



**European  
Gymnastics**

Head Office  
Avenue de la Gare 12  
CH - 1003 Lausanne

Phone: +41 - 21 - 613.10.20

[info@europeangymnastics.com](mailto:info@europeangymnastics.com)  
[www.europeangymnastics.com](http://www.europeangymnastics.com)

**EUROPEAN GYMNASTICS**

**ONLINE COMPETITIONS 2026**

**IN WOMEN'S ARTISTIC GYMNASTICS**



**Directives**

Dear all,

**European Gymnastics is pleased to herein provide you with the Directives for the planned 2026 WAG Online Competitions.**

## **GENERAL PRINCIPLES**

The competitions will be organised through the **Elevien** online platform.

**Elevien** is a gymnastics digital platform that enables online gymnastics competitions. Gymnasts and judges can be anywhere in Europe and worldwide for the last competition and participate in the competition together. The competition is conducted in such a way that, through the Elevien platform, the gymnast records her exercise with a mobile phone, and the recorded exercise is automatically sent to the judging panel for judging. After receiving the final score, the gymnast is automatically included in the result list of the apparatus on which she performed.

In this way, gymnasts will be able to compete, regardless of their location, with no travel costs.

It will also allow an unlimited number of spectators, all over the world, to watch this gymnastics competition.

Each gymnast can register for the competitions on one or more apparatus.

These **2026 WAG Online Competitions** will be organised under the authority of **European Gymnastics** and can help the gymnasts to prepare for the upcoming European Championships 2026 in Zagreb and World Championships 2026 in Rotterdam.

The competitions will be organised following the:

FIG & European Gymnastics Statutes and Technical Regulations (TR),  
FIG Code of Points **2025 – 2028**, the relevant newsletters and help desk,  
FIG General Judges Rules,  
FIG Specific Judges Rules,  
FIG Anti-Doping Rules,  
European Gymnastics Media Rules,  
FIG Apparatus Norms,  
FIG Code of Ethics,  
FIG Code of Conduct,  
FIG Code of Discipline,

as well as all other Rules and Guidelines valid starting 01 January 2026 onwards, any possible amendments by the date of this competition, and any complements decided in the meantime. The additional rules made in these directives take precedence over the rules listed above due to the nature of the online competition.

All participating gymnasts commit to abide by the Statutes and all European Gymnastics & FIG Rules and Regulations. Gymnasts not respecting these rules & regulations will not be allowed to compete.

All information can be found on the [website of European Gymnastics](#), under Events.

## Table of Contents

1. EUROPEAN GYMNASTICS.....	3
2. ONLINE ORGANISER.....	3
3. PROVISIONAL SCHEDULES (subject to change).....	4
4. PARTICIPATION RIGHT AND LICENCE.....	5
5. AGE LIMIT OF GYMNASTS.....	5
6. REGISTRATIONS AND ENTRY FEES.....	5
7. JUDGING.....	6
8. SCORING AND RESULT SERVICE.....	7
9. COMPETITION FORMAT.....	7
10. EQUIPMENT, CLOTHING AND EXERCISE RECORDING.....	7
11. PUBLICITY.....	9
12. INSURANCE.....	9
13. SUMMARY OF DEADLINES.....	9

## 1. EUROPEAN GYMNASTICS

---

### European Gymnastics

Contact person: Ms. Linda Davila

Avenue de la Gare 12

CH - 1003 Lausanne

Tel: +41 (0)21 613 10 24

Email: [ldavila@europeangymnastics.com](mailto:ldavila@europeangymnastics.com)

Website: [www.europeangymnastics.com](http://www.europeangymnastics.com)



European  
Gymnastics

Responsible for WAG Online Competitions Project: Ms. Jonna Salonen

Email: [online-events@europeangymnastics.com](mailto:online-events@europeangymnastics.com)

## 2. ONLINE ORGANISER

---

### Elevien

Contact person: Ms. Iva Poljak

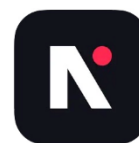
Ulica kralja Zvonimira 5

HR - 31000 Osijek

Tel: +385 91 621 6815

Email: [iva.poljak@elevien.com](mailto:iva.poljak@elevien.com)

