

Training schedules

Tuesday, September 13th, 2022						
	Warm-up		Training hall		Competition hall	
	Start	End	Start	End	Start	End
Training for Junior Men's Teams	09:00	09:40	09:35	11:15	09:55	11:35
Training for Junior Mixed Teams	11:00	11:40	11:35	13:15	11:55	13:35
Training for Junior Women's Teams	13:00	15:50	13:35	17:25	13:55	17:45
- Pool 1: Teams 1-7	13:00	13:50	13:35	15:25	13:55	15:45
- Pool 2: Teams 8-13	15:10	15:50	15:45	17:25	16:05	17:45

Wednesday, September 14th, 2022						
	Warm-up		Training hall		Competition hall	
	Start	End	Start	End	Start	End
Training for Senior Mixed Teams	08:00	08:50	08:35	10:25	08:55	10:45
Training for Senior Women's Teams	10:00	11:00	10:35	12:35	10:55	12:55
Training for Senior Men's Teams	12:00	12:50	12:35	14:25	12:55	14:45

Training for Junior Men's Teams

Tuesday
September 13th, 2022

General warm-up start 09:00
Apparatus warm-up start 09:35
Training in competition hall start 09:55
End of training 11:35

				General warm-up		Apparatus warm-up						Competition hall					
#	Section	Team	Rnd	Start	End	Floor		Tumble		Trampet		Floor		Tumble		Trampet	
				Start	End	Start	End	Start	End	Start	End	Start	End	Start	End	Start	End
1	JUNIOR MEN	ISL	1	09:00	09:30	09:35	09:45					09:55	10:05				
2	JUNIOR MEN	DEN	1	09:00	09:30			09:35	09:45					09:55	10:05		
3	JUNIOR MEN	GBR	1	09:00	09:30					09:35	09:45					09:55	10:05
4	JUNIOR MEN	NOR	1	09:10	09:40	09:45	09:55					10:05	10:15				
5	JUNIOR MEN	SWE	1	09:10	09:40			09:45	09:55					10:05	10:15		
6	JUNIOR MEN	ISL	2							10:15	10:25					10:35	10:45
7	JUNIOR MEN	DEN	2			10:15	10:25					10:35	10:45				
8	JUNIOR MEN	GBR	2					10:15	10:25					10:35	10:45		
9	JUNIOR MEN	NOR	2							10:25	10:35					10:45	10:55
10	JUNIOR MEN	SWE	2			10:25	10:35					10:45	10:55				
11	JUNIOR MEN	ISL	3					10:55	11:05					11:15	11:25		
12	JUNIOR MEN	DEN	3							10:55	11:05					11:15	11:25
13	JUNIOR MEN	GBR	3			10:55	11:05					11:15	11:25				
14	JUNIOR MEN	NOR	3					11:05	11:15					11:25	11:35		
15	JUNIOR MEN	SWE	3							11:05	11:15					11:25	11:35

Training for Junior Mixed Teams

Tuesday
September 13th, 2022

General warm-up start 11:00
Apparatus warm-up start 11:35
Training in competition hall start 11:55
End of training 13:35

				General warm-up		Apparatus warm-up						Competition hall					
#	Section	Team	Rnd	Start	End	Floor Start	End	Tumble Start	End	Trampet Start	End	Floor Start	End	Tumble Start	End	Trampet Start	End
1	JUNIOR MIXED	DEN	1	11:00	11:30	11:35	11:45					11:55	12:05				
2	JUNIOR MIXED	ISL	1	11:00	11:30			11:35	11:45					11:55	12:05		
3	JUNIOR MIXED	SWE	1	11:00	11:30					11:35	11:45					11:55	12:05
4	JUNIOR MIXED	GBR	1	11:10	11:40	11:45	11:55					12:05	12:15				
5	JUNIOR MIXED	NOR	1	11:10	11:40			11:45	11:55					12:05	12:15		
6	JUNIOR MIXED	EST	1	11:10	11:40					11:45	11:55					12:05	12:15
7	JUNIOR MIXED	DEN	2					12:15	12:25					12:35	12:45		
8	JUNIOR MIXED	ISL	2							12:15	12:25					12:35	12:45
9	JUNIOR MIXED	SWE	2			12:15	12:25					12:35	12:45				
10	JUNIOR MIXED	GBR	2					12:25	12:35					12:45	12:55		
11	JUNIOR MIXED	NOR	2							12:25	12:35					12:45	12:55
12	JUNIOR MIXED	EST	2			12:25	12:35					12:45	12:55				
13	JUNIOR MIXED	DEN	3							12:55	13:05					13:15	13:25
14	JUNIOR MIXED	ISL	3			12:55	13:05					13:15	13:25				
15	JUNIOR MIXED	SWE	3					12:55	13:05					13:15	13:25		
16	JUNIOR MIXED	GBR	3							13:05	13:15					13:25	13:35
17	JUNIOR MIXED	NOR	3			13:05	13:15					13:25	13:35				
18	JUNIOR MIXED	EST	3					13:05	13:15					13:25	13:35		

