming to an amazing bronze medal in the All-Around final!



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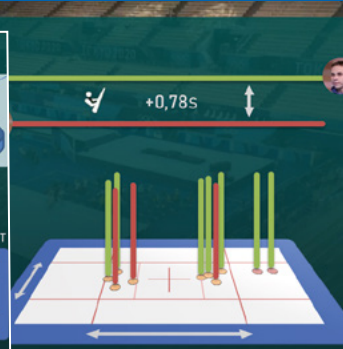
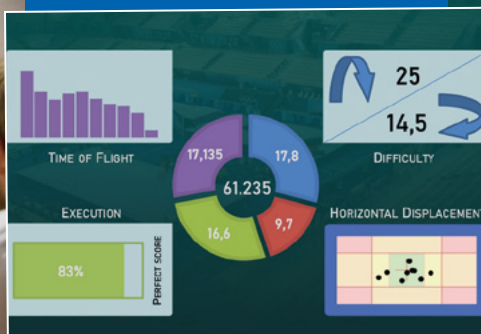
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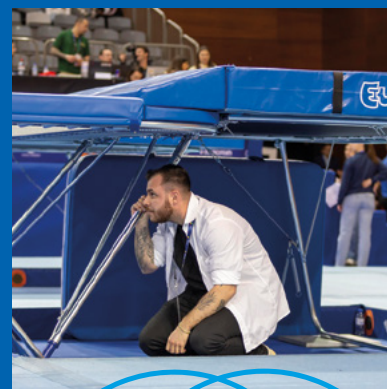
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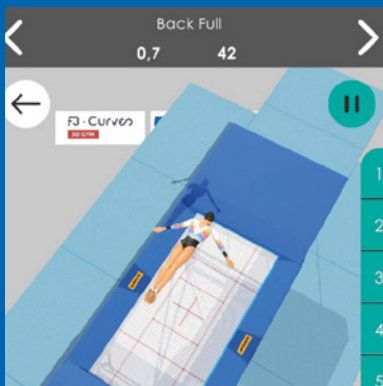
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European Championships in Trampoline, Double Mini- Trampoline and Tumbling

3 to 7 April 2024

Guimaraes



The 29th edition of the European Championships in Trampoline, Double Mini-Trampoline and Tumbling welcomed 232 senior and 191 junior gymnasts from 29 countries to the wonderful city of Guimaraes, the cradle of Portugal. In five jam-packed days, history was written, new European Champions crowned, titles defended, and world-class performances witnessed.





Bryony's Brilliance

Fresh off securing a second Olympic ticket for the British women in the World Cup series, defending Champion Bryony Page did what she knows best: flying high. With the highest difficulty and excellent marks all across the board, reigning World Champion Page safely secured her European title, ahead of France's Lea Labrousse and Spain's Noemi Romero Rosario.



Bryony PAGE (GBR)

2024 Trampoline European Champion



Legacy ... assured

In a thrilling Double Mini-Trampoline super final, Portugal's Tiago Sampaio Romao aced his pass, much to the satisfaction of the Guimaraes audience. And the crowd got on their feet seeing the score: 29.900 and the European title! Fun fact: Tiago won the junior DMT title, 10 years ago ... in the exact same venue. His legacy is definitely assured.



Tiago Sampaio Romao (POR)

2024 Trampoline European Champion





Rodriguez rules

Reigning World Champion Melania Rodriguez lived up to her reputation as Queen of DMT. The Spanish star twisted and somersaulted her way to the European crown, her first senior title, after winning the juniors in 2018.



Melania RODRIGUEZ (ESP)
2024 Trampoline European Champion

Portuguese dominance

The Men's Trampoline final had the crowd on the edge of their seats. The spectacular skills performed on Trampoline always have that effect, and having 2 Portuguese in this final definitely helps. The support of the home crowd gave Pedro Ferreira and Diogo Abreu wings. Quite literally. The Synchro partners both gave the best of themselves. Ferreira recorded the highest time of flight while Abreu executed a clean and consistent routine. As the scores flashed, the Portuguese delegation jumped for joy: gold for Ferreira and bronze for Abreu. What a way to conclude these home Championships for Portugal!



Pedro FERREIRA (POR)
2024 Trampoline European Champion





Greek Goddess

Leading after qualifications, and after the preliminary final, Greece's Alexandra Efraimoglou managed to contain her nerves extremely well. The delight of both athlete and coach after an excellent pass are the moments that make championships like these so memorable. Her score of 26.200 tied her with Portugal's Mariana Cascalheira, the tie being broken based on the results of the previous round: a historic European title for Efraimoglou and Greece, another medal into the large collection of Portugal, silver for Cascalheira, a first for their women's tumbling programme.



Alexandra EFRAIMOGLU (GRE)
2024 Tumbling European Champion

French Team Double

In a nail-biting women's team final, France and Georgia went head-to-head. The experienced Luba Golovina led her Georgian team with a stellar performance in the first round. Then, France's Laura Paris won round 2, and Georgia's Mariam Ragimovi round 3. The final results? 12 – 12! The tie was broken based on the combined Time of Flight scores, giving France the edge. The guys completed the French party

with defending European Champion Allan Morante securing victory in round 3. His teammates Julian Chartier and Pierre Gouzou paved the way to the team's total score of 13 by both placing second in their round. A double victory for France, within moments of each other.





Amazing Azerbaijan

In tumbling, all eyes were on Azerbaijan, the reigning World Champions. Featuring big names like Mikhail Malkin and Tofiq Aliyev, Azerbaijan seems to have found the golden formula to produce world-class tumblers, all courtesy of head coach Adil Huseyn-Zada. Their total of 14 outscored Great Britain, where class acts William Cowen, Jaydon Paddock and Kristof Willerton performed their daring routines, by 2 points. A European crown to match the World title for the Azeri men.



Azerbaijan

2024 Tumbling European Champions, Men's Team

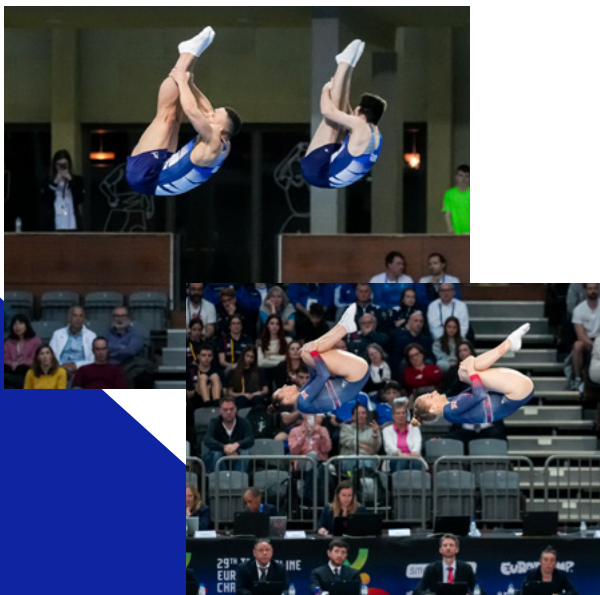
Lindholmer magic

Denmark's Magnus Lindholmer follows in the footsteps of his compatriot Rasmus Steffensen, the 2022 European Tumbling title holder. His spectacular pass in the super final got rewarded with a score of 28.700, and the gold medal. Two in a row for Denmark!



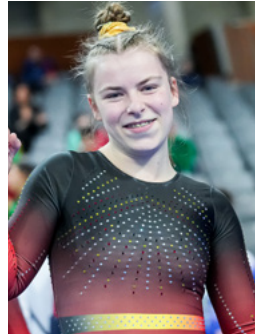
Magnus Lindholmer (DEN)

2024 Tumbling European Champion



British Synchro success

Defending European Champions Bryony Page and Izzy Songhurst were on a mission, showing the highest difficulty to retain their title quite comfortably. Sharing their joy were compatriots Zak Perzamanos and Corey Walkes who outscored France's Pierre Gouzou and Morgan Demiro-O-Domiro, 51.940 to 51.720, for the European crown.



Belgium's tumbling sensation

Writing her name in the history books for Belgium, junior Lani Spiessens has shown impressive skills throughout this week, and saw the culmination of her efforts rewarded with the gold medal in tumbling. With former European Champion Tachina Peeters retiring after this event, the future generation seems ready to take over.



Lani SPIESSENS (BEL)

2024 Tumbling junior European Champion

The Shooting star award goes to...

Slovakia's Tamara Ustohalova is the first female athlete from her country in 19 years to participate in a major Trampoline Championships. She competes both in Trampoline and in Double Mini-Trampoline, after switching from artistic gymnastics just 3 years ago, becoming the only senior trampolinist in Slovakia. As she mostly trains with the Czech team, Tamara often travels 700km to train in the Czech towns of Liberec and Prague. With big support of her family, the 17-year-old works hard, even without any peers to train with. Thanks to coach Miroslav Parnai and the dedication of Tamara, the sport of Trampoline can hope for a revival in Slovakia.

Great Britain's Kristof Willerton is the epitome of hard work and class. When you say his name, fans immediately think about his daring skills on the Tumbling track. Competing on the international circuit for over a decade, Willerton has

collected medals and titles at Europeans, Worlds and World Games, including European gold individually in 2014 and the World title in 2013. Nowadays, Willerton divides his time between his own training and passing on his knowledge to a new generation of tumblers. A fun fact: Willerton coaches Fred Teague, his teammate in major competitions. Together they won silver at last year's Worlds, and here in Guimaraes. And that's not all from Willerton, the 30-year-old studied biochemistry at Oxford, and is preparing for ... his wedding.



