



**European
Gymnastics**

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31ST EUROPEAN CHAMPIONSHIPS IN ACROBATIC GYMNASTICS FOR SENIORS & JUNIORS

**VARNA (BUL)
18-22 OCTOBER 2023**



Work Plan

Updated 05.10

Event ID Juniors – 17285

Event ID Seniors – 16909

This work plan has been drawn up in accordance with the FIG and European Gymnastics regulations and is based upon the definitive registrations received by European Gymnastics office on 07.08.2023

**EUROVISION
SPORT**
OPERATED BY EBU

SMARTSCORING

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1.2 EUROPEAN GYMNASTICS

EUROPEAN GYMNASTICS OFFICIALS	
President	Dr. Farid GAYIBOV
Director	Lisa WORTHMANN
Vice-President, President Jury of Appeal	Michel BOUTARD
EC member, Member Jury of Appeal	Ciaran GALLAGHER
Head of Media	Tina GERETS
Sports Coordinator	Michaël ALGER
Official Doctor	Lubos HRAZDIRA

ACROBATIC GYMNASTICS TECHNICAL COMMITTEE	
President	Carine CHARLIER
Vice-President	Juan LEON-PRADOS
Secretary	Melanie SANDERS
Member	Nikolay IVANOV
Member	Amir MOZES
Member	Katarzyna MAJEWSKA-KASPRZAK

1.2 OFFICIAL EUROPEAN GYMNASTICS CONTACT ADDRESS

EUROPEAN GYMNASTICS

Michaël Alger
 Sports Coordinator
 Avenue de la Gare 12
 CH – 1003 Lausanne, SWITZERLAND
 Tel.: + 41 – 21 – 613.10.20
 E-Mail: malger@europeangymnastics.com
 Web-site: www.europeangymnastics.com



1.3 HOST FEDERATION

Bulgarian Gymnastics Federation

75 Vassil Levski blvd.

1040 Sofia, Bulgaria

Tel: +359 2 930 0614

Email: bulgym@abv.bg



1.4 LOCAL ORGANISING COMMITTEE CONTACT ADDRESS

Bulgarian Federation of Sports Acrobatics

75 Vassil Levski blvd.

1040 Sofia, Bulgaria

Contact person: Nedko Kostadinov

Tel: + 359 2 987 62 45

Mob: +359 894 64 01 08

Email: bulacro@gmail.com

Event Website: [2023 European Age Group Competitions](https://2023EuropeanAgeGroupCompetitions.com)



1.5 LOCAL ORGANISING COMMITTEE

FUNCTION	PERSON
LOC President	Nedko Kostadinov
Executive Director	Nedko Kostadinov
Podium Manager	Gergana Kaloyanova
Competition Coordinator	Lilya Borisova
Head of Finances	Emiliya Penkova
Responsible for the Technical Equipment	Nikolay Mihaylov
Accreditation	Grigor Dudolov
Head of Security	Slavi Gospodinov
Ceremonies Director	Sandra Hunt
Responsible for the trainings	Yoana Dzhuneva
Responsible for the judges	Nikoleta Bocheva
Responsible for the hotels & meals	Iliya Zaprianov
Responsible for the transport	Iliya Zaprianov
Responsible for the music	DJ Dimmi
Volunteer Manager	Krista Dimitrova
Media Manager	Naiden Todorov
Official Competition Doctor	Dr. Ivo Todorov