Training for Junior Women's Teams - Pool 1: Teams 1-7

Tuesday
September 13th, 2022

General warm-up start 13:00
Apparatus warm-up start 13:35
Training in competition hall start 13:55
End of training 15:45

				General warm-up		Apparatus warm-up						Competition hall													
#		Section	Team	Rnd	Start	End	Floor		Tumble		Trampet		Floor		Tumble		Trampet								
							Start	End	Start	End	Start	End	Start	End	Start	End	Start	End							
1	JUNIOR WOMEN	AUT	1	13:00	13:30	13:35	13:45	13:35	13:45	13:35	13:45	13:55	14:05	13:55	14:05	13:55	14:05								
2	JUNIOR WOMEN	POR	1	13:00	13:30																				
3	JUNIOR WOMEN	LUX	1	13:00	13:30																				
4	JUNIOR WOMEN	ISL	1	13:10	13:40	13:45	13:55											14:05	14:15						
5	JUNIOR WOMEN	NOR	1	13:10	13:40							13:45	13:55							14:05	14:15				
6	JUNIOR WOMEN	FRA	1	13:10	13:40					13:45	13:55					14:05	14:15								
7	JUNIOR WOMEN	FIN	1	13:20	13:50	13:55	14:05					14:15	14:25												
8	JUNIOR WOMEN	AUT	2			14:15	14:25	14:15	14:25	14:15	14:25	14:35	14:45	14:35	14:45	14:35	14:45								
9	JUNIOR WOMEN	POR	2																						
10	JUNIOR WOMEN	LUX	2																						
11	JUNIOR WOMEN	ISL	2											14:25	14:35							14:45	14:55		
12	JUNIOR WOMEN	NOR	2															14:25	14:35					14:45	14:55
13	JUNIOR WOMEN	FRA	2											14:25	14:35					14:45	14:55				
14	JUNIOR WOMEN	FIN	2											14:35	14:45							14:55	15:05		
15	JUNIOR WOMEN	AUT	3			14:55	15:05	14:55	15:05	14:55	15:05	15:15	15:25	15:15	15:25	15:25	15:35								
16	JUNIOR WOMEN	POR	3																						
17	JUNIOR WOMEN	LUX	3																						
18	JUNIOR WOMEN	ISL	3																	15:05	15:15				
19	JUNIOR WOMEN	NOR	3															15:05	15:15			15:25	15:35		
20	JUNIOR WOMEN	FRA	3																	15:05	15:15			15:25	15:35
21	JUNIOR WOMEN	FIN	3																	15:15	15:25				

Training for Junior Women's Teams - Pool 2: Teams 8-13

Tuesday
September 13th, 2022

General warm-up start 15:10
Apparatus warm-up start 15:45
Training in competition hall start 16:05
End of training 17:45

				General warm-up		Apparatus warm-up						Competition hall					
#	Section	Team	Rnd	Start	End	Floor		Tumble		Trampet		Floor		Tumble		Trampet	
						Start	End	Start	End	Start	End	Start	End	Start	End	Start	End
22	JUNIOR WOMEN	DEN	1	15:10	15:40	15:45	15:55					16:05	16:15				
23	JUNIOR WOMEN	CZE	1	15:10	15:40			15:45	15:55					16:05	16:15		
24	JUNIOR WOMEN	ITA	1	15:10	15:40					15:45	15:55					16:05	16:15
25	JUNIOR WOMEN	SWE	1	15:20	15:50	15:55	16:05					16:15	16:25				
26	JUNIOR WOMEN	GBR	1	15:20	15:50			15:55	16:05					16:15	16:25		
27	JUNIOR WOMEN	GER	1	15:20	15:50					15:55	16:05					16:15	16:25
28	JUNIOR WOMEN	DEN	2					16:25	16:35					16:45	16:55		
29	JUNIOR WOMEN	CZE	2							16:25	16:35					16:45	16:55
30	JUNIOR WOMEN	ITA	2			16:25	16:35					16:45	16:55				
31	JUNIOR WOMEN	SWE	2					16:35	16:45					16:55	17:05		
32	JUNIOR WOMEN	GBR	2							16:35	16:45					16:55	17:05
33	JUNIOR WOMEN	GER	2			16:35	16:45					16:55	17:05				
34	JUNIOR WOMEN	DEN	3							17:05	17:15					17:25	17:35
35	JUNIOR WOMEN	CZE	3			17:05	17:15					17:25	17:35				
36	JUNIOR WOMEN	ITA	3					17:05	17:15					17:25	17:35		
37	JUNIOR WOMEN	SWE	3							17:15	17:25					17:35	17:45
38	JUNIOR WOMEN	GBR	3			17:15	17:25					17:35	17:45				
39	JUNIOR WOMEN	GER	3					17:15	17:25					17:35	17:45		