What a wonderful competition we witnessed in beautiful Guimaraes! A huge 'Obrigado' to the Portuguese Gymnastics Federation and the Local Organising Committee for their impeccable organisation. And an even bigger Thank You to the gymnasts and officials for making this such a fabulous event!



Thank you Gymnasts,
Thank you Guimaraes!

















Participants

Federations	Participants	Juniors	Seniors	Men	Women
29	423	191	232	214	209

Medal table



Total

	Great Britain	8	5	3	16
	Portugal	4	4	9	17
	France	2	6	3	11
	Spain	2	2	3	7
	Azerbaijan	2	2	-	4
	Georgia	2	1	1	4
	Netherlands	2	-	-	2
	Belgium	1	1	2	4
	Denmark	1	-	-	1
	Greece	1	-	-	1
	Türkiye	1	-	-	1
	Germany	-	2	3	5
	Italy	-	2	-	2
	Switzerland	-	1	-	1
	Poland	-	-	1	1
	Israel	-	-	1	1

European Championships in Men's Artistic Gymnastics

24 to 28 April 2024

Rimini



The last big test before the summer's Olympic Games, Europe's finest male gymnasts gathered in the Italian coastal town of Rimini to battle not only for continental glory, but also for that much-coveted last Olympic ticket. The 37 participating national federations were represented by 296 gymnasts, 171 seniors and 125 juniors.





Miraculous Marios

With his eyes firmly set on securing Olympic qualification, Marios Georgiou gave it his all. Starting on vault, the Cypriot scored over 14 points on 4 apparatuses, highlighted by magnificent parallel bars and horizontal bar routines. Sealing the deal on rings, a total score of 84.265 earned him the gold medal. After the bronze medal in the all-around in 2019, Marios Georgiou can proudly call himself the 2024 European All-Around Champion! And the icing on the cake ... Marios Georgiou earned that last available ticket for the Paris 2024 Olympic Games. That was not all for Marios! In the apparatus finals, he added silver on parallel bars and bronze on both pommel horse and horizontal bar.



Marios GEORGIU (CYP)

Interview after winning European All-Around gold



Team thriller

In an exciting team final, featuring the three up, three count format, top qualifiers Ukraine and Great Britain ensured an intense build-up and a dramatic finish, as they performed in alternation. The British team, featuring Joe Fraser, Harry Hepworth, Jake Jarman, Courtney Tulloch and James Hall, went into the last rotation with a one point margin over Ukraine, thanks to a great floor rotation and a huge vault total. Fate was to be decided by horizontal bar. Cheered on by his teammates Oleg Verniaiev, Igor Radivilov, Nazar Chepurnyi and Radomyr Stelmakh, newly crowned European Champion on exactly that apparatus, Illia Kovtun earned 14.400 for a hit routine and a grand total of 255.762 for the Ukrainian victory, regaining the team title they last won in Mersin in 2020. Silver for Great Britain, who get onto the podium for a third consecutive time.





Records are made to be broken

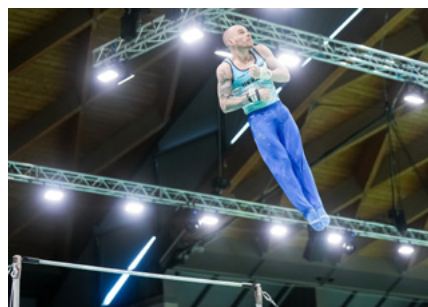
In the rings final, all eyes were on Eleftherios Petrounias. The last gymnast to perform, the Greek Lord of the Rings kept his cool under pressure, edging past Azerbaijan's Nikita Simonov and defending Champion Adem Asil (TUR). Cheered on by wife Vasiliki Millousi and their two daughters, Petrounias is the European Champion on rings, once again, for a record-breaking seventh time!



Eleftherios PETROUNIAS (GRE)
2024 European Champion, rings

Verniaiev's back

On his return to continental Championships, Ukraine's superstar Oleg Verniaiev did not disappoint. The 2015 and 2017 European Champion hit a delightful pommel horse routine for 15.166, and vaulted to a total of 84.031 to secure the silver medal in the all-around. He couldn't quite believe it himself: "I'm so happy. I have two [all-around] golds, and one bronze. Now I have the silver medal so I have all collection."





Brits on the horizon

The junior British team, featuring Uzair Chowdhury, Zakaine Fawzi-McCaffrey, Gabriel Langton, Evan McPhillips and Sol Scott, put up fabulous scores on vault and parallel bars, the highest totals of the qualification rounds. Ending their quest on floor, Sol Scott needed 13,838, to overtake Italy. Keeping his cool, and loudly supported by his teammates and coaches, Scott nailed his routine. Result? A 13,866! Great Britain surpasses Italy by the slimmest of margins, just 0,028, for the 2024 junior European Team title!



Flying on floor

Last up on floor, defending Champion Luke Whitehouse knew he had to hit to have a chance of overtaking the top score of Israeli World and Olympic Champion Artem Dolgopyat. And he did just that! The Brit scored 14.866, a mere 0.033 making the difference between gold and silver. Whitehouse successfully defended his European floor crown, Dolgopyat earned the silver and Krisztofer Meszaros brought the bronze medal home to Hungary.



Luke WHITEHOUSE (GBR)
2024 European Champion, floor





As magic as one, two, three

On pommel horse, defending Champion, and current World Champion, Rhys McClenaghan showed off his class yet again. Posting both the highest difficulty and execution score, the 24-year-old Irishman looked composed and in control as he stormed through an excellent routine. With a third European title in the pocket, McClenaghan seems right on track for the Paris Olympics.



Rhys MCCLENAGHAN (IRL)

2024 European Champion, pommel horse

Jake's edge

The battle for the vault title was fought between the reigning World Champion Jake Jarman (GBR) and defending European Champion Artur Davtyan (ARM). Both are among the very best in the world on this apparatus and they showed why. Jarman's first vault had a higher difficulty value while Davtyan had fabulous execution. Their average scores amounted to 14.883 compared to 14.850. Jake Jarman regained the European vault title he previously won in 2022 while Davtyan returned home with the silver medal. Ukraine's Nazar Chepurnyi clinched the bronze medal, just as he did at last year's World Championships.



Jake JARMAN (GBR)

2024 European Champion, vault



King Kovtun

On parallel bars, defending Champion Illia Kovtun (UKR) put on a faultless display, running way ahead of his competitors, thanks to his impressive 6.9 difficulty score. A mammoth 15.633 ensured Kovtun can call himself the European Champion once again. And the night only got better. On horizontal bar, Kovtun narrowly edged Robert Tvorogal, Lithuania's pride and joy for the gold medal. In less than an hour, Kovtun grabbed two European titles while just returning from surgery. What an incredible achievement!



Illia KOVTUN (UKR)

2024 European Champion, parallel bars



It's to be Hamlet

Pommel horse is clearly an apparatus loved in Armenia. Reigning junior World Champion Hamlet Manukyan impressed with impeccable form, winning the gold medal with a great score of 14.500. His teammate Mamikon Khachatryan made the nation double proud as he clinched the bronze.



Hamlet MANUKYAN (ARM)

2024 junior European Champion,
pommel horse

Europe's future stars

In the junior all-around final, we witnessed the two top qualifiers, France's Anthony Mansard and Italy's Tommaso Brugnami, going head-to-head throughout the final and keeping the audience on the edge of their seats in anticipation. Brugnami started off strongest on floor, while the roles were reversed on pommel horse. Then Brugnami was better again on rings and on vault. With 2 rotations to go, the 17-year-old Italian edged his French rival by 3 tenths of a point. Still to come though were parallel bars and horizontal bar. Mansard won silver and gold respectively on these events, so he definitely had the possibility to make up those tenths. With 8 tenths advantage in difficulty score on parallel bars, and 6 tenths on horizontal bar, Mansard cruised to this goal, posting the highest scores of the final on these apparatuses. With a magnificent total score of 81.499, Mansard was crowned the new junior European all-around Champion! Brugnami clinched the silver. We hope we'll see many more exciting battles between these rising stars!



The Shooting Star Award goes to ... Harald Wibye (NOR)

When listening to Harald Wibye's story, there's only one possible conclusion: he's Superman. The 24-year-old from Fredrikstad leads a busy life: he studies from early morning, then trains himself and coaches others for seven hours, and then more studying until late into the night for his Law degree and additional Masters in Economics.

He cut down his own training hours from 30 hours a week, to around 20, stating that he finds that when he has more to think about than just his own career, he became more focused. When his coach left for a contract abroad, Harald took over although that was not planned at all. Aside from competing in Rimini himself, he coaches 2 of the other participants: Niklas Syverhuset in the men's senior competition and Juliane Tøssebro in the women's senior competition.

So can you combine your own career, with studying and working? Harald definitely can.



Grazie Rimini!





