Part 2 – The competition

2.1 COMPETITION SCHEDULE

Sunday, October 15 th , 2023		
All day	Submission of Tariff sheets on Acro companion	
Monday, October 16 th , 2023		
As announced	Official arrival day of Delegations	Hotels
All day	Accreditation	Palace of culture and sport
All day	European Gymnastics TC-ACRO meeting	
10.00 – 20.00	Training by request	Palace of culture and sport
Tuesday, October 17 th , 2023		
08:00 – 23:00	Accreditation	Palace of culture and sport
09:00	Deadline for last submission of tariff sheet	
All day	Checking of the tariff sheets	ARENA ROOM
08:00 – 20:30	Official training for Juniors & Seniors	Palace of culture and sport
All day	Athletes' Measuring – immediately after Podium training	Medical room
11:00 – 12:00	Orientation meeting	Palace of culture and sport
15:00 – 17:00	Judges' meeting & instruction for SmartScoring, electronic judges draw and AJIR	Palace of culture and sport
Wednesday, October 18 th , 2023		
08:30 – 13:00	Official training for Seniors	Palace of culture and sport
13:00 – 13:30	Judges' meeting & draw	
13:30 – 14:00	Opening Ceremony	
14:00 – 16:45	Juniors Session 1 – Qualifications 1st exercise WP BAL (Panel A) WG DYN (Panel B)	

17:00 – 18:05		Session 2 – Qualifications 1st exercise MP/MG BAL (Panel A) MxP DYN (Panel B)	
18:30 – 19:00	Judges’ draw		
19:00 – 19:55	Juniors	Session 3 – Finals 1st exercise WP BAL (Panel A) WG DYN (Panel B)	
20:00 – 20:55		Session 4 – Finals 1st exercise MP/MG BAL (Panel A) MxP DYN (Panel B)	
21:05– 21:30	Award Ceremony Junior WP BAL / WG DYN Award Ceremony Junior MP BAL / MG BAL / MxP DYN		
Thursday, October 19th, 2023			
08:30 – 14:00	Official training for Juniors		
13:30 – 14:00	Judges’ topics (optional)		
14:00 – 14:30	Judges’ meeting and draw		
14:30 – 16:05	Seniors	Session 5 – Qualifications 1st exercise WG DYN (Panel A) WP/MG BAL (Panel B)	
16:20 – 17:35		Session 6 – Qualifications 1st exercise MxP DYN (Panel A) MP BAL (Panel B)	
18:05 – 18:35	Judges’ draw		
18:35 – 19:20	Seniors	Session 7A – Finals 1st exercise WG DYN (Panel A) WP BAL (Panel B)	
19:25 - 19:50		Session 7B – Finals 1st exercise MG BAL (Panel B)	
20:05 – 20:50		Session 8 – Finals 1st exercise MxP DYN (Panel A) MP BAL (Panel B)	
20:55– 21:20	Award Ceremony SEN WG DYN - WP BAL - MG BAL Award Ceremony SEN MxP DYN - MP BAL		
Friday, October 20th, 2023			

09:30 – 10:00	Judges' topics (optional)	
10:00 – 10:30	Judges' meeting & draw	

10:30 – 13:20	Juniors	Session 9 – Qualifications 2 nd exercise WP DYN (Panel A) WG BAL (Panel B)	
15:00 – 16:10		Session 10 – Qualifications 2 nd exercise MP/MG DYN (Panel A) MxP BAL (Panel B)	
16:25 – 18:00	Seniors	Session 11 – Qualifications 2 nd exercise WG BAL DYN (Panel A) WP/MG (Panel B)	
18:15 – 19:40		Session 12 – Qualifications 2 nd exercise MxP BAL (Panel A) MP DYN (Panel B)	
Saturday, October 21 st , 2023			
09:00 – 12:00	Free training for finalists only (training hall)		
12:00 – 12:30	Judges’ topics (optional)		
12:30 – 13:00	Judges’ meeting & draw		
13:00 – 14:50	Juniors	Session 13 – All Around Final WP COM (Panel A) WG COM (Panel B)	
15:05 – 16:10	Juniors	Session 14 – All Around Final MP/MG COM (Panel A) MxP COM (Panel B)	
16:15 – 16:40	Award Ceremony Junior WP COM / WG COM Award Ceremony Junior MP COM / MG COM / MxP COM		
17:00 – 18:30	Seniors	Session 15 – All Around Final WG COM (Panel A) WP/MG COM (Panel B)	
18:45 – 19:55	Seniors	Session 16 – All Around Final MxP COM (Panel A) MP COM (Panel B)	
20:00 – 20:25	Award Ceremony Senior WP - MG - WG COM Award Ceremony Senior MxP COM / MP COM		
Sunday, October 22 nd , 2023			
09:00 – 12:00	Free training for finalists only (training hall)		
13:00 – 13:30	Judges’ topics (optional)		
13:30 – 14:00	Judges’ meeting & draw		