Website: <https://elevien.com>



### 3. PROVISIONAL SCHEDULES (subject to change)

<b>WAG European Championships Senior Online Preparation Competition</b>	
<b>DATE/TIME</b> <i>(All times in CET)</i>	<b>DESCRIPTION</b>
<b>Wednesday, 15<sup>th</sup> July 2026 - 09:00</b> <b>to</b> <b>Thursday, 16<sup>th</sup> July 2026 - 23:59</b>	Competition window for gymnasts to <b>upload the routines</b> on all apparatus on which they are competing
<b>Friday, 17<sup>th</sup> July 2026</b> <b>from 10:00 onward</b>	<b>WAG European Championships Senior Online Preparation Competition</b> can be watched on Elevien App

<b>WAG European Championships Juniors Online Preparation Competition</b>	
<b>DATE/TIME</b> <i>(All times in CET)</i>	<b>DESCRIPTION</b>
<b>Thursday, 16<sup>th</sup> July 2026 - 09:00</b> <b>to</b> <b>Friday, 17<sup>th</sup> July 2026 - 23:59</b>	Competition window for gymnasts to <b>upload the routines</b> on all apparatus on which they are competing
<b>Saturday, 18<sup>th</sup> July 2026</b> <b>from 10:00 onward</b>	<b>WAG European Championships Juniors Online Preparation Competition</b> can be watched on Elevien App

<b>WAG World Championships Online Preparation Competition</b>	
<b>DATE/TIME</b> <i>(All times in CET)</i>	<b>DESCRIPTION</b>
<b>Sunday, 4<sup>th</sup> October - 09:00</b> <b>to</b> <b>Monday, 5<sup>th</sup> October 2026 - 23:59</b>	Competition window for gymnasts to <b>upload the routines</b> on all apparatus on which they are competing
<b>Tuesday, 6<sup>th</sup> October 2026</b> <b>from 10:00 onward</b>	<b>WAG World Championships Online Preparation Competition</b> – can be watched on Elevien App

## 4. PARTICIPATION RIGHT AND LICENCE

---

Senior and Junior WAG Gymnasts with the correct age from a European Gymnastics Member Federation (for the first two competitions) and FIG for the last competition in good standing, may take part in these Online Competitions.

The maximum number of participants for each Online competition is as follows:

- **50 gymnasts per apparatus (all 4 apparatus available)**

## 5. AGE LIMIT OF GYMNASTS

---

The age of WAG Juniors in 2026 is 14 and 15 years old (born 2012 - 2011).

The age of WAG Seniors in 2026 is minimum 16 years old (born 2010) or older.

## 6. REGISTRATIONS AND ENTRY FEES

---

### Registrations

Registrations may be completed by the coach, gymnast or person authorised by the gymnast.

By submitting the registration, the entrant confirms that the registered gymnast is a member of a FIG member federation in good standing and without any objection to the gymnast's participation in this online event.

### **Note:**

This confirmation may be checked and gymnast participation refused if a false statement has been made.

If a federation will veto the participation of any gymnast, the federation can contact European Gymnastics once the entry list is published until midday (12:00 CET) the day prior to competition and the participant will then be removed from the entries list.

**Registration:** [Link to the registration platform](#)

### **Registration Deadlines:**

<b>WAG Online Competitions</b>	<b>Registration deadline</b>
European Championships Senior Online Preparation Competition	Wednesday 8 <sup>th</sup> July 2026
European Championships Junior Online Preparation Competition	Thursday 9 <sup>th</sup> July 2026
World Championships Online Preparation Competition	Friday 25 <sup>th</sup> of September 2026

Registrations are accepted per apparatus and will be accepted on a "first come, first served" basis.

Once the maximum number of gymnasts per apparatus has been reached, additional participation cannot be guaranteed. A waiting list for reserve gymnasts will be devised.

European Gymnastics reserves the right on any specific apparatus to limit the number of competing gymnasts per NF and/or increase the total number of gymnasts allowed to compete, to ensure that as many NF as possible can participate in the competition.

The registered gymnasts will receive further detailed video and textual instructions on how to participate 2 days prior to the competition.