Participants

Federations	Gymnasts	Juniors	Seniors
37	296	125	171

Medal table



Total

	Great Britain	5	2	1	8
	Ukraine	3	2	1	6
	Italy	2	3	3	8
	France	2	2	2	6
	Cyprus	1	1	2	4
	Armenia	1	-	1	2
	Greece	1	-	-	1
	Ireland	1	-	-	1
	Azerbaijan	-	1	-	1
	Belgium	-	1	-	1
	Bulgaria	-	1	-	1
	Germany	-	1	-	1
	Israel	-	1	-	1
	Lithuania	-	1	-	1
	Netherlands	-	1	-	1
	Austria	-	-	1	1
	Spain	-	-	1	1
	Hungary	-	-	1	1
	Switzerland	-	-	1	1
	Türkiye	-	-	1	1

European Championships in Women's Artistic Gymnastics

2 to 5 May 2024

Rimini 

A mere 2,5 months before the Paris Olympics, the best of the very best travelled to Italy for a fabulous display by our continent's top junior and senior gymnasts. The coastal resort Rimini welcomed 154 senior and 128 junior gymnasts from 39 countries who all delighted the enthusiastic audience with their impressive skills.





Magic Manila

Rimini became Manila Esposito's favourite place in the world as she absolutely smashed this competition. During qualifications, she showed her worth on all four apparatuses, for a total score of 55.432 and her first European all-around title! During apparatus finals, she added not one but two gold medals to her fast-growing collection. First, she aced her beam routine. A splendid performance gave her a solid advantage over her competitors. Then, Esposito sealed the deal on floor, showcasing a dramatic and superbly executed routine to clinch her third individual gold medal of these Championships. What a week!



Manila ESPOSITO (ITA)

2024 European Champion, floor



Alice = Ace

Watching her twin sister Asia injuring her knee on floor, Alice D'Amato had to keep herself composed as she continued to battle for an all-around medal. Ending on her signature event, uneven bars, the Italian superstar earned 14.633 for a fabulous performance, clinching the silver medal. Going into the bars final as the defending European Champion, D'Amato equaled teammate Elisa Iorio for the highest difficulty, their exercises worth 6.3. As her execution marked higher, D'Amato easily secured her second consecutive bars title, while Iorio found herself on the continental podium for the very first time in her career.



Alice D'AMATO (ITA)

2024 European Champion, uneven bars



Confidence booster

Great Britain, featuring Abigail Martin, Alice Kinsella, Georgia-Mae Fenton, Rebecca Downie and Ruby Evans, led after the first rotation in the team final, and sealed their deal for silver on floor with 3 magnificent routines. Silver for the defending Champions!

In the all-around, the bronze medal went to 2022 silver medallist Alice Kinsella, courtesy of excellent vault and floor routines, while Georgia-Mae Fenton, delighted with her routine, swooped past former junior stand-out Helen Kevric (GER) for the bronze medal on uneven bars, another career first.



Taking one for the team

Scheduled to perform on 3 events, Angela Andreoli stepped up when Asia D'Amato got injured, effectively competing all-around and finishing in an impressive third place, completing an Italian 1-2-3. For the medals though, the two-per-country rule applied. A few days later, Andreoli grabbed her well-earned individual medal as she finished third on floor.



Angela ANDREOLI (ITA)
2024 European bronze medallist, floor



Teamwork makes the dream work

The best was saved for last as the team final closed the event. Alice D'Amato, Manila Esposito, Elisa Iorio and Angela Andreoli were joined on the competition floor by the injured Asia D'Amato, cheering on loudly. 4500 spectators also showed their appreciation which gave the Italian women wings. After the first rotation, on vault, Italy trailed Great Britain but they made up on bars, with all three scores above 14. On beam, the new European Champion Manila Esposito led her teammates, posting over 40 points. The only team in this final that managed to do so. Ending the night on floor, Manila, Elisa and Angela sparkled in the

spotlight, taking in the fabulous atmosphere. With a grand total of 164.162, the Italians won the European team title for the third time in their history. And what better way than doing it in front of a home audience.



ITALY

2024 European Champion, Team

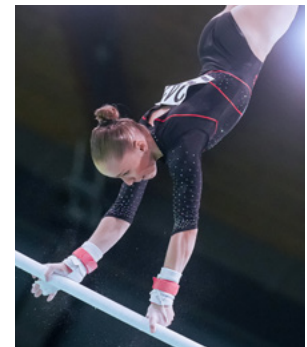


Colas, France show potential

In the junior competition, the French girls, led by the talented Elena Colas, excelled on bars and beam, posting the top scores on those apparatuses. Sealing the deal on floor, the cheers went through the roof. First, Colas cruised to victory in the all-around. Then, teammate Maiana Prat earned the bronze medal, followed by the biggest celebration of all... France wins the junior team title!

More honours for France's juniors in apparatus finals as Elena Colas went head-to-head with Italy's Giulia Perotti to share the bars title. The bronze medal was shared as well, between France's Lola Chassat and Belgium's Sien Ghekiere. On beam,

Maiana Prat cruised to victory, controlling her nerves in a dazzling, confident display. On floor, Perla Denechere secured the bronze medal ahead of Colas who won a bronze of her own on vault.





Grande Giulia

Established junior gymnast Giulia Perotti, the 2023 junior World Champion on floor, led the Italian challenge. After earning silver both with her team and in the all-around, the Italian rising star displayed a masterclass on bars, going head-to-head with France's Elena Colas. Both scored 13.866 thus sharing the gold medal. On beam, Perotti clinched the bronze, even with a fall, courtesy of her high difficulty value. Perotti ended the afternoon on a high, with another gold medal, this time for a superb floor routine which was rewarded with an 8.300 execution score, for a grand total of 13.400.



Giulia PEROTTI (ITA)

2024 junior European Champion, floor

Coco... again!

On vault, defending Champion and top qualifier Coline Devillard (FRA) showed off her impressive skills, edging Bulgaria's Valentina Georgieva for the title, her third European vault gold medal! Joining them on the podium was Devillard's teammate Ming Van Eijken who clinched the bronze medal.



Coline DEVILLARD (FRA)

2024 European Champion, vault



It's in the genes

Sabrina Maneca-Voinea gave it her all in apparatus finals. Her beam performance included a sky-high full twist and her floor was just impressive. The talented Romanian earned two silver medals. Interestingly, she does a double layout punch front tumbling pass. The same pass as her mother and coach Camelia Voinea did, and she also won the silver at Europeans, back in 1987.



Sabrina MANECA-VOINEA (ROU)

2024 European silver medallist, floor





Olympic ticket goes to Maellyse Brassart (BEL)

With just one final entry ticket to the Olympic Games available, tension ran high as a handful of Olympic hopefuls battled it out in the qualification rounds. Facing stiff competition from her Swedish competitors Jennifer Williams and Nathalie Westlund, Belgium's Maellyse Brassart conquered her nerves, putting up a total score of 51.932 which landed her in eleventh place, and earned her a trip to Paris!

The SmartScoring Shooting Star goes to... Filipa Martins (POR)!

For an astonishing 18 years already, since 2006, Filipa Martins has won the national championships, every year, and in all national age categories! Filipa singlehandedly put Portugal on the map as she participated in 3 Olympic Games, 8 World Championships, 12 European Championships, 2 World University Games and 1 European Games. Thanks to her skills and dedicated, warm personality, Filipa became very popular in Portugal. This encouraged many young gymnasts to start training in Artistic Gymnastics.

In 2021, Filipa wrote her name in the Code of Points when she presented a new element "The Martins" on uneven bars at the European Championships in Basel (SUI), which was recognised by FIG as an element with difficulty value 'F'. She excels also in academics, having finished her graduate in Sports Sciences in 2022. Now finishing her Master in Sports Sciences/High Level Training, Filipa certainly deserves her place in the spotlight. Congratulations Filipa!



The Fiera di Rimini witnessed a marvellous week of the best Women's Artistic Gymnastics action possible. The Italian Gymnastics Federation and the Local Organising Committee made a huge effort to promote this discipline and provide a unique competition setting. Grazie Rimini!



**2024 Women's Artistic Gymnastics Europeans -
Highlight Senior All-Around**








Participants

Federations	Participants	Juniors	Seniors
39	282	128	154

Medal table



Total

 Italy	8	6	2	16
 France	5	-	7	12
 Romania	-	2	-	2
 Great Britain	-	1	2	3
 Bulgaria	-	1	-	1
 Germany	-	1	-	1
 Belgium	-	-	2	2



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Instagram!

REACH THE MAXIMUM

Jermain Grünberg (NED) –
Artistic Gymnastics European Championships Munich 2022



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European Championships in Rhythmic Gymnastics

22 to 26 May 2024

Budapest



This 40th edition of the Rhythmic Europeans attracted an enthusiastic and knowledgeable crowd to the Papp Laszlo Sports Arena in the Hungarian capital Budapest. It's the third time the city organised this event, after successful editions in both 1999 and 2017. We welcomed 40 countries, with a total of 292 gymnasts taking to the floor: 197 seniors and 95 juniors.





Queen Stiliana

Competing in the second set in the all-around final, all eyes were on Stiliana Nikolova. The Bulgarian starlet got off to a brilliant start with clubs, scoring a massive 36.050, the highest score of the event so far with that apparatus. Her Paris-inspired ribbon routine brought in another great score. Performing last with ball, Nikolova gave it her all. Her already iconic 'Arabian Nights' routine got the audience onto its feet with delight. Scoring a phenomenal 37.200, we witnessed the coronation of a new Queen of Europe, Stiliana Nikolova!



Stiliana NIKOLOVA (BUL)
2024 Rhythmic European Champion

Sofia shines

For the second year in a row, Italian superstar Sofia Raffaelli earned the silver medal in the all-around. Going into this competition as the defending Champion with ball and clubs, she led the field with ball, delivering a fabulous routine to successfully defend her title.