14:00 – 14:55	Juniors	Session 17 – Individual Finals 2 nd exercise WP DYN (Panel A) WG BAL (Panel B)	
15:10 – 16:05	Juniors	Session 18 – Individual Finals 2 nd exercise MP/MG DYN (Panel A) MxP BAL (Panel B)	
16:10 – 16:35	Award Ceremony Junior WP DYN / WG BAL / MP DYN / MG DYN / MxP BAL		
17:00 – 17:45	Seniors	Session 19A – Individual Finals 2 nd exercise WG BAL (Panel A) WP DYN (Panel B)	
17:55 – 18:25		Session 19B – Individual Finals 2 nd exercise MG DYN (Panel B)	
18:40 – 19:30	Seniors	Session 20 – Individual Finals 2 nd exercise MxP BAL (Panel A) MP DYN (Panel B)	
19:35 – 19:45	SmartScoring Shooting Star Award		
19:45 – 20:15	Award Ceremony Senior WP DYN / MP DYN / MG DYN / MxP BAL / WG BAL		
20:15 - 20:30	CLOSING CEREMONY		
Monday, October 23 rd , 2023			
All day	Official departure day of Delegations		Hotels

2.2 ORIENTATION MEETING

- The orientation meeting for the Heads of Delegation will take place on **Tuesday, October 17th** at 11:00 at Palace of culture and sport

The presence of the participating National Federations at the orientation meeting is mandatory. A maximum of 2 persons per delegation is recommended including the head of delegation. Unjustified failure by a federation to attend will result in a sanction of EUR 1000.- to be paid to European Gymnastics.

- At this meeting, the LOC and the TC-ACRO will give practical information on the organization and the running of the competition.
- This Orientation meeting will be held in English only.
- Last possibility for the Heads of Delegation to hand over the definitive confirmation of the starting order.

2.3 SIZE OF THE DELEGATIONS

- The maximum size of each delegation, together with the number of transferable access cards (transferable within the Federation's official delegation) as per European Gymnastics Rules for Accreditation is as follows:

Function	Seniors	Juniors	Total
Gymnasts	max. 2 units per category and per age group		
Head of Delegation	1	1	2
Team Manager 3 to 5 units	1	1	2
Team Manager 6 to 10 units	2	2	4
Coaches 1 unit	1	1	2
Coaches 2 units	2	2	4
Coaches 3 to 4 units	3	3	6
Coaches 5 to 6 units	4	4	8
Coaches 7 to 8 units	5	5	10
Coaches 9 units & more	6	6	12
Additional coach or choreographer * 4 to 6 units	1	1	2
Additional coach or choreographer * 7 units & more	2	2	4
Judges 1 to 5 units**	1 or 2		
Judges 6 units and more**	2		
Medical Doctor	1	1	2
Paramedical Staff	1	1	2
Additional medical doctor or paramedical staff 4 to 7 units	1	1	2
Additional medical doctor or paramedical staff 8 units & more	2	2	4
Guest or VIP Guest 1 to 4 units	1	1	2
Guest or VIP Guest 5 units and more*	2	2	4
Chaperon* (1 per 10 gymnasts under 18 years, max 4)	4	4	8

Additional accreditations (to be paid to the LOC):

Additional accreditations	Price
Additional coach or choreographer	EUR 180,00
Additional paramedical staff	EUR 180,00
Guest	EUR 180,00
VIP Guest	EUR 200,00
Chaperon	EUR 180,00