By submitting the registration, the entrant furthermore confirms that the registered gymnast can be contacted by European Gymnastics or Elevien for future online competitions.

### Entry Fees

**The entry fee for these competitions will be EUR 15.00 per gymnast per apparatus or EUR 50.00 for the All Arounder.**

**These entry fees are non-refundable.**

The total amount of the entry fees must be paid until the **date of the respective registration deadline at the very latest on the following bank account:**

<b>Beneficiary</b>	Elevien d.o.o.
<b>Bank Account / IBAN</b>	HR2723600001102886198
<b>Bank name</b>	Zagrebačka banka d.d.
<b>SWIFT/BIC</b>	ZBAHR2X

All bank fees in connection with the bank transfer must be covered by the entrant.

Please state the name of the **Federation** and the **payment purpose** on the transfer (i.e. 'SUI\_2026 WAG Online Competition\_Entry\_fee'). The payment must be made in **EUR only**.

The **entry fee payment confirmation must be uploaded in Elevien** at registration or at any point after that, but before the competition starts.

Please contact European Gymnastics if you need to receive an invoice.

➔ **Registrations are only accepted after receipt of the entry fee!**

## 7. JUDGING

---

The judging panel for each apparatus will be 1 Supervisor, 1D and 4E judges. The judges will be selected from the members of the European Gymnastics WTC plus additional international judges. The selected judges will receive detailed video and textual instructions on how to judge online using the Elevien application.

**All judges will have a current valid FIG brevet 2025-2028.**

European Gymnastics reserves the right to change the composition of the judging panels at any time.

### Line on Vault and Floor Exercise

If the apparatus supervisor and D1 are not sure if a line deduction on Vault or Floor Exercise should be taken during an exercise, the benefit of the doubt will be given to the gymnast (no deduction for line).

### Fall Time

No fall time and overtime deductions will be applied for this competition.

### Inquiry Procedure

The inquiry procedure in use for the WAG Online Competitions 2026 is as follows:

- The gymnast has the right to make an inquiry about their D Score. Any inquiry must be submitted between 14:30 and 15:30 CET on the day the routines are judged.
- There will be no fee to make an inquiry on the D Score.

- To start the procedure, the gymnast must contact the online organiser via WhatsApp stating the gymnast's name, exercise apparatus and expected D score.
- The online organiser will inform the superior jury who will review the exercise and, if necessary, adjust the D score of the gymnast.
- The gymnast also has the right to request a review of any neutral deductions and bonus. This request must also be received up to 10 minutes after the neutral deductions / bonus is published.

## 8. SCORING AND RESULT SERVICE

---

After all the judges have entered their scores, the results will be automatically listed on the result list. Next to each result there will be a video recording of the performance that can be watched countless times. In this way, **Elevien** will provide the "**Video & Result book**" of the competition.

During the competition, only the Difficulty Judges' Panel will be able to review the performance video, if necessary.

## 9. COMPETITION FORMAT

---

### **All Around and Apparatus Finals**

The gymnasts on each apparatus will compete for the respective Apparatus title (on Vault CoP rules, Juniors or Seniors, for Apparatus Finals).

Those who participate in all apparatus (on Vault just one vault / first vault) will be included in the All Around ranking.

### **Competition Program**

- The gymnast will only get one opportunity to record their performance through the Elevien application. After stopping the recording, the video is automatically uploaded in Elevien and will be available for evaluation and visible to the audience at the start of the judging window.
- The entire competition, together with recordings of performances and results, can be followed during the judging window, and after the last performance has been judged, the final Video result lists will be complete.

## 10. EQUIPMENT, CLOTHING AND EXERCISE RECORDING

---

### Equipment and Clothing

Gymnasts will compete in their own facility with equipment and matting as near to FIG specification as is possible. Specifically, apparatus height must be as per FIG Apparatus Norms, the apparatus must be positioned over a hard landing (**not over a pitted facility**), and no extra mats are allowed.

Please note: **Violation of these apparatus rules risk Apparatus Neutral Deductions (0.50) being applied to the exercise score for that gymnast.**

Gymnasts should perform dressed in gymnastics competition attire.

