

Addendum to Work Plan 2.9

Replacement of an injured or ill gymnast

1. PURPOSE

The training hall (Honkahlalli) and the competition hall (Metro Areena) are separate buildings, and teams move between them throughout each session. This addendum sets out how Work Plan 2.9 will be carried out at this event. It does not change TR – Specific Rules TeamGym, Art. 2.

2. PRINCIPLES (UNCHANGED)

- After the team declaration, a reserve may be used only for an injury or illness confirmed by the official doctor. Only an accredited reserve of the same team may come in.
- A replacement is possible only before the team's floor routine, whichever apparatus the team starts on.
- After floor, the team continues without the gymnast on tumble and trampet. A reserve who has not performed floor may not compete.
- Gymnasts that are taken out or replaced during the competition may not participate further in the Championships.

3. MEDICAL CONFIRMATION

The European Gymnastics Official Doctor appoints the LOC doctors on duty as his representatives for this confirmation (Work Plan 2.19; Medical Guidelines 8.2). LOC doctors are positioned in the medical centre and are on call during the competition. A LOC doctor will come immediately to **Honkahlalli** or **Metro Areena** if needed. The signature of either doctor confirms the injury or illness.

4. PROCEDURE

1. The coach asks the nearest LOC medical point for an examination and completes Part A of the Replacement Form (Appendix 7, Espoo revision). The paramedic staff takes care of the injured gymnast.
2. The LOC doctor examines the gymnast and, if the injury or illness is confirmed, informs the European Gymnastics Doctor by radio or mobile phone. The European Gymnastics Official Doctor records the withdrawal.
3. The LOC doctor signs Part B with the time and hands the form back to the coach.
4. The coach takes the form to the Line-up desk.
5. When the Line-up desk receives the form the information needs to be spread with the Superior Jury in the management table. Further communication (if needed) will be done by the Superior Jury.
6. The Floor manager will take the form to the LOC office at latest after competition.
7. After the team's competition and before the end of the session, the coach and the European Gymnastics Official Doctor sign Part C on the original at the LOC Office. The team may photograph the completed form as its record.

5. TIMING

Once Part B is signed before the team's scheduled start on floor, the reserve may compete even if steps 3–5 are not complete. If the examination cannot be finished before the scheduled start, the Superior Jury decides. Changes before the declaration deadline are made by resubmitting Appendix 6, without medical confirmation.

6. MEDICAL RECORDS

The replacement form contains no diagnosis. The LOC physician completes the Injury/Illness Report Form (Medical Guidelines Annex 2), signed by the athlete or legal representative, and hands it to the European Gymnastics Official Doctor by the end of the event.

7. RECOMMENDATION TO TEAMS

Reserves should warm up with the team in competition attire and wearing their numbers, so they can step in at once.

President, TC-TeamGym

Official Doctor, European Gymnastics

LOC Medical Officer