



Additional Training Session Request

Appendix 3

| | | | |
|---------------------|---------------|--|--|
| National Federation | | | |
| Contact Person | Name | | |
| | Mobile Number | | |

| | | | |
|----------------------------------|----------------------------------|------------------------------|------------------------------|
| JUNIORS <input type="checkbox"/> | SENIORS <input type="checkbox"/> | MAG <input type="checkbox"/> | WAG <input type="checkbox"/> |
|----------------------------------|----------------------------------|------------------------------|------------------------------|

TO BE COMPLETED BY THE HEAD OF DELEGATION

| | | | |
|----------------------------------|--|------|------|
| Date Training Requested On | | | |
| Time Requested | | | |
| Number of Gymnasts – MAG | | | |
| Number of Gymnasts – WAG | | | |
| Signature of National Federation | | Date | Time |

TO BE COMPLETED BY THE LOCAL ORGANISING COMMITTEE

| | | | |
|---|------|------|------|
| Training Request: Approved <input type="checkbox"/> Modified <input type="checkbox"/> | | | |
| Date of Training Offered | | | |
| Time Offered | | | |
| Training Hall Allocated | MAG: | WAG: | |
| Signature of LOC | | Date | Time |
| Request Refused <input type="checkbox"/> | | | |
| Comments | | | |
| Signature | | | |

For Training on the days **prior to the Official Training** – The National Federation must submit this form to the LOC **no later than 5 days before** the Official Arrival Date of Delegations per the Work Plan.

For Additional Training **during the event** the National Federation must submit this form to the LOC / Information Desk, a minimum **of 24 hours before** the proposed training session.