2.4 COMPETITION, TRAINING & WARM-UP HALLS

Palace of Culture and Sports
Bul; "Knyz Boris 1"115
9002 Varna Center

Website: <https://palaceofvarna.com/>

Competition Arena	Kongresna Hall Hall Capacity: 5 000 seats Length: 45 m Width: 25 m Ceiling height: 14 Equipment: Spieth) Distance from the official Hotels: between 10 and 16 kms
Warm-up Hall	Mladost Hall A Length: 36 m Width: 18 m Ceiling height: 13 m Equipment: Spieth)
Training Halls	Mladost Hall B Length: 36 m Width: 24 m Ceiling height: 13 Equipment: Spieth)

2.5 TRAINING INFORMATION

- The official trainings are according to the schedule.
- Training by request is available on the arrival day (appendix 4)
- Delegations will receive the training schedule upon arrival at the latest.

- Access to the training halls is limited to the nations concerned and to the people being in possession of and wearing the accreditation at all times. The accreditation is personal and cannot be used by other people.

2.6 PICTURE OF THE GYMNASTS

- Before the start of the training on **Tuesday, October 17th** each unit must be taken in picture for the presentation during the qualifications and finals.
- Athletes must wear their official tracksuit.
- The pictures will be taken at the entrance to the training hall.

2.7 ATHLETES' MEASURING

- Immediately following podium training on **Tuesday, October 17th**, all gymnasts must be present at the Measurement room for measuring.
- In the case of obstructive behaviour or non-compliance by the gymnasts, conditions and sanction in accordance with FIG regulations will be applied.
- Athletes must have their accreditation cards and passports with them.
- The Heads of Delegation have the responsibility to ensure the presentation of their gymnasts for measurement.

2.8 FORMAT OF THE COMPETITION

General

The starting order of the competition is made according to the draw of lots carried out online 7TH August, by the representatives of the TC-ACRO. Seniors, in accordance with FIG/European Gymnastics Regulations. Juniors, in accordance with FIG/ European Gymnastics Regulations for Age Group 13-19 / Juniors.

Qualifying Competition – Senior and Junior

- This event can be entered by all units intending to qualify for Individual Finals and to receive a ranking for all-around title.
- Competitors may enter Balance and/or Dynamic individual competitions.
- The top 8 proceed to individual final. If there are less than 12 units participating in a category, only 6 proceed to the individual final.
- After this qualifying competition, each federation in each category is allowed to proceed to the all-around competition
- No more than 1 unit from each federation, in each category, is allowed to proceed to the individual or all-around final.

Balance and Dynamic Individual Finals – Senior and Junior

- The competition starts from mark of zero, the units with the highest score (in accordance with tie-break rules) in each category are declared European Champions in Balance or Dynamic Exercise.

All-Around Final – Senior and Junior

- The total scores from balance and dynamic exercises from qualifying competition and combined exercises from all-around competition will be added, and the pairs / groups with the highest score (in accordance with tie-break rules) will be declared winners and All-Around European Champions.

Tie-Break Rules: According to European Gymnastics Technical Regulations (art 3.5).

2.9 TARIFF SHEETS

- At the European Championships Varna 2023, tariff sheets will be made with the online platform “Acro Companion”
- Only Tariff sheets made by Acro Companion will be accepted

- Acro companion will be in contact with the contact person of the National Federation to require the necessary information:
- Names and details of coaches
- Amount of Tariff Sheets
- Details and guidelines will be sent to your federation
- In case of any issue, the contact person of the National Federation can contact directly Acro companion at : support@acro-companion.com
- Delegations are asked to submit the tariff sheet online **no later than October 15th**. The upload will be checked upon accreditation
- Changes can still be done upon arrival. The absolute deadline for the submission of the definitive Tariff Sheets on Acro companion is **Tuesday, October 17th at 09:00**
- **REMINDER:** For individual finals, changes in the Tariff Sheets can be submitted but no later than 1 hour after the end of the respective qualification exercise. For the combined changes in the Tariff Sheets can be submitted but no later than 1 hour after the end of the qualification event.