## Exercise Recording

The camera recording should be made from the side of the apparatus, at an angle approximately the same as the pictures below.

The gymnast must be in full view for the entire recording with no obstruction to the view, with just as much as is enough to fit the entire body of the gymnast in the frame, and not too far that the details cannot be seen.

For Floor Exercise and for Vault, it will be necessary to move the camera to ensure the gymnast remains in the picture, in focus and with a clear view using zoom as necessary.

Please note:

1. **Videos must be uploaded during the competition window specified. Videos that started recording prior to the end of the upload window will have 15 minutes after the window closed to complete uploading. Any video that started recording after the window closed or, in the case where the recording started prior to the window closing, which does not finish uploading 15 minutes after the window closed, will not be evaluated - the exercise will be marked as Did Not Start (DNS).**
2. **For the exercise to be uploaded within 5 minutes of recording, the upload speed should be a minimum of 20Mbps. Upload speed can be tested before the competition using <https://www.speedtest.net/> or by creating your own event in the Elevien App and noting how long it takes to upload exercises to the App for your event. It is most important that the connection is stable. If issues are encountered with connection it is recommended to move to an alternative location with good connection using either Wi-Fi or 5G.**
3. **The Superior Jury will award a final score of zero for any exercise that cannot be fully evaluated due to the poor angle or distance of the images, or poor detail of the gymnast in the recording.**



Vault



Uneven Bars



Balance Beam



Floor Exercise



FX - Move camera and zoom

## 11. PUBLICITY

---

The gymnast and/or coach must ensure that any advertising on clothing, apparatus, background or any person in the exercise video does not include any political slogans or signs, motivational words or logos. Designs or items depicting war, violence, sexual or religious themes are prohibited. Advertising on clothing may not be placed in a way that is provocative, or that violates good manners, ethical and moral social principles of our society, e.g. advertising that glorifies violent, racial, religious, political or sexist ideologies is not allowed.

Any exercise video uploaded that is deemed to violate the above will be removed from the Elevien App and the score for the exercise will be zero.

## 12. INSURANCE

---

The Online Organiser, European Gymnastics and the license-provider World Gymnastics will not be held responsible for any liabilities in case of accidents, illness, and the like.

The European Gymnastics and FIG Technical Regulations foresee that all participating gymnasts are responsible for making their own arrangements to have the necessary valid insurance coverage against illness and accidents which is valid for the participation in these online competitions.

## 13. SUMMARY OF DEADLINES

---

### European Gymnastics Deadlines

Registration – Competition	Registration Closing Date
European Championships Senior Online Preparation Competition	Wednesday 8 <sup>th</sup> July 2026 at 23:59h (CET)
European Championships Junior Online Preparation Competition	Thursday 9 <sup>th</sup> July 2026 at 23:59h (CET)
World Championships Online Preparation Competition	Friday 25 <sup>th</sup> September 2026 at 23:59h (CET)

## Elevien Deadlines

---

Entry fees payment to Elevien	Reception Deadline
European Championships Senior Online Preparation Competition	Wednesday 8 <sup>th</sup> July 2026 at 23:59h (CET)
European Championships Junior Online Preparation Competition	Thursday 9 <sup>th</sup> July 2026 at 23:59h (CET)
World Championships Online Preparation Competition	Friday 25 <sup>th</sup> September 2026 at 23:59h (CET)

Upload of gymnasts routines	Upload Dates
European Championships Senior Online Preparation Competition	Wednesday, 15th July 2026 - 09:00 to Thursday, 16th July 2026 - 23:59
European Championships Junior Online Preparation Competition	Thursday, 16 <sup>th</sup> July 2026 - 09:00 to Friday, 17 <sup>th</sup> July 2026 - 23:59
World Championships Online Preparation Competition	Sunday, 4 <sup>th</sup> October - 09:00 to Monday, 5 <sup>th</sup> October 2026 - 23:59

All information about the competition can be found on the [official website](#).

We look forward to seeing you online.

Yours Sincerely,



Mairead KAVANAGH  
European Gymnastics WTC President



Tomislav Grubišić  
CEO, Elevien