Training for Senior Mixed Teams

Wednesday
September 14th, 2022

General warm-up start 08:00
Apparatus warm-up start 08:35
Training in competition hall start 08:55
End of training 10:45

				General warm-up		Apparatus warm-up						Competition hall					
#	Section	Team	Rnd	Start	End	Floor Start	End	Tumble Start	End	Trampet Start	End	Floor Start	End	Tumble Start	End	Trampet Start	End
1	SENIOR MIXED	GBR	1	08:00	08:30	08:35	08:45					08:55	09:05				
2	SENIOR MIXED	CZE	1	08:00	08:30			08:35	08:45					08:55	09:05		
3	SENIOR MIXED	FRA	1	08:00	08:30					08:35	08:45					08:55	09:05
4	SENIOR MIXED	NOR	1	08:10	08:40	08:45	08:55					09:05	09:15				
5	SENIOR MIXED	SLO	1	08:10	08:40			08:45	08:55					09:05	09:15		
6	SENIOR MIXED	DEN	1	08:10	08:40					08:45	08:55					09:05	09:15
7	SENIOR MIXED	AUT	1	08:20	08:50	08:55	09:05					09:15	09:25				
8	SENIOR MIXED	POR	1	08:20	08:50			08:55	09:05					09:15	09:25		
9	SENIOR MIXED	SWE	1	08:20	08:50					08:55	09:05					09:15	09:25
10	SENIOR MIXED	GBR	2					09:15	09:25					09:35	09:45		
11	SENIOR MIXED	CZE	2							09:15	09:25					09:35	09:45
12	SENIOR MIXED	FRA	2			09:15	09:25					09:35	09:45				
13	SENIOR MIXED	NOR	2					09:25	09:35					09:45	09:55		
14	SENIOR MIXED	SLO	2							09:25	09:35					09:45	09:55
15	SENIOR MIXED	DEN	2			09:25	09:35					09:45	09:55				
16	SENIOR MIXED	AUT	2					09:35	09:45					09:55	10:05		
17	SENIOR MIXED	POR	2							09:35	09:45					09:55	10:05
18	SENIOR MIXED	SWE	2			09:35	09:45					09:55	10:05				
19	SENIOR MIXED	GBR	3							09:55	10:05					10:15	10:25
20	SENIOR MIXED	CZE	3			09:55	10:05					10:15	10:25				
21	SENIOR MIXED	FRA	3					09:55	10:05					10:15	10:25		
22	SENIOR MIXED	NOR	3							10:05	10:15					10:25	10:35
23	SENIOR MIXED	SLO	3			10:05	10:15					10:25	10:35				
24	SENIOR MIXED	DEN	3					10:05	10:15					10:25	10:35		
25	SENIOR MIXED	AUT	3							10:15	10:25					10:35	10:45
26	SENIOR MIXED	POR	3			10:15	10:25					10:35	10:45				
27	SENIOR MIXED	SWE	3					10:15	10:25					10:35	10:45		

Training for Senior Women's Teams

Wednesday
September 14th, 2022
General warm-up start 10:00
Apparatus warm-up start 10:35
Training in competition hall start 10:55
End of training 12:55