2.10 ACCESS TO THE COMPETITION AREA

- The competition area is accessible to members of the various juries, competing gymnasts and their accredited coaches, auxiliary personnel of the Jury, the official European Gymnastics doctor, the official LOC doctor, team doctors and medical staff. A team medical person is permitted to accompany the gymnasts and coaches during all Competitions.

Concerning the presence of the coaches and medical staff on the Field of Play (FoP), the provisions listed in the below table will apply.

(Federations who registered only one coach will receive only 1 TAC for the competition concerned.)

Transferable Access Card - Zone 1 - Coaches	2
Transferable Access Card - Zone 1 - Medical Staff	1

- Interpreters may not enter the competition area without the permission of European Gymnastics President of the TC-ACRO.
 - The competition area is strictly forbidden to all other people.
 - The use of mobile phones including smart watches or any other electronic communication device by gymnasts, coaches, judges or medical staff of the delegations on the field of play is forbidden during the entire duration of all European Gymnastics Competitions. If this rule is violated, the concerned persons will receive a written warning.
- If this behaviour is repeated after the written warning is issued, the concerned person will be excluded for the rest of the competition.
- It is the responsibility of the Superior Jury to decide these disciplinary measures.
- Appeals against these decisions must be submitted to the Jury of Appeal whose decision is final.

Access to the FoP – GYMNASTS

- In order to accelerate the competition process, the gymnasts are strictly requested to walk directly from the waiting zone to their static position on the floor **WITHOUT** walking around the competition floor.

2.11 CEREMONIES

Award ceremonies

- All award ceremonies will take place after each session of finals. It will be carried out in accordance with the European Gymnastics Regulations for Award Ceremonies. On the podium, awards will only be presented to the units ranked from 1st to 3rd place.

- **All gymnasts must wear the official tracksuit.**
- The participation of the medallists in the award ceremonies is compulsory. All gymnasts that are absent for unjustified reasons will be disqualified.

SmartScoring Shooting Star Award

- The SmartScoring Shooting Star Award will take place on **Sunday, October 22nd**, at 19:10 in the Palace of Culture.

Opening ceremony

- The opening ceremony will take place on **Wednesday, October 18th** at 13:30 in the Palace of Culture..

Closing ceremony

- The closing ceremony will take place on **Sunday, October 22nd** after the last awarding ceremony.

2.12 APPARATUS SUPPLIER

- The apparatus supplier for this edition of the European Championships is Spieth.
- Floor's reference: 253, colour blue
- 14x14m for the competition, training & warm-up
- Mats 20cm: Spieth, reference: 623

2.13 MUSIC

All music (National Anthem included) must be submitted online via LOC digital platform via www.acro-companion.com/registrations by no later than **October 15th, 2023**.

Musics must be uploaded in the following file format: .mp3 or .wav

National anthem has to be uploaded in the following file format: .mp3 or .wav

If you need help, you can write to the following e-mail address: ech.varna.music@gmail.com

- Delegations must keep a USB stick in their possession for their training sessions in case of a technical problem.
- The authorised sound level in the training and competition halls is limited to 80 dB resp. 1000 Hertz (Hz). The training hall is equipped with music system. LOC to complete **No extra personal speakers are allowed to be used.**

2.14 MEDICAL

Doping control

Any doping is prohibited. A doping control can be requested at any time, in accordance with the FIG/European Gymnastics regulations. Doping controls will be carried out in accordance with the ITA/FIG regulations.

Medical certificate – official doctor

Only the official doctor or his representatives are authorised to establish the necessary medical certificate.

Official doctor of the LOC: Dr Ivo Todorov
 Official doctor of the European Gymnastics: Dr. Lubos Hrazdira

Part 3 – The jury

3.1 JUDGES' PANELS

CJP and D Jury

- The CJP and DJs have been nominated by European Gymnastics TC-ACRO and, for each category, will remain the same throughout the competition.