Sofia RAFFAELI (ITA)
2024 European Champion





Dar(l)ing Dasha

Germany's Darja Varfolomeev clinched the bronze medal in the all-around and must have thought 'How about ending these individual finals with some World Champion material' as the quintuple World Champion entertained the audience with ribbon, scoring 34.400 to defend her title.



Darja VARFOLOMEEV (GER)
2024 European Champion

Bulgaria's best again

Determining the team ranking were the results of the eight individual qualification routines plus the two group routines. Thanks to the combined efforts of Boryana Kaleyn, Elvira Krasnobaeva and Stiliana Nikolova and their brilliant group, Bulgaria successfully defended their team title.



Bulgaria
2024 Rhythmic European Champions





Impressing the VVIPs

Many VVIPs attended the apparatus finals, including Mr. Rumen Radev, President of Bulgaria. Starting the final day with hoop, Bulgarian star Boryana Kaleyn showed exquisite pivots and energetic dance movements as she held off her compatriot Stiliana Nikolova for the title. A Bulgarian one-two finish under the appreciative eye of Mister President.



Boryana KALEYN (BUL)
2024 European Champion

Sweet sixteen

On her sixteenth birthday, Ukraine's rising star Taisiia Onofriichuk clinched the bronze medal with hoop for her thrilling 'Thriller' interpretation. Her first European medal, and that on her birthday, this certainly was a moment Onofriichuk will never forget.



Taisiia ONOFRIICHUK (UKR)
2024 European bronze medallist



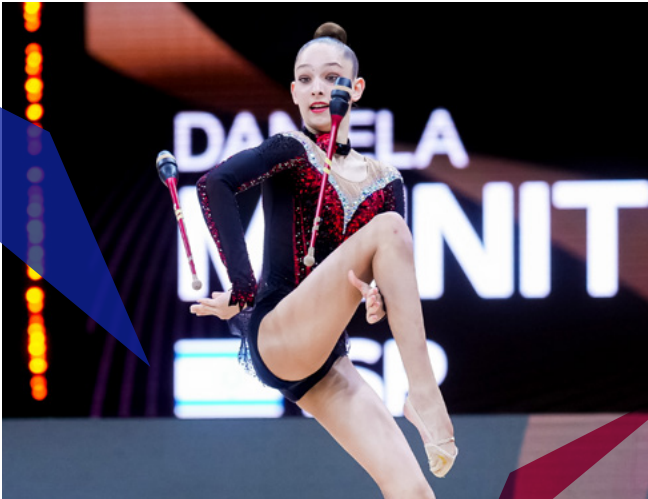
History for Hungary

To the delight of the home crowd, Hungary's leading lady Fanni Pigniczki aced her ball routine for the silver medal. A historic moment for Pigniczki as she won her first European medal, a historic moment for her country as this is the first ever medal for Hungary at this level, and what better way than to achieve this feat at home!



Fanni PIGNICZKI (HUN)
2024 European silver medallist





Munits Mania

Former junior standout Daniela Munits proved her talent by taking the bronze medal with the Israeli team, followed by ball bronze. Munits then went on to do even better. The 2022 junior European ribbon Champion handled the clubs effortlessly and with great style to secure her first major senior victory!



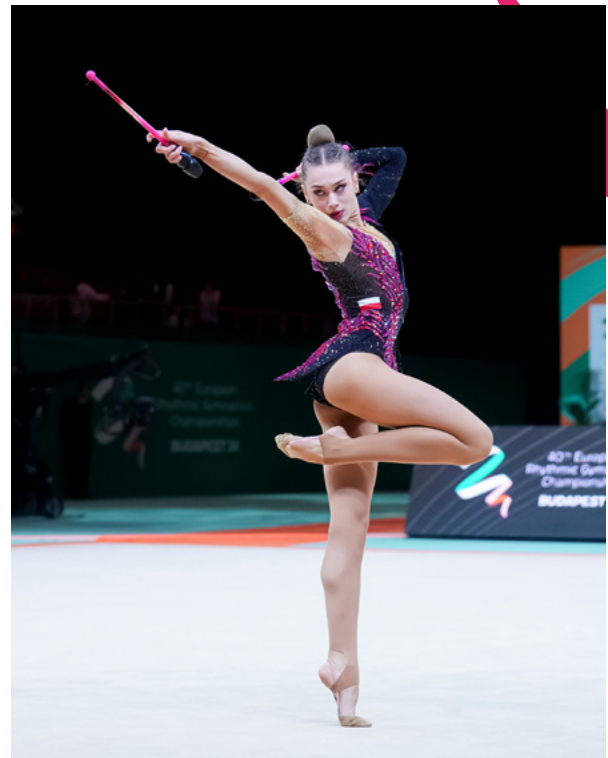
Daniela MUNITS (ISR)
2024 European Champion

Landmark Lila

Making her senior debut in this year, double junior World Champion Liliana Lewinska from Poland, earned the silver medal with clubs, a landmark achievement for Poland as Lewinska becomes the first senior Polish gymnast to win a medal at a Rhythmic Europeans!



Liliana LEWINSKA (POL)
2024 European silver medallist



Olé Olé!

After bronze in the all-around, Spain proved to be the most successful group of the apparatus finals. Their 5 hoops routine earned 38.750. Enough for the silver medal behind the experienced Farfalle from Italy. Then Spain did one better, grabbing the last gold medal of these Championships, after a simply stunning 3 Ribbons & 2 Balls performance. Olé!



Spain
2024 European Champions





Unbeatable Bulgaria

Defending Champions Bulgaria opened with a fantastic 5 hoops performance, rewarded with a score just shy of 40 points. With mixed apparatus, Sofia Ivanova, Magdalina Minevska, Kamelia Petrova, Rachel Stoyanov and Margarita Vasileva earned another top mark, 34.850, to convincingly retain their European all-around crown.



Bulgaria

2024 Rhythmic European Champions

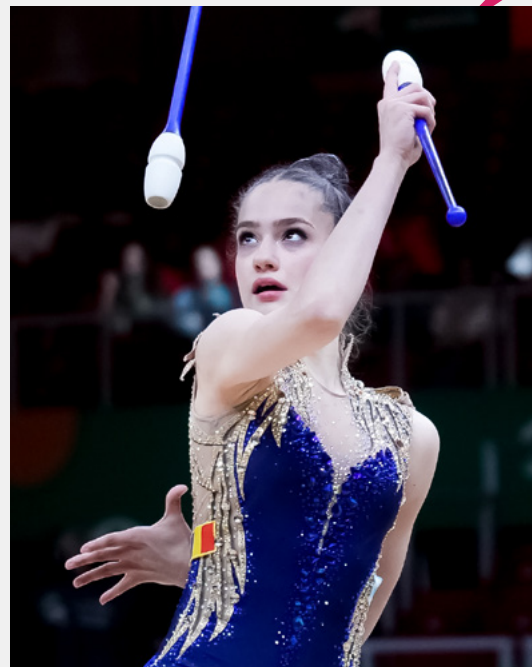
Amazing Amalia

In junior qualifications, Amalia Lica excelled, leading Romania to a historic team victory. In apparatus finals, Lica showed her talent once again as she emerged as the absolute superstar of this junior competition. Performing in three finals, she aced all her routines, winning not one, not two, but all three European titles. Her hatricket began with hoop, the apparatus she won silver on at last year's junior World Championships. With clubs she successfully defended her gold won in Tel Aviv in 2022. The finishing touch came with ribbon as she cruised to victory, posting a massive 30.950, over a point ahead of her nearest rivals. 3 individual titles today, and one team gold the day before, 100% success rate for the young Romanian. Amalia Lica absolutely is the rising star of Budapest.



Amalia LICA (ROU)

2024 junior European Champion



Tickets to Paris

Two more Olympic tickets were up for grabs at these Europeans: 1 for an individual gymnast, 1 for a group. After a nail-biting battle, Vera Tugolukova (CYP) and the group of Azerbaijan came out on top, earning a trip to Paris for the Games.

The Shooting star award goes to ... Emily Beznos (MDA)

Emily Beznos truly aims to inspire by example. She's not only a Rhythmic gymnast, but also an accomplished scholar and a girl power advocate. And all that at just 17 years old! Being accepted into university at just 14, Emily graduated from UCLA in 2022 at only 16 years old, becoming one of the youngest graduates in the history of this prestigious university, as she earned a Bachelor's degree in Cognitive Science. In the future, she plans to continue her studies in artificial intelligence and medicine. Asked what her goal in life is, she clearly answers: "In my quest to inspire other girls to pursue STEM education, I will be partnering with organisations that offer mentoring, assistance and support for women in STEM and work on empowering female leaders in science and technology."

Impressive Emily, you definitely deserve this award!
Congratulations!



What a wonderful 40th edition of the Rhythmic Europeans! We warmly thank the Hungarian Gymnastics Federation and the Local Organising Committee for their hard work to ensure the highest standard. Thank you also to the gymnasts for their dedication to the discipline, and to all the volunteers and staff involved.



2024 Rhythmic Europeans
Highlights Individual













Participants

Federations	Participants	Juniors	Seniors	Individuals	Groups
40	292	95	197	92	105

Medal table



Total

	Bulgaria	4	2	3	9
	Romania	4	-	-	4
	Italy	2	5	-	7
	Israel	2	3	4	9
	Spain	1	1	1	3
	Germany	1	-	1	2
	Poland	-	1	1	2
	Hungary	-	1	-	1
	Slovenia	-	1	-	1
	Ukraine	-	-	2	2
	Azerbaijan	-	-	1	1
	Georgia	-	-	1	1

European Gym for Life Challenge

13 July 2024

Bodø



Under the Nordic Midsummer sun, 1368 gymnasts from 14 countries gave the performance of their lives as they participated in the 4th edition of the European Gym for Life Challenge.