				General warm-up		Apparatus warm-up						Competition hall					
#	Section	Team	Rnd	Start	End	Floor	End	Tumble	End	Trampet	End	Floor	End	Tumble	End	Trampet	End
1	SENIOR WOMEN	SWE	1	10:00	10:30	10:35	10:45					10:55	11:05				
2	SENIOR WOMEN	DEN	1	10:00	10:30			10:35	10:45					10:55	11:05		
3	SENIOR WOMEN	ISL	1	10:00	10:30					10:35	10:45					10:55	11:05
4	SENIOR WOMEN	GER	1	10:10	10:40	10:45	10:55					11:05	11:15				
5	SENIOR WOMEN	FIN	1	10:10	10:40			10:45	10:55					11:05	11:15		
6	SENIOR WOMEN	NOR	1	10:10	10:40					10:45	10:55					11:05	11:15
7	SENIOR WOMEN	NED	1	10:20	10:50	10:55	11:05					11:15	11:25				
8	SENIOR WOMEN	GBR	1	10:20	10:50			10:55	11:05					11:15	11:25		
9	SENIOR WOMEN	CZE	1	10:20	10:50					10:55	11:05					11:15	11:25
10	SENIOR WOMEN	FRA	1	10:30	11:00	11:05	11:15					11:25	11:35				
11	SENIOR WOMEN	SWE	2					11:15	11:25					11:35	11:45		
12	SENIOR WOMEN	DEN	2							11:15	11:25					11:35	11:45
13	SENIOR WOMEN	ISL	2			11:15	11:25					11:35	11:45				
14	SENIOR WOMEN	GER	2					11:25	11:35					11:45	11:55		
15	SENIOR WOMEN	FIN	2							11:25	11:35					11:45	11:55
16	SENIOR WOMEN	NOR	2			11:25	11:35					11:45	11:55				
17	SENIOR WOMEN	NED	2					11:35	11:45					11:55	12:05		
18	SENIOR WOMEN	GBR	2							11:35	11:45					11:55	12:05
19	SENIOR WOMEN	CZE	2			11:35	11:45					11:55	12:05				
20	SENIOR WOMEN	FRA	2					11:45	11:55					12:05	12:15		
21	SENIOR WOMEN	SWE	3							11:55	12:05					12:15	12:25
22	SENIOR WOMEN	DEN	3			11:55	12:05					12:15	12:25				
23	SENIOR WOMEN	ISL	3					11:55	12:05					12:15	12:25		
24	SENIOR WOMEN	GER	3							12:05	12:15					12:25	12:35
25	SENIOR WOMEN	FIN	3			12:05	12:15					12:25	12:35				
26	SENIOR WOMEN	NOR	3					12:05	12:15					12:25	12:35		
27	SENIOR WOMEN	NED	3							12:15	12:25					12:35	12:45
28	SENIOR WOMEN	GBR	3			12:15	12:25					12:35	12:45				
29	SENIOR WOMEN	CZE	3					12:15	12:25					12:35	12:45		
30	SENIOR WOMEN	FRA	3							12:25	12:35					12:45	12:55

Training for Senior Men's Teams

Wednesday
September 14th, 2022

General warm-up start 12:00
Apparatus warm-up start 12:35
Training in competition hall start 12:55
End of training 14:45

Updated 2022-09-01

				General warm-up		Apparatus warm-up						Competition hall					
#	Section	Team	Rnd	Start	End	Floor Start	Floor End	Tumble Start	Tumble End	Trampet Start	Trampet End	Floor Start	Floor End	Tumble Start	Tumble End	Trampet Start	Trampet End
1	SENIOR MEN	ISL	1	12:00	12:30	12:35	12:45					12:55	13:05				
2	SENIOR MEN	SWE	1	12:00	12:30			12:35	12:45					12:55	13:05		
3	SENIOR MEN	ITA	1	12:00	12:30					12:35	12:45					12:55	13:05
4	SENIOR MEN	NOR	1	12:10	12:40	12:45	12:55					13:05	13:15				
5	SENIOR MEN	NED	1	12:10	12:40			12:45	12:55					13:05	13:15		
6	SENIOR MEN	GBR	1	12:10	12:40					12:45	12:55					13:05	13:15
7	SENIOR MEN	DEN	1	12:20	12:50	12:55	13:05					13:15	13:25				
8	SENIOR MEN	AZE	1	12:20	12:50			12:55	13:05					13:15	13:25		
9	SENIOR MEN	ISL	2							13:15	13:25					13:35	13:45
10	SENIOR MEN	SWE	2			13:15	13:25					13:35	13:45				
11	SENIOR MEN	ITA	2					13:15	13:25					13:35	13:45		
12	SENIOR MEN	NOR	2							13:25	13:35					13:45	13:55
13	SENIOR MEN	NED	2			13:25	13:35					13:45	13:55				
14	SENIOR MEN	GBR	2					13:25	13:35					13:45	13:55		
15	SENIOR MEN	DEN	2							13:35	13:45					13:55	14:05
16	SENIOR MEN	AZE	2			13:35	13:45					13:55	14:05				
17	SENIOR MEN	ISL	3					13:55	14:05					14:15	14:25		
18	SENIOR MEN	SWE	3							13:55	14:05					14:15	14:25
19	SENIOR MEN	ITA	3			13:55	14:05					14:15	14:25				
20	SENIOR MEN	NOR	3					14:05	14:15					14:25	14:35		
21	SENIOR MEN	NED	3							14:05	14:15					14:25	14:35
22	SENIOR MEN	GBR	3			14:05	14:15					14:25	14:35				
23	SENIOR MEN	DEN	3					14:15	14:25					14:35	14:45		
24	SENIOR MEN	AZE	3							14:15	14:25					14:35	14:45