The E and A Jury

- The E and A judges' panels will be decided by a drawing of lots.
- If possible, for the finals, only judges from federations without qualified gymnasts are allowed to judge in the E-jury and A-jury.

3.2 SUPERIOR JURY

- The Superior Jury is formed of 5 members (TC members) and 1 president. The TC President Mrs. Carine Charlier functions as President of the Superior Jury.

3.3 JURY OF APPEAL

The Jury of Appeal is composed of 2 members of European Gymnastics Executive Committee (one of them acting as President) and a member of the LOC who was not involved in the decision of the Superior Jury and in the judging process of the apparatus concerned.

President	Mr. Michel Boutard
Member	Mr. Ciaran Gallhager
Member	Mrs. Ivelina Borisova

3.4 JUDGES' INSTRUCTION, JUDGES' MEETINGS AND DRAW OF LOTS

- All the meetings and draw are listed in the schedule.
- According to the FIG/TR, the presence of the judges to the judges' instruction and all judges' meeting is mandatory.
- Judges are requested to bring with them the technical judging forms (30 copies, appendix 3). Failure to bring those copies will result in delegation having to pay the printed price to the LOC.
- The judges' instruction will be held in English **only**.
- The judges' meetings prior to the competition will take place in the judges' room.

3.5 CODE OF ETHICS

- Any close family relative to a competitive gymnast may not judge that gymnast or this group at this European Gymnastics sanctioned event. If a conflict should or could appear, the European Gymnastics President is to be informed, so appropriate action can be taken.

3.6 SCORING AND DISTRIBUTION OF RESULTS

- SmartScoring will provide the official scoring service and management of the start lists, scores and results.
- The scores of the different exercises will be published on an electronic board indicating the number and name of the gymnasts, the notes of Difficulty, Execution and Artistry as well as the penalties and the final note.

- The secretary of the competition will provide after each competition through email addresses of the HoD collected on GymData the results. If needed, a printed copy will be available at the LOC office upon request.
- At the end of the competition all delegations will be provided with a complete set of results including the judges' individual scores for all competitions by email.

3.7 CONTROL VIDEOS

- Some control videos will be available for the Superior Jury only in case of inquiry.

3.8 INQUIRIES PROCEDURE

- Inquiries for the difficulty scores only are allowed, provided that they will be made verbally immediately after the publication of the score or at the very latest before the end of the exercise of the following gymnast. For the last gymnast of a session, this limit is **one minute** after the score is shown on the scoreboard. The person designated to receive the verbal inquiry will have to note the time of receiving it and this will start the procedure. Late verbal inquiries will be rejected.
- A federation will not be allowed to complain against a gymnast from another federation.
- The inquiry will have to be confirmed as soon as possible in writing, but within **4 minutes** at the latest after the verbal inquiry and will require an agreement of payment of:
 - EUR 300.-- for the first complaint
 - EUR 500.-- for the second complaint and
 - EUR 1'000.-- for the third complaint.
- Should the inquiry not be confirmed in writing within 4 minutes, then the procedure will become obsolete.
- Should the final score be higher, this sum will **not** be invoiced by European Gymnastics to the Federation. However, if after review of the routine the score is unchanged or lower, the inquiry is considered as rejected and the amount will be invoiced by European Gymnastics.
- Furthermore, we remind you that the expected score must be mentioned on the inquiry form. Inquiries without mention of the requested score will not be accepted.
- Every inquiry will be examined by the Superior Jury and a final decision, which may not be appealed, will be taken at the very latest:
 - At the end of the session for the qualifying competitions, the all-around competitions
 - Before the score of the following gymnast is shown for the finals.
- The detailed procedure is laid down in the European Gymnastics & FIG Technical Regulations.

Part 4 – The organisation of the event

4.1 TRANSPORTATION

- The international transportation costs are covered by the participating delegations. European Gymnastics and the Organising Committee strongly recommend that each Federation takes cancellation insurance for their international transportation.