Hosted in the wonderful town of Bodø, in the far north of Norway, 60 groups contested this year's challenge. Their performances of maximum 3 minutes mesmerised the spectators.

Evaluated by experts Wendy Lucas (GBR), Jérôme Huebscher (SUI), Nina Amann (AUT) and Catia Rosi (ITA), the groups earned points which placed them into one of 3 medal groups: gold, silver or bronze.

Each group leader / coach got informative feedback by another group of experts featuring Heidi Marie Taksdal (NOR), Bruno Miguel Fidalgo Oliveira (POR) and Gabriele Postuwka (GER).

Enjoy the full replay!

**REPLAY**

European Gym For Life Challenge





Performance Elite Team (DEN)
 TSV Hüttlingen (GER)
 TV Ludwigshafen – Showteam Blues Broth (GER)
 Ars Saltandi Company (GER)
 Showteam Intoxication (GER)
 TuS Blau-Weiss Lohne (GER)
 Gymnastic House (GRE)
 GOPF Armonia (GRE)
 Wolves Academy (GRE)
 Olympiada Thrakomakedonon (GRE)
 Fredrikstad Turnforening (NOR)
 ZakiGym (POR)
 Gimnofrielas – Top Acro Gym (POR)
 Albigym – AcroGymnastics (POR)
 Urban Grace - SFG Lugano (SUI)



GC Kadi Gymnasts (EST)
 GC Ryht (EST)
 Erewash Valley (GBR)
 Leeds Display Team (GBR)
 Showkrobatik Face (GER)
 Acrokinisi (GER)
 Elaia Gymnastics Club (GRE)
 Sports Club Megas Alexandros (GRE)
 Tisza Gym (HUN)
 S.G.R. Motto A.S.D. (ITA)
 A.S.D. Ritmica Carmagnola (ITA)
 eMotions (NED)
 Storm Turn (NOR)
 Finnsnes IL – Videregaende (NOR)
 Bardufoss Gym og Turn (NOR)
 Sotra Dynamite (NOR)
 Sotra Sportsklubb (NOR)
 Sarpsborg Turnforening (NOR)
 Bodo Gym og Turn (NOR)
 Finnsnes IL – Damepatruljen (NOR)
 AGG Vouzela – Representacao (POR)



Gymnastics for All Team (AZE)
 RCG La Salamandre (BEL)
 Gym Club Malmedy (BEL)
 GC Jasmin / Viljandi SK (EST)
 Rantaperkiön Isku (FIN)
 Ylitornion Voimistelu ja Liikunta (FIN)
 Turn- und Sportgemeinschaft Bergedorf (GER)
 Mini Jellys (GER)
 Way of Life (GER)
 AOP Karate Chiou-Fishermen (GRE)
 Lycée Léonin Hellas (GRE)
 Harstad Turnforening (NOR)
 B&OI Turn Damer Oppvisning (NOR)
 Stil (NOR)
 Sortland Turnforening (NOR)
 Senja Turn (NOR)
 Hasvik IL – Turngruppa (NOR)
 Fellestropp Rogaland / Agder (NOR)
 Finnsnes IL (NOR)
 Loddefjord (NOR)
 Porsanger Turnforening (NOR)
 Alta Turnforening (NOR)
 SFG Lugano 1 (SUI)
 SFG Lugano 2 (SUI)

Congratulations to all participants!

The Gymnastics for All Technical Committee of European Gymnastics, led by its President Hlif Thorgeirsdottir, awarded two additional prizes. The Portuguese club Gimnofrielas Top Acro Gym earned the 'Wow effect' title, while Greece's GOPF Armonia claimed the 'Best Costume' prize.


Participants
1368
Countries
14
Groups
60

EUROGYM

14 to 18 July 2024

Bodø 

2745 participants from 17 countries travelled to Northern Norway, to the town of Bodø, to participate in the 14th edition of EUROGYM, European Gymnastics' festival especially dedicated to teenagers.

We were honoured to welcome the following 17 member federations to the Midsummer Madness: Azerbaijan, Belgium, Czechia, Denmark, Estonia, Finland, France, Great Britain, Germany, Greece, Hungary, Ireland, Italy, Norway, Portugal, Switzerland, and Sweden.





The Grand Opening

Excitement built up throughout the first day as the festivities kicked off with the participants parading through the streets of Bodø, ending up at Nordlandshallen where the all-important Opening Ceremony took place. After the flag parade, the participants enjoyed a marvellous display of gymnastics, culminating in the much-anticipated official opening of the event.



2024 EUROGYM
Opening Ceremony



Midsummer Madness

An apt theme for EUROGYM 2024, in celebration of the long summer days and bright nights in the land of the Midnight Sun. Located above the Arctic Circle, Bodø is a unique and vibrant city that comes alive in the summer months, when the sun never sets. The participants experienced the magical atmosphere of the midnight sun, with endless daylight and northern Norwegian nature. It is a very special experience to be outside in daylight when sounds and wildlife indicate that it is night.



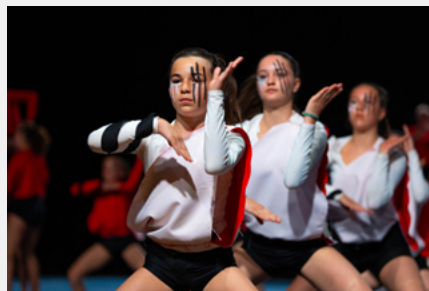
Welcome Luigi

For the first time ever, the European Gymnastics mascot Luigi travelled to EUROGYM. And boy did Luigi have fun! Cheering on the participants during their City Performances, joining the hunt for the Midnight Sun, and dancing in the Fun Zone, EUROGYM and Luigi are a match made in heaven.



City Performance

Taking to the stage in Stormen Concert Hall and Bodøhallen, all groups got 6 minutes to show off their skills, impressing both their fellow gymnasts and the general public.





Gala Galore

Not one but two Gala shows marked the end of a fabulous EUROGYM. Groups from Portugal, Belgium, Denmark, Great Britain, Germany, Greece, Italy, Norway, Czechia and Azerbaijan put on a dazzling display, highlighting the joy of gymnastics.



2024 EUROGYM
Gala

Wonderful Workshops

From TeamGym over Cheerleading, Show Make-up and Disc Golf to Pilot Training, the great variety of workshops on offer gave the participants plenty of opportunities for fun.



FunZone

For the youth, by the youth. All social activities were planned and organised by EUROGYM 2024s own group of Young Leaders, a group of young gymnasts from all over Norway! This FunZone included a busy PartyZone, but also a ChillZone, where you could chill out and indulge in card or board games, the Mega Games Adventure and the Norwegian Corner.

Well done!



Participants

Federations	Groups	Gymnasts	Men	Women
17	114	2745	247	2498

GYMNOVA



A PASSION FOR
GYMNASTICS

GYMNOVA

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Games of the XXXIII Olympiad

26 July to 11 August 2024

Paris



5 Olympic titles, 7 silver and 7 bronze medals!

That's the total medal tally earned by the European gymnasts competing in Men's and Women's Artistic Gymnastics, Trampoline and Rhythmic Gymnastics at the Olympic Games in the French capital Paris.

History was written for many of our member federations, like Ireland with Rhys McClenaghan clinching his country's first Olympic medal in men's artistic gymnastics, immediately gold. Germany grabbed gold for the first time in Rhythmic Gymnastics, courtesy of 5-time World Champion Darja Varfolomeev. Gold for the first time too for Italy in Women's Artistic Gymnastics as Alice D'Amato outperformed her rivals on beam. In Trampoline, Ivan Litvinovich became the first male gymnast to win two consecutive Olympic titles while Bryony Page completed her Olympic medal set for Great Britain.



GOLD



Bryony Page
(GBR)

Trampoline
Individual Women



Ivan Litvinovich
(AIN)

Trampoline
Individual Men



Rhys McClenaghan
(IRL)

Men's Artistic Gymnastics
Pommel horse



Alice D'Amato
(ITA)

Women's Artistic Gymnastics
Balance beam



Darja Varfolomeev
(GER)

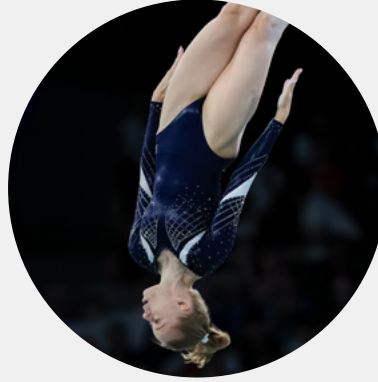
Rhythmic Gymnastics
Individual All-Around

SILVER



Italy

Women's Artistic Gymnastics
Team



Viyaleta Bardzilouskaya (AIN)

Trampoline
Individual Women



Artem Dolgopyat (ISR)

Men's Artistic Gymnastics
Floor exercise



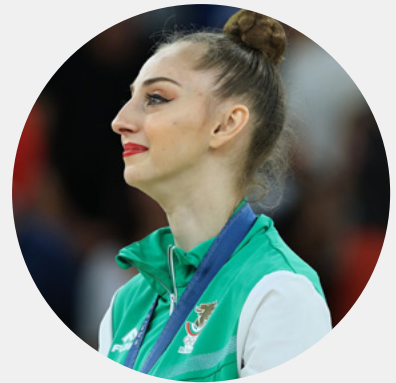
Artur Davtyan (ARM)

Men's Artistic Gymnastics
Vault



Illia Kovtun (UKR)

Men's Artistic Gymnastics
Parallel bars



Boryana Kaleyn (BUL)

Rhythmic Gymnastics
Individual All-Around



Israel

Rhythmic Gymnastics
Group All-Around

BRONZE



**Jake Jarman
(GBR)**

Men's Artistic Gymnastics
Floor exercise



**Eleftherios Petrounias
(GRE)**

Men's Artistic Gymnastics
Rings



**Harry Hepworth
(GBR)**

Men's Artistic Gymnastics
Vault



**Manila Esposito
(ITA)**

Women's Artistic Gymnastics
Balance beam



**Ana Barbosu
(ROU)**

Women's Artistic Gymnastics
Floor exercise



**Sofia Raffaelli
(ITA)**

Rhythmic Gymnastics
Individual All-Around



Italy

Rhythmic Gymnastics
Group All-Around

Congratulations!

