

Men's Artistic Gymnastics Training Schedule

Sunday 21th April 2024

Men's Artistic: Training Hall A

Start time	Duration	End time								
10:00		12:30	3-1	Training Slot 1						MAG Long
10:00	00:30	10:30		General warm up						
10:30	00:20	10:50	3-1-1	SUI S (6)	GBR S (6) / ROU S (6)	GER S (6)/CRO S (6)	CZE S (5)	BEL S (6)	SWE S (6)	
10:50	00:20	11:10	3-1-2							
11:10	00:20	11:30	3-1-3							
11:30	00:20	11:50	3-1-4							
11:50	00:20	12:10	3-1-5							
12:10	00:20	12:30	3-1-6							
12:30		15:00	7-1	Training Slot 2						MAG Long
12:30	00:30	13:00		General warm up						
13:00	00:20	13:20	7-1-1	NOR S (5)	AUT S (6)	ISL S (5)	NED S (6)			
13:20	00:20	13:40	7-1-2							
13:40	00:20	14:00	7-1-3							
14:00	00:20	14:20	7-1-4							
14:20	00:20	14:40	7-1-5							
14:40	00:20	15:00	7-1-6							
15:00		17:30	4-1	Training Slot 3						MAG Long
15:00	00:30	15:30		General warm up						
15:30	00:20	15:50	4-1-1	SUI S (6)/GRE S (6)	BEL S (6) / ROU S (6)	GER S (6) / POL JS (3)	SVK J/S (4)	CRO S (6)	ITA S (6)	
15:50	00:20	16:10	4-1-2							
16:10	00:20	16:30	4-1-3							
16:30	00:20	16:50	4-1-4							
16:50	00:20	17:10	4-1-5							
17:10	00:20	17:30	4-1-6							
17:30		20:00	4-1	Training Slot 4						MAG Long
17:30	00:30	18:00		General warm up						
18:00	00:20	18:20	4-1-1	SWE S (6)	ALB S (1)	NOR S (5)	ESP S (6)	HUN S (6)/TUR S (6)	SLO S (4)	
18:20	00:20	18:40	4-1-2							
18:40	00:20	19:00	4-1-3							
19:00	00:20	19:20	4-1-4							
19:20	00:20	19:40	4-1-5							
19:40	00:20	20:00	4-1-6							

Men's Artistic: Training Hall B

Start time	Duration	End time								
10:00		12:30	5-1	Training Slot 1						MAG Long
10:00	00:30	10:30		General warm up						
10:30	00:20	10:50	5-1-1	GBR J (5)	SUI J (5)	FIN S (5)	ISR J (5)	ISR S (6)/CRO J (5)	CZE J (5)	
10:50	00:20	11:10	5-1-2							
11:10	00:20	11:30	5-1-3							
11:30	00:20	11:50	5-1-4							
11:50	00:20	12:10	5-1-5							
12:10	00:20	12:30	5-1-6							
12:30		15:00	6-1	Training Slot 2						MAG Long
12:30	00:30	13:00		General warm up						
13:00	00:20	13:20	6-1-1	IRL J (5) / IRL J (1)		AUT J (5)			NOR J (5)	
13:20	00:20	13:40	6-1-2							
13:40	00:20	14:00	6-1-3							
14:00	00:20	14:20	6-1-4							
14:20	00:20	14:40	6-1-5							
14:40	00:20	15:00	6-1-6							
15:00		17:30	7-2	Training Slot 3						MAG Long
15:00	00:30	15:30		General warm up						
15:30	00:20	15:50	7-2-1	SUI J (5)/GRE J (6)	GBR J (5) / CYP S (6)	POR J/S (6)	CRO J (5)	ISR J (5)	ISR S (6)	
15:50	00:20	16:10	7-2-2							
16:10	00:20	16:30	7-2-3							
16:30	00:20	16:50	7-2-4							
16:50	00:20	17:10	7-2-5							
17:10	00:20	17:30	7-2-6							
17:30		20:00	7-2	Training Slot 4						MAG Long
17:30	00:30	18:00		General warm up						
18:00	00:20	18:20	7-2-1	ESP J (5)	SLO J (5)	HUN J (5)	NED J (5) / TUR J (5)	FRA S (4) / FRA J (5)	NOR J (5)	
18:20	00:20	18:40	7-2-2							
18:40	00:20	19:00	7-2-3							
19:00	00:20	19:20	7-2-4							
19:20	00:20	19:40	7-2-5							
19:40	00:20	20:00	7-2-6							