Accredited delegations who:

will stay at one of the official hotels

booked their accommodation through the Organising Committee and

are invited to send to www.acro-companion.com/registrations the “travel schedule” information for arrivals and departures by **September 14th** at the very latest and will be provided with local transport from Varna Airport or Burgas Airport (BUC – 87 km from Varna) or Varna train station to the Accreditation Centre and then to their hotel. Upon receipt of the schedules, further instructions will be provided to the Delegations as required.

4.2 ACCREDITATION

- Accreditation for the Senior and Junior Championships is not valid for the EAGC. However, it gives access to the delegation seats during EAGC.
- Accreditation for the EAGC is not valid for the Senior and Junior Championships. However, it gives access to the delegation seats during the Senior and Junior Championships.
- For the accreditation process, **only** the Head of Delegation (or his representative) is requested to present him/herself at the accreditation centre.
- The accreditation must always be borne visible in the venue. In case of losing the accreditation card, a new one will be issued for a fee of EUR 50.
- The following items will be checked there with the Heads of Delegation:
- The passport of all members of the delegations;
- The licences of the gymnasts;
- Medical insurance for all delegation members (except for gymnasts and judges);
- Prove of the fulfilment of all financial obligations to the LOC;
- National anthem and national flag;
- Email address and phone number of Head of Delegation;
- Departure confirmation
- In order to accelerate the process of the accreditation, each participating Federation is kindly requested to upload by September 14th photos and passport copy of each member of its delegation on the LOC digital platform www.acro-companion.com/registrations
- Photo should be in colour, in JPG format, 45mm x 35mm, resolution: 800 x 600px, on a white or light blue background and named as follow: NF_last name_first name.jpg (ex. HUN_Smith_Anna.jpg). Submission of photos in due time will prevent the delegations from waiting at the accreditation centre. EUR 10.- will be charged for each photo the LOC has to make at the arrival of the delegation.

4.3 INFORMATION FOR DELEGATION

- Out of a desire to save unnecessary paper use, All Information regarding competition, warm-up, trainings, and notification of meetings, transport, official functions as well as European Gymnastics and LOC correspondences will be distributed via email addresses of the HoD.
- Free internet is available at the competition hall so the HoD will have access to the information.
- If needed, a printed copy of the information will be available at the LOC office upon request.

4.4 ACCOMMODATION

- All the information regarding the hotels are listed in the Directives.

4.5 MEALS

- Breakfasts and dinners will be served at the hotels. Lunch will be provided at the venue.

4.5 FAREWELL PARTY

- The participants with an official accreditation are invited to the Farewell Party.

4.7 SAFEGUARDING

A safe environment for all participants is a top priority at the 2023 European Championships.

In case you experience or see any form of violence you can contact Lisa Worthmann (lworthmann@europeangymnastics.com).

The members of European Gymnastics EC & TC will handle unforeseen incidents or events that might occur during these championships.

This event will be organised under the FIG/European Gymnastics rules as listed in the Directives.

Part 5 – Appendix

- Appendix 1: Draw
- Appendix 2: Venue Layout
- Appendix 3: Execution judging forms
- Appendix 4. Training by request on 16th October

Kind reminder for important deadlines:

For European Gymnastics	Deadline
Nominative Registration – Gymdata	September 14 th , 2023
Payment of the European Gymnastics Registration Fees	
Media registration – Gymdata	October 4 th , 2023

For the LOC (Forms / package)	Deadline
Visa Request	September 14 th , 2023
Travel Schedule – (www.acro-companion.com/registrations)	September 14 th , 2023
Photo & passports for Accreditation – (www.acro-companion.com/registrations)	September 14 th , 2023
Accommodation costs (last 50%)	September 14 th , 2023
Music – (www.acro-companion.com/registrations)	October 15 th , 2023
Tariff sheets – ACRO Companion	October 15 th , 2023



Carine CHARLIER
President of European Gymnastics TC-ACRO

Lausanne, 1st september 2023