Golden Age Gym Festival

22 to 27 September 2024

Burgas



The Bulgarian coastal resort Burgas welcomed 1430 gymnasts from 19 countries for the 9th edition of the Golden Age Gym Festival, our Gymnastics for All event dedicated to participants of 50+.

Located on the Black Sea coast, Burgas is known for its ebullient life, the smiling eyes of its people, delicious food and the power of the sun. A city perfect for the joy that is Golden Age Gym Festival. Waking up to a vast array of workshops to choose from, over art classes, touristic excursions and leisure time, to the late afternoon City Performances where our participants showed off their skills, to the evening's social activities. Never a dull moment during this festive week!





Burgas Friends

Launched this edition, the concept 'Burgas Friends' links two participating groups of similar size, from different countries, with the aim of helping them mix with other groups and nations, and overcoming language barriers.

And the groups loved it! From learning some words in their partner's language, over the exchange of gifts and supporting each other's performances, to participating in workshops together and socialising, the participants embraced the idea.



Opening with a bang

'In true Golden Age fashion, this year's Festival kicked off with a colourful parade, from 2 different places strolling leisurely through the Sea Garden and joining at the entrance of the Summer Theatre. Volunteers guided the participants to their seats where they could enjoy a spectacular Opening Ceremony. Kids from local gyms and dance groups performed, together with a national dance tribe. The highlight came from our Technical Committee as they danced to Grease. Even Krasimir Dunev, President of the Bulgarian Gymnastics Federation and Vice-Olympic Champion in Men's Artistic Gymnastics, joined the fun as he closed his speech with a handstand and a split!



Opening Ceremony
2024 Golden Age Gym Festival



Living it up in the City

Each afternoon, passers-by joined the delegations at the Sea Casino and the Summer Theatre as the groups showed off their skills during the City Performances: an act of maximum 6 minutes, with or without apparatus, to music of their choice. The fun was guaranteed!



Closing in style

One of the highlights of each Golden Age Gym Festival is the Gala & Closing Ceremony. 11 groups were selected to participate beforehand, with the Technical Committee allocating 3 wild cards during the event. These groups showed that age is just a number, and a healthy lifestyle combined with sports and friendship help us reach the 'Golden Age'.

In addition, the Burgas Municipality presented 2 awards during the Gala: 'Biggest Group' and 'Best Costume'. These awards went to Sen Vital Zueri (SUI) and LP Gymnastics Club (EST) respectively.



2024 Golden Age Gym Festival
Gala & Closing Ceremony

Working out at the Workshops

From AquaFit to Zumba, over traditional amusing games to Paneurhythmy, the variety of the workshops on offer was absolutely fabulous.



Flashy Flash Mob

Each ceremony, each workshop, each city performance, ... started and ended with the event Flash Mob. The dance, the music and the lyrics were especially created for this edition of Golden Age Gym Festival. LET THE MOTION EXPRESS EMOTION!



Golden Age Flashmob

Participants

Federations	Group	Gymnasts	Men	Women
19	84	1430	155	1275

European Championships in TeamGym

16 to 19 October 2024

Baku



The 15th edition of the European Championships in TeamGym was held in the Land of Fire, Azerbaijan, for the first time ever. Baku's magnificent National Gymnastics Arena welcomed 301 senior and 238 junior gymnasts, representing the following 14 countries: Austria, Azerbaijan, Czechia, Denmark, Estonia, Finland, Great Britain, Iceland, Italy, Luxembourg, Netherlands, Norway, Portugal and Sweden.





Mighty Danes extend record

Having won all but two titles in the senior men's final, all eyes were on the record holding European Champions Denmark who trailed eternal rivals Sweden by the tiniest of margins, just 0.050, going into the third and final rotation. The pressure was definitely on but did not get to the mighty Danes as they excelled on trampet with the top score of the day: 22.050. Another European gold for Denmark, establishing themselves once again as the greatest men's team.



Denmark 2024 TeamGym European Champions, Men's team

Iceland on fire

In the women's teams, top qualifier Sweden and challenger Iceland went head-to-head in an exciting final that saw the Icelandic ladies improve on their qualification score with 6 tenths, posting the top scores on floor and tumble. Their total score of 53.850 was more than enough to overtake Sweden, despite their top score on trampet, for the European crown. Consistency over all three apparatuses gave Norway the edge over Denmark for the bronze medal.



Iceland 2024 TeamGym European Champions, Women's team



Mixed match

Mixed team defending Champions Great Britain battled it out with Denmark for the title. The British gymnasts scored the best on trampet, while Denmark outscored the field on floor and tumble. With a combined score of 55.700, Denmark clinched the gold, their first victory in this category in 10 years! Silver for Great Britain, and bronze for the steady Swedes.



Denmark 2024 TeamGym European Champions, mixed team



Three junior finals, three different national anthems

An incredible variety of winners emerged from the junior finals. Starting with the men's teams final, the Danish boys poured their heart and soul into their performance, leading the field on floor with 17.750 and posting the only 20+ score of the day, for their impressive tumble runs. A grand total of 56.300 put Denmark first, receiving a well-earned European gold medal. Mixed team top qualifier Iceland improved on Wednesday's qualification round, increasing their total score by a full mark. With the top scores on floor and tumble, Iceland took the European title but not after a tense wait for their total score to appear. Excitement in the women's teams final too as top qualifier Denmark and Sweden battled it out for gold. Denmark performed best on tumble with Sweden acing their trampet round. It all came down to the third rotation where Sweden shone bright on floor.



Crowd support for the home team

With the likes of Tofig Aliyev and Adil Hajizada on the team, the international crowd knew to expect fireworks on tumble from the Azeri men. Both gymnasts were part of the history making Azerbaijani tumbling team that clinched gold at the 2023 World Championships and at the 2024 European Championships. Nationality did not matter during this performance: Swedes, Danes, Icelanders, Dutchmen, etc were all on their feet to support these daredevils soaring through the sky. This time, it wasn't meant to be. But we'll see them again in the future for sure!

Meet the #TeamGym2024 All Stars

The 6 best female and the 6 best male gymnasts on each apparatus were nominated to form the famous TeamGym All Stars team. These 6 incredible women made the team: on floor, Sille Bygholm Storm (DEN) and Josefine Marksell (SWE), on tumble, Ásta Kristinsdóttir (ISL) and Agnes Arvidsson (SWE), and on trampet, Laufey Ingadottir (ISL) and Nicole Hosseini (SWE). They are joined by these 6 men: on floor, Noah Giolbas (DEN) and Kevin Dannefalk (SWE), on tumble, Alexander Skovgaard Bredvig (DEN) and Johan Rasmussen (DEN) and on trampet, Sondre Løkka Thorstein (NOR) and Christian Jensen (DEN).



Congratulations!



The Shooting star award goes to ...

Agnes Arvidsson was diagnosed with ALL, Acute Lymphocytic Leukemia, as a child. The first years of her life were spent visiting hospitals and receiving chemo treatment which only finished when she was 4. For many years after, she continued with check-ups and blood tests to make sure the cancer didn't come back, only receiving the green light when she turned 18 years old. Having started practicing gymnastics in her hometown Linköping, she moved to Stockholm at 15 years old to invest in her gymnastics career. Representing Sweden both as a junior and now as a senior, Agnes combines this with studying to become a nurse. She wants to give back to other people the help she received as a kid. Agnes is a true inspiration!

João Peixinho has been involved since the implementation of TeamGym in Portugal. He is a true role model, not only because of his international career that spans nearly 20 years although that is definitely impressive. Voluntarily stepping in as a coach when needed, the transition felt natural and smooth, ending with Peixinho being coach, captain and gymnast all at the same time in 2021, sharing his knowledge and experience with the younger generations who have always looked up to him and feel privileged to be his teammates. Peixinho was the first Portuguese gymnast to push the boundaries of difficult elements, often achieving them despite the limited facilities. He pioneered triples and straight twisting doubles. His work ethic inspired younger athletes to keep striving for a brighter future in Portuguese gymnastics. This work ethic remains unchanged, as he continues to be a key member of the Portuguese national team at 37 years old, contributing both in the locker room and on the competition floor. Peixinho has done a tremendous amount for the sport, both as a gymnast and as a coach.

Baku stepped up to the challenge of hosting their first TeamGym competition, and they delivered! Thanks to the Azerbaijan Gymnastics Federation for putting their wealth of experience into action, to the participating teams for showing their breathtaking skills, their passion and their team spirit, and to the fans who travelled thousands of kilometres to show their support!



Highlights Senior finals,
2024 TeamGym Europeans






Participants

Federations	Participants	Juniors	Seniors	Men	Women
14	539	238	301	237	302

Medal table

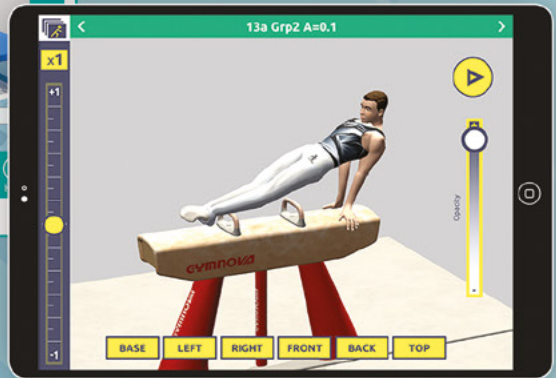
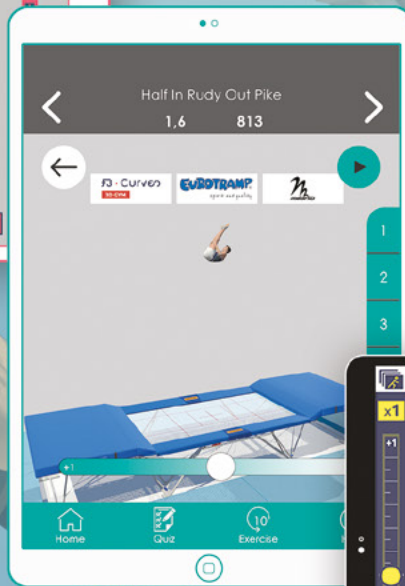


Total

	Denmark	3	1	-	4
	Iceland	2	-	1	3
	Sweden	1	4	1	6
	Great Britain	-	1	1	2
	Norway	-	-	3	3



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- Search engine
- 360 degrees
- Zoom
- Quiz
- Speed variation

ALL ELEMENTS
FIG COP

+ DEDUCTION VIDEOS WAG / MAG

Split Leap to Ring / Split Leap with leg change to Ring

D-Panel		E-Panel
E - value		Body Shape 0.1

Tkatchev straight

D-Panel		E-Panel
C - value		Non-distinct piked position >30 to 45° - 0.3

contact@fb-curves.com

Europe on the World stage

As the dust settled on the Olympic Games, the non-Olympic disciplines Acrobatic and Aerobic Gymnastics got their opportunity to shine on the world stage. Their biennial World Championships were held in September, in respectively the Portuguese city of Guimaraes and the Italian coastal resort Pesaro. For the first time ever, Junior World Championships made it onto the programme too.

The European nations were out in full force, showing their skills and strength for the whole world to see. Just have a look at these amazing results!



Acrobatic Gymnastics – Guimaraes (POR)



Junior World Championships

🏆 4/5 🥈 3/5 🥉 5/5

World Championships

🏆 11/16 🥈 15/16 🥉 9/16

Aerobic Gymnastics – Pesaro (ITA)



Junior World Championships

🏆 7/7 🥈 7/7 🥉 8/8

World Championships

🏆 3/8 🥈 3/5 🥉 5/8

Strategy

Marketing & Communication



AI tool:
Ask Luigi

Branding
European Cup

Enhancing
reach of TV
and
Livestream
coverage

Organisation & Finance



Evaluate
organisational
structure

Exploring
commercial
values and
partnerships

Events



Digital events
powered by our
partner Elevation

Christmas Cup
in Men's &
Women's Artistic
Gymnastics

Online series
in Men's Artistic
Gymnastics

New event format:
**European Cup
'Cross Battles'**
launched in
Rhythmic
Gymnastics

Decision to
add the Mixed
Team final to the 2025
Artistic Gymnastics
programme

Knowledge & Safeguarding



Erasmus+
Halt4Kids
project

Symposium
for Executive
Federation
Leads

Safeguarding
webinar

E-learning platform:
starting with
TeamGym to launch
autumn 2025

Highlights

Stiliana Nikolova wins inaugural European Cup

From 3 to 5 May, the magnificent National Gymnastics Arena in Baku (AZE) hosted the inaugural European Cup in Rhythmic Gymnastics. The top 16 individual gymnasts from the qualification rounds advanced to the 'Cross Battles', an exciting new competition format. In knock-out rounds, the gymnasts compete directly against another to reach the following stage.

Bulgaria's rising star Stiliana Nikolova, who won the inaugural title, was excited about the new format: "It was very interesting and quite challenging. It is the first Cross Battle and you don't know what to expect but it was very interesting and I would love to have more challenges like this one."

Read all about this innovative competition on our website: [Stiliana Nikolova crowned inaugural European Cup Champion | European Gymnastics](#)



Stiliana NIKOLOVA (BUL)
2024 European Cup Champion



Ask Luigi

This summer, European Gymnastics launched its own Artificial Intelligence (AI) assistant powered by OriginTrail. Mascot Luigi received its digital twin, allowing anyone to learn and keep in touch with the European Gymnastics community. From finding information about the next competition to learning important events in European Gymnastics history or understanding which elements are important for scoring a routine on parallel bars - all can be discovered ... just 'Ask Luigi'.



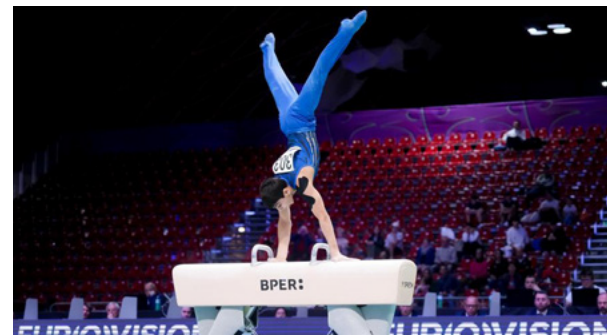
Ask Luigi

Online Competitions

Establishing a partnership with Elevien, an online competition series in Men's Artistic Gymnastics was launched in spring, using the Elevien app. Women's Artistic Gymnastics joined their male counterparts at the end of the year, competing together in the online Christmas Cup, with prize money to be won on each apparatus. President Farid Gayibov stated: "I believe that these online competitions can help prepare our athletes, finetuning their routines, without the stress, time and cost of additional travelling. Of course, pocketing some much-appreciated financial benefits is another huge advantage."



Christmas Cup highlights article



Safeguarding Webinar

Organised by our Gymnastics for All Technical Committee, and expertly led by our Executive Committee member Natalja Inno, the importance of safeguarding was highlighted in an interesting webinar that covered topics like Safe Sport, Harassment and Abuse, Recognition, Our Role & Responsibility and Policies and Guidelines.



**Missed it? Enjoy the replay
on our YouTube channel!**

The Power of Social



Facebook

136.2 million

accounts reached - up 30% on 2023

19.2 million

video views - new for 2024

71.1 million

minutes of video viewed

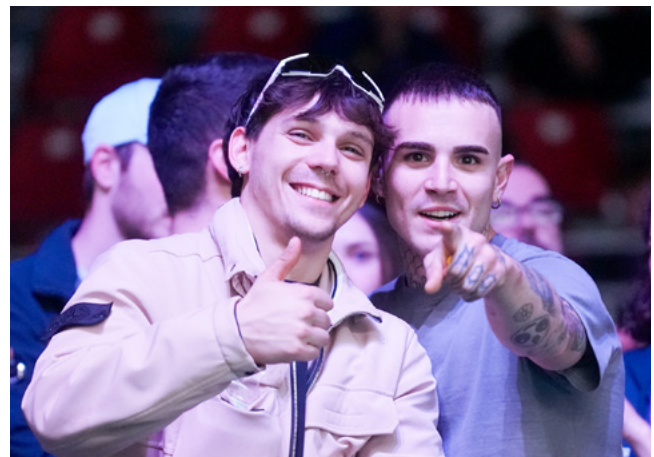
6.8 million

Reel plays

8.6 million

engagements - up 18% on 2023

465k followers



Instagram

24.2 million

accounts reached - up 226% on 2023

2.2 million

content interactions - up 100% on 2023

56.3 million

video views - new metric for 2024

48k

followers added - up 95% on 2024

Reels

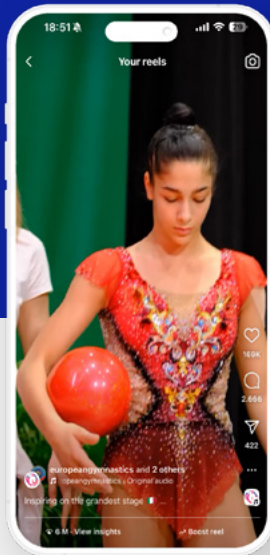
most popular type of content



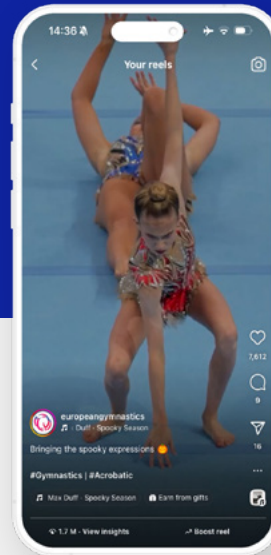
Top-performing social posts



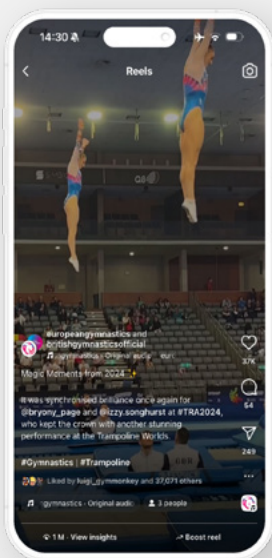
views: **112 MILLION**
engagements: **2.2 MILLION**



views: **6 MILLION**
engagements: **170K**



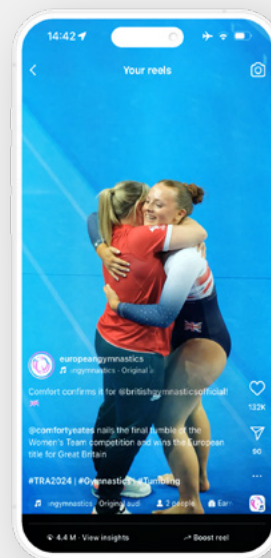
views: **1.7 MILLION**
engagements: **7.8K**



views: **1 MILLION**
engagements: **38K**



views: **1 MILLION**
engagements: **20K**



views: **1.1 MILLION**
engagements: **26K**

TikTok

More than
22 million
video views in 2024

1.7 million
likes on our content - up more than 400% on 2023

Approximately
22.5k
followers added in 2024 - a 200% increase on 2023

Top post of the year has
11 million
views - the big Luigi fail.



Discover our social channels

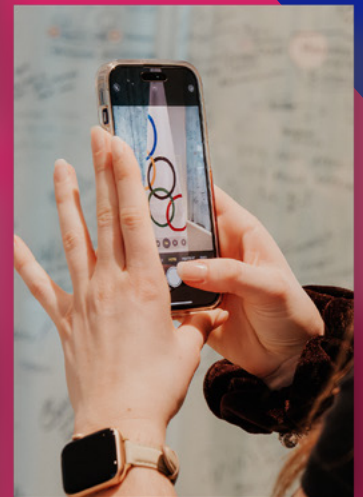


Luigi

Education and Development

Communication Seminar

Held every two years, our Communication Seminar offers an opportunity for Media and Communication staff of our member Federations to get to know each other, exchange ideas and best practices, and learn from each other. This edition, we welcomed a delegation of over 20 people to the Olympic Capital Lausanne, where we visited the impressive IOC Headquarters for an interesting discussion about social media rights for athletes and federations, followed by brainstorming sessions in the Olympic Museum. Thanks to all presenters and participants for the valuable exchanges!





Young Leaders Forum

During the European Championships in Men's and Women's Artistic Gymnastics, we hosted the first edition of the European Gymnastics Young Leaders Forum, a legacy from the invitation of European Athletics to join their Forum during the joint European Championships in Munich in 2022. 18 participants, from all over Europe and from different branches of gymnastics, got together for presentations, personal development, networking and learning opportunities, but most importantly – gymnastics.

Mentor programme

Federations interested in developing their Gymnastics for All presence are invited to join our Mentor Programme. With counselling from experts in the discipline, the programme helps to make an overview of the needs, get feedback, exchange ideas, and establish a strategical plan. Representatives of Estonia, Malta and Romania joined us in Burgas (BUL) to witness the action at the Golden Age Gym Festival thus concluding their programme in style and inspiration. We hope to see them participating in our events soon!



Furthermore, European Gymnastics aims to develop all our disciplines by providing workshops, training camps, coaches and judges courses and webinars.



Have a look at what we achieved in 2024 ...

5 Training camps

Aerobic, Women's Artistic, Trampoline, Acrobatic, Men's Artistic Gymnastics

1 Conference

TeamGym

7 Development Camps & Workshops

Trampoline, Acrobatic Gymnastics

4 Judges' Seminars

Rhythmic, Aerobic, Women's Artistic, Men's Artistic Gymnastics

2 Coaches' Courses

Rhythmic and Aerobic Gymnastics

9 Webinars

Women's Artistic, Acrobatic, Aerobic, Men's Artistic Gymnastics, Gymnastics for All

Interested in joining our development journey? Keep your eye on our website and social media channels for announcements!

elevien

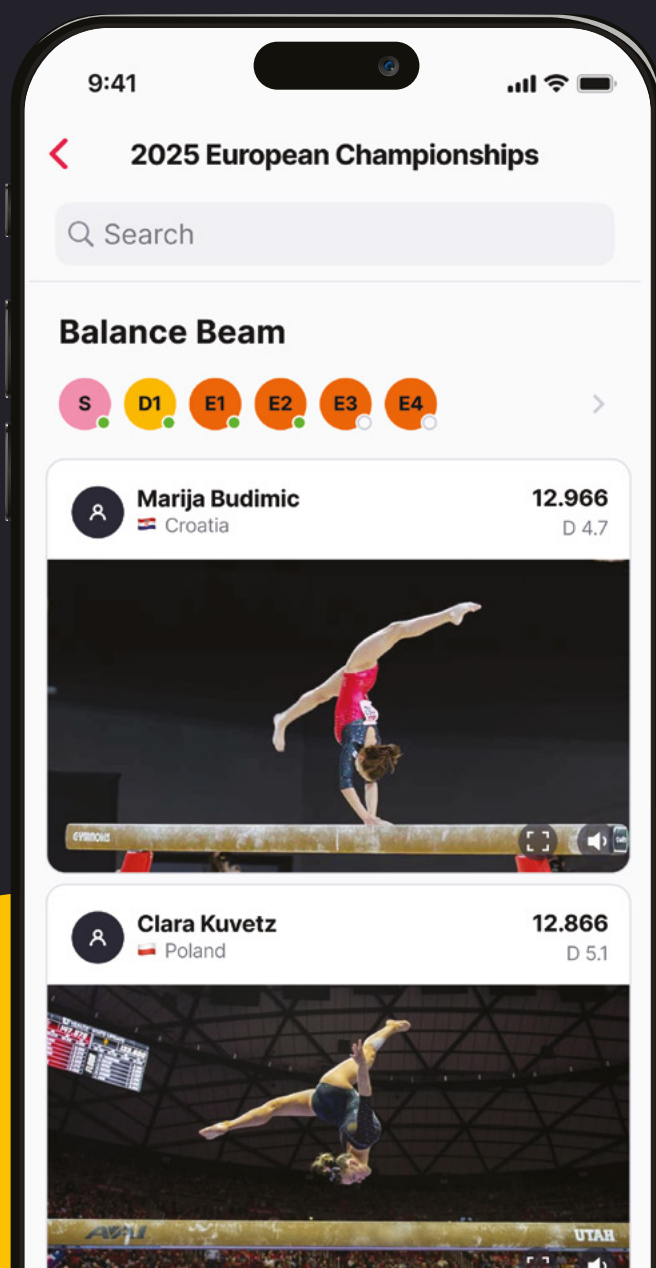
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Elevien unites the entire gymnastics world in one powerful platform.

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Calendar 2025

DATE	EVENT	PLACE
18 January – 1 February	'Perfect 10' MAG Online series	
10 – 13 April	European Age Group Competitions in Acrobatic Gymnastics	Luxembourg 
16 – 20 April	European Championships in Acrobatic Gymnastics	Luxembourg 
1 – 4 May	European Cup in Rhythmic Gymnastics	Baku 
13 May	Online European test event in Men's and Women's Artistic Gymnastics	
26 – 31 May	European Championships in Artistic Gymnastics	Leipzig 
4 – 8 June	European Championships in Rhythmic Gymnastics	Tallinn 
14 June	Online European Cup in Men's Artistic Gymnastics – Qualification	
18 – 22 June	Junior World Championships in Rhythmic Gymnastics	Sofia 
5 July	Online EYOF test event in Men's and Women's Artistic Gymnastics	
7 – 17 July	Training Camp in Women's Artistic Gymnastics	Kuortane 
22 – 26 July	European Youth Olympic Festival	Osijek 
22 – 26 July	World Gym for Life Challenge	Lisbon 
27 July – 2 August	Training Camp in Trampoline Gymnastics	Baku 
7 – 17 August	The World Games	Chengdu 
18 – 24 August	Training Camp in Acrobatic Gymnastics	Kranevo 
20 – 24 August	World Championships in Rhythmic Gymnastics	Rio de Janeiro 
5 – 7 September	Gymnastics for All Educational Long Weekend	Tallin 
20 September	Online European Cup in Men's Artistic Gymnastics – Semi-Final	
4 October	Online Worlds test event in Women's Artistic Gymnastics	
19 – 25 October	World Championships in Artistic Gymnastics	Jakarta 
6 – 9 November	World Championships in Trampoline, Tumbling and Double Mini-Trampoline	Pamplona 
9 – 11 November	European Junior and Under 15 Championships in Aerobic Gymnastics	Ganja 
14 – 16 November	European Championships in Aerobic Gymnastics	Ganja 
22 November	Online European Cup in Men's Artistic Gymnastics – Final	
28 – 29 November	European Gymnastics Congress	Prague 
13 December	Online Christmas Cup in Men's and Women's Artistic Gymnastics	

Dates and location of Workshops, Webinars, Judges' and Coaches' courses will be announced on our social media channels and added to the calendar on our website: www.europeangymnastics.com/events

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Fans Coaches Gymnasts
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